Application of Three Focused Cluster Detection Methods to Study Geographic Variation in the Incidence of Multiple Sclerosis in Manitoba, Canada

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Abstract

Background: Macroscopic geographic variation in the incidence and prevalence of MS is well-recognized. Microscopic geographic variation in the distribution of MS is also recognized, but less well-studied. Most studies have focused on prevalent cases of MS, although studies of variation in disease incidence are more relevant for developing etiologic hypotheses. We aimed to study geographic variation in the incidence of MS using three different methods. Methods: We used population-based administrative (health claims) data to identify 2,290 incident cases of MS in the province of Manitoba, Canada from 1990 to 2006. We applied three focused cluster-detection procedures, including the circular spatial scan statistic (CSS), flexible spatial scan statistic (FSS), and Bayesian disease mapping (BYM), to the dataset. Results: The CSS and FSS methods identified 30 and 26 regions as potential clusters, respectively, although the regions identified differed slightly due to the non-circular shape of some regions in Manitoba. The BYM approach identified 37 regions as potential clusters, again with some differences as compared to the other two methods. Twelve regions were identified as potential clusters by all three methods. All methods identified the western part of the city of Winnipeg as a significant cluster. Using the BYM approach, the incidence of MS was highest among areas of higher socioeconomic status. Conclusions: Two methods CSS and FSS only capture geographical variations and are not able to control for confounders at the same time which may lead to misidentification of clusters. However, the BYM method can simultaneously identify geographical variations and control for possible confounders.

Introduction

Multiple sclerosis (MS) is a chronic immune-mediated disease of the central nervous system affecting more than 2.5 million people worldwide [1, 2]. The incidence and prevalence of MS are well-recognized to vary across large geographic regions. Relatively few studies have explored the spatial mapping of MS, but identification of spatial clusters of MS may suggest novel etiologic hypotheses for the disease, the etiology of which remains unknown, although it is believed to be a consequence of environmental exposures acting in genetically susceptible individuals [3]. Most of the prior spatial mapping studies have used prevalent rather than incident cases of MS, although incidence is a better measure of the risk of disease [4–7]. Spatial cluster detection methods can be classified into two groups [8]. The first method is a focused approach.
where regions with a high rate of disease around a possible cause (i.e., a toxic waste site) are located [9, 10]. Focused cluster detection methods include the circular spatial scan statistic (CSS) [11], flexible spatial scan statistic (FSS) [12] and Bayesian disease mapping (BYM) [13]. Focused tests are used to discover potential clusters in a specific area of interest by testing the null hypothesis that there is no cluster against the alternative hypothesis that a cluster exists. The second method is a non-focused or general cluster detection approach where extra-Poisson variability is used to identify areas with a high number of disease cases [13–15]. Approaches include the Besag and Newell (BN) [16, 17] test and the maximizing excess event test (MEET) [18]. Non-focused tests are used to identify any significant clusters in a region without specifying a region of interest.

We aimed to study geographic variation in the incidence of MS in the province of Manitoba, Canada. Specifically, we compared the performance of three focused cluster-detection procedures, CSS, FSS, and BYM, by applying each approach to a dataset of incident MS cases in the province of Manitoba, Canada.

**Materials and Methods**

**Study Population**

We conducted this study in the Canadian province of Manitoba. The population of Manitoba was stable across the study period ranging from 1.13 million people in 1990 to 1.18 million people in 2006 [19]. We used an administrative (health claims) dataset of incident MS cases for the entire province of Manitoba. Manitoba Health provides comprehensive universal health insurance to all residents of Manitoba and maintains a population registry of permanent residents in the province. The population registry captures demographic information (sex, date of birth), and dates of birth and migration into and out of the province. We used the registry to determine the population size and distribution across the province.

