Kidney Volume Estimations with Ellipsoid Equations by Magnetic Resonance Imaging in Autosomal Dominant Polycystic Kidney Disease

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Key Words

Autosomal dominant polycystic kidney disease · Kidney volume · Ellipsoid volume equation · Magnetic resonance imaging

Abstract

Background: Kidney volume (KV) becomes clinically relevant in autosomal dominant polycystic kidney disease (ADPKD) management. KV can be conveniently estimated (ceKV) using ellipsoid volume equations with three axes measurements; however, the accuracy and reliability are unknown. **Methods:** KVs of 347 kidneys in 177 consecutive ADPKD patients were determined with a volumetric method (standard-KV), and ceKV was calculated using six different ellipsoid equations with three axes measurements using magnetic resonance imaging. The inter- and intraobserver reliabilities were analyzed using intraclass correlation coefficients (ICCs). Ellipsoid-KVs were obtained by linear regression analysis between standard-KV and ceKVs, and six ellipsoid-KVs were validated with a bootstrap model. **Results:** The ICCs of intra- and interobserver reliabilities in standard-KV and axes measurements were highly reliable. All ceKVs underestimated standard-KV and % differences between ceKV and standard-KV were reduced by ellipsoid-KVs. Boot-

strap analyses suggested that six ellipsoid-KVs reliably simulated standard-KV. **Conclusion:** Among six ellipsoid-KVs, ellipsoid-KV₃ = $84 + 1.01 \times \pi/24 \times \text{Length} \times (\text{sum of two width measurements})^2$ relatively accurately simulated the standard-KV. Kidney volume estimation using ellipsoid equations is reliably applied to clinical management of ADPKD while recognizing wide scattering in the difference between estimated and volumetrically measured kidney volume.

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Introduction

Autosomal dominant polycystic kidney disease (ADPKD) is a progressive disorder. Kidney function deteriorates and kidney volume (KV) increases progressively. KV has been recognized as a surrogate biomarker of kidney function [1–3]. Recent reports suggest that KV has a prognostic value to predict kidney function deterioration [4, 5].

Volumetric quantification of KV based on magnetic resonance imaging (MRI) (standard-KV) is accurate and is regarded as a standard method, but it requires a specialized workstation and time-consuming work [5–8]. The measurement of kidney axes using MRI can be done in

Fig. 1. Monitor coronal image to localize the center portion of the kidneys (**a**) and tilted coronal images were decided for parallel slicing to the renal long axis (**b**). Monitor coronal image for positioning two sagittal T2-weighted slices with thickness of 70–100 mm at the

center of each kidney (**a**). The sagittal kidney thick image was used to adjust the coronal slice angle parallel to the renal long axis. The tilted T2-weighted coronal images covering the whole kidney area were sequentially obtained with a fixed slice thickness of 4 mm (**b**).

office practice without software or technical education [5, 9]. The accuracy and reliability of conveniently estimating kidney volume (ceKV) using ellipsoid formulas based on two or three axes measurements on MRI were examined.

Subjects and Methods

ADPKD Patient Selection

The MR images and pertinent data were collected consecutively from the data files of 177 ADPKD patients. Standard-KV measurements in ADPKD patients have been performed since 2007 with the same methods of MRI acquisition and volumetric measurement [3]. All patients fulfilled Pei's diagnostic criteria for ADPKD [10]. Only one set of MRI images was extracted from each patient.

The study protocol was approved by an institutional review board (09–56), and the study was conducted in accordance with the guidelines of the Declaration of Helsinki. All participants gave written informed consent to use their clinical data for medical research.

MRI Acquisition

A non-contrast MRI acquisition protocol used was according to that of Tolvaptan Efficacy and Safety in Management of Autosomal Dominant Polycystic Kidney Disease and Its Outcomes (TEMPO 3/4 study) [11–13]. All images were acquired with the patient in a standard supine position using a 1.5-T scanner. Kidney image acquisition included coronal T2-weighted single-shot fast spin echo images with fat saturation.

Two sagittal T2-weighted single-shot fast spin echo images with slice thicknesses of 70 to 100 mm were obtained using the so-called 'thick slab' technique (fig. 1a). The axis angle between the kidney and body was determined on the sagittal images, and the coronal slicing was tilted according to the angle (fig. 1b). When the angle was different between the two kidneys, the mean angle was used for sequential slicing. The tilted coronal T2-weighted images covering the entire kidney area were sequentially obtained with a fixed slice thickness of 4 mm during breath-hold.

