Spontaneous Rupture of a Giant Diaphragmatic Hydatid Cyst into the Intrapleural Space

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Introduction

Hydatid disease or echinococcosis is a worldwide parasitic zoonosis. The eggs of the tapeworm Echinococcus granulosus excreted by carnivores may infect various species of natural intermediate host animals such as sheep, cattle, deer and accidentally humans. Hydatid cysts of E. granulosus primarily form in the liver or in the lungs, but may rarely be found in different organs [1]. The parasite can settle in any organ or tissue in the human body but diaphragmatic localization is rare with the incidence of only about 1% [2]. Rupture of the hydatid cyst may be spontaneous, iatrogenic or traumatic [3]. Spontaneous rupture of a hydatid cyst in the diaphragmatic localization is unusual. We report a case of a giant diaphragmatic hydatid cyst which ruptured spontaneously into the right intrapleural space in a patient with a coexistent giant hepatic hydatid cyst.

Case Report

A 62-year-old woman was admitted with dyspnea, nausea, vomiting, and right-sided chest pain for 1 month. On physical examination her blood pressure was 100/60 mm Hg, heart rate 82 bpm and body temperature 37.2°C. The patient’s breath sounds were decreased at the mid-base of the right chest and 6 cm hepatomegaly was detected. Blood work results were as follows: Hb 11.1
g/dl, WBC 17,100/mm³, erythrocyte sedimentation rate 110 mm/h, C-reactive protein level 26.4 mg/dl (normal: <0.8 mg/dl). Serum biochemistry work-up revealed a serum creatinine of 2.6 mg/dl (ref. 0.7–1.3), blood urea nitrogen of 51 mg/dl (ref. 7–25), and albumin of 2.9 g/dl. Serum bilirubin and liver enzymes were within normal range. Urinalysis showed a specific gravity of 1.023 and was positive for protein. Renal ultrasound showed normal-size kidneys, non-distended urinary bladder and no evidence of hydronephrosis. Acute renal failure due to sepsis was suspected. The patient was hospitalized. After placement of a dual-lumen hemodialysis (HD) catheter into the right internal jugular vein, HD treatment was started on hospital day 1. Chest radiography revealed right-sided pleural effusion (fig. 1). A chest tube was inserted in the right hemithorax and 500 ml of purulent material were drained. The microbiological examination of the fluid revealed leukocytes with Gram-negative bacilli and Gram-positive cocci. A right-sided empyema was diagnosed and cefoperazone/sulbactam was started at a daily dose of 2 g. Cultures of the fluid remained negative. HD therapy was continued for the subsequent 4 days. Her gastrointestinal symptoms improved. Thoracoabdominal multislice computed tomography (CT) showed a mass lesion with mixed solid and cystic components in the diaphragm and a second lesion in right lobe of the liver, consistent with hydatid cysts (fig. 2a, b). Indirect hemagglutination (IHA) test was positive for hydatid disease. Oral albendazole at a daily dose of 15 mg/kg was started as medical therapy. Surgery was performed on the 7th day of hospitalization. Following a right thoracotomy through the seventh intercostal space, multiple daughter vesicles were observed in the intrapleural space and the mediastinum. The lesions were removed. The intrapleural space was irrigated with 1% povidone-iodine solution. No cyst was seen in the parenchyma of the lung. A hydatid cyst originating from the diaphragm was observed. The cyst was surrounded by the layers of diaphragm. Cystotomy was performed and daughter vesicles were removed from the cyst. The germinative membrane was excised. The giant hepatic cyst was then reached through a subsequent transdiaphragmatic incision on the anterolateral side of the diaphragm and cystic fluid including daughter vesicles was aspirated. After excision of the germinative membrane a Pezzer drain was inserted into the cavity and the cystic cavity of the liver was capitonnaged (folding of the pericystic zone by sutures). The cystic cavity of the diaphragm was also capitonnaged. After insertion of two chest tubes, the thoracotomy incision was closed.

Cefoperazone/sulbactam was continued for 21 days. Four weeks after admission, the patient was taken off renal replacement therapy. Serum creatinine decreased to 1.1 mg/dl on hospital day 40. The amount of drained material gradually decreased but never stopped completely. The patient was discharged on hospital day 56 with a prescription for oral albendazole, and with two chest tubes with Heimlich valves which were to be removed when the drainage stopped.

**Discussion**

Hydatid disease presents as hydatid cysts primarily in the liver and lungs. Although cysts may be asymptomatic for many years, they may become clinically manifest...
due to expansion, rupture, and/or pyogenic infection [1, 4, 5]. Our case shows that hydatid cysts of the diaphragm can rupture into the intrapleural area spontaneously. Diaphragmatic involvement of hydatid disease is rare and most of the previously reported cases are associated with liver hydatid cysts [2]. In our case, the diaphragmatic cyst was separate from the coexisting liver cyst.

Spontaneous rupture of a diaphragmatic hydatid cyst in this localization is a very rare entity. To our knowledge there is only one report regarding the spontaneous rupture of a hydatid cyst of the diaphragm [6]. In that patient, after surgical intervention via thoracotomy, the outcome was reported to be good except for local relapses twice, in the second and fourth years of follow-up. However, medical treatment with albendazole was not reported for the patient. Since medical treatment with albendazole or mebendazole is recommended postoperatively in patients with perforated cysts [7], we administered albendazole for 6 months. In addition, the patient was asked to return for chest radiography and abdominal ultrasonography at 6-month intervals to detect relapses.

The clinical presentation of hydatid disease depends on the size and site of the cyst. Preoperative diagnosis of hydatid cysts may be made by ultrasonography and confirmed by CT [8]. On CT, it can be easily differentiated from other mass lesions due to its typical three-layered structure and the ring-like polycyclic calcification [9]. A variety of serological tests are available for the diagnosis, screening and postoperative follow up for recurrence. These are hydatid immunoelectrophoresis, enzyme-linked immunosorbent assay, latex agglutination and IHA test [8]. In our case the diagnosis was established with a multislice CT scan. Furthermore, the IHA test was found to be positive for hydatid disease.

Surgical intervention should be the treatment of choice for hydatid disease. In diaphragmatic hydatid cysts total excision of the cyst via thoracotomy is a suitable approach [2]. Access through a thoracic approach, which implies right thoracotomy with phrenotomy, has been effective in the simultaneous management of concomitant right-sided pulmonary and hepatic hydatid cysts [10]. If a diaphragmatic hydatid cyst is associated with a liver cyst, or an independent liver cyst exists along with a diaphragmatic cyst as in our case, these cysts can be treated simultaneously in a one-stage operation.

Conclusion

This case demonstrates that hydatid cysts of the diaphragm can rupture into the intrapleural space spontaneously. One-stage operation through thoracotomy may be successful for the surgical intervention for diaphragmatic hydatid cysts with coexistent hepatic cysts.

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References