Part I: Main Lectures Hauptvorträge Rapports principaux

Proceedings of the VIth International Congress of Psychotherapy
Verhandlungen des vi. internationalen Psychotherapiekongresses
Comptes rendus du vie Congrès international de Psychothérapie
London 24-29 August 1964
Edited by – herausgegeben von – rédigé par
Malcolm Pines, Richmond, Surrey  Theodor Spoerri, Waldau, Bern
BASEL (Switzerland) S. KARGER  NEW YORK

The Proceedings of the previous International Congresses of Psychotherapy have been published as follows:
First Congress London 1949
Second Congress Leiden 1951
Third Congress Zurich 1954
Main Lectures, Papers of Sub-Sections, Communications. With 92 contributions. Parts 1 + 2. XII + 742 p., sFr. 84.-(S. Karger, Basel/New York 1955)
Fourth Congress Barcelona 1958
Selected Lectures
Topical Problems of Psychotherapy, Vol. 3
VIII+ 292 p., 21 fig., sFr. 54.-(S.Karger, Basel/New York 1960)
Fifth Congress Vienna 1961
Part I  Main Lectures
Acta Psychotherapeutica et Psychosomatica, Vol. 10, No. 2 + 3
176 p., 4 pel., 4 tab., sFr. 31.50
Part II  Selected Lectures
Topical Problems of Psychotherapy, Vol. 4
VI+ 274 p., 10 fig., 4 tab., sFr. 63.-
Part III Psychosomatic Medicine in Practice
Advances in Psychosomatic Medicine, Vol.3
VI + 207p.,17fig.,5tab., sFr.52.-
Part IV Psychotherapy and Psychoses
Bibliotheca Psychiatrica et Neurologica, Fasc. 118
VI+ 94 p., 3 tab., sFr. 19.-
Part V Progress in Child Psychiatry
VI + 72p., sFr. 17.-
(S. Karger, Basel/New York 1963) Sixth Congress London 1964
Part I Main Lectures
Psychotherapy and Psychosomatics, Vol. 13, No. 1-3 (1965)
XII +248 p., 4 fig., 3 tab., sFr. 34.80
Part II Psychotherapy of Adolescents
Psychotherapy and Psychosomatics, Vol. 13, No. 4 (1965)
VIII+72 p., 1 fig., 1 tab., sFr. 14.20
Part III Psychiatric Family Studies
Confinia Psychiatrica, Vol. 8, No. 1 (1965)
VIII+56 p., sFr. 14.20
Part IV Selected Lectures
VIII+160 p., 10 fig., 12 tab., sFr. 28.40
(S. Karger, Basel/New York 1965)
Verlag S.Karger AG, Arnold-Böcklin-Strasse 25, Basel (Switzerland)
All rights, including that of translation into foreign languages, reserved.
Photomechanic reproduction (photocopy, microcopy) of this book or part of
it without special permission of the publishers is prohibited.

