Disruption of the integrity of the skin is common experience with the resulting wound repair process being a well-orchestrated and complex phenomena. An undisturbed defined sequence of tissue repair, in combination with local and systemic biochemical, immunological and biophysical factors makes normal closure of the wound possible. When intrinsic or extrinsic factors delay the process delayed secondary closure may result in scar formation.

Chronic wounds or ulcers result when the disruption in the skin remains open for many weeks or more. The chronic wound may result in increased associated morbidity including infection and amputation, as well as psychological distress. Prolonged bacterial presence is a significant concern as this may lead to chronic inflammation, infection and, in many lower extremity wounds, amputation.

One of the most serious disruptive factors of wound healing is infection. The prevention of wound infection is one of the most responsible tasks in medical care, its early recognition one of the most difficult, and the therapy of manifest wound infection one of the most rewarding. With every application of an antiseptic in wound treatment, the therapist treads the narrow path between the benefit of the antimicrobial effect and the risk of reducing the patient’s self-healing powers, e.g. as a result of the cytotoxicity of the antiseptic. This area of conflict has always been the driving force in the development of new antimicrobial substances and wound coverings.

Despite the lack of knowledge about microorganisms until relatively recently, the search for substances with an antiseptic action is as old as medicine itself, and follows a fascinating path of hope, success, failure and resultant new solutions. Initially, antiseptic wound treatment, first and foremost inaugurated by Lister (1867), marked a turning point in antiseptic prophylaxis and the therapy of contaminated wounds. But hardly 20 years later, ‘Listerism’ started to be criticized, mainly on account of the toxicity of the carbolic acid that he used for antisepsis.

After the discovery of penicillin by Alexander Fleming in 1923 and the introduction of antibiotics on the market in 1947, the prevention and therapy of wound infections by means of antiseptics declined in importance almost to the point of insignificance as a result of the sensational initial successes obtained with the use of the well-tolerated and highly effective chemotherapeutic agents and the local and systemic side effects of the antiseptics available at the time. Only with the widespread development of resistance of the wound infection pathogens to antibiotics, the associated necessity of restricting their use to essential indications, and the replacement of antiseptic substances with a narrow therapeutic margin (hydrogen per-
concentration tic to significantly promote wound healing in the use cial characteristic: in comparison with Ringer’s solution, previously known antiseptic substances due to one cru- were demonstrated.

However, as soon as PVP-iodine was introduced, the demand arose for antiseptics with comparable efficacy but better tolerability [10]. Good [11] combined poli- hexanide, which until then had only been used as a dis- infectant, with polyethylene glycol 4000 in order to achieve improved wetting when used on wounds. With this development, a product introduced under the name Lavasept®, the triumphal march of this substance has be- gun. In 1994, the convincing results achieved up to then with this combination were published by Willenegger [12] under the title ‘Local antiseptics in surgery – revival and advance’. In the same year, in an editorial the possi- bilities of preventing postoperative wound infections, in- cluding ventilation-associated pneumonia, and of therapeu- tic peritoneal lavage by means of local use of poli- hexanide while refraining from the use of antibiotics [13] were demonstrated.

The active substance polihexanide stands out from the previously known antiseptic substances due to one cru- cial characteristic: in comparison with Ringer’s solution, polihexanide is the only currently known wound antiseptic to significantly promote wound healing in the use concentration [14, 15, 27]. In the bacterially infected cell culture, the pathogens are killed without cell prolifera- tion being prevented [16]. Despite this property which is surprising for a microbicidal substance, the effi- cacy requirements of an antiseptic are not only fulfilled, but polihexanide surpasses both chlorhexidine as well as triclo- san and PVP-iodine in microbicidal efficacy, albeit with a clear time dependency [17]. Further, polihexanide has good skin and mucous membrane tolerability, including the eye, and has negligible cytotoxicity [18]. This is shown in a biocompatibility index >1 [19]. Efficacy against intra- cellular microorganisms is also a feature, which is why polihexanide is used for the treatment of Acanthamoeba keratitis [20].

Although for polihexanide, as well as for all wound antiseptics, only data with limited meaningfulness from randomized, controlled, double-blind studies exist, in the overall evaluation based on the findings in vitro, in ex vivo models, in experimental animals and the results of therapy in human medicine, the substance became es- tablished as the therapy standard for chronic wounds and is considered to be the agent of first choice for poorly healing chronic or very sensitive wounds. Polihexanide- based wound antiseptics are also suitable for the antiseptic primary care of traumatic contaminated wounds [21] and for the treatment of infected wounds, including irri- gation-suction drainage. Finally, polihexanide is used with success in wound dressings for moist wound cover [22]. In an evaluation of the level of knowledge, in an in- dependent consensus recommendation from the year 2004, polihexanide was classified as the agent of choice for poorly healing and chronic wounds [23]. With the col- laboration of representatives of the Austrian Wound As- sociation, the German Society for Wound Healing and Wound Treatment and the Chronic Wound Initiative, in 2009 a further experts’ recommendation for the treat- ment of critically colonized or locally infected acute and chronic wounds with polihexanide was given as a further step towards the substance becoming the therapy stan- dard [24]. Actually, this recommendation is in print in 10 European journals. Polihexanide is also recommended as an antiseptic substance in two AWMF guidelines [25, 26]. A document from a consensus meeting on contribution of PHMB to wound management will be published in the next issue of Wound International [28].

The decision regarding the selection of the wound antiseptic appropriate to the indication can only be made on the basis of knowledge, experience and evidence. This supplement is intended to provide assistance in that the substance polihexanide is examined critically and with regard to practical aspects by an international team of authors.

Axel Kramer,
Ernst Moritz Arndt University, Greifswald
Nils-Olaf Hübner,
Ernst Moritz Arndt University, Greifswald
Ojan Assadian,
Ernst Moritz Arndt University, Greifswald
Gerit Mulder,
University of California, San Diego
References