Allergen and Ozone Exacerbate Serotonin-Induced Increases in Airway Smooth Muscle Contraction in a Model of Childhood Asthma

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Abstract

Background: Serotonin (5-HT) modulates cholinergic neurotransmission and exacerbates airway smooth muscle (ASM) contraction in normal animal and nonasthmatic human tissue. Exposure to house dust mite allergen (HDMA) and ozone (O3) leads to airway hyperreactivity and 5-HT-positive cells in the airway epithelium of infant rhesus monkeys. Research shows that concomitant exposure in allergic animals has an additive effect on airway hyperreactivity. Objectives: In this study, the hypothesis is that the exposure of allergic infant rhesus monkeys to HDMA, O3 and in combination, acting through 5-HT receptors, enhances 5-HT modulation of postganglionic cholinergic ASM contraction. Methods: Twenty-four HDMA-sensitized infant monkeys were split into 4 groups at the age of 1 month, and were exposed to filtered air (FA), HDMA, O3 or in combination (HDMA+O3). At the age of 6 months, airway rings were harvested and postganglionic, and parasympathetic-mediated ASM contraction was evaluated using electrical-field stimulation (EFS). Results: 5-HT exacerbated the EFS response within all exposure groups, but had no effect in the FA group. 5-HT2, 5-HT3 and 5-HT4 receptor agonists exacerbated the response. 5-HT concentration-response curves performed after incubation with specific receptor antagonists confirmed the involvement of 5-HT2, 5-HT3 and 5-HT4 receptors. Conversely, a 5-HT1 receptor agonist attenuated the tension across all groups during EFS, and in ASM contracted via exogenous acetylcholine. Conclusions: HDMA, O3 and HDMA+O3 exposure in a model of childhood allergic asthma enhances 5-HT exacerbation of EFS-induced ASM contraction through 5-HT2, 5-HT3 and 5-HT4 receptors. A nonneurogenic inhibitory pathway exists, unaffected by exposure, mediated by 5-HT1 receptors located on ASM.

Key Words

Air pollution · House dust mite allergen · Airway hyperresponsiveness · Rhesus monkeys · Serotonin · Childhood asthma

Introduction

In 2009, approximately 7.1 million children were diagnosed with asthma in the USA. Children’s asthma-related hospital visits have doubled since 1980 and asthma is responsible for 14 million school days missed annually [1–3]. Annual asthma-related costs in the USA approach 13 billion dollars [4]. Although the etiology of asthma is
multifaceted, two environmental factors are linked to its development and exacerbation. The risk of developing asthma increases in individuals allergic to house dust mite allergen (HDMA), and 85% of atopic asthmatics exhibit sensitivity to HDMA [5, 6]. Asthmatics exposed to high-ambient ozone (O₃) concentrations have lower quality of life scores, decreased lung function and exhibit allergic inflammation [7]. Chronic exposure to higher levels of O₃ is associated with asthma development in active children [8]. In the latest State of the Air report compiled by the American Lung Association, almost half of the citizens of the USA, over 148 million people, live in areas with unhealthy levels of O₃ [9].

Due to extensive postnatal maturation of the lung, exposure to HDMA and/or O₃ in early childhood may induce changes resulting in reduced lung function in adulthood. Current levels of air pollution have been shown to have chronic, adverse effects on lung function development in children [10]. Early postnatal exposure of monkeys to HDMA and O₃ results in airway hyperresponsiveness (AHR) that is associated with altered structural, neural and immunological development of the lung [11–15]. These changes in airway development persist after exposure is discontinued [16]. Previous research also suggests that O₃ can amplify the allergic, functional and structural remodeling effects of HDMA sensitization and inhalation [12]. Although HDMA and O₃ exposure are associated with asthma-related symptoms, the mechanisms responsible for their clinical manifestation have not been elucidated.

