Gastrointestinal Immune Response to the Shrimp Allergen Tropomyosin: Histological and Immunological Analysis in an Animal Model of Shrimp Tropomyosin Hypersensitivity

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Key Words
Seafood allergy · Tropomyosin · Mucosal immunology · Cytokines

Abstract
Background: Shellfish hypersensitivity is among the most common food allergies. A murine model of IgE-mediated shrimp allergy has been established in our laboratory. The aim of this study is to determine the intestinal histological changes and cytokine expression profile of this model sensitized with the major shellfish allergen tropomyosin. Methods: Female Balb/c mice orally sensitized and challenged with recombinant tropomyosin were sacrificed. Continuous sections of duodenum, jejunum and ileum were prepared using the Swiss roll technique for histological and immunological analysis. Duodenal epithelial cell apoptosis and migration were examined. mRNA expression of IL-4, IL-6, IL-10, IL-13, IL-18 and IFN-γ in intestinal tissue was measured via RT-PCR. Results: In tropomyosin-sensitized and challenged mice, an increased number of eosinophils, mast cells and goblet cells was found 24 h after challenge. There were also increased mast cell and goblet cell numbers at 72 h after challenge, but the level of eosinophils decreased. Differences compared with control mice are most prominent at the duodenum compared to the distal regions. In addition, TUNEL assay indicates a significantly higher apoptosis rate in sensitized mice sacrificed 72 h after challenge, and mRNA expression showed a biased Th2/Th1 cytokine profile and a higher level of murine mast cell protease 1. Conclusions: This study documented a multitude of histological and immunological changes in the gut in a murine model of shrimp allergy. Even without repetitive intragastric challenge, shrimp tropomyosin induces an increase in the number of inflammatory cells to varying degrees within the small intestine. This model provides an important tool for testing new therapeutic interventions. © 2015 S. Karger AG, Basel
**Introduction**

Shellfish hypersensitivity is one of the most common food allergies [1–4]. It is the most self-reported food allergy in Canada, affecting 1.9% of the adult population [1]. In teenagers in Singapore and the Philippines, the prevalence of shellfish allergy can be as high as 5.2% [2]. In subjects with shellfish allergy, allergic symptoms are usually manifested within minutes after ingestion and usually within the first 2 h [5]. They include cutaneous, digestive and respiratory symptoms, as well as oral allergy syndrome and anaphylaxis [6].

To date, no effective therapeutic strategies for food allergy have been developed and patients are subjected to strict dietary avoidance. Although the major clinical symptoms of shellfish allergy are within the gastrointestinal tract, detailed histological and immunological studies on the gut with regard to seafood hypersensitivity are limited. Intestinal endoscopic and biopsy studies performed on allergic patients demonstrate the presence of mucosal lesions, lymphoid hyperplasia and an elevated trypase (mast cell mediator) level in the lower gastrointestinal tract [7–9]. Histological studies from biopsies illustrate diarrhea-associated infiltration of inflammatory cells in the duodenum and colon [7, 10, 11].

Animal models are useful tools for examining the histological changes and underlying mechanisms of pathogenesis in food allergies [12, 13]. For example, the presence of abnormal villi, infiltration of effector cells and hyperplasia of mucus-secreting cells can be identified in the small intestine [14–16] and histological changes can be seen after the application of potential remedies such as the anti-Siglec-F antibody and Pim1 kinase inhibitor [15, 16].