We identified persons with MS by applying a validated case definition to hospital, physician, and prescription claims [20]. We considered the date of the first medical contact for any diagnostic code related to demyelinating disease to be the 'date of diagnosis'. Incident cases were identified by applying a five-year run-in period. This meant that the first incident case could be identified in 1990. Age-standardized incidence rates were reported by the year of diagnosis, after age-standardization to the 2001 Canadian population. Ecological measures of socioeconomic status and ethnicity (mean household income, proportion of recent immigrants, Jewish ethnicity, visible minority status, and unemployment status) for the MS cases were obtained from the 2001 Canadian Census micro-data files [21]. If the population of a region was over 50,000, that region was considered to be urban. Based on this criterion, only the City of Winnipeg was defined as urban.

The MS cases were geocoded by considering the City of Winnipeg as 230 neighbourhoods (average population during the study years: 653,100) based on 6-digit postal codes, and considering rural Manitoba as 268 health municipalities (average population during the study years: 500,977) based on the municipal code stated on the health record of MS patients at the time of the first demyelinating disease health claim. The geographical units used in this study were these 498 regions and all the data used in this study were associated with these geographical boundaries. The data were aggregated over the study period. Key requirements for focused spatial cluster detection methods are the observed number of MS cases and the expected number of MS cases or the population size of each region. The CSS, FSS and BYM spatial focused cluster-detection methods are described below.

**Circular Spatial Scan Statistic (CSS)**

The spatial scan statistic has various uses in epidemiology [22]. The circular spatial scan statistic is used to test the null hypothesis that there is no cluster in region \( i \) against the alternative hypothesis that there is a cluster of MS cases in region \( i \) based on its \( j \)-th nearest neighbours. For each region, the circular spatial scan statistic imposes a circular window \( S \) on the region, with the radius of the circle extending from zero to a maximum distance \( d \) or a maximum number of regions \( J \) to be included in the cluster. Either \( d \) or \( J \) is predetermined prior to the analyses. Now, \( S_i (1, \ldots, J) \) defines the window consisting of the \( (j-1) \)-th nearest neighbours to region \( i \). Furthermore, the set of all windows to be scanned by the circular scan statistic is defined by \( S_j (1, \ldots, J) \). For each circle, a likelihood ratio statistic is calculated based on the number of observed and expected cases of MS inside and outside the circle. Under the null and alternative hypotheses, the likelihood is defined by \( L_0 \) and \( L_j (i = 1, \ldots, m) \) respectively. The likelihood ratio statistic is given by

\[
\max_i \frac{L_j}{L_0} = \left( \frac{C_i}{Np} \right)^{C_i} \left( \frac{N - C_i}{N(1 - p)} \right)^{N - C_j} \left( \frac{M - N}{M(1 - p)} \right)^{M - N_j} \left( \frac{J - 1}{N} \right)^{M - N_j - C_i} \left( \frac{J}{N} \right)^{N_j - C_j}
\]

where \( C_i \) represents the observed number of cases inside a circle, while \( N - C_j \) represents the observed number of cases outside the circle and \( p \) represents the probability that a region is inside a circle. The indicator function \( I(C_i > Np) \) is equal to 1 when \( C_i > Np \) and 0 otherwise. A possible cluster is defined as a region with a high likelihood ratio statistic [12].

SaTScan [23] or FleXScan [24] software can be used to carry out the CSS method. Usually, 50% of the population at risk is included in a possible cluster; however, we used the FleXScan default, which is \( J = 15 \) as a maximum number of regions to be included in a potential cluster. As we used aggregate data in our study, the region centroid had to be included in the radius of the circle for the region to be considered part of the circle.