Serotonin (5-HT) is found primarily in the gastrointestinal tract, CNS and platelets, exerting its effects through 14 distinct receptors whose distribution and specificity dictate the effect of 5-HT on the target tissue [17]. 5-HT can modulate cholinergic signaling by activating presynaptic heteroreceptors on cholinergic nerve terminals, facilitating an increase in the release of acetylcholine (ACh) during excitation [17, 18]. In airway tissue obtained from healthy, nonasthmatic animals and in a limited number of human thoracotomy specimens, 5-HT enhances cholinergic-mediated airway smooth muscle (ASM) contraction [19–23]. Whole animal studies have also verified its ability to increase airway resistance [24–29]. The episodic exposure of infant rhesus monkeys to HDMA and O₃ results in 5-HT-positive cells within the airway epithelia that persist for at least 6 months [13]. Asthmatics have higher 5-HT plasma levels than controls and these are inversely correlated with lung function [30, 31]. In a year-long double-blind crossover study of symptomatic asthmatics, treatment with a medication that lowers free plasma 5-HT decreased the severity of asthma symptoms and led to a significant increase in pulmonary function [32]. These studies indicate that increases in the presence of 5-HT, or hypersensitivity of the sensory nerves, parasympathetic ganglia or ASM to 5-HT could contribute to the development of AHR in asthma. However, to date, no study has examined the role of 5-HT and its receptors in a model of asthma [20–22, 33, 34].

In this study, the hypothesis is that the exposure of allergic infant rhesus monkeys to HDMA, O₃ and in combination (HDMA+O₃), acting through 5-HT receptors, enhances the 5-HT modulation of postganglionic cholinergic ASM contraction. Rhesus monkeys were used because they have similar lung cellular morphology, airway architecture and immunology to humans and they undergo a similar extensive period of postnatal development [35–39]. In addition to possessing all of the components of the intrapulmonary conducting airways that are altered in human asthmatics, rhesus monkeys display a similar progression of asthma pathophysiology and symptoms [40, 41]. The sensitization protocol utilized in this study has been shown to induce the functional, immunological, histological and clinical characteristics that are used to diagnose allergic asthma [41].

Methods

Care and housing of animals complied with the provisions of the Institute of Laboratory Animal Resources and conformed to the practices established by the American Association for Accreditation of Laboratory Animal Care (AAALAC). Procedures were approved by the UC Davis Institutional Animal Care and Use Committee, and followed the Guide to the Care and Use of Laboratory Animals [42]. UC Davis and the California National Primate Research Center are accredited by AAALAC.

General Protocol

Twenty-four captive-born rhesus monkeys (Macaca mulatta) were used in this study. Monkeys that were 30 days old were randomly assigned to 1 of 4 groups (n = 6/group) depending on the type of exposure: filtered air (FA), HDMA, O₃ or HDMA+O₃. All animals were sensitized to HDMA and each group was exposed to 11 episodes of FA, HDMA aerosol, O₃ or HDMA+O₃ as previously described [41, 43] (fig. 1). Exposures had a total HDMA mass-concentration averaging 6.46 ÷ 0.04 mg/m³ and a mean O₃ concentration of 0.5 ÷ 0.004 ppm. Monkeys were euthanized with intravenous sodium pentobarbital (15 ml/kg). A distal tracheal portion was harvested and placed in modified Kreb’s solution (NaCl 118 mM, KCl 5.4 mM, NaHCO₃ 25 mM, dextrose 11.1 mM, Na₂HPO₄ 1 mM, MgSO₄ 1.2 mM and CaCl 1.9 mM).

Allergen Sensitization Protocol and Procedures

At weeks 1, 3 and 7, animals were given a 1.0-cc injection of Der p 1 (0.5 µg)/Der p 2 (0.25 µg) in 10 mg alum placed in the
upper back SQ. During week 1, animals were given a 0.1-cc injection of Infanrix in the thigh IM. At weeks 2, 4 and 8, HDMA intranasal consisting of 25 μg total Der p (whole extract) in PBS was injected into each nostril. At week 15, the animals received a 1.0-cc injection of 1/100 g Der p 1 + 0.5 μg Der p 2 in 10 mg alum in the upper back SQ.

Intradermal Skin Testing
Skin tests were done at 7, 12 and 22 weeks of age. Monkeys were anesthetized with ketamine hydrochloride and hair was clipped from an area of the thorax. Three intradermal injections (0.1 ml) of PBS containing HDMA (1:1,000 w/v), histamine (1:1,000) or diluent alone were made at the site. Injection sites were observed for 30 min and wheal diameters were measured after 20 min. A skin test was positive if the diameter of the wheal that formed in response to HDMA was greater than or equal to a length halfway between the diameters of the wheal produced by the diluent (negative control) and histamine (positive control) [12, 41].