The major shellfish allergen has been identified as tropomyosin from the shrimp *Metapenaeus ensis*, Met e 1 [17]. Tropomyosin is a pan-allergen, with highly conserved amino acid sequences and cross-reactivity among shellfish [18]. A murine model of shrimp hypersensitivity has been developed by sensitizing the mice with recombinant Met e 1 [19]. Multiple parameters, including systemic anaphylaxis response assessment, shrimp tropomyosin-specific IgE determination, passive cutaneous anaphylaxis test, splenocyte T cell proliferation and cytokine profiles, were used to confirm the allergen-specific immunological changes of tropomyosin sensitization. In this study, we further examined the pathohistological and immunological features of the gut in this mouse model. Here, we report our findings on these immunological responses, including the histological analysis of major immune cell players, including mast cells, eosinophils and epithelial cells, and the cytokine expression profile in the small intestine after intragastric administration of Met e 1. Results from this study provide an important tool for evaluating the immunopathogenic mechanisms involved in shellfish hypersensitivity and for the development of therapeutic interventions.

**Materials and Methods**

**Sensitization and Challenge of Mice**

Female Balb/c mice, 3–4 weeks of age, were acquired from the Laboratory Animal Services Centre at The Chinese University of Hong Kong (Hong Kong SAR, China). The mice were maintained on a shrimp-free diet. Animal protocols were approved by the Department of Health under the Hong Kong SAR Government, China.

The experimental protocol for sensitization and challenge of the animals with shrimp tropomyosin has been described [19]. Recombinant shrimp tropomyosin protein (rMet e 1) was prepared using the HisPur Cobalt Agarose Resin (Thermo Scientific) according to the manufacturer’s instructions. In the treatment group, mice (n = 12; referred to as the ‘Trop’ group) were sensitized with 0.1 mg of His-tagged fusion protein of rMet e 1 by intragastric gavage on days 0, 12, 19 and 26 (fig. 1a). Ten micrograms of cholera toxin (CT) per mouse was used as adjuvant. One week after the final sensitization (day 33), mice were fasted overnight and challenged with intragastric administration of 0.5 mg rMet e 1. Mice fed with phosphate-buffered saline (PBS) + CT (PBS group, n = 6) were included as a negative control. Mice were sacrificed either 24 (day 34) or 72 h (day 36) after challenge.

**Assessment of Systemic Anaphylaxis and Diarrhea**

Anaphylactic symptoms were evaluated at 30–45 min after the oral challenge, according to a previously reported scoring system [14]. Mice demonstrating profuse liquid feces within 1 h after challenge were recorded as diarrhea positive [20].

**Determination of Shrimp Tropomyosin-Specific IgE**

The levels of shrimp tropomyosin-specific IgE were measured by ELISA at 1:5 sera dilution [19]. All assays were performed in duplicate. An irrelevant antigen (ovalbumin; OVA) was used as control. Tropomyosin-sensitized and challenged mice with high levels of tropomyosin-specific IgE (ODs above 0.5 on ELISA) were selected for the following studies.

**Histology**

Upon sacrifice, the entire small intestine was collected and flushed by PBS to remove luminal contents using a blunt-ended feeding tube with a 25-ml syringe. Intestines were then flushed and prefixed with 4% paraformaldehyde for 4 h. Each intestine was divided into three parts (i.e. the duodenum, jejunum and ileum) and cut longitudinally. Each segment was prepared by the Swiss roll method [21], fixed with 4% paraformaldehyde overnight at 4°C and thereafter changed to PBS and stored at 4°C before being embedded in paraffin. Tissue sections (4 μm) were prepared and mucosal mast cells were identified by Naphthol AS-D chloroacetate esterase staining kit (Sigma-Aldrich) [22]. Three randomly selected areas (ex-
including those with obliquely sectioned villi that showed more than one layer of crypt) of the three intestinal segments were counted in each slide. Slides were stained with periodic acid-Schiff (PAS) [23] for detection of mucus-containing cells. At least 10 randomly selected villi were counted per slide. Quantification of target cells was performed with a Leica microscope and the software ImageJ.

