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Foreword

In the past few decades a prodigious amount of research has been carried out in animals and man in the area to which this volume of the Advances in Psychosomatic Medicine is devoted: Hunger and Satiety in Health and Disease. This work has been done in many countries on all continents, in many excellent laboratories and by many gifted and outstanding investigators with a wide variety of orientations. These endeavours have led to an accumulation of much new knowledge and, at times, to important and brilliant discoveries.

We designed the present volume to give the reader an overview of the considerable progress which has been made in the field. By their selection of contributors from the fields of genetics, neuro- and general physiology, epidemiology, clinical medicine, social-psychology and psychiatry, the Editors have attempted to give a balanced picture of the many complex problems discussed in the three main sections of the volume. While we assembled a roster of distinguished authors and discussants from many different disciplines, we are aware that they could not cover, in the available space, as much of the accumulated data as they would have liked to. At the same time, the authors and discussants have not failed to point to the
large gaps which continue to exist in our knowledge of the regulation of food intake, of obesity and of anorexia.
The Editors want to express their appreciation to all the authors and discussants for their contributions. We are particularly grateful to Dr. JULES HIRSCH for his many, very helpful suggestions and advice.
FRANZ REICHSMAN, M.D.
Coordinating Editor