Molecular Signature of Early Hepatocellular Carcinoma

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Introduction

The incidence of hepatocellular carcinoma (HCC) has been increasing in the last decade in conjunction with the development of cirrhosis in many patients with chronic liver diseases, in particular chronic hepatitis B in Asia and Africa, and chronic hepatitis C in the United States and Europe. Despite the availability of screening programs, the prognosis of HCC globally remains poor, mainly because of late detection in which tumors already show poor prognostic features, such as vascular invasion, multiplicity and large size.

Early detection of HCC, or in other words detection of small or early HCC, followed by appropriate treatment is the key to significantly alter the prognosis and significantly decrease tumor-related deaths. Recent advances in gene profiling have led to a better understanding in early hepatocarcinogenesis and have suggested several possible molecular signatures which are able to separate early HCCs from their precursors, the dysplastic nodules. The continued search for new and more accurate molecular signatures must be translated into the clinical setting, where they can advance screening and surveillance of high-risk patients in the detection of early HCC.

Key Words
Hepatocellular carcinoma, early • Dysplastic nodule • Molecular signature • Glypican-3

Abstract
The advances in imaging techniques and establishment of screening and surveillance protocols for high-risk populations for hepatocellular carcinoma (HCC) have led to the detection of small hepatic nodules in patients with chronic liver diseases, but in general the prognosis for HCC remains poor. Early detection of HCC or detection of small/early HCC followed by appropriate treatment is the key to significantly alter the prognosis and significantly decrease tumor-related deaths. Recent advances in gene profiling have led to a better understanding in early hepatocarcinogenesis and have suggested several possible molecular signatures which are able to separate early HCCs from their precursors, the dysplastic nodules. The continued search for new and more accurate molecular signatures must be translated into the clinical setting, where they can advance screening and surveillance of high-risk patients in the detection of early HCC.
Molecular Signature and Classification of HCC

Tumor classification and subclassification are aimed to establish prognosis and to personalize treatment for the best candidates. In addition, they aid researchers in information exchange and in designing clinical trials with comparable criteria. Few molecular data have been incorporated so far in the currently available clinical and pathological classification of HCC. Therefore, the continued search for a new and more accurate molecular signature must be translated into the clinical setting, where it can advance HCC screening and surveillance in the detection of early or small HCC.

Proper definition of nodules as pre-neoplastic lesions or early HCC has critical implications according to the guidelines of HCC management in Europe and the US [1, 11]. Dysplastic lesions should be followed by regular imaging studies, since one third of them will develop into HCC. Conversely, early or small HCC should be treated with potentially curative procedures, such as resection, transplantation and percutaneous ablation. Therefore, accurate diagnosis of small liver nodules is of paramount importance.

The classification of early or small HCC has proven to be quite problematic, not only that they are difficult to recognize on imaging studies, their subtle differences from the surrounding parenchyma makes them histopathologically difficult to assess. In addition, the nomenclature had been confusing with differences in the diagnostic criteria between Western and Eastern pathologists. Recently, the International Consensus Group for Hepatocellular Neoplasia [12] has put forth diagnostic criteria for low-grade dysplastic nodule, high-grade dysplastic nodule, early HCC, and progressed HCC to better define these small nodules. Although the classification is based mainly on histopathological features and does not specifically incorporate molecular features of early HCC, it has provided universal nomenclature for early HCC and many recent molecular studies have indirectly confirmed the stepwise hepatocarcinogenesis in these early lesions [13–16].

The molecular signature of a specific disease stage should be unique and expressed at elevated levels. Studies suggest that tumors can be classified according to their molecular features or signatures. Furthermore, signatures coming from the tumor and its microenvironment have shown capacity to discriminate subgroups of tumors with different survival outcomes. The incorporation of the knowledge of molecular biology in clinical practice might aid personalized therapy for each patient. Of note, in chronic liver diseases prediction of survival by molecular signatures might be limited due to the fact that patients succumb not only from tumor burden or progression but also from complications of cirrhosis and liver failure.

Hepatocarcinogenesis and Molecular Changes in Early HCC

Hepatocarcinogenesis is a long-term multistep process involving multiple risk factors and different genetic alterations that ultimately lead to malignant transformation of the hepatocytes [17]. HCC exhibits numerous genetic abnormalities (including chromosomal deletions, rearrangements, aneuploidy, gene amplifications, and mutations), as well as epigenetic alterations (including modulation of DNA methylation). The combination of genetic and epigenetic alterations activates positive mediators of cellular proliferation (including cellular proto-
oncogenes and their mitogenic signaling pathways) and inactivates negative mediators of cellular proliferation (including tumor suppressor genes), resulting in cells with autonomous growth potential.

In the cirrhotic liver, it has been shown that genes with functions in the immune response and cell adhesion were upregulated, and genes involved in metabolism showed varying alterations. These results reflect the transition from normal to cirrhosis, where the liver function becomes impaired and extracellular matrix deposition increases [18, 19]. In HCC, genes whose products had functions in cell cycle, protein biosynthesis and RNA processing, cell division, DNA replication, protein modification, ubiquitin cycle, or chromatin modulation were upregulated. Conversely, genes linked to the immune response, cytokine–cytokine receptor interactions, Ca signaling, the Jak/STAT pathway, and blood coagulation were downregulated. The progression of HCC to advanced stages was characterized by additional upregulation of genes involved in cell cycle regulation [16].

The study of tissue markers should be able to distinguish early HCC from other entities and, eventually, should be further tested as serum markers for surveillance and treatment purposes. A recent gene expression profiling study by Wurmbach et al. [16] reported the molecular signatures in 75 tissue samples from patients with hepatitis C virus (HCV) that accurately discriminated the progression from normal to cirrhosis (8 genes), cirrhosis to dysplasia (24 genes), dysplasia to early HCC (94 genes), and early to advanced HCC (9 genes). This study had successfully described dysregulated genes throughout all stages of HCV-induced HCC and in the early stages of hepatocarcinogenesis, which may play an important role in the progression of the disease. A similar study by Nam et al. [14] performed earlier had reached a similar conclusion.

In the last few years many other studies have found molecular changes in HCC, many of which are potential markers or signatures of early HCC (table 1). From table 1, genes such as GPC3 appeared repetitively in many studies which validated its role in hepatocarcinogenesis and strong candidacy as molecular signature of early HCC.

**Future Directions**

The current knowledge of molecular signatures of early HCC is preliminary and further studies are required to elucidate hepatocarcinogenesis in concordance with histopathological classification of early HCC. Many of the investigations have presented promising progress in the use of gene expression profiling in elucidating the molecular pathogenesis of HCC. Gene expression profiling studies will allow identification of molecular signatures of HCC that are useful as screening and surveillance tools and for predicting the risk of HCC development in cirrhotic tissue and this will eventually lead to personalized treatment for HCC in the broader picture.

**Disclosure Statement**

The authors declare that they have no financial conflict of interest.

**References**