©
Copyright 1965 by S. Karger AG, Basel
Printed in Switzerland by Buchdruckerei Brin+Tanner AG, Basel
Cliches: Steiner & Cie. AG, Basel
General Index of the Proceedings
Gesamtübersicht über den Kongressbericht
Table des matières générale des comptes rendus
Part I Main Lectures – Hauptvorträge – Rapports principaux
Psychotherapy and Psychosomatics, Vol. 13, No. 1-3 (1965)
List of Authors -Liste der Autoren – Liste des auteurs   VIII
Pines, M. (Richmond, Surrey): Introduction   IX
Boss, M. (Zurich): Presidential Address at the Opening Session  XI
Main, T. F. (Richmond, Surrey): The Search for Sense   1
Anthony, E.J. (St. Louis, Miss.): Developments in Child Psychotherapy.
Varieties and Vicissitudes of the Therapeutic Situation in the Treat
ment of Children    15
Fordham, M. (London): The Self in Childhood    29
Freud, Anna (London): Some Recent Developments in Child-Analysis .. 36 Dührssen,
Annemarie (Berlin): Wissenschaftliche und medizinale politische
Aspekte in der Kinderpsychiatrie   47
Ruesch, J. (San Francisco, Calif.): Psychotherapy for the Well and Psycho
therapy for the Ill   68
Boss, M. (Zurich): Discussion of the Paper by J. Ruesch     82
Benedetti, G. (Basel): Die Handhabung der Regression in der individuellen
Psychotherapie schizophrener Psychosen     87
Zetzel, Elizabeth R. (Cambridge, Mass.): The Use and Misuse of Psychoanalysis in Psychiatric
Evaluation and Psycho therapeutic Practice ... 101 Sutherland, J.D. (London): Recent Advances
in the Understanding of
Small Groups, their Disorders and Treatment    110
Stock Whitaker, Dorothy (Leeds): The Processes by which Change Occurs and the Role of Insight 126
Knobloch, F. (Prague): Family Psychotherapy 155
Stanton, A.H. (Belmont, Mass.): Some Therapeutic Mechanisms Arising from Psychiatric Hospital Social Structure 164
Cumming, J. and Cumming, Elaine (Syracuse, N.Y.): The Value Problem in Psychiatry 186
Menzies, Isabel E.P. (London): Some Mutual Interactions between Organisations and their Members 194
Weddell, Doreen (Richmond, Surrey): Change as a Learning Situation  201 Mertens de Wilmars, Ch. (Louvain): L’intervention sur les organisations 206 Trist, E. L. (London): The Need of the Social Psychiatrist to Influence Wider Social Networks and their Environments 229
Clark, D.H. (Cambridge): The Developing Concept of the Therapeutic Community 238
Boss, M. (Zurich): Presidential Address at the Closing Session 246
VI General Index – Gesamtübersicht – Table des matières générale Part II Psychotherapy of Adolescents Psychotherapy and Psychosomatics, Vol. 13, No. 4 (1965)*
Atardo, Nettie (New York, N.Y.): Psychodynamic Factors in the Mother-Child Relationship in Adolescent Drug Addiction: A Comparison of Mothers of Schizophrenics and Mothers of Normal Adolescent Sons  (249) 1
Edwards, F.H. (Richmond, Surrey): Aetiological Patterns in Delinquent Adolescents. A Survey of 66 Cases Seen at the Portman Clinic 1961-1964  (256) 8
Evans, J. (Richmond, Surrey): In-Patient Analytic Group Therapy of Neurotic and Delinquent Adolescents; Some Specific Problems Associated with these Groups  (265) 17
Hoppe, K.D. (Beverly Hills, Calif.); Molnar, J. and Newell, J.E. (Los Angeles, Calif.): Love- and Hate-Addiction in Delinquent Male Adolescents  (271) 23
Hoxter, Shirley (London): The Experience of Puberty and Some Implications for Psychotherapy  (278) 30
Langen, D. (Tubingen): The Psychotherapy of Puberal Crises from the Point of View of their Subsequent Development  (285) 37
Lauffer, M. (London): A Psychoanalytical Approach to Work with Adolescents. The Work of the Young People’s Consultation Centre (London) with Remarks on Diagnosis and Technique  (292) 44
Marshall, Margaret A. (Lincoln Park, N.J.) and Weinberg, Lilian (West Caldwell, N.J.): Implementing an Adolescent Service in an Ongoing Mental Hospital  (299) 51
Martin, Doreen (Richmond, Surrey): The Beginnings of the Growth and Development of an Adolescent Unit in the Cassel Hospital .. (309) 61
Zeise, W.J. and Elsaesser, Erika (Munich): Individual Observations During Psychoanalytic Group Therapy with Adolescents .... (314) 66

Part III Psychiatric Family Studies
Confinia Psychiatrica, Vol. 8, No. 1 (1965)
Alanen, Y.O.; Rekola, J.K.; Stewen, Anneli; Takala, K. and Tuovinen, M. (Helsinki): On Factors Influencing the Onset of Schizophrenia in the Light of a Family Study 1
Elles, Gillian W. (London): Family Treatment from a Therapeutic Community 9
Ferreira, A. J. (San José, Calif.): Family Myths: The Covert Rules of the Relationship 15
Finger, Sally (Staten Island, N.Y.): Concurrent Group Therapy with Adolescent Unmarried Mothers and their Parents 21
* The figures in brackets refer to the journal page numbers. General Index – Gesamtübersicht – Table des Matières générale VII
Fleck, S. (New Haven, Conn.): Some General and Specific Indications for Family Therapy 27
Satir, Virginia M. (Palo Alto, Calif.): The Family as a Treatment Unit 37
Zuc, G.H. (Philadelphia, Pa.): On Silence and Babbling in Family Psychotherapy with Schizophrenics 49