Standard-KV Measurement

All coronal images were transferred to a 3D workstation [3]. Using the signal intensity threshold difference of the renal parenchyma and the background, the kidney border was delineated on each slice and a 3D kidney image was extracted with an automated algorithm [14]. When the border of the kidney was unclear due to factors such as a large polycystic liver or a hemorrhagic cyst (i.e. low signal intensity cysts on T2-weighted images), delineation was manually performed by referring to the T1-weighted images acquired using 3D first field-echo (3DFFE).

The details of image acquisition and image parameters are described in the supplementary material.

MRI Measurement of Renal Length, Width and Depth

Maximal longitudinal length (L) of the kidney was determined on the T2-weighted tilted coronal slices parallel to the renal long axis (fig. 2a). L was measured obliquely taking into consideration the right-to-left axis rotation. The maximal width (W) was determined perpendicularly to L on the same slice that L was localized. In addition to W, a longer width than W (WW) was surveyed on the other tilted coronal slices. The maximal depth (D) was determined perpendicular to L in a sagittal thick slice (fig. 2b).

Fig. 2. The actual MR images used for axis measurements. The maximal longitudinal length (L) of the kidney was determined on the T2-weighted tilted coronal slices parallel to the renal long axis (a). L was measured obliquely on taking into consideration the

right-to-left axis rotation. The maximal width (W) was determined perpendicularly to L on the same slice that L was localized. The maximal depth (D) was determined perpendicularly to L in a thick sagittal slice (b).

ceKV with Six Different Ellipsoid Equations

ceKVs derive from the following six equations:

1. $ceKV_1 = \pi/6 \times L \times W \times D$
2. $ceKV_2 = \pi/12 \times L \times (W + WW) \times D$
3. $ceKV_3 = \pi/24 \times L \times (W + WW)^2$
4. $ceKV_4 = \pi/54 \times L \times (W + WW + D)^2$
5. $ceKV_5 = \pi/6 \times L \times W^2$
6. $ceKV_6 = \pi/6 \times L \times WW^2$

These equations were selected based on the basic ellipsoid equations (1 and 2) and four spheroid equations.

Analysis of Intraobserver and Interobserver Reliability

Intra- and interobserver reliabilities were examined using an intraclass correlation coefficient (ICC) [15]. Twenty kidneys from ten patients (4 men and 6 women, mean age; 50.0 ± 13.8 , kidney volume; from 232 to 3,131 ml) were selected randomly to cover a wide range of kidney volumes and were used for ICC analyses for standard-KV and renal axis measurements [16]. The standard-KVs of the twenty kidneys were assessed two times separately by two observers. Three observers measured the L, W, WW and D of 20 kidneys two times independently. All assessments were carried out blindly to their previous measurement results.

Statistical Analyses for Linear Regression and ICC

The linear regression equations (ellipsoid-KVs) between standard-KV and ceKV were calculated by linear regression analysis using a full data set ($n = 346$). Variables between men and women were compared by the Welch t test or Mann-Whitney U test. Analyses were performed using JMP (SAS Institute Inc., Cary, N.C., USA).

The Validity Evaluation of the Linear Regression Analyses by Bootstrap Estimation

The internal validity of ellipsoid-KVs was examined by the bootstrap estimation method [17–19]. A two thirds (230) data set was randomly drawn from 346 full data sets and 500 bootstrap repetitions were done with each ellipsoid-KV equation.

Results

Characteristics of the ADPKD Patients

Totally, 347 kidney MR images from 177 patients with ADPKD satisfied the MRI acquisition methods (table 1). Two patients had a solitary kidney. Five kidneys were ex-

Table 1. Demographic characteristics of 177 ADPKD patients selected consecutively from the data file of our institute

