Malignant Solitary Fibrous Kidney Tumor with Peritoneal Disease: A Case Report

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Abstract
We report a case of a large malignant solitary fibrous kidney tumor. A complete surgical resection of the primary tumor and peritoneal disease was carried out, and a histological examination confirmed the initial diagnosis. We describe and discuss the characteristics of this rare kidney neoplasm.

Introduction
Solitary fibrous tumor occurs mainly in the pleural cavity [1, 2]. The occurrence in the kidney and other locations is uncommon [3, 4]. Most of the reported cases are histologically benign; there are fewer cases of malignant fibrous tumors. Malignant solitary fibrous tumor is a rare neoplasm, which includes therapeutic and prognostic specialties.

Case Report
An 84-year-old woman was admitted to our hospital complaining about a 2-month history of abdominal pain and constipation. Despite symptomatology, she referred with a big abdominal diameter that had increased in the last 2 years. Physical examination revealed a
large palpable abdominal mass. Abdominal ultrasonography and a CT scan showed a large mass arising from the left kidney, occupying the left abdomen and a part of the right abdomen without metastases (fig. 1). The patient underwent left radical nephrectomy and resection of peritoneal implantations, which were observed during surgery (fig. 2). The pathologic diagnosis made was malignant solitary fibrous tumor. Postoperative period passed without incidents. Neither chemotherapy nor radiation therapy was carried out, as decided by an urologist, a pathologist and an oncologist. The patient was asymptomatic at the first follow-up visit. She suffered an early local recurrence with ascites, abdominal pain and peritoneal implantations, as was shown by a CT scan. Because of the patient's advanced age, we opted for a moderate treatment, and she died 3 months after surgery.

Pathological Findings

The gross specimen included a large tumor of 30.7 × 22.6 × 18.5 cm overall dimension and 5,050 g weight; it was well circumscribed and lobulated. The cut section revealed white-brown whirled-appearing tissue, with macroscopic necrosis and hemorrhagic areas. Microscopic examination revealed a mesenchymal neoplasm with hyper- and hypocellular areas consisting of spindle cells with elongate, stellate, dense or vesicular nuclei with inconspicuous nucleoli. The cytoplasm was scant, indistinct and palely eosinophilic.

The cells were arranged in short fascicles, storiform with hemangiopericytoma-like patterns and occasionally separated by strip-like bands of collagen. Areas of myxoid stroma were detected as well as focal sheet-like hyalinization and areas of high cellularity showing crowded overlapping nuclei, pleomorphism, nuclear atypia and numerous mitotic figures (7 mitoses/10 high-power fields). Necrosis and hemorrhage were also reported.

Immunohistochemically, the cells were positive for CD34, CD99, Bcl2, vimentin and smooth muscle actin, while negative for desmin and HBM45 (fig. 3).

Discussion

Solitary fibrous tumor occurs mainly in the pleural cavity [1, 2]. Other locations, including the kidney, are extremely rare but existing [3, 5]. Most of these neoplasms are found in adults, but pediatric cases are also reported [6]. Generally, fibrous tumor is a slow-growing neoplasm and its most common location in the kidney is the renal capsule [1].

Clinically, some cases, including the present one, can appear as palpable abdominal mass or intestinal obstruction [7] and begin as abdominal pain or gross hematuria. A CT scan is not able to distinguish between carcinomas or sarcomas, and diagnosis is frequently made postoperatively [4]. Our patient did not consult a doctor despite an increased abdominal perimeter, which was probably the reason why the diagnosis could only be made so late.

Malignant solitary fibrous tumor is usually solitary, varies in size and appears in different cystic areas, with hemorrhage or necrosis present [7]. Microscopically, it is characterized by both hyper- and hypocellularity, and mitotic activity is between 4–10/10 high-power fields [2]. Furthermore, the tumor has a high vascularity with hemangiopericytoma-like patterns.

Immunohistochemical analysis is compulsory to obtain a diagnosis [2]. Most of the cases are positive for CD34. In addition, Bcl2, CD99 and vimentin are frequently expressed; however, keratin, actin, S100, c-kit and CD31 are usually negative [4].
Habitually, solitary fibrous tumor is benign. Nevertheless, there are 14 malignant cases reported [6]. Indications for malignancy are hypercellularity, cellular pleomorphism and a mitotic rate of more than 4 high-power fields [2]. These features were present in our patient and are described in this case report.

A differential diagnosis must be made between other mesenchymal tumors such as leiomyoma or leiomyosarcoma, sarcomatoid renal tumor and transitional cell carcinoma [3, 7].

There is no standard treatment for malignant solitary fibrous tumor because its occurrence is rare [4]. Radical surgery is considered the first choice of treatment [3]. For incomplete resection, poor prognosis is observed. Some authors suggest radiotherapy or adjuvant chemotherapy, although poor outcomes have been reported for these treatments [3, 4, 8]. In our case, we decided not to opt for adjuvant treatment because the patient was elderly and the literature reports poor outcomes. When local recurrence occurred, it was too late for treatment.

In conclusion, the diagnosis must be established as soon as possible; metastasis in patients with a delayed diagnosis leads to poor prognosis and worse surveillance. Fibrous kidney tumor is rare, and we need more patients to include in trials for adjuvant therapy.

References

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Fig. 1. a Abdominal mass. b CT scan with a great mass arising from the left kidney. c Renal mass as showed by ultrasonography.

Fig. 2. a Intraoperative mass. b Macroscopic tumor after surgical resection.
Fig. 3. a Malignant solitary fibrous tumor with heightened cellularity. HE. ×20. b Tumor containing areas of histologically benign solitary fibrous tumor cells. HE. ×20. c CD34 showing diffuse immunostaining (×10). d Positive immunostaining for CD99 (×20).