Part IV Selected Lectures
Published in a separate volume
Blair, Margaret (Wembley, Middlesex) and Pasmore, Jean (London):
Frigid Wives 1
Campos Avillar, J. (Barcelona): Joint Treatment of Schizophrenic Children and their Mothers in a Group 8
Cowan, L.H. (Glasgow): Psychotherapy and Persistent Pain 14
Ferchland, Editha (Umkirch, Freiburg i. Br.): Methodological Problems of Group Diagnosis in the In-patient Psychotherapy of the Psychosomatic Clinic 27
Fierz, H. K. (Zurich): The Training of a Specialist in Psychotherapy .... 39
Kayser, H. (Zurich): A Therapeutic Community with Chronic Schizophrenics 52
Knobel, M. and Ucha Udabe, R. (Buenos Aires): A Psychodynamic Component of Medication 60
Lindemann, E. (Boston, Mass.): The Timing of Psychotherapy 75
McPherson, F.M. and Walton, H.J. (Edinburgh): Changes in Communications of Patients Treated in a Closed Therapeutic Group 91
Palazzoli Selvini, Mara (Milano): The Meaning of the Body for Anorexic
Patients

Piers, G. and Piers, Maria W. (Chicago, Ill.): Modes of Learning and the Analytic Process 104
Rojas Bermudez, J.; Martinez, C. and Pavlovsky, E. (Buenos Aires): Evaluation of the Different Psychotherapeutic Techniques especially with Group Psychotherapy and Psychodrama Performed throughout Eight Years of Labour on Children and Adolescents Ill
Shlien, J.M. (Chicago, Ill.): Cross-Theoretical Criteria in Time-Limited Therapy 118
Sifneos, E. (Boston, Mass.): Seven-Years’ Experience with Short-Term Dynamic Psychotherapy 127
Tischler, S. (St. Albans, Herts): Observations Based on Psychotherapy with the Parents of Psychotic Children 143
Ziferstein, I. (Los Angeles, Calif.): Direct Observations of Psychotherapy in the USSR 150

