Home Treatment of Haemophilic Children Controlled by an External Nursing Service

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The external nursing service is a pilot project of the Berlin Paediatric Clinic. Among various target groups, this service provides optimal care for patients with chronic diseases on an out-patient basis. It is carried out by qualified paediatric nurses who take care of the patients at their homes in several respects.

One patient group of this project are haemophilic children on a self-treatment programme at home. The group comprises 10 patients with severe haemophilia without or with factor VIII inhibitors.

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The main responsibilities of the nurses are the supervision of proper injection techniques, the adequate storage of the clotting factors and the evaluation of the hygienic situation at home. Their most important contribution, however, consists in the psychological support of the patients and their families, especially in social-conflict situations.