**Immunohistochemistry**

Eosinophils and CD4+ T cells were detected using affinity purified rat anti-mouse major basic protein (MBP) monoclonal antibody (provided by Dr. J.J. Lee, Mayo Clinic) and rabbit anti-mouse CD4 antibody (Bioworld Technology). Tissue sections were rehydrated and subjected to specific antigen retrieval treatment. For MBP, pepsin solution (pH 2.1; Abcam) was used. For CD4, Immunosaver solution (Nissin EM) was used. Endogenous peroxidase activity was blocked with H2O2/PBS. For MBP immunohistochemistry (IHC), tissues were blocked with 10% heat-inactivated sheep serum in PBS and incubated overnight with the primary antibody (diluted 1:15,000), washed and incubated with affinity purified secondary antibody (diluted 1:250; Millipore). After washing, sections were incubated in DAB color developing solution (Dako). Then, sections were lightly counterstained with hematoxylin and dehydrated. Negative controls included omission of the primary antibody. CD4 immunostain was conducted using the intermittent irradiation method [24]. The number of eosinophils and CD4+ T cells was quantified using methods as described above for mast cells.

**Analysis of Intestinal Mucosal Epithelial Cell Proliferation**

Duodenal rolls were subjected to IHC using anti-bromo-2-deoxyuridine (BrdU) antibody (Abcam) and rabbit anti-phosphohistone H3 (PH3P) antibodies (diluted 1:1,250; Millipore). BrdU in PBS was injected intraperitoneally (0.2 mg/g body weight) and mice were sacrificed 24 h later. Sodium citrate buffer (pH 6.0) was used for antigen retrieval. Twenty-five well-oriented villus-crypt units per jejunum per mouse were examined for BrdU+ cell quantification. To quantify intestinal epithelial migration, the distance from the crypt base to the farthest BrdU+ epithelial cell of 10 crypts was measured as described by Wu et al. [25]. Crypt epithelial cells with grossly brown-stained nuclei were classified as BrdU positive, whereas cells with blue-stained nuclei were categorized as BrdU negative.

**Apoptosis Assay**

Apoptotic cells were detected by the TUNEL assay (Roche Diagnostics). Briefly, after rehydration, 8-μm sections were permeabilized with Proteinase K (20 μg/ml; Sigma-Aldrich) at room temperature for 25 min and then rinsed with PBS. Terminal deoxy nucleotide transferase mixture was diluted 1:2 with PBS to reduce nonspecific background staining. Sections were incubated with the enzyme mixture, followed by saline citrate, for 15 min [26], rinsed and then incubated with 1% bovine serum albumin (BSA) in PBS for 10 min. Endogenous peroxidase activity was then blocked by 1% H2O2 treatment for 5 min. Sections were then incubated with anti-fluorescein antibody conjugated with horseradish peroxidase (diluted 1:1 with 1% BSA/PBS). The apoptotic rate in crypt cells was quantified as the percentage of apoptotic cells in each crypt with analysis restricted to ‘intact’ longitudinal crypt sections in which the base of the crypt was aligned with all the other crypt bases and the lumen [27].

**Quantitative Real-Time PCR**

RNA was extracted from small intestine tissues 10 cm from the end of the stomach (the junction between the duodenum and jejunum segments taken for histological studies) using the RNeasy Protect Mini Kit (Qiagen). The concentration and purity of purified total RNA were determined by OD260 nm and the.

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**Intestinal Response to Shrimp Allergen**

Int Arch Allergy Immunol 2015;167:29–40
DOI: 10.1159/000431228
OD_{260 nm}/OD_{280 nm} ratio, respectively. Total RNA was reversely transcribed into complementary DNA (TaKaRa). PCR primers for murine IL-4, IL-6, IL-10, IL-13, IL-18, IFN-γ, murine mast cell protease 1 (mMCP-1) and hypoxanthine phosphoribosyltransferase 1 (HPRT1) were synthesized according to the literature (online suppl. table S1; see www.karger.com/doi/10.1159/000431228 for all online suppl. material). QuantiTect Primer Assay was used for TNF (Qiagen). Quantitative real-time PCR was performed on an ABI 7500 Fast Real-Time PCR System (Applied Biosystems). All samples were measured in triplicate. Relative quantification of mRNA expression was calculated using the ΔΔcycle threshold method. HPRT1 was chosen as the endogenous reference gene.

