Nevertheless, although cancer nowadays represents the first cause of death in people <85 years [3], its incidence in the past was certainly less high for two main reasons. Firstly, the average age at death in the pre-modern era was considerably lower than in the present; this fact implied that an individual generally died before reaching the 4th or 5th decade of life, when the probabilities of developing a cancer are highest. Secondly, several environmental factors, which nowadays play an important role in neoplastic transformation, such as pollution, cigarette smoke and some drugs, did not exist in the past. However, past populations were equally subjected to some carcinogenic factors, such as chemical substances present in nature, ultraviolet radiation and oncogenic viruses, for example [4].

Besides these reasons, it is also necessary to consider other aspects in order to explain the lower frequency of tumors in the epidemiology of past populations. For example, the attention of researchers has been focused only recently on the study of neoplastic pathologies in ancient human remains; furthermore, solid palaeopathological training is necessary to recognize the signs of neoplastic lesions in ancient bodies; it is therefore probable that several cases had not been correctly identified and recorded. In addition, the study of ancient tumors depends on the state of preservation of the findings; natural factors and anthropogenic interventions can damage ancient human remains so that identification of pathological conditions becomes difficult. Finally, in most cases, ancient human
remains reach us as skeletons without preserved soft tissues; the largest opportunities to observe pathological lesions are therefore confined to skeletal remains, whereas the detection of tumors in mummies has to be considered a lucky chance.

As a matter of fact, dozens of cases of tumors affecting the skeletal apparatus are described in palaeopathological literature, but only a few records are documented in soft tissues.

**Evidence of Neoplasms in Mummies**

**Malignant Tumors**

Egyptian mummies represent an exceptional archive of biological data, from which precious information about the health conditions of ancient Egyptians can be obtained. In a male adult mummy, coming from the Dakhleh Oasis (Egypt) and dated back to the Roman period, an abnormal tissue mass was found in the rectum and examined histologically. Analysis demonstrated degenerated epithelial cells but with non-invasive, adenomatous structure (fig. 1a); other sections showed clear invasion and infiltration into the submucosa of an atypical glandular component (fig. 1b, arrow). Rectal carcinoma was the diagnosis suggested [5, 6].

Another case of malignant tumor was detected in the soft tissues of South American mummies. A male child (12–18 months of age) from northern Chile belonging to a culture dating from 300 to 600 AD presented a lesion 5.5 × 5 × 2 cm, which was localized to the right cheek, below the eye, which resulted to be forcibly closed. Histological sections showed pleomorphic, disintegrated cells surrounded by fibrous stroma (fig. 2). These features are typical of rhabdomyosarcoma, a malignant neoplasm affecting subadults [7].

The Italian territory has provided some significant cases of ancient soft tissue cancer; although the climate is not particularly favorable for the preservation of bodies, specific microclimatic conditions present in some environments, mainly churches, allowed a natural process of mummification, with an excellent state of conservation of soft tissues.

The dry microclimatic conditions of the Basilica of S. Domenico Maggiore in Naples (southern Italy), where several mummies of Renaissance Aragonese princes and nobleman are preserved, favored an excellent state of preservation of soft tissues and internal organs; the substances used for embalming, including aqua vitae to wash the corpses and resins to be poured in the body cavities, protected the integrity of the tissues, making it possible to perform histological examination.
In the mummy of Ferrante I of Aragon (1431–1494), King of Naples, a hollow fibrous structure was macroscopically observed in the small pelvis (fig. 3a). Histological examination showed neoplastic cells, disposed in cords, solid nests and glands, disseminated in a fibrous tissue containing striated muscular fibers (fig. 3b); mucus was scarce and limited to pseudoglandular formations. These features suggested an adenocarcinoma, probably originating from the colon or prostate. The excellent preservation of the neoplastic cells encouraged molecular analyses designed to investigate the primary origin of the tumor. DNA analysis revealed the presence of \textit{K-ras} codon 12 mutation, demonstrating that the tumor was a mucinous colorectal adenocarcinoma. Mutation of the \textit{K-ras} gene is associated with exposure to chemical carcinogens, probably present in the diet; a palaeonutritional study with carbon- and nitrogen-stable isotopes (\textsuperscript{13}C and \textsuperscript{15}N) indicated a large consumption of meat by King Ferrante [8–11].