**Flexible Spatial Scan Statistic (FSS)**

The flexible spatial scan statistic (FSS) is also used to test the null hypothesis that a cluster exists in region \( i \). The FSS method works in the same general way as the CSS method described above. However, with the FSS method, the potential cluster is flexible in shape, although it is still confined to a small neighbourhood around each region. The flexible scan statistic connects adjacent regions to place a window \( S \), with an irregular shape on each region. For any region \( i \), the set of irregularly shaped windows of length \( J \), containing \( j \) connected regions including region \( i \), can vary from 1 to \( J \), where \( J \) is...
the pre-determined maximum length of a cluster. To avoid unlikely cluster shapes, the joined regions are restricted to the subsets of the set of regions \( i \) and \((J - 1)\)-the nearest neighbours of region \( i \). Now, \( S_j = \{ S_{(j,k)}, i = 1, ..., m; j = 1, ..., J; k = 1, ..., k_j \} \) is the set of all windows to be scanned by the flexible spatial scan statistic. The size of \( S_j \) is much larger than \( S_i \), which is at most \( mJ \). This comes from the fact that the circular spatial scan statistic only examines \( J \) circles for any region \( i \), while the flexible spatial scan statistic examines \( J \) circles in addition to all the sets of connected regions whose centroids are found within the \( J \)-th largest concentric circle. For the FSS method, the test statistic is based on the likelihood ratio test given in (1), where the circle defined in (1) refers to \( S_2 \) instead of \( S_1 \). Similar to the CSS method, the FSS approach considers circles with high likelihood ratio values to be potential regions of disease clusters [13]. The FSS procedure can be implemented using the FleXScan software [24] by applying the FleXScan default, which is a maximum of \( J = 15 \) regions to be included in a potential cluster.

Bayesian Disease Mapping (BYM)

Identifying clusters can also be done via a Bayesian framework using Markov chain Monte Carlo (MCMC) methods [13, 14, 25–27]. Bayesian disease mapping (BYM) can be used to show geographical variation of MS cases across the study region. The BYM method consists of two parts. First, it is assumed that the observed cases of MS follow a Poisson distribution with an area specific parameter \( \theta_i \),

\[
C_i \sim \text{Poisson} \left( \theta_i N_i \right),
\]

where the observed cases and population in region \( i \) are represented by \( C_i \) and \( N_i \), respectively. Now, the second part of the model is given by

\[
\log \theta_i = \mu + X_i \beta + \eta_i + \Phi_i,
\]

where \( \theta_i \) is defined as the incidence rate in region \( i \), \( \mu \) denotes the overall mean rate across the entire study region and \( X_i \) are predictors or covariates with corresponding regression coefficients given by \( \beta \). Now, \( \eta_i \) is defined as the specified spatial random effects, and \( \Phi_i \) denotes the unspecified features of region \( i \), which do not incorporate spatial structure. The \( \Phi_i \) are assumed to follow a Gaussian distribution with zero mean and common variance \( \Sigma_\Phi \), while the specified spatial random effects \( \eta_i \) are found using an intrinsic conditionally autoregressive model depending on their neighbouring values. Specifically,

\[
(\eta_{i1}, ..., \eta_{im}) \sim N \left( 0, \Sigma_\eta \right),
\]

\[
\Sigma_\eta = \sigma^2_\eta D^{-1},
\]

where the spatial dispersion parameter is denoted by \( \sigma^2_\eta \) and \( D \) is the neighbourhood matrix with its \( i \)-th diagonal element equal to the number of neighbours of the corresponding region, and the off-diagonal elements in each row equal \(-1\) if the corresponding regions are neighbours and zero otherwise [13]. Using vague priors for the parameters, they can be estimated within the Bayesian framework (MCMC) to produce posterior distributions for the parameters in the model. In this study, proper priors are used and the sensitivity of the choice of priors is also investigated. A region is defined as a potential cluster where the lower 95% credible set (equivalent to confidence interval in non-Bayesian analysis) is larger than 10 (per 100,000) [28].