Airway Responsiveness Testing
The 24 monkeys whose tissue was harvested for electrical-field stimulation (EFS) analysis were members of a larger cohort of sensitized animals who underwent airway responsiveness testing at 6 months. Airway resistance was measured during a histamine challenge and results were expressed as the concentration of histamine resulting in a 200% increase in airway resistance from baseline (EC200Raw). Methods followed those described in detail by Schelegle [41]. EC200Raw results include data from the entire cohort of sensitized and exposed monkeys.

Electrical Field Stimulation
Airway rings were suspended between platinum wire electrodes and placed in tissue baths (Myobath, WPI Inc., Sarasota, Fla., USA) containing modified Kreb’s solution with indomethacin (10 μM), phenolamine (0.1 μM), ICI 118,551 (0.1 μM) and hexamethonium (1 μM) to isolate cholinergic signaling at post-ganglionic nerves. Tissue was equilibrated under 1 g of tension for 90 min. Tension was measured via Fort10g transducers (WPI Inc., Sarasota, Fla., USA) and recorded with Powerlab Chart 5.1 software (ADInstruments, Colorado Springs, Colo., USA). During equilibration, tissue was incubated with capsaicin (10 μM) for 30 min to deplete the sensory nerves of endogenous tachykinins. Tissue baths were maintained at 37 °C and continuously bubbled with 5% CO2 in O2. Monophasic square-wave impulses at a voltage of 50 V and a frequency of 4 Hz with duration of 0.5 ms were delivered for 30 s every 4 min until 3 consecutive stable responses were obtained. Pulses were induced via three S88 Stimulators (Grass Technologies, West Warwick, R.I., USA).

Concluding Experiments
At the conclusion of the protocol, airway rings were exposed to 10 mM ACh. The tension produced during this trial was compared to the tension achieved with 10 mM ACh during the initial ACh concentration-response curve. To ensure that the contractions elicited were due to the activation of muscarinic receptors located directly on the ASM, the EFS response prior to and following the addition of atropine (1 μM) was evaluated. To verify that the responses were neurogenic, the tissue was incubated in 3 μM tetrodotoxin prior to EFS. All drugs were purchased from Sigma-Aldrich Company (St. Louis, Mo., USA).

Baseline Response Testing
Two ACh concentration-response curves were performed: 1 control and 1 preincubated with 10 μM 5-HT. A voltage-response curve and a frequency-response curve were performed on each tracheal ring to evaluate any baseline differences between groups during EFS-induced contraction.

5-HT and Agonist Concentration-Response
Six rings from each animal were utilized to perform concurrent concentration-response curves with 5-HT or 1 of 4 5-HT subtype receptor agonists during EFS-induced ASM contractions (table 1). The direct effect of drug addition on ASM tension prior to EFS at each concentration was recorded. If 5-HT or agonist addition elicited a significant shift in baseline tension prior to EFS, the EFS data was excluded from analysis. Due to an unbalanced and reduced number of observations remaining after the addition of 100 μM 5-HT (after baseline shift exclusion), only the 5-HT1 receptor agonist had data reportable at this concentration.

Airway Response to Serotonin in a Model of Asthma
Antagonist Concentration-Response

5-HT concentration-response curves were performed in the presence of 3 concentrations of each 5-HT subtype receptor antagonist (table 2).

Direct Effect of 8-OH-DPAT

100 μM ACh was added to each tissue bath to induce an increase in tension. Once tension stabilized, 10 and 100 μM 8-OH-DPAT were added to separate baths. The remaining baths functioned as controls. Changes in tension following the addition of 8-OH-DPAT were monitored for 10 min.

Statistical Analysis

Results are expressed as mean ± standard error of the mean. Airway responsiveness data was analyzed using a 1-way ANOVA. Comparison of group means was done with Tukey post hoc testing. All contractile responses were measured as the difference between the resting tension and the peak tension developed. EC50 values were derived from the ACh concentration-response curves and exposure groups were compared to the FA control using a mixed model ANOVA with Dunnett’s criterion. 5-HT, agonist and antagonist concentration-response trials were compared using a repeated-measures (concentration) ANOVA. The effects of concentration, exposure group and concentration × exposure group were evaluated. Tukey post hoc testing was utilized to identify the source of significance between the means of the subgroups. During antagonist concentration-response curves, the baseline tension was adjusted by subtracting the control EFS response from the EFS response after incubation with the antagonist. When evaluating the direct effect of 8-OH-DPAT on tissue precontracted with 100 μM ACh, each tissue served as its own control, so a 2-sample paired t test design was employed. The α level was set at 0.05 for all experiments, and if multiple post hoc tests were performed, significance was based on the adjusted p value.