The natural mummy of Ferdinando Orsini, Duke of Gravina in Apulia (southern Italy), revealed at macroscopic and X-ray examination a large osteolytic lesion of the skull, extending from the interior angle of the right orbit through the nose root and the glabella, up to the frontal sinus, also affecting the ethmoid bone (fig. 4a). The lesion showed irregular margins with no signs of reparative, sclerotic reaction. Histological examination showed necrotic cell groups of solid epithelium-like aspect, with large osteolytic lacunae (fig. 4b, arrow). The destructive features of the lesion and absence of reaction of the surrounding bone tissue strongly suggested a primitive malignant neoplasia of the face. The application of the monoclonal antiserum against the pancytokeratin KL1 (Sorin) yielded at indirect immuofluorescence an intense positivity of the cellular membrane of the neoplastic cells, confirming the epithelial nature of the tumor; a diagnosis of periorbital skin carcinoma was suggested, which was most likely consisting of basal cells. Malignancy caused the destruction of the ocular right eyeball, with consequent blindness, probably also of the left eye, due to direct invasion; the involvement of the nose and orbits disfigured the face of the Duke, making it necessary to cover it with a veil at the moment of burial [12].

Another report concerns the possible diagnosis of melanoma in 9 pre-Columbian mummies from Peru dating back to 400 BC. Hair follicles and rounded melanotic masses were observed on the skin, whereas osteolytic lesions, interpreted as melanomas, affected the skull and bones of extremities. The diagnosis was based uniquely on macroscopic examination and, therefore, in the absence of histologic confirmation [13], these cases were not included in the review.

\textbf{Benign Tumors}

The benign tumors of soft tissues are better documented in the palaeopathological literature. In 1821, Granville [14] performed an autopsy on an Egyptian mummy from Gurna and observed anomalies affecting the genital apparatus. The body, belonging to a 50/55-year-old woman, showed an abnormal enlargement of the uterus, with the remains of a sac connected to the left ovary; on the right side, the ovary and the broad ligament were enveloped in a mass of pathological struc-
The disease which appears to have destroyed her was ovarian dropsy attended with structural derangement of the uterine system generally'.

The drawing of plate XXII/1 reveals a globular uterus standing above a tangle of structure from which a normal right tube and a three strap-like left tube start. The description of Granville led to hypothesize that the woman was affected by a bilateral cystadenoma or cystadenocarcinoma of the ovary [15].

Dermal neoplasia was histologically observed on the skin of a mummified left heel from a tomb of Upper Egypt (1290 BC to 200 AD). The lesion showed a small amount of fine fibrous tissue, with positive iron staining at histochemistry and necrosis of the overlying epidermis (fig. 5). The dermal location, the features of the lesion and the presence of iron stain suggested a diagnosis of histiocytoma [16].

Another dermatologic lesion was reported in a female Egyptian mummy, probably of the late dynastic age, with a small 'filiform' neoformation of the hand; histological analyses evidenced a squamous papilloma [17].

The Egyptian mummy known as PUM III, belonging to a 35-year-old female and dated approximately to 835 BC, revealed a little nodule of 1 cm in diameter in the lateral region of the left breast. At histology, the nodule proved not to be composed of fat tissue, as the normal breast, but of connective tissue, with elements recognizable as epithelial cells. The histological features, localization, dimensions and age of the woman suggested a diagnosis of fibroadenoma [18].
Macroscopic examination of the bladder in an adult male mummy from the Dakhleh Oasis (Egypt), dated back to the Roman period, evidenced a small papillary excrescence, with small clusters of cells surrounded by reticulin, interpreted as an epithelial tumor, in particular a papilloma (or low-grade carcinoma) of the bladder (fig. 6) [6].

On the neck of an Egyptian mummy from the Marro Collection, Turin, Italy (No. 61), a protruding lesion 0.7 cm in diameter was observed. This was a raised, roundish mass, brown in color, interpreted as a verruca vulgaris. Histology showed thickened epidermis with hyperkeratosis, parakeratosis, mild acanthosis and some vascular spaces (fig. 7), and slight positivity to anti-keratin antibodies [19].