In particular, two approaches were taken using the equations (2, 3); one with no predictors and another one with predictors, both with adjustment for age to control for differences in demographic structures. To model the relationship between MS cases and the characteristics of the geographical units, a series of Bayesian Poisson regression models were implemented for each characteristic. A saturated Bayesian Poisson regression model containing multiple predictors was also developed. All models were fitted to individual cases, whereby cases were assigned the ecological characteristics (e.g., average income level) of the geographic unit to which they were geocoded. Variables were categorised using the Jenks natural breaks classification method [29], which attempts to find natural break points in the data when identifying category cut-offs saturated models. We included a variable for the region of residence in the province (Winnipeg urban core; Winnipeg areas outside the urban core [Suburban]; northern Manitoba, south-western Manitoba, south-central Manitoba; and south-eastern Manitoba). Some of the ecological variables such as the proportion of Jewish or visible minorities and urban/rural residence were not included in the saturated model a priori to avoid multicollinearity. Potential over-dispersion in the models was managed by incorporating a random variable to capture unspecified variation across small areas. The results are based on Bayesian inference [14] and presented as incidence rate ratios (IRR) and corresponding 95% credible intervals. The WinBUGS software package (MRC Biostatistics unit, Institute of Public Health, London, UK) [30] was used to apply the BYM approach.

**Results**

Over the study period, we identified 2,290 incident MS cases, with an average incidence of 12.08 cases per 100,000. Table 1 shows the age-standardized incidence rates by...
year of diagnosis. Most cases were female (1,704, 74.4%), from urban regions (1,553, 67.8%), with an average (SD) age at diagnosis of 40.6 (12.5). The CSS method identified 30 regions as potential clusters (fig. 1a). These 30 regions identified 3 major regions and a couple of minor regions in the City of Winnipeg. The FSS technique identified 26 regions as possible clusters (fig. 2a), but the regions differed slightly from the CSS method. These 26 regions also identified 3 major regions and a couple of minor regions in the City of Winnipeg, which are slightly different from the CSS method.

The BYM approach was conducted in two ways. First, we did not include any predictors in the model. The BYM method with no covariates included in the model identified 32 regions as possible clusters (fig. 3a). These 32 regions identified one major region in the western part of the City of Winnipeg and some minor regions in the urban core of the City Winnipeg as potential clusters. Sec-
Second, we included four predictors (region, annual income, unemployment rate and recent immigrant status) in the model. This approach identified 37 regions as possible clusters (fig. 4a). In addition to some similar regions as identified by the BYM without covariates, the BYM with predictors also identified some parts of the south western of Manitoba as potential clusters. We noted that 10 regions in western Winnipeg were identified by the all methods CSS, FSS, and BYM (without and with predictors) as potential clusters. Most of the statistically signifi-
cant clusters were found in the City of Winnipeg. All three methods identified the western part of the city as a statistically significant cluster. The CSS and FSS methods also identified the central part of the city as a single cluster, while the BYM approach identified scattered clusters in the center of the city. Only the CSS method identified the eastern part of the city as a cluster. Only the BYM method (with predictors) was able to identify some parts of south western Manitoba (outside the City of Winnipeg) as potential clusters.
Fig. 4. Regions identified as potential clusters (a) as shaded regions of MS incidences and MS incidence rates (b) (per 100,000) in the province of Manitoba, Canada, by the BYM method with four predictors (region, annual income, unemployment rate and recent immigrants) included in the model.
Figures 1b and 2b also display maps with the order of significant clusters, based on the size of the spatial statistics, for the CSS and FSS approaches, where both methods detected the central and western parts of the City of Winnipeg as the top two potential clusters but with a different order.

Note that the overall relative risk values for the most likely, second most likely, and third most likely significant clusters for the CSS method were 1.52, 1.52, and 2.70, respectively. These values for the FSS method were 1.80, 1.61, and 2.55, respectively. Figures 3b and 4b also depict the choropleth maps of the incidence rate of MS in Manitoba based on the BYM approach with no predictors and multiple predictors respectively, and show that the City of Winnipeg has a high incidence rate of MS. Also, most of southern Manitoba, especially the south-western and south-eastern regions, has higher incidence rates than northern Manitoba.

