A MicroRNA Signature in Gestational Diabetes Mellitus Associated with Risk of Macrosomia

Jiandong Li a Liping Song d Ling Zhou e Xiaoxiang Wu a Chunjie Sheng a Huiming Chen a Yanjun Liu b Shijuan Gao a Wenlin Huang a,c

a CAS Key Laboratory of Pathogenic Microbiology and Immunology, Institute of Microbiology, Chinese Academy of Sciences, Beijing, b Department of Endocrinology, the 306th Hospital of P.L.A, Beijing, c The Key Laboratory of Tumor Targeted Medicine in Guangdong Province, Guangzhou Double Bio-product Inc., Guangzhou, d Beijing Municipal Center for Food Safety Monitoring and Risk Assessment, Beijing, e Department of Obstetrics and Gynecology, the 306th Hospital of P.L.A, Beijing, China

Key Words
Gestational diabetes mellitus • Cell signaling • MicroRNAs • EGFR

Abstract
Background/Aims: MicroRNA (miRNA) is a small non-coding RNA molecule that functions in regulation of gene expression by targeting mRNA to affect its stability and/or translation. The aim of this study was to evaluate the miRNAs involvement in gestational diabetes mellitus (GDM), a well known risk factor for fetal overgrowth. Methods: Differential microRNA expression in placental tissues of normal controls and women with GDM were identified by miRNA microarray analysis and further confirmed by quantitative real-time PCR (qRT-PCR) on an independent set of normal and GDM placental tissues. Target genes of microRNAs were bioinformatically predicted and verified in vitro by Western blotting. Results: Our results uncovered 9 miRNAs that were significantly deregulated in GDM samples: miR-508-3p was up-regulated and miR-27a, miR-9, miR-137, miR-92a, miR-33a, miR-30d, miR-362-5p and miR-502-5p were down-regulated. Bioinformatic approaches revealed that the microRNAs signature identifies gene targets involved in EGFR (epidermal growth factor receptor)-PI3K (phosphoinositide 3-Kinase)-Akt (also known as protein kinase B) pathway, a signal cascade which plays important roles in placental development and fetal growth. We found that the protein levels of EGFR, PI3K and phospho-Akt were up-regulated and PIKfyve (a FYVE finger-containing phosphoinositide kinase), a negative regulator of EGFR signaling, was down-regulated significantly in GDM tissues. We also confirmed PIKfyve was a direct target of miR-508-3p. Conclusion: Our data identified a miRNA signature involvement in GDM which may contribute to macrosomia through enhancing EGFR signaling.
Introduction

Gestational diabetes mellitus (GDM) is defined as any degree of glucose intolerance that is first detected during pregnancy. GDM is a risk factor for pregnancy-related maternal and fetal morbidity. Babies born to mothers with GDM are typically at increased risk of excessive birth weight or macrosomia. A macrosomic foetus is defined as weighing more than 4 kg. Moreover, macrosomic babies are prone to developing childhood obesity and type 2 diabetes and/or cardiovascular diseases in the later stage of life [1-3].

Growth factors within the maternal circulation, such as insulin-like growth factors 1 and 2 (IGF1 and IGF2), epidermal growth factor (EGF) and platelet-derived growth factor (PDGF) have been shown to be important regulators of placental development and fetal growth [2]. Because these growth factors exert their effects via intracellular signaling cascades, disrupted or dysregulated growth factor signaling pathways are linked to aberrant fetal growth. The roles of EGF/EGFR signaling cascade for placental development and fetal growth have been confirmed in vitro and in vivo. Alternations of EGFR function are associated with reduced embryonic growth in humans [4]. EGFR-deficient mice had significant smaller placentas and displayed severe fetal growth restriction [5]. The results from in vitro study using human placental cell lines indicated that EGF promotes trophoblast proliferation and inhibits trophoblast apoptosis [6]. However, the detailed mechanisms by which EGFR signaling cascade is deregulated in placenta are not well known.