Results

Airway Responsiveness Testing

During histamine challenge, HDMA-exposed animals showed a significant decrease in EC200Raw when compared to FA controls, indicating a hyperresponsive airway (6.77 ± 5.07 mg/ml vs. 25.05 ± 2.54 mg/ml). The HDMA+O3 group showed a trend towards a reduced EC200Raw, but this reduction did not reach a level of significance (13.18 ± 5.19 mg/ml). The EC200Raw for the O3 group was 28.72 ± 3.33 mg/ml (fig. 2).

ACh Concentration-Response Curves

The control ACh concentration-response curves were compared to the ACh concentration-response curves preincubated with 10 μM 5-HT. The EC50 of the 5-HT preincubated ACh concentration-response curve was significantly greater than that of the control curve (p = 0.0203), indicating that preincubation with 10 μM 5-HT reduced the responsiveness of the ASM to exogenous ACh (fig. 3b). There was a significant increase in the EC50 of the O3 group when compared to the FA control (p = 0.024).

Voltage-Response Curves

There was no significant difference between any of the exposure groups and the FA control.

Table 1. Summary of agonists with concentration range and references

<table>
<thead>
<tr>
<th>Drug</th>
<th>Receptor</th>
<th>Concentration range (μM)</th>
<th>Reference number</th>
</tr>
</thead>
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<tr>
<td>8-OH-DPAT</td>
<td>5-HT1, with high affinity 5-HT1A</td>
<td>1, 10, 100</td>
<td>44–46</td>
</tr>
<tr>
<td>α-Methylserotonin</td>
<td>5-HT2</td>
<td>1, 10</td>
<td>47–49</td>
</tr>
<tr>
<td>2-methylserotonin</td>
<td>5-HT3</td>
<td>1, 10</td>
<td>49–52</td>
</tr>
<tr>
<td>ML 10302</td>
<td>5-HT4</td>
<td>1, 10</td>
<td>53–55</td>
</tr>
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</table>

Table 2. Summary of antagonists with concentration range and references

<table>
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<th>Drug</th>
<th>Receptor</th>
<th>Concentration range (μM)</th>
<th>Reference number</th>
</tr>
</thead>
<tbody>
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<td>Ketanserin</td>
<td>5-HT2</td>
<td>1, 10, 100</td>
<td>56, 57</td>
</tr>
<tr>
<td>Ondansetron</td>
<td>5-HT3</td>
<td>1, 10, 100</td>
<td>58, 59</td>
</tr>
<tr>
<td>GR 113808</td>
<td>5-HT4</td>
<td>1, 10, 100</td>
<td>60–62</td>
</tr>
</tbody>
</table>

Fig. 2. Airway responsiveness testing. EC200Raw (effective concentration inducing a 200% increase in airway resistance from baseline) across groups during airway challenge with histamine. * Significant decrease in EC200Raw compared to FA. Values are means ± SE. FA n = 24, HDMA n = 6, O3 n = 9, HDMA+O3 n = 7 (p = 0.05).
Frequency-Response Curves
There was no significant difference between any of the exposure groups and the FA control.

5-HT Concentration-Response Curves with EFS
The FA control group showed no within-group effect with the cumulative addition of 5-HT during EFS. The HDMA, O₃ and HDMA+O₃ groups showed a significant within-group effect of 5-HT. At 10 μM 5-HT, EFS-induced tension increased by 56% in the FA group, whereas the tension of the combined-exposure groups increased by 176% over the EFS control (HDMA = 185%, p < 0.060; O₃ = 206%, p < 0.002; HDMA+O₃ = 154%, p < 0.003) (fig. 4).

Agonist Concentration-Response Curves with EFS
5-HT₁ Receptor
There was a significant, concentration-dependent effect showing a decrease in EFS-induced muscle tension in all 3 exposure groups and the FA control with the addition of the 5-HT₁ receptor agonist (p < 0.0001). At 100 μM, the tension response to EFS was almost abolished (average response at 100 μM of all 4 groups was 3% of control). There were no between-group differences at any concentration and the FA group response was similar to that of the exposure groups, indicating that exposure had no effect (fig. 5a). The 5-HT₁ receptor agonist was the only agonist that produced an inhibitory effect on EFS-induced ASM contraction.