	Total	Men	Women	p value
Number	177	64	113	
Age, years	48.4 (15.3)	47.2 (14.8)	49.0 (15.6)	0.78
Cr, mg/dl	2.23 (2.84)	2.58 (2.96)	2.04 (2.78)	0.11
eGFR, ml/min/1.73 m ²	55.2 (36.7)	53.3 (36.0)	56.3 (37.2)	0.70
CKD 1 (≥90)	32	13	19	
CKD 2 (60–89)	47	12	35	
CKD 3 (30–59)	47	19	28	0.49
CKD 4 (15–29)	21	7	14	
CKD 5 (<15)	30	13	17	
Height, cm	163.0 (6.4)	172.4 (7.1)	157.7 (6.0)	<0.0001
Body weight, kg	58.8 (103)	67.0 (10.7)	54.1 (10.0)	<0.0001
Right kidney volume, ml	969.6 (664.3)	1,060.5 (627.5)	917.2 (684.5)	0.086
Left kidney volume, ml	1,015.8 (650.3)	1,140.3 (661.4)	945.3 (644.0)	0.0285
Total kidney volume, ml	1,962.8 (1,263.9)	2,158.1 (1,188.2)	1,852.1 (1,304.5)	0.0618
Ht-TKV, ml/m	1,203.3 (775.6)	1,248.9 (677.0)	1,177.4 (825.9)	0.278

Cr = Serum creatinine concentration; GFR = glomerular filtration rate; eGFR = estimated GFR using the Japanese modification of IDMS-MDRD; eGFR = $194 \times \text{Cr}^{-1.094} \times \text{age}^{-0.287} \times 0.739$ (if female); MDRD = modification of diet in renal disease; IDMS = isotope dilution mass spectrometry; TKV = total kidney volume measured by volumetric method; Ht-TKV = height-adjusted TKV. p values, comparison between men and women, were analyzed by the Welch t test. Data are mean (SD). Chronic kidney disease (CKD) stage distribution was analyzed by the Mann-Whitney U test.

cluded from the analyses because their long axes were laid close to the horizontal. None of the kidneys were atypical (class 2 [5]).

Intra- and Interobserver Reliability

The results of intra- and interobserver ICC analyses for axes and volumetric measurements showed that these measurements were reliable and the ICCs were at least above 0.9 (table 2).

Linear Regression Analyses between Standard-KV and ceKV

The correlation coefficients between standard-volume and six ceKVs were equally high (table 3; fig. 3). The slopes of the six ceKVs were close to 1.0. The slope of ceKV₃ (1.01) was the closest to 1.0. Intercepts ranged from 84.1 to 188.4 ml, suggesting that ceKVs underestimated standard-KV. The lowest intercept of 84.1 was obtained with ceKV₃.

Validity Evaluation of Ellipsoid-KVs by Bootstrap Analysis (table 4)

The slopes and intercepts of ellipsoid-KVs and those of bootstrap estimations were in good agreement, especially in equations (3), (5) and (6). Approximate biases

(difference between linear regression result and bootstrap estimation) of the slope and intercept of equation (3) were very small (0.0020 and −1.273, respectively). These bootstrapping results suggest high validity for the ellipsoid volume simulation, especially using ellipsoid-KV₃, ellipsoid-KV₅ and ellipsoid-KV₆.

Consequences of Using Ellipsoid-KV Instead Standard-KV

The % differences in ceKVs and ellipsoid-KVs from the standard-KV are presented in table 5. The % difference in ceKV₃ and ellipsoid-KV₃ were relatively smaller among the six equations and are illustrated in figure 4. The percentage difference between ceKV₃ and standard-KV exceeded 20% in 100 of 347 kidneys (28.8%) and the % difference exceeded 20% between ellipsoid-KV₃ and standard-KV in 87 kidneys (25.1%).

Discussion

The present study showed that polycystic kidney volume can be estimated reliably and relatively accurately by measuring renal axes length using MRI and ellipsoid volume equations [5].

Table 2. Intraclass correlation coefficient (ICC) between two measurements within the same observer (intraobserver) and ICC among different observers (interobserver)

MRI, ellipsoid formula	Length (L)	Width 1 (W)	Width 2 (WW)	Depth (D)
Intraobserver ICC, observer 1	0.999	0.970	0.990	0.996
Intraobserver ICC, observer 2	0.998	0.982	0.989	0.974
Intraobserver ICC, observer 3	0.999	0.923	0.935	0.903
Inter-three-observers ICC	0.989	0.949	0.965	0.969
MRI volumetric measurement	Volume			
Intraobserver ICC, observer 1	0.999			
Intraobserver ICC, observer 2	0.9996			
Inter-two-observers ICC	0.998			

L = Maximal longitudinal length of the kidney on the tilted coronal slice parallel to the kidney long axis; W = maximum width of the kidney on the same slice on which L is measured; WW = maximum width of the kidney on any tilted coronal slice parallel to the kidney long axis; D = depth of the kidney on the sagittal slice.

