Dear Sir,

In a previous paper of this journal we described two sensitive and reliable assays to determine low concentrations of inulin in serum [1]. These refined methods make it possible to use the single-shot technique with inulin as suitable procedure in the routine practice to measure the glomerular filtration rate (GFR). Here we report on our approach.

In 21 patients (12 women, 9 men; mean age 38 years) suffering from chronic renal diseases, the isotope clearance of $^{99m}$Tc-diethylenetriamine pentaacetic acid (DTPA) and the elimination kinetics of inulin were simultaneously measured. $^{99m}$Tc-DTPA clearance calculated by the single compartmental model analysis of the disappearance curve of $^{99m}$Tc-DTPA was used as reference GFR [2]. Twenty megabecquerel of $^{99m}$Tc-DTPA was injected into the medial antecubital vein, and radioactivity was measured in blood samples taken 60, 90 and 120 min after injection. As shown in previous studies, this technique gives identical values in comparison with the standard inulin method with continuous infusion [2]. The single-injection inulin clearance was calculated from the plasma elimination kinetics of inulin after an injection of 5 g inulin (Laevosan GmbH, Linz, Austria). The timing of the clearance started with the beginning of the injection. Samples for the determination of inulin concentrations were taken at 7 different time intervals (20, 45, 90, 120, 145, 180 and 240 min) after injection. GFR was calculated from these data by applying the monocompartment system [3–5] and using only 1 blood sampling. This procedure considers that GFR is inversely proportional to the plasma inulin concentration [6]. A factor $k_0$ being optimal for all 21 individuals ($N$) to calculate GFR was determined. In the first step, a factor $k_i$ was calculated for each time point according to equation 1. For these calculations, the GFR of all individuals ($i = 1$ to $N$) measured by the $^{99m}$Tc-DTPA method ($\Gamma_{\text{DTPA}}$) were considered:

$$N \sum_{i=1}^{N} \frac{\Delta V_{\text{DTPA}}}{\Gamma_i \times t_i} = \frac{1}{L_{\text{NL}}}$$
where $C_t$ and $l_·$ correspond to the inulin concentration (mg/100 ml) and the dose of injected inulin (mg), respectively; $t$ indicates the sampling time after injection. The second step comprised the calculation of the plasma inulin clearance ($G'$) of the individuals at the corresponding time points according to equation 2:

$$G' = \frac{k_0 \times C_t}{100} \times \text{Surface Area}$$

Using this equation, $G'$ values at the 7 different sampling times were calculated. Regression analyses between $G'$ and DTPA values corrected for the body surface area of 1.73 m$^2$ were performed [7]. Thus, the optimal factor $k_0$ defined as $k_{10}$ of equation 2 giving the best agreement between $G'$ and DTPA values could be calculated. Using this calculation model, inulin concentrations measured at 120 min resulted in clearance values nearly identical with DTPA values (fig. 1). For all patients investigated, the median value of $^{99m}$Tc-DTPA was 91.2 ml/min/1.73 m$^2$ (arithmetic mean ± SD: 92.4 ± 40.8).

Single-Injection Inulin Clearance


and that of inulin clearance 88.2 ml/min/1.73 m$^2$ (arithmetic 3 mean ± SD: 94.1 ± 42.7). The factor $k_0$ was 0.1992 at that time. Thus, the factor 996 (resulting from equation 2: 5,000 × 0.1992) divided by the inulin concentration found at 120 min after injection and corrected for the surface area gives plasma inulin clearance values comparable to the $^{99m}$Tc-DTPA.

In conclusion, our study demonstrates that a single-injection inulin clearance using only 1 blood sampling provides reliable information on GFR. The recommended procedure is simple and expedient to be suitable for routine use. It could replace unreliable endogenous creatinine clearance measurements [8] and would be an alternative method to isotope techniques.

References