MicroRNA (miRNA), a small non-coding, single-stranded RNA of 20~22 nucleotides long, is recognized as one of key post-transcriptional regulators of gene expression by binding to the 3’ untranslated region (UTR) of specific genes to affect mRNAs stability and/or translation. MiRNA is involved in a variety of cellular processes, for example, proliferation, differentiation, apoptosis and development. Aberrant expression of miRNA has been detected in many diseases, such as cancer, type 2 diabetes as well as cardiovascular neurological and autoimmune diseases [7-10]. Previous studies have suggested that miRNAs are involved in GDM [11]. However, the miRNA expression profiles in placenta tissues from GDM patients and its biological significance, to our knowledge, have not been evaluated.

In the present study, we compared the miRNA expression profiles of placenta samples from healthy and GDM women by microarray analysis. Nine miRNAs have been further confirmed to be significantly deregulated in GDM samples by qRT-PCR analysis. These deregulated miRNAs identify gene targets involved in EGFR/PI3K/Akt signaling cascade which plays essential roles in regulating fetal growth during pregnancy [2, 12]. Our data identify a specific miRNA signature in GDM and provide new potential insights into the mechanisms of enhanced fetal growth in GDM patients.

Materials and Methods

Patients

The subjects were recruited in the Department of Obstetrics and Gynecology, the 306th Hospital of P.L.A, Beijing, China. This study was approved by an institutional review board, and placental tissue samples were collected after informed consent. The pregnant women were 21 to 37 years old. Placentas were obtained from 15 healthy women and 15 women with GDM immediately after delivery, frozen and kept in liquid nitrogen until RNA or protein isolation. Delivered newborns were immediately weighed after delivery. The mean birth weight of babies from GDM mothers (4042 ± 104 g) was higher than babies from healthy mothers (3368 ± 69 g) (P<0.001). Selected control women had no significant history of illness, no pregnancy-related complications. GDM was diagnosed when fasting blood glucose > 5.1 mmol/L according to the Endocrine Society criteria.

Microarray miRNA expression profiling and data analysis

Total RNA was isolated from equal amounts of placental tissue collected from normal controls and GDM patients using RecoverAllTM Total Nucleic Acid Isolation kit (Ambion) according to the manufacturer’s protocol. The purities and concentrations of RNA were determined by NanoDrop ND-2000 (Thermo).
MicroRNA profiling of 10 placental samples (5 from normal controls and 5 from GDM patients) were assessed by using Agilent Human miRNA Microarray (Agilent) according to the manufacturer’s protocol. The chip was scanned by Agilent Microarray Scanner and images were analyzed by Feature Extraction software 10.7 (Agilent). Data were normalized by quantile algorithm, Gene Spring Software 11.0 (Agilent). Differentially expressed miRNAs were selected with p < 0.05.

miRNA targets prediction
TargetScan (http://www.targetscan.org/) and miRanda (http://www.microrna.org/microrna) were used to predict putative miRNA targets. To minimize the number of false predictions, we performed the union and intersection operator in Excel to obtain the common targets.

qRT-PCR
To validate the expression of deregulated miRNAs in an independent set of normal (n=10) and GDM (n=10) placental tissues, total RNA was extracted with TRIzol reagent (TIANGEN Biotech, Beijing, China) and reverse transcribed into cDNAs with miRNA first-strand cDNA kit (TIANGEN Biotech, Beijing, China). Quantitative real-time PCR was performed by using miRcute miRNA qPCR detection kit (TIANGEN Biotech, Beijing, China) following manufacturer’s instruction. PCR reactions were conducted in 7300 Real-Time PCR System (Applied Biosystems, Foster City, CA). U6 snRNA was used as internal control for normalization. Relative expression for miRNA was determined using 2^{-△△Ct} method. All reactions were performed in triplicate.