Table 3. Parameters calculated by linear regression analysis between standard-KV and six conveniently estimated kidney volume (ceKV) equations

ceKV	Correlation coefficient (r) ^a					Intercept estimates			Slope estimates		
	r	lower 95%	upper 95%	r ² adjusted	p	intercept	lower 95%	upper 95%	slope	lower 95%	upper 95%
1 $\pi/6 \times L \times W \times D$	0.947	0.935	0.957	0.897	<0.0001	188.4	152.0	224.9	0.93	0.90	0.97
2 $\pi/12 \times L \times (W + WW) \times D$	0.950	0.938	0.959	0.902	<0.0001	184.1	148.4	219.8	0.92	0.89	0.95
3 $\pi/24 \times L \times (W + WW)^2$	0.953	0.943	0.962	0.909	<0.0001	84.1	47.1	121.1	1.01	0.98	1.05
4 $\pi/54 \times L \times (W + WW + D)^2$	0.959	0.950	0.967	0.920	<0.0001	137.4	104.4	170.5	0.96	0.93	0.99
5 $\pi/6 \times L \times W^2$	0.949	0.938	0.959	0.901	<0.0001	91.4	52.9	129.9	1.05	1.01	1.08
6 $\pi/6 \times L \times WW^2$	0.950	0.938	0.959	0.902	<0.0001	91.5	52.2	129.8	0.97	0.93	1.00

^a Correlation coefficients of kidney volume calculated by each equation with the kidney volume measured by the volumetric method (standard-KV). L = Maximal longitudinal length of the kidney on the coronal planes sliced parallel to the kidney long axis; W = maximum width of the kidney on the same plane on which L is measured; WW = maximum width of the kidney on any coronal slice parallel to the kidney long axis; D = depth of the kidney on the

sagittal slice. Ellipsoid-KV equations calculated by linear regression analysis for each ceKV. 1) Ellipsoid-KV₁ = 188.4 + 0.93 × ceKV₁. 2) Ellipsoid-KV₂ = 184.1 + 0.92 × ceKV₂. 3) Ellipsoid-KV₃ = 84.1 + 1.01 × ceKV₃. 4) Ellipsoid-KV₄ = 137.4 + 0.96 × ceKV₄. 5) Ellipsoid-KV₅ = 91.4 + 1.05 × ceKV₅. 6) Ellipsoid-KV₆ = 91.5 + 0.97 × ceKV₆. These equations were selected based on the basic ellipsoid equations (1 and 2) and four spheroid equations (3–6).

An enlarged kidney may change its retroperitoneal position due to a distorted configuration. Its position may passively change frequently due to an enlarged cystic liver. The polycystic kidney tends to decline posteriorly because the space below the kidney is limited by the lumbar and iliac muscles and bone. The variations in anatomical spatial orientation of the kidney affect the axes measurement, but have little effect on volumetric measurement [7, 9].

MRI acquisition adjusting the coronal slice angle in the present study may have mitigated the bias of long re-

nal axis measurements. The right-to-left leaning can be compensated for by measuring the longest longitudinal length obliquely on a tilted coronal slice.

The long renal axis can be measured on an unadjusted sagittal slice. However, the length measurement on an unadjusted sagittal slice cannot avoid the influence of right-to-left axis leaning, which is usually in the opposite direction between the two kidneys.

Ultrasonographic measurements of renal axes are less reproducible even in normal kidneys [20, 21]. In

Fig. 3. Six linear regression lines between kidney volume measured by a volumetric method (vertical axis) and that estimated by six ellipsoid equations (horizontal axis). KV = Kidney volume; L = maximal longitudinal length of the kidney on the tilted coronal

slice parallel to the kidney long axis; W = maximum width of the kidney on the same slice on which L is measured; WW = maximum width of the kidney on any tilted coronal slice parallel to the kidney long axis; D = depth of the kidney on the sagittal slice.