The poorly preserved body of an adolescent male aged 14 years from Northern Chile (110 to 1200 AD) showed a subcutaneous mass on the right thorax, approximately 6 cm under the axilla. Histology revealed a conglomeration of fat cells mixed with fibrous septa (fig. 8). The microscopic features are those of a benign lipoma [7].

Eight ulcerated lesions affected the legs of a frozen Inca mummy found at high altitude in the Andes, on Cerro El Plomo, Chile; this 9-year-old boy, also known as ‘Prince of El Plomo’, was the victim of a human sacrifice. The lesions were 0.5–1 cm in diameter and had definite borders; microscopic examination showed the presence of dilated vascular channels in the superficial dermis and, larger, in the subcutaneous fat. The epidermis presented a papillary structure and was covered with fibrinous exudate. The histological picture was consistent with an angiookeratoma circumscriptum. In the same mummy, two small lesions were observed at the base of the thumb and index fingers of the left hand. These two rounded neformations of 2 mm, examined with transmission electron microscopy, allowed a diagnosis of ver-
ruca vulgaris, with presence of viral-like, round structures, identified as possible human papilloma virus (HPV) [20, 21].

Among the natural mummies found in the Convent of S. Georg of the Observants in Goriano Valli (L’Aquila, central Italy), dated back to the second half of the 19th century, the body of a woman aged 43–50 years revealed the presence of a neoformation in the abdominal cavity. CT examination showed a cribrous mass in the right iliac fossa and pelvis, with abundant fibrous component and absence of elements referable to a normal organ. This neoformation seems to be referred to an ovarian neoplasia, probably a cystadenoma or a teratoma, although it was impossible to establish the grade of malignancy; the perivesical calcific nodules could represent the inflammatory process of the regional lymph nodes [22].

The artificial mummy of Maria from Aragon (1503–1548), Marquise of Vasto, in the Basilica of S. Domenico in Naples, showed the presence of a large pedunculated branching skin neoformation in the right paravulvar region (fig. 9a). Hematoxylin-eosin histology, and Masson’s trichrome staining, allowed to observe an exophytic papillary skin lesion, with thickened epidermis and less dense internal tissue with dilated vessels, suggesting the diagnosis of condyloma acuminatum (fig. 9b), a squamous lesion of the external genitalia and perianal areas induced by HPV. Amplification of DNA allowed to detect the presence of HPV 18, a virus with high oncogenic potential, in particular for some epithelial cancers of the female genital tract. Cloning and sequencing of amplified fragments confirmed the infection with HPV 18 and also revealed the presence of JC9813 DNA, another HPV with low oncogenic potential [23].

Evidence of Soft Tissue Tumors in Skeletonized Individuals

Alongside the neoplasias documented in human mummified remains, this review also includes the tumors of soft tissues that underwent calcification, which were observed in skeletal remains. Basically, this category includes the tumors affecting the female reproductive system, such as uterus myomas, generally leiomyomas, and other calcified concretions that can be found in archaeological contexts, such as ovary fibromas and teratomas.

The first detection of such a biological concretion was made in 1977 by Strouhal and Jungwirth [24], who observed a calcified mass in the pelvis of an adult female skeleton from Sayala (Nubia), dated between the 3rd and 4th century AD. The calcification had large dimensions, 12.3 cm in diameter, with a mammillary aspect; X-ray evidenced no growing concentric layers, whereas histology showed the presence of collagen fibers without preferential orientation. The authors interpreted this mass as a calcified uterine leiomyoma.

The most ancient case of leiomyoma of the uterus was found in a group of skeletal remains in the burial ground of Corseaux-sur-Vevey, Switzerland, dating back to the Middle Neolithic Age (3200–2500 BC). A calcified spherical mass measuring 5.6 × 5.2 × 4.5 cm with irregular surface and spongy appearance of the interior structure was examined; the absence of a bony structure, the presence of organic matrix with collagen fibers and the apatite composition allowed to identify the calcified specimen as calcified leiomyoma [25].