For mRNA analysis, cDNA was synthesized from total RNA using RevertAid First Strand cDNA Synthesis kit (Thermo Scientific, Waltham, MA) and quantitative real-time PCR was performed by using SYBR Green qPCR Master Mix (Thermo Scientific, Waltham, MA). The cycle conditions included an initial denaturation step at 95°C for 30 seconds followed by 40 cycles of amplification for 3 seconds at 95°C and 1 minute at 60°C. The housekeeping gene GAPDH was used as an internal control. The sequences of gene specific primers used for qRT-PCR were as follows: EGFR (forward: 5’-GTT TGG GAG TTT AGT ATG-3’; reverse: 5’-GGA ACT TTG GGC GAC TATCT-3’), PIK3CA (forward: 5’-TGG ATG CTC TAC AGG GCTTT-3’; reverse: 5’-GTC TGG GTT CTC CCA ATTCA-3’), PIK3CB (forward: 5’-GCA TTA AAA GGG AGC GAGTG-3’; reverse: 5’-CAT GCC GTC GTA AAA AA TCAATG-3’), PIK3CD (forward: 5’-CTG GCT GAA GTC CAA GAACC-3’; reverse: 5’-CTC GGG TGT TGT AGT-3’), PIK3CG (forward: 5’-ATA CCA TGA TAG GGC CCTTG-3’; reverse: 5’-AAT CCA AAG ACG TAC CTG-3’), PIK3R2 (forward: 5’-AGG GCG TGG TGG GTG CAGAAGA-3’; reverse: 5’-GAT TGG TCT CTT CCA AAATG-3’), PIKFyve (forward: 5’-GGA GGA GGT AAA TGA CAAAT-3’; reverse: 5’-CTT CCA GAA TGG AAG TCA AAGTA-3’), Akt (forward: 5’-CTG GCC AAG GCC ACT TCTG-3’; reverse: 5’-AGC CCA GAG TGG GCT TGCTGAA-3’), PIK3R3 (forward: 5’-GAG TGT AAA TAC CGA AATGC-3’; reverse: 5’-CCT GCC CCA CCA CCA TCTTAC-3’), GAPDH (forward: 5’-GGA GAA ACC TGC CAA CATG-3’; reverse: 5’-TTA CTC CTT GGA GCA CTA GTAG-3’).

Western blotting
Total proteins were extracted from cells or tissues by using cell lysis buffer (Cell Signaling Technology, Danvers, MA) and separated by SDS-PAGE and transferred to nitrocellulose membrane (Amersham Biosciences, Amersham, UK). After blocking, the membrane was incubated with primary antibodies overnight at 4°C followed by washing and incubation with a horseradish peroxidase-conjugated secondary antibody for 2 hours at room temperature. Bands were detected using enhanced chemiluminescence (Applygen, Beijing, China). Relative band intensity was evaluated by Image J software (NIH). Primary antibodies used in this study were as follows: rabbit anti-EGFR (#2232; CST), anti-p110-γ (#4252; CST), anti-p45-β (ab137815; Abcam), anti-Akt (Ab-308, 21055; Signalway Antibody, MD), anti-p-Akt (Ser 473, 11054; Signalway Antibody, MD), mouse anti-PIKfyve (sc-100408; Santa Cruz) and anti-β-actin (6a3; Sungeno Biotech, China) antibodies.

Cell lines and transfection
HTR-8/SVneo human trophoblast cells were cultured in RPMI 1640 (HyClone, South Logan, USA) supplemented with 10% heat-inactivated fetal bovine serum (Gibco, Paisley, United Kingdom) at 37°C in a humidified 5% CO₂ incubator. HTR-8/SVneo cells were transfected with plasmids or miR-508-3p mimics, miR-508-3p inhibitor, or miRNA negative control (RiboBio, Guangzhou, China) using Lipofectamine 2000 (Invitrogen, Carsland, CA) according to manufacturer’s instruction.
Dual-luciferase reporter assay
To determine whether miR-508-3p targets PIKfyve, a 274-bp fragment of PIKfyve 3’UTR containing putative binding site of miR-508-3p was amplified by PCR with primers: 5’-GCCTCTAGAGTTCAAGGACGGTATGTATTA-3’ (forward) and 5’-GCTCTAGAGTTCAAGGACGGTATGTATTA-3’ (reverse). The amplified products were inserted into the XbaI site of pRL-TK vector (Promega, Madison, WI). The mutated pRL-TK-PIKfyve-3’UTR construct was generated with Site-Directed Mutagenesis Kit (SBS Genetech, Beijing, China). HTR-8/SVneo cells were transfected with pRL-TK-PIKfyve-3’UTR, pGL3-control along with miR negative control (NC), miR-508-3p mimics, or miR-508-3p inhibitor for 36 h. The cells were harvested, and a luciferase assay was performed using Dual-Luciferase Assay System (Promega, Madison, WI) according to manufacturer’s instructions.