ADPKD, the interobserver variability was high, and there were about 300 and 700 ml differences in KV measured by ultrasonography and MRI, within the lower and higher volume range, respectively [22]. These results showed that the ultrasonographic KV measurement in ADPKD lacked precision [22, 23].

The KV of patients with ADPKD can be measured by computed tomography (CT). CT volume measurement has similar accuracy and reliability coefficients to MRI [5, 24, 25]. CT can be applied to patients with large kidney and liver volumes. However, the disadvantages of CT include ionized radiation and the use of a nephrotoxic con-

trast medium. Given these limitations, CT has a limited role in longitudinal imaging of ADPKD patients [23].

Kidney volumes measured by disc-summation and ellipsoid methods using MRI were compared in 300 normal kidneys [9]. This study reported that an ellipsoid formula ($\pi/6 \times L \times W \times D$) underestimated renal volume by 17 to 29% compared with the disc-summation method.

In contrast, in ADPKD, ellipsoid KV calculated by axes lengths, which were measured by MRI, correlated with standard-KV without systemic underestimation or overestimation [5]. In the present study, we found systemic underestimation of 16.2% when using the $ceKV_1$

Table 4. Validation results of linear regression analyses by a bootstrap model

Equation	(1) $\pi/6 \times$ $L \times W \times D$	(2) $\pi/12 \times L \times$ $(W + WW) \times D$	(3) $\pi/24 \times L \times$ $(W + WW)^2$	(4) $\pi/54 \times L \times$ $(W + WW + D)^2$	(5) $\pi/6 \times$ $L \times W^2$	(6) $\pi/6 \times$ $L \times WW^2$
<i>Slope estimates</i>						
Linear regression analysis (n = 346)						
Mean	0.935	0.921	1.014	0.963	1.046	0.965
Lower 95%	0.901	0.888	0.979	0.933	1.009	0.932
Upper 95%	0.968	0.953	1.048	0.994	1.083	0.999
Bootstrap results (230/346)						
Mean	0.947	0.932	1.0155	0.972	1.048	0.968
Approximate bias ^a	0.0119	0.0110	0.0020	0.0083	0.0020	0.0029
Approximate standard error	0.074	0.070	0.0386	0.062	0.0433	0.0399
Lower confidence limit ^b	0.777	0.773	0.936	0.834	0.959	0.884
Upper confidence limit ^b	1.069	1.047	1.0873	1.076	1.129	1.041
Number larger than mean ^c	280/500	279/500	267/500	273/500	270/500	268/500
p value ^d	0.56	0.558	0.534	0.546	0.54	0.536
<i>Intercept estimates</i>						
Linear regression analysis (n = 346)						
Mean	188.427	184.099	84.109	137.440	91.418	91.548
Lower 95%	152.004	143.378	47.113	104.364	52.942	53.264
Upper 95%	224.850	219.821	121.105	170.516	129.894	129.832
Bootstrap results (230/346)						
Mean	179.391	175.736	82.836	131.092	89.867	89.715
Approximate bias ^a	-9.039	-8.364	-1.273	-6.348	-1.551	-1.833
Approximate standard error	55.253	52.745	28.198	46.638	31.138	29.825
Lower confidence limit ^b	89.175	89.084	30.114	52.379	31.939	34.925
Upper confidence limit ^b	305.764	295.842	140.649	235.197	153.998	151.838
Number larger than mean ^c	226/500	227/500	237/500	230/500	229/500	237/500
p value ^d	0.452	0.454	0.474	0.460	0.458	0.474

Linear regression analyses were performed using 346 full data sets. Bootstrap significance testings were performed by repeating 500 times on 230 data sets randomly sampled from 346 full data sets. ^a Approximate bias is the difference between linear regression analysis using full data sets and bootstrap estimation. ^b Approximate

lower and upper confidence limits. ^c Number larger than the mean calculated by linear regression analysis of a full data set. ^d p value of significant difference between linear regression analysis and bootstrap results.