Table 2 shows a series of simple Poisson regression models using the BYM approach by equations (2, 3). The incidence rate of MS was highest among those living in areas with higher incomes and where the unemployment rate was low. Incidence rates were not associated with recent Jewish ethnicity or visible minority areas. The associations with the recent immigrant status were inconsistent. Rates were 225% higher in Winnipeg (urban centre) than in the rest of the province.

The saturated Poisson regression model in Table 3 suggested that the highest MS incidence rates occurred in south-western Manitoba (IRR = 1.32; 95% CI: 0.90–1.97) although this did not reach statistical significance. Regions with higher annual incomes and lower unemployment rates experienced higher MS incidence rates. However, there was no association between the MS incidence rates and the recent immigrant status. It is clear from Table 3 that some covariates have been adjusted in the saturated model compared to the univariate model in Table 2. For instance, the covariate region was significant in the univariate model unlike the saturated model. It shows that if one only uses a univariate model, it may lead to mis-identification of clusters while the saturated model also accounts for other possible covariates.

Table 2. Univariate Poisson regression analyses of multiple sclerosis incidence rate ratios (IRR) and 95% credible intervals (CI) from 1990 to 2006 in Manitoba, Canada

<table>
<thead>
<tr>
<th>Parameter</th>
<th>IRR</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Region 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>Urban</td>
<td>2.25</td>
<td>1.34–3.83</td>
</tr>
<tr>
<td>Region 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winnipeg non-core</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>Winnipeg core</td>
<td>1.87</td>
<td>1.22–3.00</td>
</tr>
<tr>
<td>Northern Manitoba</td>
<td>2.23</td>
<td>1.42–3.68</td>
</tr>
<tr>
<td>South-western Manitoba</td>
<td>2.88</td>
<td>1.85–4.95</td>
</tr>
<tr>
<td>South-central Manitoba</td>
<td>2.38</td>
<td>1.28–4.61</td>
</tr>
<tr>
<td>South-eastern Manitoba</td>
<td>3.43</td>
<td>1.92–6.42</td>
</tr>
<tr>
<td>Annual income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;$47,000</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>$47,000–$85,000</td>
<td>1.46</td>
<td>1.26–1.69</td>
</tr>
<tr>
<td>&gt;$85,000</td>
<td>1.49</td>
<td>1.18–1.88</td>
</tr>
<tr>
<td>Unemployment rate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;9%</td>
<td>8.18</td>
<td>4.76–15.04</td>
</tr>
<tr>
<td>9%–&lt;19%</td>
<td>5.71</td>
<td>3.22–10.68</td>
</tr>
<tr>
<td>≥19%</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>Recent immigrants</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;9%</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>9%–&lt;20%</td>
<td>1.32</td>
<td>1.00–1.75</td>
</tr>
<tr>
<td>≥20%</td>
<td>1.19</td>
<td>0.85–1.68</td>
</tr>
<tr>
<td>Jewish ethnicity*</td>
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</tr>
<tr>
<td>&lt;4%</td>
<td>0.81</td>
<td>0.59–1.12</td>
</tr>
<tr>
<td>4%–&lt;13%</td>
<td>1.02</td>
<td>0.70–1.45</td>
</tr>
<tr>
<td>≥13%</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>Visible minorities</td>
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<tr>
<td>&lt;6%</td>
<td>1.13</td>
<td>0.87–1.48</td>
</tr>
<tr>
<td>6%–&lt;19%</td>
<td>1.18</td>
<td>0.99–1.46</td>
</tr>
<tr>
<td>≥19%</td>
<td>1.00</td>
<td>–</td>
</tr>
</tbody>
</table>

* Percentage of total population reporting Jewish ethnicity.