5-HT₂ Receptor
Activation of 5-HT₂ receptors significantly increased muscle tension at 1 and 10 μM in the HDMA group (p = 0.0002), with EFS at 1 μM producing a 45% increase and 10 μM producing a 102% increase over the control (fig. 5b).

5-HT₃ Receptor
10 μM of the 5-HT₃ receptor agonist significantly increased the EFS tension response in all 3 exposure groups (HDMA, p < 0.012; O₃, p = 0.007; HDMA+O₃, p < 0.017) (fig. 5c).

5-HT₄ Receptor
In the O₃ group, a significant increase in EFS-induced tension was seen at 1 μM (p = 0.041). HDMA exposure

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significantly elevated tension at 1 μM (p = 0.0001) and 10 μM (p < 0.0001) (fig. 5d).

**Antagonist Concentration-Response Curves**

To further evaluate the role of the 5-HT subtype receptors that the agonist trials indicated as contributors to the 5-HT-induced exacerbation of the EFS response, 5-HT concentration-response curves were conducted in the presence of increasing concentrations of 5-HT receptor antagonists.

Ketanserin (5-HT₂ Receptor Antagonist)
HDMA-exposed tissue preincubated with 10 and 100 μM ketanserin significantly attenuated the EFS response at all 5-HT concentrations (fig. 6).

Ondansetron (5-HT₃ Receptor Antagonist)
HDMA-exposed airway rings preincubated with 1, 10 and 100 μM ondansetron significantly attenuated the EFS response at 10 and 100 μM 5-HT. The tissue preincubated with 10 and 100 μM ondansetron significantly re-
Reduced tension at 1 μM 5-HT (fig. 7a). In the O₃ group, airway rings preincubated with 100 μM ondansetron significantly attenuated the EFS response at all 5-HT concentrations compared to the control. At 1 μM of 5-HT, tissue preincubated with 100 μM ondansetron showed a significantly depressed EFS response when compared to the tissue preincubated with 10 μM ondansetron. At 100 μM of 5-HT, tissue preincubated with 10 μM ondansetron exhibited a significantly attenuated EFS response compared to the control curve (ondansetron effect, p < 0.0001) (fig. 7b). In the HDMA+O₃ group, tissue incubated with 100 μM ondansetron significantly depressed tension response when compared to the control curve at 10 and 100 μM 5-HT (fig. 7c).

GR 113808 (5-HT₄ Receptor Antagonist)
HDMA-exposed tissue incubated with 10 and 100 μM GR 113808 significantly attenuated the EFS response at all 5-HT concentrations when compared to the control. Tissue preincubated with 1 and 10 μM GR 113808 significantly reduced the EFS response compared to the control at 1 μM 5-HT, but produced significantly less tension than the control at 10 and 100 μM 5-HT (fig. 8a). In the O₃ group, tissue incubated with 100 μM GR 113808 produced significantly more tension than the control at 1 μM 5-HT, but produced significantly less tension than the control at 10 and 100 μM 5-HT (fig. 8b). There was a significant concentration effect with all tested antagonists in the exposure groups selected on the basis of previous positive agonist responses (table 3).

Direct Effect of 8-OH-DPAT
Addition of 100 μM of the 5-HT₁ receptor agonist, 8-OH-DPAT, attenuated tension induced via preincubation with 100 μM exogenous ACh, independent of the group. In all 4 groups, 100 μM 8-OH-DPAT addition sig-