Fig. 2. Sensitizing and challenging mouse with tropomyosin increased mast cell accumulation (arrows indicate mast cells stained red in chloroacetate esterase staining) in the small intestine mucosa. a Representative sections of the duodenum, jejunum and ileum of a PBS control mouse (left) and tropomyosin-sensitized mice, 24 (middle) and 72 h (right) after challenge. b Quantification of mast cell numbers in the three parts of the small intestine of control (n = 3) and sensitized mice (n = 6). * p < 0.05, ** p < 0.005 compared with control mice. Data are expressed as the mean ± SEM. Scale bars = 100 μm.
**Statistical Analysis**

Data are presented as the mean ± SEM. The statistical significance of the data was determined by either the t test or the Mann-Whitney U test (for nonparametric comparison) using SigmaStat 11.0 (Systat Software Inc.). A p value <0.05 was considered significant.

**Results**

*Mett 1-Sensitized Mice Exhibited Allergen-Specific Hypersensitive Responses to Mett 1*

Systemic anaphylactic responses were observed after challenge on day 33 (fig. 1b). All rMett 1-sensitized mice exhibited allergic symptoms, including cutaneous reaction with puffiness around the eyes and snout (score 2), wheezing and respiratory symptoms such as labored respiration and reduced activities (score 3), and convulsions and tremors (score 4). These symptoms became obvious in the sensitized mice at 30–45 min after challenge. No animals died after challenge (score 5). Mice from the PBS group did not show any symptoms of anaphylaxis during the course of sensitization and challenge. Five out of 12 tropomyosin-sensitized mice (41.7%) had diarrhea within 1 h after challenge.

**Elevated Levels of Shrimp Tropomyosin-Specific IgE**

Increased levels of shrimp tropomyosin-specific IgE were observed in mice sensitized and challenged with shrimp tropomyosin (fig. 1c). The levels were significantly different from those of the control mice at 4 (p < 0.001), 24 (p < 0.05) and 72 h (p < 0.05) after challenge. Sustained high levels of IgE were revealed in the sensitized mice after challenge.

**Increase in Mast Cell and Eosinophil Infiltration after Challenge with Mett 1**

The number of intestinal mast cells in tropomyosin-sensitized mice (n = 6) was compared with those in the control mice (n = 3) 24 and 72 h after challenge (fig. 2a). Mast cells accumulated at the crypt level of the mucosa in a patchy pattern. At 24 h, a significant increase in the number of mast cells was found in all three segments of the small intestine, with the highest number being in the duodenum (125 ± 14 vs. 53 ± 3 mast cells/mm²; p < 0.05; fig. 2b), while the jejunum and ileum exhibited similar values. The accumulation of mast cells peaked at 72 h after challenge in the duodenum (158 ± 14 vs. 35 ± 5 mast cells/mm²; p < 0.001).

Eosinophil infiltration into the mucosa was observed in tropomyosin-sensitized mice when their mucosa was compared with those of control mice (fig. 3a). The number of eosinophils peaked at 24 h after challenge in the duodenum (2,665 ± 164 vs. 784 ± 26 eosinophils/mm²; p < 0.001; fig. 3b). Significant elevation in eosinophils also occurred in the jejunum (1,761 ± 179 vs. 566 ± 74 eosinophils/mm²; p < 0.01). At 72 h after challenge, eosinophil accumulation was decreased in the duodenum (1,540 ± 113 vs. 927 ± 115 eosinophils/mm²; p < 0.01) but remained elevated in the jejunum. There was no significant difference between the tropomyosin-sensitized mice and the control mice in terms of the number of eosinophils in the ileum at either 24 or 72 h after challenge. Eosinophil accumulation was mostly found in a patchy pattern rather than randomly. Besides, the eosinophil accumulation was primarily at the lamina propria part of the mucosa.

