Case Report
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Parameatal Urethral Cyst

E. Malatinský
Department of Urology, Medical Faculty Hospital, Bratislava, Czechoslovakia

Key Word
Urethral cyst

Abstract
A rare case of a cyst of the outer urethral orifice in a 35-year-old female is presented. The etiology is discussed.

Doc. MUDr. Ervín Malatinský, CSc, Department of Urology, Faculty Hospital, Hlhoká 7, 811 04 Bratislava (Czechoslovakia)

Introduction
Only 20 parameatal urethral cysts have been reported so far in the literature [Hill and Handley Ashken, 1977]. The first report was by Thompson and Lantin [1956]. Most of the patients were males. The cyst occurred most frequently in the middle-aged adult.

Case Report
Three weeks before presentation a 35-year-old female has started feeling a growth at the outer urethral orifice. A gynecological examination yielded negative results. The outer urethral orifice was found slightly deformed with a 1- to 1.5-cm smooth spherical tumor pushing the distal left lateral circumference of the orifice. The cyst was fully covered with mucosa (fig. 1). It was excised as a whole and contained yellow opaque liquid. Microscopical finding showed pavement epithelium lining (fig. 2). No complications were encountered during postoperative care.

Discussion
The exact etiology of the cyst is not known. Shiraky [1975] supposes the cause to be a blockade of the para-urethral ducts, Hill and Handley Ashken [1977] an infection, especially a chronic one. Trauma is not considered as an etiological factor.

Fig. 1. Parameatal cyst with urethral catheter.
Fig. 2. Histological appearance of the parameatal cyst.

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Cysts are formed at the lateral circumference of the meatus. They may be filled with clear or opaque liquid. The inner wall may be lined with columnar, pavement or transitional epithelia [Hill and Handley Ashken, 1977].

Differentially diagnostic difficulties may occur in the diagnosis of this rare disease as it may resemble inflammatory changes of the outer meatus, prolapses and dupli-catures and urological examination should, therefore, be completed with urography, urethroscopy and urethrog-raphy.

The therapy of the cyst is surgical (complete excision).

References