Two other cases of leiomyomas come from the necropolis of Sion Sous-le-Scex, Valais, Switzerland, and are dat-
ed between the 5th and 10th century AD, and from the necropolis of Rances, Vaud, dated between the 5th and 7th century AD. The calcifications (4.6 × 3.2 × 2.5 and 3.0 × 2.6 × 1.8 cm, respectively) were characterized by a whorl-like aspect in section [26].

From the post-medieval nunnery of the Poor Clares in Brussels (Belgium), active from the end of the 16th to the end of the 18th century, isolated calcified masses of 3 skeletons were observed in the pelvic cavities. The largest mass, 7.1 × 4.7 cm in size and 85 g in weight, was associated with a 40/50-year-old woman (fig. 10a); another formation, measuring 5.3 × 4.7 cm and weighing 45 g, was associated with a female of 35/40 years, and finally, the third calcification, 3.1 × 2.5 cm and 8 g in weight, was observed in the pelvis of a 50/60-year-old woman. The calcified nodules were characterized by spherical or ovoid shape, irregular surface, spongy appearance and coarse trabecular texture. X-ray confirmed a calcified mass with scrolled and cloudy texture (fig. 10b), whereas histology showed no bone structure (fig. 10c). These features support the diagnosis of uterine leiomyomas [27].

A case of calcified mass is documented at a Muslim cemetery in Granada (Spain; 13th–15th century). A spheroid concretion with coral structure and sponge-like appearance (6.1 × 4.8 cm and 84 g in weight) was found in the pelvic cavity of a mature woman. X-ray revealed a uniform density and no concentric layers; X-ray diffraction analysis demonstrated a basic composition of hydroxyapatite with carboapatite. Differential diagnosis evidenced a case of leiomyoma [28].

Among the skeletons excavated at Herculaneum (Italy), an ovoid calcified mass was associated with a 50/55-year-old female in the victims of the Plinian eruption of 79 AD. The concretion, 7.1 × 6.3 × 4.7 cm, presented a mammillary surface and variegated radiological aspect, with no internal stratifications; micro-analytic examination demonstrated that the mass was mainly formed by hydroxyapatite. All these features are consistent with a calcified fibroleiomyoma of the uterus [29].

In the necropoles of Bazzano and Opi-Val Fondillo, Abruzzo (central Italy), two calcified masses in adult female skeletons from the 2nd to 3rd century AD and from the 6th to 4th century BC, respectively, were found. Using X-ray, they appeared irregularly radio-opaque with large spaces, whereas chemical micro-analyses demonstrated the presence of calcium phosphate. Both cases were interpreted as uterine calcified fibromas [30].

From the necropolis of Alfedena in Abruzzo, dated to the 6th to 4th century BC, a spheroid mass 1.3 cm in diameter was associated with a female skeleton of ~40 years of age. Stereoscopic, radiological, histological and microchemical features are consistent with a diagnosis of well-mineralized intramural uterine fibroleiomyoma [31].

Another uterine myoma ~7 cm in diameter is recorded in medieval Basel (Switzerland) [32].

Finally, a roundish structure containing 5 teeth was detected at the level of the thoracic spine in a skeleton from the Late Imperial necropolis of Rome. This irregular formation was 4 cm in diameter and 0.2–0.5 cm thick; the 5 teeth were remodeled, with altered surface and re-
duced as shapeless roots. The ossified mass was identified as a mediastinal mature teratoma, until now the unique case documented in palaeopathology [33].

**Conclusions**

The cases of soft tissue neoplasias so far recorded in mummified remains are 15. Among these cases, only 4 are identified as malignant tumors, as summarized in table 1. In particular, 1 case of rectal carcinoma from Egypt, 1 case of rhabdomyosarcoma from Chile, 1 case of colorectal carcinoma and 1 case of skin carcinoma from Italy were documented (table 1).

According to the classification based on the type of cell and tissue of origin, these tumors are mostly epithelial (carcinomas), whereas only 1 mesenchymal tumor, a rhabdomyosarcoma, originated from striated muscular tissue was found.