**Goblet Cell Hyperplasia**

Tropomyosin-sensitized mice demonstrated a higher percentage of goblet cells in the epithelium of the duodenum as compared to the control mice (fig. 4a) at 24 h after challenge (9.27 ± 0.29 vs. 7.63 ± 0.63% goblet cells; p < 0.05; fig. 4b). The number of cells peaked at 72 h after challenge (11.40 ± 0.55 vs. 6.38 ± 0.70% goblet cells; p < 0.005). The Swiss roll method showed that the jejunum and ileum had highly variable results in different sections from the same individual as well as among different individuals in the same group.

**Analysis of Intestinal Mucosal Epithelial Cell Proliferation and Migration**

Since mast cells, eosinophils and goblet cells in the duodenum displayed significantly different characteristics in tropomyosin-sensitized mice, the duodenum was selected for further analysis. Our results revealed no significant differences in epithelial proliferation within the crypts of tropomyosin-sensitized mice compared with the controls (online suppl. fig. S1). The use of PH3P IHC also revealed similar findings. However, when we quantified epithelial cell migration in the duodenum along the villus-crypt axis in tropomyosin-sensitized and control mice, an increased rate (although not a significant one) of epithelial cell migration up the villus-crypt axis of the duodenum was found at 72 h after challenge but not at 24 h after challenge.

**CD4+ T Cell Inflammation**

A slightly higher level of CD4+ T cells infiltrated into the duodenal mucosa at 72 h after challenge in tropomyosin-sensitized mice as compared to control mice (online suppl. fig. S2), but the difference was not statistically significant.
Number of Apoptotic Cells in the Intestinal Crypts

We assessed apoptosis of intestinal epithelial cells in the duodenum (fig. 5b) and demonstrated a significant increase in the number of apoptotic TUNEL+ cells in the crypts (98 ± 8 vs. 30 ± 10 TUNEL+ cells/100 crypts; p < 0.05; fig. 5b) of tropomyosin-sensitized mice when compared with control mice. There were no differences in the level of Casp3+ epithelial cells in the duodenum between tropomyosin-sensitized mice and control mice.

Fig. 3. Sensitizing and challenging mouse with tropomyosin increased eosinophil accumulation (arrows indicate eosinophils stained brown in IHC) in the small intestine mucosa. a Representative sections of the duodenum, jejunum and ileum of a PBS control mouse (left) and tropomyosin-sensitized mice, 24 (middle) and 72 h (right) after challenge. b Quantification of eosinophil number in the three parts of the small intestine of control (n = 3) and sensitized mice (n = 6). * p < 0.05, ** p < 0.005 compared with control mice. Data are expressed as the mean ± SEM. Scale bars = 50 μm.
Skewed Intestinal Th1/Th2 in Tropomyosin-Sensitized Mice

At 24 h after challenge, tropomyosin-sensitized mice demonstrated significant higher IL-4 (about 4-fold; p < 0.05; fig. 6a) and IL-6 (about 4.5-fold; p < 0.05) mRNA expression than control mice. The mRNA level of IL-13 was also higher, but the difference was not statistically significant. The mRNA levels of IL-10, IL-18, IFN-γ and TNF did not differ between the two groups of mice. No statistically significant changes in mRNA expres-
Elevation of Intestinal mMCP-1 mRNA Expression at 72 h after Challenge

There was no difference in mMCP-1 by quantitative RT-PCR between the sensitized mice and the control mice at 24 h after challenge. However, a significantly higher mMCP-1 level was observed among the Met e 1-sensitized mice at 72 h after challenge when compared with the control mice (about 2.5-fold; p < 0.05; fig. 6b).

