Summary
Whereas in Freud’s conception transference is related foremost to repressed libidinal wishes, the
dual aspect based on the application of Selye’s S.A.S. to the concept of trauma, stresses its
defensive purpose as well. The primary need for overcoming unresolved, early traumata over-
rules reality-testing and assigns to the therapist as well as to suitable objects the protective role of
the parents which, due to the protective effect of libidinal gratification in early traumatic
situations (shock), is imagined as such. Since simultaneously the parents were experienced as the
instigators of these traumata, the early defensive reactions will likewise be repeated. “Trauma