Table 3. Summary of p values for antagonist concentration-response curves

<table>
<thead>
<tr>
<th>Group</th>
<th>[5-HT]</th>
<th>[ANT]</th>
<th>5-HT₂ receptor</th>
<th>5-HT₃ receptor</th>
<th>5-HT₄ receptor</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 μM</td>
<td>10 μM</td>
<td>100 μM</td>
<td>1 μM</td>
<td>10 μM</td>
</tr>
<tr>
<td>HDMA</td>
<td>0.8170</td>
<td>0.0376</td>
<td>0.0003</td>
<td>0.0133</td>
<td>0.8530</td>
</tr>
<tr>
<td></td>
<td>10 μM</td>
<td>0.6691</td>
<td>&lt;0.0001</td>
<td>0.0042</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td></td>
<td>100 μM</td>
<td>0.7013</td>
<td>&lt;0.0001</td>
<td>0.0498</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>O₃</td>
<td>0.9297</td>
<td>1.0000</td>
<td>0.0099</td>
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<td></td>
<td>0.9164</td>
<td>0.9997</td>
<td>0.0001</td>
<td>0.4808</td>
<td>0.7104</td>
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<tr>
<td></td>
<td>0.6382</td>
<td>0.5070</td>
<td>&lt;0.0001</td>
<td>0.0001</td>
<td>&lt;0.0001</td>
</tr>
<tr>
<td>HDMA+O₃</td>
<td>0.9958</td>
<td>0.9999</td>
<td>0.4714</td>
<td>0.0307</td>
<td>0.0092</td>
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<td></td>
<td>0.6382</td>
<td>0.5070</td>
<td>&lt;0.0001</td>
<td>0.0001</td>
<td>&lt;0.0001</td>
</tr>
</tbody>
</table>

Adjusted p values for 5-HT concentration-response curves preincubated with 5-HT receptor subtype antagonists. p values represent comparison to response at the same 5-HT concentration in the control (no antagonist) curve. Bold-type values indicate significance at α = 0.05.

Fig. 6. Effect of preincubation with a 5-HT₂ receptor antagonist on 5-HT concentration response in the HDMA group; tension response to EFS. * Tension is significantly less than 0 μM KET at the same 5-HT concentration. † Tension is significantly less than 1 μM KET at the same 5-HT concentration. Values are means ± SE, n = 6 (p < 0.05). KET = Ketanserin.
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Fig. 7. Effect of preincubation with a 5-HT₃ receptor antagonist on 5-HT concentration response in the HDMA, O₃ and HDMA+O₃ groups; tension response to EFS. a HDMA group. b O₃ group. c HDMA+O₃ group. * Tension is significantly less than 0 μM OND at the same 5-HT concentration level. † Tension is significantly less than 10 μM OND at the same 5-HT concentration. Values are means ± SE, n = 6 (p = 0.05). OND = Ondansetron.

nificantly reduced the ACh-induced tension (% change: FA = −45%, HDMA = −52%, O₃ = −58%, HDMA+O₃ = −59%). The control tissue did not show a significant reduction in tension after 10 min. 10 μM 8-OH-DPAT did show a moderate attenuation in tension, but this decrease did not result in a significant reduction (FA; p = 0.197, HDMA; p = 0.258, O₃; p = 0.083, HMDA+O₃ = 0.095) (fig. 9).

Concluding Investigations

Tissue Viability

Each airway ring was contracted with exogenously applied 10 mM ACh. The tension produced by this application was compared to the maximum tension achieved during the ACh concentration-response curves conducted at the onset of the experiment. There was no significant difference between the responses of any of the tissue at the onset of the protocol compared to the responses at the conclusion. The average end tension response across all groups was >87% of the initial response.

Mechanism

Incubation with atropine (1 μM) or tetrodotoxin (3 μM) blocked EFS-induced contraction, implying that tension produced by EFS is mediated through a cholinergic mechanism of neural origin.
Fig. 8. Effect of preincubation with a 5-HT₄ receptor antagonist on 5-HT concentration response in the HDMA and O₃ groups. 

a HDMA group. b O₃ group. * Tension is significantly different than 0 μM GR 113808. Values are means ± SE, n = 6 (p = 0.05).

Fig. 9. Effect of 8-OH-DPAT on precontracted tissue with 100 μM ACh after a 10-min (black column) incubation period (white column = at baseline). a FA group. b HDMA group. c O₃ group. d HDMA+O₃ group. * Tension is significantly lower than control. Values are means ± SE, n = 6 (p = 0.05).
Discussion