Discussion

Mucosal defense by gut-associated lymphoid tissues is responsible for the induction of food tolerance as well as intestinal inflammation from food allergens [28–30]. An example of a food item that can cause an allergic reaction is shellfish. The prevalence of shellfish allergy has increased significantly recently – in part due to increased consumption. Nevertheless, few studies have concentrated on the effects of shellfish hypersensitivity, especially on involvement of the gut. Using an established animal model of shellfish hypersensitivity, we have conducted a comprehensive examination of the immunological changes of the gut after allergen ingestion. In particular, we applied the Swiss roll method [31] to examine the changes in the intestine of mice with shrimp tropomyosin-induced hypersensitivity. This technique provides a systematic and comprehensive approach to characterizing the histological changes of the entire small intestine in a continuous fashion as compared to conventional studies, which only analyze a small segment from different regions [32].

Our data show that sensitization with shrimp tropomyosin induces the accumulation of immune effector cells, including mast cells and eosinophils in the small intestine. Since it was demonstrated in the model previously that the use of an irrelevant protein control did not
induce rMet e 1-specific IgE responses, only a PBS control group was used in this study [19]. Mast cells have long been regarded as one of the major effector cell types of food allergy and intestinal mast cell levels have been shown to correlate with the severity of symptoms in mouse models of food allergy [20, 33]. Eosinophils constitute another principal effector cell type that induces gastrointestinal tissue injury and disease pathogenesis through the release of various toxic granule proteins, lipid mediators and proinflammatory cytokines [34]. Compared with other allergy models, the accumulation of inflammatory cells in these mice does not require repetitive intragastric challenge [15, 35].

The gastrointestinal tract mucus layer is the front line of innate host defense [36]. The accumulation of mucus-secreting goblet cells among the gut epithelium in tropomyosin-sensitized mice is similar to that reported in other animal models of food allergies [37, 38]. To determine if the elevated percentage of goblet cells over intestinal epithelial cells was associated with increased cell proliferation, we conducted BrdU tracing analysis to examine crypt cell proliferation [25]. Interestingly, the percentage of proliferating cells in the crypts was unchanged, but the migration distance of epithelial cells from the crypts was higher at 72 h after challenge when compared to that in the control mice. We note that increased proliferation and migration rates of epithelial cells from the crypts are often associated with inflammation in the small bowel [39]. Epithelial cells are produced in the crypts and migrate up the crypt-villus axis until they are shed from the

**Fig. 6.** Relative mRNA expressions of selected target genes normalized to HPRT1 in tropomyosin-sensitized and challenged mice and control mice sacrificed 24 (a) or 72 h (b) after challenge. Data, expressed as the mean ± SEM, were obtained from 3 mice in the PBS group and 4–6 mice in the Trop group. * p < 0.05 compared with control mice.
tip of the villi [40]. Inflammation in the intestine leads to increased loss of epithelial cells and requires a higher proliferation rate to replenish the cells [41]. In a murine model of egg allergy, Song et al. [15] reported a higher percentage of proliferating cells in the crypts of sensitized mice than in nonsensitized mice using the BrdU tracing method. This difference noted between our study and their study may be partly attributed to the difference in timing of the BrdU injection before sacrifice. Regardless, the increase in intestinal cell proliferation is highly likely to be involved in food allergy and warrants further investigation. Furthermore, a higher proportion of apoptotic crypt cells in sensitized mice 72 h after challenge suggests a progressive and destructive allergic response in the intestine.