Statistical analysis
Data are presented as mean ± standard deviation (S.D.) of three independent experiments. Statistical comparisons were performed using SPSS 11.5. Student’s t test was used to evaluate individual differences between groups and analysis of variance (ANOVA) was used for multiple comparisons. Values of p < 0.05 are considered to be statistically significant.

Results
Identification of microRNAs differentially expressed in placental tissues of GDM patients
To investigate miRNAs involvement in GDM, we applied a high-throughput human miRNA array analysis with placental tissues from 5 normal controls and 5 GDM patients. Comparative analysis of the miRNA expression arrays between normal and GDM samples identified 29 miRNAs with significant differences (p<0.05) including upregulation of 3 miRNAs and downregulation of 26 miRNAs (Fig. 1).

The microRNAs signature identifies gene targets involved in EGFR/PI3K/Akt pathway
To investigate the biological roles of the deregulated miRNAs in GDM, we predicted the gene targets for those 29 identified miRNAs by using the programs TargetScan, (http://www.targetscan.org/) and miRanda (http://www.microrna.org/microrna). Interestingly, we obtained 15 miRNAs that target genes involvement in EGFR/PI3K/Akt pathway (Fig. 2A). To validate this miRNA signature, we performed qRT-PCR confirmation experiments on an independent set of placental tissues from normal controls (n=10) and GDM patients (n=10). QRT-PCR analysis showed a statistically significant deregulation of 9 miRNAs with miR-508-
3p up-regulation and miR-27a, miR-9, miR-137, miR-92a, miR-33a, miR-30d, miR-362-5p and miR-502-5p downregulation. Six miRNAs (miR-148b, miR-10a, miR-370, miR-25 and miR-15b) were found to be non-significant in the two cohorts of placental tissues (normal vs. GDM) (Fig. 2B).

EGFR/PI3K/Akt pathway plays important roles in placental development and fetal growth, and we identified that the mean birth weight of babies from GDM mothers (4042 ±
104 g) was higher than babies from healthy mothers (3368 ± 69 g) (P<0.001). As a result, it is conceivable that this 9 miRNA signature may contribute to the regulation of fetal growth through the regulation of EGFR/P13K/Akt signal cascade. Here we present a proposed model for how deregulated miRNAs in women with GDM interfere with fetal growth through EGFR/P13K/Akt signaling pathway. EGF and EGFR increase during pregnancy. EGFR regulates fetal development and growth by activating the PI3K/Akt pathway. Akt activation phosphorylates and activates the kinase PIKfyve which promotes EGFR degradation. Thus, Akt phosphorylation and activation of PIKfyve is a feedback mechanism for terminating EGFR signaling and reducing EGFR abundance [13]. Downregulation of the miRNAs that target PI3K/Akt and upregulation of the miRNAs targeting PIKfyve will enhance EGFR signaling and prevent termination of its signaling.