List of Authors – Liste der Autoren – Liste des auteurs
Alanen,Y.O., M.D., Lapinlahti Hospital, Helsinki (Finland)
Anthony, E. J., Prof., M.D., 369 North Taylor Ave., St. Louis 8, Mo. (USA)
Attardo, N., Ph. D., 77 Park Avenue, New York 16, N.Y. (USA)
Benedetti, G., Prof. Dr., Psychiatrische Universitäts-Poliklinik, Petersgraben 1, 4000 Basel (Schweiz)
Blair, M.J., M.B.B. S., 2 Forty Lane, Wembley, Middlesex (England)
Boss, M., Prof. Dr., Bahnhofstrasse 53, 8702 Zollikon (Schweiz)
Campos Avillar, J., M.D., Paseo de San Gervasio 30, Atico, Barcelona 6 (Spain)
Clark, D.H., F.R.C.P.E., D.P.M., Fulbourn Hospital, Cambridge (England)
Cowan, L.H., M.B., Ch. B·, Landsdowne Clinic for Functional and Nervous Disorders, 4 Royal Crescent, Glasgow C.3 (Scotland)
Cumming, E., Ph.D., State of New York Department of Mental Hygiene, Mental Health Research Unit, Rm. 518, State Office Bldg., 333 East Washington Street, Syracuse, N.Y.13202 (USA)
Cumming, J., M.D., State of New York Department of Mental Hygiene, Mental Health Research Unit, Rm. 518, State Office Bldg., 333 East Washington Street, Syracuse, N.Y. 13202 (USA)
Dührssen, A., Prof. Dr. med., Barstrasse 24a, 1 Berlin 31 (Deutschland)
Edwards, F.H., M.D., Oak Lodge, Ham Common, Richmond, Surrey (England)
Elles, G.W., 23 Holland Park, London W.11 (England)
Evans, J., M.D., The Cassel Hospital, Ham Common, Richmond, Surrey (England)
Ferchland, E., Dipl.-Psych., Landhaus, Umkirch bei Freiburg i.Br. (Deutschland)
Ferreira, A.J., M.D., 2060 Clarmar Way, San José 28, Calif. (USA)
Fierz, H. K., Dr. med., Klinik und Untersuchungs-zentrum für analytische Psychologie, Dolderstrasse 107, 8032 Zurich (Schweiz)
Finger, S., 40 Yeomalt Ave., Staten Island, N.Y. 10312 (USA)
Fleck, S., M.D., Yale University School of Medicine, 333 Cedar Street, New Haven, Conn. (USA)
Fordham, M., M.D., 1 St. Katharine’s Precinct, Regent’s Park, London N.W.1 (England)
Foulkes, S.H., M.D., 22 Upper Wimpole Street, London W.1 (England)
Hoppe, K.D., M.D., The Hacker Clinic, 160 Lasky Drive, Beverly Hills, Calif. (USA)
Hoxter, S., M.D., 44 Onslow Square, London S.W.7 (England)
Kayser, H., Dr., Psychiatrische Universitäts-Klinik «Burghölzli», 8000 Zurich (Schweiz)
Knobel, M., M.D., Larrea 1381 2° p, Buenos Aires (Argentina)
Knobloch, F., Prof., M.D., Charles University Policlinic, Karlova nam 32, Prague 1 (CSSR)
Laing, R.D., M.D., 21 Wimpole Street, London W.1 (England)
Langen, D., Prof. Dr., Universitäts-Nervenklinik, 74 Tubingen (Deutschland)
Laufer, M., 22 Bracknell Gardens, London N.W.3 (England)
Ledermann, E. K., M.D., 97 Harley Street, London W.1 (England)
Lindemann, E., Prof., Ph. D., M.D., Department of Psychiatry, Massachusetts General Hospital, Fruit Street, Boston 14, Mass. (USA)
Main, T.F., M.D., The Cassel Hospital, Ham Common,
Richmond, Surrey (England)
Marshall, M. A., R.N., M. S., 109 Comly Road,
Lincoln Park, N.J. (USA)
Martinez, C, M.D., Av. Libertador Grl. S. Martin
1160 40B, Buenos Aires (Argentina)
McPherson, F.M., M.A., Department of Psychiatry,
University of Edinburgh, Professorial Unit, Jordanburn Hospital, Edinburgh 10 (Scotland)
Mertens de Wilmars, Ch., Prof. Dr., Centre d’Etudes psycho-médico-sociales, Université Catholique de Louvain, Louvain (Belgique)
Molnar, J., M. S.W., Junipero Serra Boys’ Club,
Los Angeles, Calif. (USA)
Newell, J. E., M. S.W., junipero Serra Boys’ Club,
Los Angeles, Calif. (USA)
Palazzoli Selvini, M., M.D., Viale Vittorio Veneto 12,
Milano (Italia)
Pavlovsky, E., M.D., Av. Libertador Grl. S. Martin
1160 40B, Buenos Aires (Argentina)
Pasmore, J., M.R.C.S., L.R.C.P., 21 Edwards Square,
London W.8 (England)
Piers, G., M.D., 664 N. Michigan Ave.,
Chicago, Ill. (USA)
Piers, M.W., Ph. D., 664 N. Michigan Ave.,
Chicago, Ill (USA)
Rekola, J.K., M.D., Lapinlahti Hospital, Helsinki (Finland; Rojas Bermudez, J., M.D., Coronel Diaz 1564, 80 piso,
Dto 34, Buenos Aires (Argentina)
Ruesch, J., Prof., M.D., University of California School of Medicine, San Francisco, Calif. 94122 (USA)
Satir, V.M., A.C.S.W., Family Project, Mental Research Institute, 777 Bryant Street, Suite 3,
Palo Alto, Calif. (USA)
Schwartz, E.K., Ph.D., D. S. So, Postgraduate Center for Mental Health, New York, N.Y. 10016 (USA)
Scott, R.D., M.D., Napsbury Hospital, Nr. St.Albans, Herts (England)
Shlien, J.M., Ph.D., Department of Psychology,
University of Chicago, Chicago, Ill. 60637 (USA)
Sifneos, P.E., M.D., Department of Psychiatry,
Massachusetts General Hospital, Fruit Street, Boston 14,
Introduction

