Acute Renal Failure as a Complication of Mediterranean Spotted Fever

J. Jaume Almirall, D. Dolores Torremorell, X. Xavier Andreuc, B. Bernad Font
Nephrology Unit, Internal Medicine Service, and Pathology Service, Consorci Hospitalari del Parc Taulí, Sabadell, Spain

Dear Sir,

Herein we report a case of acute renal failure as a complication of Mediterranean spotted fever. Severe renal failure has exceptionally been described in the literature; the pathogenesis of this disorder remains speculative.

The patient was a 76-year-old male that became acutely ill 2 days before admission. Initially he had fever (39.5°C), chills, headache, and generalized arthromyalgias; 2 days later a diffuse maculopapular exanthema was evident, and he was admitted to the hospital.

He was in good general condition. The blood pressure was 130/80 mm Hg, the heart rate 95/min, and the temperature 39°C; the patient was well oriented and without any clinical sign of dehydration. A generalized maculopapular exanthema was noted, with a 2-cm necrotic plaque in the right hypochondria.

The laboratory findings were as follows: white blood cell count 7,200/mm3 (83% neutrophils), hematocrit 44%, platelets and coagulation tests were normal, urea 74 mg/dl, creatinine 2.6 mg/dl, Na 130mEq/l, K 4mEq/l, serum hepatic enzymes were slightly elevated, creatine kinase 103 U/l. The urinary sediment contained 30 erythrocytes and 2-3 leukocytes, no casts were noted, protein was 2+. The rest of his blood chemistry was normal. A thorax radiography showed no abnormalities.

With the suspicion of Mediterranean spotted fever, which was subsequently confirmed serologically (the Rickettsia conorii antibody titer increased using an indirect immunofluorescence assay), we started chemotherapy with doxycycline. The maculopapular
exanthema, fever, and the general symptoms rapidly improved, but his renal function worsened with normal urine output. His central venous pressure was in the normal range. Six

Fig. 1. Interstitial fibroedema with a mixed inflammatory component and tubular damage. HE. ×200.

sis with some hemoglobin casts in the tubular lumen (fig. 1). Vasculitis was not observed. The immunofluorescence examination was negative.

Ten days later his renal function started to improve, and hemodialysis was discontinued; the serum creatinine level being 3.4 mg/dl and urea 198 mg/dl. Four months later, he had normal renal function; the serum creatinine value being 1.4 mg/day and urea 46 mg/dl. The urinary sediment was normal.

Mediterranean spotted fever is a common infectious disease in endemic areas; the prognosis is usually benign [1-5]. Asymptomatic kidney disorders, such as minimal proteinuria, microhematuria, and mild renal failure, are relatively common consequences of R. conorii infection. These abnormalities are re-

© 1995 S. Karger AG, Basel 0028-2766/95/0693-0338 $8.00/0
ported in up to 50% of the patients [2-5]. Major renal involvement such as acute renal failure has only rarely been described [6-8]. When present, it has been usually associated with dehydration, high fever, and vomiting in critically ill patients. A vasculitic syndrome has sometimes been suspected [2, 9], as seen in other tissues, but it has never been histologically documented in the kidney. In the exceptional cases reported in whom histo-pathological examinations were performed, only tubulointerstitial involvement has been demonstrated [6, 7]. In our patient prerenal causes of acute renal failure have been ruled out; he had no dehydration, arterial hypotension, hemolysis, rhabdomyolysis, or other known nephrotoxic factors. Immunofluorescence staining and serological tests ruled out an immunomediated mechanism.

As with the 2 previously reported cases [6, 7], we could only demonstrate tubulointerstitial involvement; no specific vascular lesions were observed. The pathological changes described in rickettsial diseases in other tissues are vascular, being especially common in skin, muscles, heart, lung, and brain [10]. The vascular damage is described as scattered along the arteries, veins, and capillaries. The process is patchy with areas of congestion and edema. This patchy affection makes it difficult to rule out definitively vascular involvement on the basis of a small kidney biopsy specimen.

Rickettia rickettsii and Rickettsia diaporica are included in the etiologic classification of interstitial nephritis [11]; not specifically mentioned is R. conorii, the etiological cause of Mediterranean spotted fever. Although the pathogenesis of acute renal failure in rickett-siosis remains putative, and further pathology examinations are needed to clarify the typical histopathological pattern in spotted fever diseases affecting the kidney, we propose that R. conorri should be considered in the differential diagnosis of acute interstitial nephritis, and ricketsiae must also be suspected on the basis of microhematuria, mild proteinuria, and renal failure which these patients frequently present.

References


339