Expressions of EGFR/P13K/Akt pathway-related genes in normal vs. GDM placental tissues

We then detected the predicted gene targets of the deregulated miRNAs identified here by qRT-PCR and western blot analysis respectively. Total RNAs or proteins were extracted from terminal placental tissues of normal controls (n=5) and women with GDM (n=5) and qRT-PCR analysis was performed. As shown in Fig. 3A, the mRNA levels of PIK3CD (p110-δ) and PIK3R3 (p55-γ) were up-regulated (**, p<0.01; *, p<0.05) and PIKfyve was down-regulated (*, p<0.05) in GDM tissues; while the mRNA levels of EGFR, PIK3CA (p110-α), PIK3CB (p110-β), PIK3CG (p110-γ), PIK3R2 (p85-β) and Akt were found to be non-

Fig. 3. Expression of EGFR/P13K/Akt pathway-related genes in normal vs. GDM placental tissues. Total RNAs or proteins were extracted form terminal placental tissues of normal controls and women with GDM. mRNA levels of the indicated genes were evaluated by quantitative RT-PCR with GAPDH as an internal control (A) and protein levels were analysed by Western blots with the indicated antibodies. Relative protein band intensities were measured using Image J software (NIH). Data represent mean ± S.D. of at least three independent experiments. Statistical significance was determined by Student’s t-test. **P<0.01, *P<0.05, ns: no significant difference.
significant in normal and GDM samples. Because miRNAs suppress gene expression either by promoting mRNA degradation or by inhibiting translation, depending on the degree of complementarity with target mRNA sequences, we then assessed the expressions of EGFR/PI3K/Akt pathway-related genes in protein levels by using western blot assays. As shown in Fig. 3B and 3C, the protein levels of EGFR, PIK3CG (p110-γ) and p-Akt were up-regulated and PIKfyve was down-regulated significantly in GDM tissues (\(p < 0.01\); *, \(p < 0.05\)). Of note, the significant increase in the expression of EGFR, p110-γ and p-Akt and the decrease in the levels of PIKfyve in GDM tissues suggest that enhanced EGFR signaling exists in GDM tissues which may contribute to enhanced fetal growth.

**PIKfyve is a direct target of miR-508-3p**

MiR-508-3p is the most highly expressed miRNA in placental tissues of GDM patients identified here. On the basis of miRNA target gene prediction database (TargetScan, http://www.targetscan.org/ and miRanda, http://www.microrna.org/microrna), PIKfyve was predicted as a target gene of miR-508-3p. We then confirmed whether miR-508-3p targeted PIKfyve. To this end, we cloned a 274-bp fragment of PIKfyve 3’UTR containing putative binding site of miR-508-3p into the pRL-TK vector immediately downstream of the firefly luciferase gene to construct the pRL-TK-PIKfyve-3’UTR reporter plasmid. HTR-8 cells were transfected with pRL-TK-PIKfyve-3’UTR, pGL3-control along with miR negative control (NC), miR-508-3p mimics or miR-508-3p inhibitor for 36 h. The cells were harvested, and a luciferase assay was performed. (B) HTR-8 cells were transfected with miR negative control (NC), miR-508-3p mimics or miR-508-3p inhibitor for 36 h. The cells were harvested and PIKfyve protein levels were analyzed by Western blotting. (C) Wild-type or mutated miR-508-3p putative targets on PIKfyve 3’UTR were cloned into pRL-TK reporter plasmid as indicated. HTR-8 cells were transfected with wild type or mutant pRL-TK-PIKfyve 3’UTR construct as indicated, pGL3-control along with miR-508-3p mimics or miR-NC for 36 h. The cells were harvested, and a luciferase assay was performed. Data are representative of at least three independent experiments. Statistical significance was determined by Student’s t-test (B) and One-way ANOVA analysis (C); *, \(p < 0.05\); **, \(p < 0.01\); n.s.: no significant difference.
expression. Data from Western blotting analysis indicated that miR-508-3p suppressed PIKfyve protein expression while miR-508-3p inhibitor increased PIKfyve protein levels in HTR-8 cells (Fig. 4B). To clarify the specific binding sites, mutated pRL-TK-PIKfyve-3’UTR vectors with some nucleotides mutation in the putative seed-binding region were constructed and transfected together with miR-508-3p mimics into HTR-8 cells. Compared with wild-type vector, there was no significant influence on the luciferase activity in the cells cotransfected with vector carrying sequences mutated from 5’-AAUC-3’ to 5’-CGGU-3’ and miR-508-3p mimics (Fig. 4C). Together, these results suggest that miR-508-3p directly targets PIKfyve via its 3’UTR.