The other cases are benign tumors, including 2 adenomas, 1 adenoma or teratoma, 2 verrucae vulgaris, 1 lipoma, 2 papillomas, 1 histiocytoma, 1 angiokeratoma and 1 condyloma acuminatum; these findings were diagnosed in mummies from Egypt, Chile and Italy, as shown in table 2. Among the benign tumors, several are of epithelial origin, such as adenomas, verrucae, papillomas, angiokeratoma and condyloma acuminatum, whereas among the neoplasias of mesenchymal origin 1 originated from the connective tissue (histiocytoma) and 1 from the adipose tissue (lipoma).

The rarity of soft tissue tumors in palaeopathology, especially malignant ones, is a debated problem [34]. The main types of bone tumors known nowadays have been detected in ancient skeletal remains [35], but the absence of cancer of internal organs, such as lungs, liver, prostate, stomach or thyroid, which are frequent in modern populations, but have never been observed in hundreds of mummies examined around the world, is worth noting.

### Table 1. Evidence of malignant soft tissue tumors in mummified remains

<table>
<thead>
<tr>
<th>No.</th>
<th>Tumor</th>
<th>Provenance</th>
<th>Dating</th>
<th>Age, years/sex</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Rectum adenocarcinoma</td>
<td>Egypt</td>
<td>Ptolemaic period</td>
<td>adult/M</td>
<td>Zimmerman, 1995; Zimmerman and Aufderheide, 2010</td>
</tr>
<tr>
<td>2</td>
<td>Rhabdomyosarcoma</td>
<td>Chile</td>
<td>300–600 AD</td>
<td>child/M</td>
<td>Gerszten and Allison, 1991</td>
</tr>
<tr>
<td>3</td>
<td>Colorectal adenocarcinoma</td>
<td>Italy</td>
<td>15th century</td>
<td>63/M</td>
<td>Fornaciari, 1993; Fornaciari, 1994; Marchetti et al., 1996; Ottini et al., 2011</td>
</tr>
<tr>
<td>4</td>
<td>Skin carcinoma</td>
<td>Italy</td>
<td>16th century</td>
<td>40/M</td>
<td>Fornaciari et al., 1989</td>
</tr>
</tbody>
</table>

### Table 2. Evidence of benign tumors in mummified remains

<table>
<thead>
<tr>
<th>No.</th>
<th>Tumor</th>
<th>Provenance</th>
<th>Dating</th>
<th>Age, years/sex</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ovarian cystadenoma</td>
<td>Egypt</td>
<td>Ptolemaic period</td>
<td>50–55/F</td>
<td>Granville, 1825</td>
</tr>
<tr>
<td>2</td>
<td>Breast fibroadenoma</td>
<td>Egypt</td>
<td>835 BC</td>
<td>35/F</td>
<td>Reyman and Peck, 1983</td>
</tr>
<tr>
<td>3</td>
<td>Skin squamous papilloma</td>
<td>Egypt</td>
<td>late dynastic period</td>
<td>adult?/F</td>
<td>Sandison, 1967</td>
</tr>
<tr>
<td>4</td>
<td>Skin histiocytoma</td>
<td>Egypt</td>
<td>ND</td>
<td>ND</td>
<td>Zimmerman, 1981</td>
</tr>
<tr>
<td>5</td>
<td>Bladder papilloma</td>
<td>Egypt</td>
<td>1st–3rd century AD</td>
<td>adult/M</td>
<td>Zimmerman and Aufderheide, 2010</td>
</tr>
<tr>
<td>6</td>
<td>Verruca vulgaris</td>
<td>Egypt</td>
<td>ND</td>
<td>ND</td>
<td>Fulcheri, 1987</td>
</tr>
<tr>
<td>7</td>
<td>Lipoma</td>
<td>Chile</td>
<td>1,100–1,200 AD</td>
<td>14/M</td>
<td>Gerszten and Allison, 1991</td>
</tr>
<tr>
<td>8</td>
<td>Angiokeratoma circumscriptum</td>
<td>Chile</td>
<td>15th century AD</td>
<td>9/M</td>
<td>Horne and Kawasaki, 1984; Horne, 1986</td>
</tr>
<tr>
<td>9</td>
<td>Verruca vulgaris</td>
<td>Chile</td>
<td>15th century AD</td>
<td>9/M</td>
<td>Horne, 1986</td>
</tr>
<tr>
<td>10</td>
<td>Condyloma acuminatum</td>
<td>Italy</td>
<td>16th century AD</td>
<td>65/F</td>
<td>Fornaciari et al., 2003</td>
</tr>
<tr>
<td>11</td>
<td>Ovary cystoadenoma or teratoma</td>
<td>Italy</td>
<td>19th century AD</td>
<td>43–50/F</td>
<td>Ventura et al., 2006</td>
</tr>
</tbody>
</table>
Concerning Egyptian mummies, the embalming practice of the dynastic period, which implied removal of the internal organs, prevented the opportunity to observe soft-tissue neoplastic phenomena. However, in other natural mummies, for example predynastic Egyptian, South-American and Aleutian mummies that conserved the internal organs, scarcity of reports needs to be explained otherwise.