Table 5. The % differences in kidney volume estimated by ellipsoid formulas from the kidney volume measured by the volumetric method

ceKV	% differences from standard-KV	Ellipsoid-KV	% differences from standard-KV
$ceKV_1 = \pi/6 \times L \times W \times D$	-16.2±15.3	$ellipsoid-KV_1 = 188.4 + 0.93 \times ceKV_1$	6.3±20.1
$ceKV_2 = \pi/12 \times L \times (W + WW) \times D$	-14.5±15.3	$ellipsoid-KV_2 = 184.1 + 0.82 \times ceKV_2$	-2.2±18.9
$ceKV_3 = \pi/24 \times L \times (W + WW)^2$	-9.5±16.3	$ellipsoid-KV_3 = 84.1 + 1.01 \times ceKV_3$	4.1±18.4
$ceKV_4 = \pi/54 \times L \times (W + WW + D)^2$	-12.5±13.8	$ellipsoid-KV_4 = 137.4 + 0.96 \times ceKV_4$	4.7±16.8
$ceKV_5 = \pi/6 \times L \times W^2$	-12.9±16.7	$ellipsoid-KV_5 = 91.4 + 1.05 \times ceKV_5$	5.3±19.8
$ceKV_6 = \pi/6 \times L \times WW^2$	-5.9±17.2	$ellipsoid-KV_6 = 91.5 + 0.97 \times ceKV_6$	5.1±18.7

Data are mean ± standard deviation. ceKV = Conveniently estimated kidney volume using ellipsoid equation; ellipsoid-KV = linear regression equation calculated between standard-KV and ceKV; L = maximal longitudinal length of the kidney on the coro-

nal planes sliced parallel to the kidney long axis; W = maximum width of the kidney on the same plane on which L is measured; WW = maximum width of the kidney on any coronal slice parallel to the kidney long axis; D = depth of the kidney on the sagittal slice.

Fig. 4. Correlations between ceKV₃ (a) and ellipsoid-KV₃ (c) with standard-KV are highly significant. In 100 patients (28.8%) and 87 patients (25.1%), the percent differences from standard-KV ex-

ceeded 20% in ceKV₃ (b) and ellipsoid-KV₃ (d), respectively. Open red circles and closed blue circles indicate the right and left kidney, respectively.

formula (table 5). The long axes measured in sagittal views in the reported study [5] may have been shorter than those measured in the present study, because the longest length could be measured obliquely on a tilted coronal slice. The width and depth measured on the axial (transverse) image [5] could be longer than the actual lengths, because the longitudinal axis of the kidney is tilted anteroposteriorly and/or laterally. Therefore, the discrepancy between this and previous reports may be explained by bias in axis length measurement. Another possibility for this discrepancy may have been the difference in standard-KV measurement.

The percent differences between ellipsoid-KVs and standard-KV were not very large between ellipsoid and spheroid estimations (table 5). This observation suggests

that kidney configuration of ADPKD is close to spheroid (width and depth are about equal) compared to a normal kidney.

The percent difference between standard-KV and ellipsoid-KV₃ exceeded 20% in 25.1% of all cases (fig. 4d). This percentage was smaller than that between standard-KV and ceKV₃ (28.8%; fig. 4b), but larger than the 5.9% reported by Irazabal and co-authors [5]. Since results of intra- and interobserver ICC analyses for axes and volumetric measurements and number of observers who participated in axes and volumetric measurements were not reported (5), the reasons for the differences between the two reports are unclear. The wide scatter in measuring kidney axes (table 2) may have resulted in a wide distribution in the difference between standard-KV and ellipsoid-

KV (fig. 4). Kidney volume estimation using ellipsoid equations yields substantial scatter from standard-KV, and we should be aware of this limitation whenever we use this ellipsoid estimation method.

One limitation of this study is the lack of a direct comparison of axes measurements. The MRI slices for three axes measurements were acquired with different methods from a previous report [5] and this study (fig. 2a). The difference in accuracy between the two methods is difficult to compare. However, the more important message of the present study is the recognition of a relatively wide scatter of ellipsoid kidney volume from volumetrically measured kidney volume, even though there is a high correlation between the two volume measurements (fig. 4).

In conclusion, among six ellipsoid equations examined, a kidney volume estimation equation using axes (L,

W and WW) measurement on tilted coronal MRI slices parallel to the renal long axis, kidney volume (ml) = $84 + 1.01 \times \pi/24 \times L \times (W + WW)^2$, was stably close to the volume measured by the volumetric method. This method and equation provide a convenient and relatively accurate estimation of kidney volume in the clinical management of ADPKD when the results are interpreted cautiously.

Disclosure Statement

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