This study shows that repeated exposure of allergic infant monkeys to HDMA, O₃ or HDMA+O₃ exacerbates cholinergic-mediated ASM response to EFS in the presence of exogenous 5-HT, a response that was not present in HDMA-sensitized FA control animals. Further evaluation with specific 5-HT subtype receptor agonists revealed that the activation of 5-HT₂, 5-HT₃ and 5-HT₄ receptors contributes to the serotonergic exacerbation of EFS-induced ASM contraction in the HDMA group, while 5-HT₃ and 5-HT₄ receptors contribute to exacerbations in the O₃ group, and 5-HT₃ receptors were solely responsible for the response in the HDMA+O₃ group. Antagonists for these 3 receptor subtypes attenuated the ASM response to 5-HT, further supporting that these receptors play a prominent role in the overall response to 5-HT. Conversely, a strong, consistent and reproducible inhibitory effect was documented in the FA control group as well as in the exposure groups, with the activation of 5-HT₁ receptors. Addition of the 5-HT₁ receptor agonist 8-OH-DPAT not only attenuated EFS-induced ASM contraction, but also relaxed ASM that had been precontracted with ACh. This indicates that the 5-HT₁ receptor’s inhibitory effect is mediated through receptors located directly on ASM. When airway tissue was preincubated with 5-HT, the EC₅₀ calculated from the ACh concentration-response curve significantly increased compared to the control curves across all groups (fig. 3). This supports the proposed 5-HT₁ receptor mechanism, indicating that 5-HT does exhibit some inhibitory effect directly on ASM, confirming previous work that documents the presence of a competing inhibitory 5-HT mechanism in ASM control [19, 23, 33]. Due to the implicated postsynaptic location of an inhibitory 5-HT₁ receptor, activation of this receptor is not dependent on parasympathetic signaling to exert its effect. These results indicate that in the airways of allergic monkeys there are competing 5-HT-mediated mechanisms; activation of 5-HT receptors residing on the cholinergic nerve terminal exacerbate the ASM response, while activation of a postsynaptic 5-HT₁ receptor located directly on the ASM inhibits contraction (fig. 10).
We postulate that the exacerbated tension response seen in HDMA, O₃ and HDMA+O₃-exposed monkeys during EFS-induced ASM contraction is due to an enhancement of the excitatory mechanism, rather than a dysregulation of the inhibitory mechanism. An enhanced EFS response was only seen in the 3 exposure groups, and not in the FA control, but the direct inhibitory effect of the 5-HT₁ receptor agonist was seen across all 4 groups. The magnitude of the inhibitory response was not affected by exposure. This leads us to conclude that the exacerbated ASM contraction in exposed animals is due to enhanced ACh release from the terminal parasympathetic nerve via increased activation and/or upregulation of 5-HT receptors or their associated secondary messenger systems (fig. 10).

Interestingly, prior to 5-HT addition, there appeared to be no functional difference between FA controls and exposed animals when examining EFS-induced contractions or the intrinsic contractility of the ASM (frequency-, voltage- and ACh concentration-response curves). In fact, during the ACh concentration-response curve, there was a significant increase in the EC₅₀ of the O₃ group compared to the other 2 exposure groups and the FA control, indicating a decrease in contractility of the O₃-exposed animals. The decreased response of O₃-exposed tissue to exogenous ACh is in accordance with the lack of airway hyperresponsiveness in the O₃ group during the histamine challenge (fig. 2). Regardless of the reduced intrinsic contractility of the ASM of the O₃ group, this tissue still showed a significantly greater response to 5-HT during EFS-induced contractions in the presence of 5-HT (fig. 4). Based on the ex vivo ACh concentration-response curves and the EFS experiments, it appears that O₃ exposure may lead to a decreased intrinsic contractility of ASM, but the excitatory parasympathetic, cholinergic pathway is enhanced in the presence of 5-HT. When looking at the whole animal response in the O₃ group based on the EC200R unavoidably derived from the histamine challenge, the inhibitory mechanism of reduced ASM contractility seems to overwhelm any exacerbated parasympathetic cholinergic response, resulting in airway responsiveness similar to that of the control group (fig. 2).

The histamine challenge performed at 6 months of age indicates that HDMA exposure does lead to development of a hyperreactive airway phenotype in the whole animal. Associated with the increase in airway reactivity, the HDMA group showed a significant response to all 3 excitatory 5-HT receptors examined in this study (fig. 5). Although HDMA+O₃ exposure did not result in a significant decrease in EC200R, there was a trend towards a more reactive airway, (fig. 2) and this trend was associated with an increased sensitivity of the 5-HT₃ receptor only. The small number of animals tested may have also made it more difficult to identify significant differences among groups in these in vivo and ex vivo studies, considering the intrinsic biological variability observed between individual animals.