It has been suggested that tumoral degeneration itself could lead to tissue alterations, making them fragile and more susceptible to rapid deterioration, but experimental studies performed to verify the effects of mummification on neoplastic tissue preservation have demonstrated that malignant tumors were histologically much better preserved than normal tissues. Therefore, the scarcity of reports on malignancies in mummies cannot be attributed to technical difficulties.

If we consider the malignancies which have a significant incidence in modern population, the lack of evidence in mummies could indicate a different occurrence in past societies. As already highlighted in the introduction, the life expectancy of modern populations explains the high incidence of cancer, which is the leading cause of death in developed countries and second leading cause of death in developing countries, as a result of population aging; the average age at death in past societies was considerably lower, although variable in relation to geographic areas and chronological periods, and death arrived before cancer could manifest itself.

On the other hand, several risk factors related to the modern industrial society that have greatly raised the incidence of cancer in the present, such as cigarette smoke, pollution, chemical compounds, drugs and artificial radiations, were not present in the pre-Modern era, even if past populations were also exposed to natural carcinogenic factors.

It should also be considered that mummified remains are a much rarer finding than skeletal remains; furthermore, the hundreds of Egyptian mummies found during the 19th century were severely damaged by invasive examination methods, which aimed more at recovering artifacts or at satisfying curiosity around these ancient bodies than at investigating specific pathologies. On the other hand, the most recent studies on mummies have been carried out with non-invasive methods, but the diagnosis of soft tissue neoplasms is rather difficult using macroscopic external observation and radiological examination, for example; lesions suggestive of malignancies require confirmation by autopsy and histological examination, even if these investigation methods have been avoided in the last decades due to their destructive character.

However, a particular category of soft tissue neoplasias is well represented in the literature: tumors that underwent calcification and therefore could also be observed in association with skeletal remains. As summarized in table 3, 14 cases of calcified benign tumors are documented; we maintained the definitions used by authors, although...
tumors of the female reproductive system can be generally classified as leiomyomas. Therefore, 13 cases of leiomyomas, 1 from Nubia, 4 from Switzerland, 3 from Belgium, 1 from Spain, 4 from Italy and 1 case of teratoma from Italy, are documented.

In modern epidemiological studies, uterine leiomyomas show a significant incidence: this tumor was detected in 29.9% of 2,034 women studied, although only 3% of them had clinical symptoms. However, considering that uterine leiomyoma is four times more frequent in women over 40 years and that this benign neoplasia calcifies in approximately 4% of cases, the relative rarity of palaeopathological findings can be well explained. Furthermore, the recovery of calcified soft tissues in archaeological remains is not always assured, as they can be easily mistaken for stones and it is only by accurate and meticulous excavation that these concretions can be detected.

In conclusion, it is important to pay maximum attention to any little sign of neoplastic lesion in ancient human remains in order to increase our limited knowledge about the type of tumors and relative incidence afflicting our ancestors. Comparison with modern data could help understand the evolution patterns of cancer in the history of mankind.

Acknowledgment

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References