Table 3. Adjusted saturated Poisson regression analysis of multiple sclerosis incidence rate ratios (IRR) with 95% credible intervals (CI)

<table>
<thead>
<tr>
<th>Parameter</th>
<th>IRR</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Region</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winnipeg non-core</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>Winnipeg core</td>
<td>0.92</td>
<td>0.62–1.34</td>
</tr>
<tr>
<td>Northern Manitoba</td>
<td>1.05</td>
<td>0.70–1.60</td>
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<td>South-western Manitoba</td>
<td>1.32</td>
<td>0.90–1.97</td>
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<tr>
<td>South-central Manitoba</td>
<td>0.83</td>
<td>0.40–1.68</td>
</tr>
<tr>
<td>South-eastern Manitoba</td>
<td>1.00</td>
<td>0.49–1.95</td>
</tr>
<tr>
<td>Annual income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;$47,000</td>
<td>1.00</td>
<td>–</td>
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<tr>
<td>&gt;$85,000</td>
<td>1.18</td>
<td>0.94–1.48</td>
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<tr>
<td>Unemployment rate</td>
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<tr>
<td>&lt;9%</td>
<td>5.95</td>
<td>3.33–11.42</td>
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<td>≥19%</td>
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<tr>
<td>Recent immigrants</td>
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<tr>
<td>&lt;9%</td>
<td>1.00</td>
<td>–</td>
</tr>
<tr>
<td>9%–&lt;20%</td>
<td>1.08</td>
<td>0.86–1.35</td>
</tr>
<tr>
<td>≥20%</td>
<td>0.96</td>
<td>0.73–1.27</td>
</tr>
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Discussion and Conclusion

We used three popular approaches in spatial epidemiology to identify potential clusters in MS cases in the Canadian province of Manitoba from 1990 to 2006. The CSS method identified 30 regions of interest, which aggregated into three larger regions in the City of Winnipeg (some parts of western, central, and southern Winnipeg). The FSS method identified 26 regions, some of which overlapped with those identified by the CSS method. When aggregated, the FSS method found that some parts of western, central, and eastern Winnipeg were potential clusters. The BYM methods identified 37 regions (mainly scattered in western, central and southern Winnipeg, and some parts of the south western of Manitoba), again with some similarities and differences to the findings of the other two methods. All three methods identified about 27% (= 10/37) of the same regions as potential clusters of MS cases.

Several studies have explored small area variation in the distribution of MS, with most studies focusing on prevalent cases [5, 6]. A smaller number of studies have evaluated the distribution of incident cases [31], but the study of incident cases is necessary to truly identify clusters. Clusters represent areas where an excess number of new (MS) cases are identified in relation to time or space, and they may indicate real biologic variation or random variation [32]. Identification of such clusters may generate new hypotheses about environmental risk factors. Techniques used to identify clusters have included distribution-free approaches (e.g., spatial scan statistics) and Poisson mixed models, but a few studies have compared the performance of different techniques [7]. An understanding of the differences between these techniques is necessary to interpret findings and select best methods for studies of small area variation.

The three focused spatial cluster-detection approaches (CSS, FSS, and BYM) that we employed had different assumptions. The CSS and FSS methods were distribution free. However, when using these methods, the number of regions to be included in the cluster must be stated a priori. The main reason for the observed differences in the findings of the two techniques is due to the non-circular shape of some regions in Manitoba. The FSS method was able to identify those non-circular shaped regions as potential clusters, whereas the CSS procedure could not. On the other hand, the FSS method was unable to detect some circular-shaped regions as potential clusters.

When using the BYM procedure, it is assumed that the number of cases follows a Poisson distribution but the number of regions to be included in the cluster does not need to be pre-specified.

For the BYM method, a cluster was identified as a region where the lower 95% credible interval of the incidence rate was larger than 10 (per 100,000). However, it is possible to set different decision rules determining a cluster, for instance, the decision rule could be greater than or less than 10 (per 100,000) [33]. However, we divided the regions into five categories based on their incidence rates to have a clear picture of the distribution of incidence rates (e.g., fig. 3b).