Although this is the first time that serotonergic modulation of ASM has been evaluated in a model of asthma to date, there is substantial evidence in the literature that 5-HT does play a role in ASM function. It is well documented that 5-HT functions as a modulator of neurotransmitter release at cholinergic nerves [17]. Multiple human tissue and animal studies show that 5-HT exacerbates cholinergic-mediated ASM contraction [20, 21, 34, 63, 64]. Clinical research in humans indicates that 5-HT contributes to AHR and lung function decrements that are seen in asthmatic populations, and that medications modifying serotonergic signaling improve asthma-related symptoms [19, 23, 32, 65–67].

It has also been substantiated that environmental exposures to HDMA and O₃ exacerbate AHR and may lead to the development of asthma, although the exact mechanisms involved have yet to be elucidated [7, 8, 11–13, 15, 16, 68–78]. Work by Kajekar et al. [13] has linked the early life exposure of nonhuman primates to HDMA, O₃ and HDMA+O₃ to an increase in serotonin-positive cells populating the airway epithelium. If exposure to HDMA and/or O₃ leads to an increased presence of 5-HT or an increased sensitivity of the receptor mechanism in the airway, this could induce AHR and exacerbate asthma symptoms. The model employed in this study is ideal to evaluate the 5-HT-modulated EFS response to exposure due to the similar postnatal maturation processes of the human and rhesus monkey lung and the ability of our sensitization protocol to reproduce the characteristics of childhood allergic asthma.

Although a functional study of this nature using EFS and whole excised airway tissue allows an insight into the role of 5-HT in ASM function in a model of childhood allergic asthma, the limitations of such an experimental preparation must be acknowledged. By removing the trachea from its native environment, sectioning it into tissue rings and rinsing it repeatedly with a modified Kreb’s solution, it is possible that endogenous 5-HT in the tissue was removed so that any hypersensitization of the terminal cholinergic nerve to 5-HT was not apparent until the addition of exogenous 5-HT. We attempted to employ the most selective agonists and antagonists available. Even
so, due to the variance of published receptor affinities, a quantitative, rank-order comparison of the contributions of each receptor subtype to the 5-HT enhancement of ASM contraction could not be established. There is also the possibility of partial activation of multiple receptor subtypes by any one agonist, especially at higher concentrations. There is evidence that 5-HT may directly induce the contraction of smooth muscle [19, 20, 79]. When higher concentrations of 5-HT and some of the agonists were added, sporadic baseline shifts in tension were recorded. Any tissue that underwent a significant baseline shift after addition of a drug was excluded from EFS analysis. Because our focus was on neurally mediated ASM contraction, the direct effect of the enhancement by 5-HT of ASM contraction in exposed allergic monkeys will be investigated in future projects. This study focused on a conducting airway site located in the middle-to-lower trachea. Previous research has shown that vascular remodeling in HDMA-exposed airways is generation-specific [80]. It is possible that HDMA, HDMA+O3 and O3 exposure may have a differential effect along segments of the tracheobronchial tree. Studies evaluating ASM function at alternate airway levels could assess whether exposure effects are widespread and consistent throughout conducting airways.

Further research coupling pulmonary function analysis, histological identification of 5-HT receptor subtypes at the parasympathetic ganglia, terminal cholinergic nerves and ASM coupled with ex vivo EFS experiments similar to the one described here would be of great value. Such experiments would allow researchers to compare the structure and function of HDMA-, O3- and HDMA+O3-exposed airways and the role of 5-HT in the asthmatic disease process. In addition, studies varying the onset of exposure during postnatal growth and development may shed light on how early these physiological changes take place and whether animals are more susceptible at different developmental ages.

Our study demonstrates that HDMA, O3 and HDMA+O3 exposure in a model of childhood allergic asthma exacerbates EFS-induced ASM contraction through a 5-HT-mediated mechanism. There was no statistically different response between exposure groups. Further evaluation with agonists for specific 5-HT subtype receptors indicates that 5-HT2, 5-HT3 and 5-HT4 receptors can play a role in this response. A counterbalancing inhibitory effect was also uncovered, mediated via 5-HT1 receptors. This inhibitory effect is transmitted through a receptor located directly on the ASM, rather than on the terminal cholinergic nerve. This study indicates that the increase in asthma symptoms and diagnosis among allergic childhood populations may be mediated in part through the dysregulation of 5-HT signaling at the postganglionic parasympathetic nerve, resulting in a hyperresponsive airway phenotype.

References

Airway Response to Serotonin in a Model of Asthma

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