Discussion

GDM is one of the most common pregnancy complications and a well known risk factor for macrosomia [14]. Dysregulated expressions of miRNAs have been shown to be potentially disease-specific and may contribute to pathologic processes [8]. However, no reported study investigates the miRNA signature in placental tissues from GDM. To identify specific miRNA signature and its biological significance in the pathobiology of GDM, we performed miRNA profiling in placental tissues from normal and GDM patients. Our combined data set, which included array-based identification followed by qRT-PCR, uncovered 9 miRNAs with significant deregulation associated with EGFR/PI3K/Akt signaling cascade. Furthermore, by qRT-PCR and western blot analysis, we have demonstrated that enhanced EGFR signaling exists in the GDM samples. Together, our results suggest these deregulated miRNAs identified here might be implicated in GDM and in part in the pathology of fetal overgrowth via EGFR/PI3K/Akt signaling cascade.

EGF-mediated activation of the PI3K/Akt pathway has been shown to be important in promoting placenta development and fetal growth in both humans and rodents [2, 15]. EGFR-deficient mice had significantly smaller placentas and displayed severe fetal growth [5]. Cord serum EGF concentrations increase in GDM pregnancies [1]. However, EGF has been reported not to cross the placenta barrier [16]. How EGF concentrations are increased and by which the downstream signaling molecules are regulated in placenta is not well-understood. Here, based on the observation that 8 down-regulated miRNAs in GDM inversely correlate with EGFR/PI3K/Akt pathway-related genes and one up-regulated miRNA targets the negative regulator of EGFR, PIKfyve, we hypothesize that these deregulated miRNAs exhibit coordinated up-regulation of EGFR/PI3K/Akt signaling, thereby contributing to fetal overgrowth in GDM patients during pregnancy.

Among the miRNAs identified, we were drawn to miR-508-3p because it is the most up-regulated miRNA and predicted to target PIKfyve. PIKfyve is a FYVE-containing phosphoinositide 3-phosphate (PI3P) 5 kinase which phosphorylates phosphatidylinositol (PtdIns) 3P to PtdIns (3, 5) P2. PIKfyve operates in diverse signaling pathways and membrane trafficking events [17]. Most recently, PIKfyve has been characterized as a negative regulator of EGFR. Er, EE et al have shown that upon EGF stimulation, Akt phosphorylates and activates the kinase PIKfyve, which promotes vesicle trafficking to lysosomes. PIKfyve activation promotes EGFR degradation, suggesting that activation of PIKfyve is to be a feedback mechanism for terminating EGFR signaling and reducing receptor abundance [13]. Here, we identified that miR-508-3p was significantly up-regulated in GDM samples and miR-508-3p directly targets PIKfyve. These results indicate that upregulation of miR-508-3p suppress PIKfyve and prevents PIKfyve-mediated EGFR degradation, thereby contributing to constitutive activation of EGFR signaling in GDM patients.

Eight miRNAs including miR-27a, miR-9, miR-137, miR-92a, miR-33a, miR-30d, miR-362-5p and miR-502-5p were predicted to identify target genes involved in EGFR/PI3K/Akt pathway and to be down-regulated in GDM tissues. Therefore, there would be a coordinated up-regulation of EGFR/PI3K/Akt pathway-related genes and this was also confirmed in our study. MiR-27a has been shown to exhibit coordinated regulation of the EGFR pathway in
solid tumors [18] and also suppress EV71 replication by directly targeting EGFR [19]. MiR-137 was found to regulate gastric carcinogenesis by targeting PI3K/Akt pathway [20]. MiR-92a and miR-33a were identified to target PI3K/Akt pathway [21, 22]. Further studies are required to understand the roles of each miRNA identified here in GDM.

Taken together, our data identify a miRNA signature involvement in GDM through targeting EGFR/PI3K/Akt pathway and provide new potential insights into the mechanisms of GDM associated with risk of macrosomia.

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**Disclosure Statement**

The authors declare that they have no conflict of interest.

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