For the BYM method, the model that included predictors drew different conclusions with respect to possible clusters than the model that did not include predictors. This emphasizes the importance of controlling for sources of confounding that may lead to mis-identification of clusters otherwise.

A recent publication using the same dataset also studied geographic variation of MS in Manitoba [34]. That study used an adaptive mean nearest-neighbor smoothing (AMNNS) algorithm [35] to stabilize the rates for geographic areas having fewer than 60 MS cases, and confirmed findings using a spatial scan statistic. Using that approach, higher than expected incidence rates were identified in two areas in the City of Winnipeg (central and south-western) and in rural western Manitoba. The identification of clusters in Winnipeg using AMNNS was consistent with our findings using the BYM approach, however, the BYM approach did not identify rural western Manitoba as a potential cluster. Using Poisson regression models (without incorporating spatial effects) the earlier study found that urban residence, higher income, and lower rates of unemployment were associated with higher incidence rates. The latter two findings were consistent with the findings from the BYM approach with a saturated model. However, there are notable differences between that approach and the BYM approach employed here. For instance, the BYM approach simultaneously accounts for the spatial variation and predictors in the model. The AMNNS method captures only the spatial variation (visually) and cannot control for the predictors at the same time, which may lead to the mis-identification of clusters. Note that the AMNNS method is similar to the methods CSS and FSS in the sense that they descriptively identify potential clusters and are not also able to control for the predictors at the same time.

Geospatial variation in MS incidence and prevalence is well-recognized and likely reflects both variation in underlying genetic susceptibility of the population to MS as
well as exposure to environmental factors. The risk of MS varies among the racial and ethnic groups even when they live in the same regions. On univariate analysis it was found that regions with a higher proportion of recent immigrants had higher incidence rates of MS. A higher socioeconomic status was also strongly associated with increased incidence rates, consistent with prior ecologic analyses in which MS was associated with greater urbanization and higher socioeconomic status [36, 37]. Observations like this contributed to the development of the hygiene hypothesis, which suggests that lack of exposure to infectious agents and loss of symbiotic microorganisms in the gut increase susceptibility to autoimmune diseases such as MS [38]. Although we lacked the data to evaluate whether variation in exposure to infection to the geospatial variation in MS incidence, spatial variation in the rates of infection in Manitoba has been observed [39]. We were also unable to evaluate associations with other putative etiologic factors for MS such as vitamin D insufficiency and toxic exposures [3].

This study has limitations that should be considered. We identified incident cases using administrative data. Administrative data are collected for health system management rather than research purposes, and may underrepresent chronic disease when compared to medical records [40, 41]. However, we used a case definition developed and validated in Manitoba that was subsequently re-validated in Nova Scotia [42]. Because we relied on administrative rather than clinical data to identify the date of incidence cases, this date may not be entirely accurate. However, the diagnostic delay between symptom onset and diagnosis is short and residential mobility rates in Manitoba are low [43]. Further, most migration in North America occurs over short distances to adjacent neighborhoods [44, 45]; therefore, it is unlikely that this affected the geographic mapping of our cases. We assumed that our MS cases are rare to be able to use Poisson model in our BYM method. Our work evaluated the performance of focused spatial cluster detection methods rather than non-focused spatial cluster detection methods such as BN and MEET, which have different strengths and weaknesses; these warrant future study. We used census-based (ecologic) measures of socioeconomic status rather than individual level measures. Strengths of the study include the population-based design, the use of incident rather than prevalent MS cases, and the evaluation of multiple cluster detection methods.

The potential clusters of MS appear to be located in the City of Winnipeg, specifically the western and central regions of Winnipeg. As well, the southern part of the province of Manitoba had higher incidence rates than most of northern Manitoba. The BYM method may be the best approach for identifying potential clusters because it allows the investigator to control for potential confounders. Further studies are needed to explore the reason and cause of these increases, especially in broader geographic regions with evenly distributed population density.

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Disclosure Statement

The authors declare that they have no conflicts of interest.

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