The theme chosen for this Congress was “New Developments in Psychotherapy”. Each day the Plenary Sessions covered a different topic—Childhood, Adulthood, Small and, finally, Large Group Processes. In this way we demonstrated how psychotherapists now are involved in the research on and treatment of mental processes from the infant’s birth to his full adult involvement in society. This recognition that the psychotherapist has a viewpoint as participant observer in the whole range of human activities, characterises the most significant development of the past 25 years. Much of the impetus of this development arose from the experiences of
wartime, where psychiatrists were called on for the first time to help in the understanding and modification of behaviour in large masses of people, military and civil alike. Here the psychiatrist enlarged his experience and his understanding and had to fashion new conceptual tools for this task. Here he became a part of a team and began a collaboration that has characterised so much of the useful extension of knowledge and practice of the past 25 years. He had to integrate, his own findings with those of his collaborators, psychologists and social scientists, and nowadays the list must be extended to include ethology, anthropology, biology and epidemiology to name but a few. This is the process that Hartmann has named the “useful penetration” of one discipline by another. Here also began the intensive study of inter-personal relationships that follows the intensive study of intra-psychic processes that characterised the past 50 years under the leadership of psycho-analysis. The significant task of the next 25 years is to accelerate the inter-penetration of those two studies –intrapsychic and interpersonal and to produce a fruitful synthesis from what is still a dialectic. It is this thinking that influenced the Editors choice of papers for the printed proceedings. Studies of Adolescence and of Family Psychiatry force us to face the task of integrating the intrapsychic and interpersonal frames of reference and at the same time focus on two of the most important and fast growing areas of psychiatric research and practice.

Introduction
I hope that our friends and colleagues whose papers have had to be omitted from the printed proceedings will recognise the cogency of this argument and will feel that even in the absence of their papers they have contributed to the Gestalt of the proceedings. The printed proceedings has to become a permanent record and useful synthesis of this wide ranging Congress. We hope that the Congress itself will be remembered as an enjoyable and fruitful experience for all who took part.

Richmond, Surrey, 1965
Malcolm Pines

Presidential Address at the Opening Session
As president of the International Federation for Medical Psychotherapy it is my privilege and pleasure to welcome you here in London. I want to extend my greetings to the delegates of our member societies, the individual members who came from countries where no national society of psychotherapists has as yet been established, and last but not least, also to the guest participants. This is our Sixth International Congress, because we are well justified to number our International Congresses from that first Post-War Conference which was held right here in London in 1948. It had been initiated by our English Colleague Dr. Crichton Miller and was presided over by another British doctor, by Dr. J.R. Rees. It was at this Conference in London 16 years ago that the idea of a new International Federation for Medical Psychotherapy was born, after the former International Organization had been killed by World War II. It is obvious from this historical review that the idea as well as its materialization are mainly of British origin. We owe it, then, to a great extent to this country that we exist at all in the form in which we have come together to-day. Geographically speaking, we have completed a vast circle since, with our return to London after having met in Leyden, Zurich, Barcelona and Vienna. But I am convinced that we have not been going in circles, as far as our scientific work is concerned. On the contrary, I believe that we
have forged ahead. This moving ahead is particularly well expressed by the principal theme of this Congress. Nothing could be oriented more towards the future than its title: “New Development in Psychotherapy”

Another pleasant duty is to express the most sincere gratitude of the board of the IFMP to the Royal Medico-Psychological Association for sponsoring this Congress. I would like to mention especially that I had the opportunity to watch closely the enormous amount of work which the local organizing committee had to carry out. I cannot help

Presidential Address at the Opening Session

but admire the conscientiousness, care, and enthusiasm with which all members of this committee carried out their task over the past three years.

I am sure that I may speak for each and every one of us in expressing thanks to our English Colleagues.

Finally, it is my pleasure to hand over the chair of this Congress to the president of the Royal Medico-Psychological Association, Dr. Ian Skottowf.

Prof. Dr. M. Boss
President of the International Federation for Medical Psychotherapy