Studies on regional differences in the gut upon food allergen sensitization are limited. Most studies using food allergy models have focused on the jejunum [14–16]. Interestingly, the most severely affected region of the gut in our animal model of shrimp tropomyosin hypersensitivity was the duodenum. Notably, mast cells and eosinophils accumulated in patches within the mucosa and there was a gradual decrease in these three cell types moving from the duodenum to the jejunum and ileum. Similar to our observations, a fish allergy study reported a significant increase in eosinophils in the duodenum only while eosinophil cell counts from the jejunum and ileum are low [42]. Lin et al. [11] characterized immune changes in the duodenum from allergic patients that included an increase in IgE-bearing cells and infiltration of eosinophils and CD3+, CD4+ and CD8+ cells. Likewise, using an OVA-induced mouse model for egg allergy, Saldanha et al. [37] reported that food allergens induced a significant increase in eosinophils and CD3+, CD4+ and CD8+ cells. In addition, using an OVA-induced mouse model for egg allergy, Saldanha et al. [37] reported that food allergens induced a significant increase in eosinophils and CD3+, CD4+ and CD8+ cells. Likewise, using an OVA-induced mouse model for egg allergy, Saldanha et al. [37] reported that food allergens induced a significant increase in eosinophils and CD3+, CD4+ and CD8+ cells.

In addition to regional differences, our results demonstrate the presence of early and delayed hypersensitivity reactions. The higher number of mast cells and goblet cells in the duodenum at 72 h after challenge when compared with 24 h after challenge in the sensitized mice and increased mMCP-1 mRNA expression observed 72 h after challenge indicate the occurrence of a late-phase hypersensitive response. The functional significance of the accumulation of mast cells in these processes is largely unknown. In allergy, apart from their classic role in eliciting the early phase, mast cells also have a repair/remodeling function in the late and chronic stages of pathogenesis [45, 46]. In addition, our results show that the number of eosinophils in the duodenum of sensitized mice is lower at 72 h after challenge when compared to 24 h after challenge, which is consistent with the results obtained in the OVA-induced mice model [37].

It is important to note that tropomyosin-sensitized mice not only developed characteristics of intestinal inflammation related to hypersensitivity, but 5 out of 12 mice fed with tropomyosin also developed diarrhea after a single challenge. On the other hand, repeated oral gavage and systemic priming are required to trigger the onset of allergic diarrhea in other sensitized mice models of food allergy [20, 30, 38, 47]. Although proven to be antigen specific, allergic diarrhea induced by repeated oral challenge is regarded as unnatural. Wang et al. [16] reported a 20% incidence of diarrhea after one challenge. Moreover, Knight et al. [35] reported an incidence of 100% after a single dose challenge in their OVA murine model, while lower allergen doses reduced the incidence.

To dissect the Th1/Th2 cytokine profile at the site of inflammation, we examined the local cytokine responses in the gut of shrimp tropomyosin-sensitized mice. While the expression of the Th2 cytokines, IL-4 along with the proinflammatory cytokine, IL-6, was higher in the sensitized mice, the expression of the Th1 cytokines (IFN-γ, IL-18 and TNF) and anti-inflammatory cytokine, IL-10, was similar to that in the control mice. Consistent with other animal models with allergic diarrhea [48, 49], our findings confirm the important role of Th2 cytokines in food allergy. Furthermore, these results are consistent with the higher level of Th2 cytokines, IL-4 and IL-6, and unaltered or lower levels of the Th1 cytokine, IFN-γ, in the intestinal mucosa of patients and mice with food allergy [11, 38, 50, 51]. In light of our previous observation of IL-17 in this animal model and the significance of altered Th17 responses in food allergy [19, 52], future studies should be directed toward examining the contribution and interplay of Th1/Th2 as well as Th17 response in food allergies. Finally, because subjects who have outgrown their peanut allergy and those who are under potential treatment for allergies both exhibit a shifted Th1/Th2 cytokine profile, clearly further studies on cytokine profiles should be pursued [53–57].

To our knowledge, this is the first report on regional immunological responses in the intestine after shrimp al-
Allergen challenges. Moreover, our animal model allows us to accomplish studies that cannot be performed using human subjects. The demonstration of gut eosinophil, mast cell and goblet cell hyperplasia along with skewed Th2 cytokine profiles in this model of shrimp allergen will enhance future studies in allergic inflammation, oral tolerance mechanisms and therapeutic interventions for shrimp-allergic patients.

References


Acknowledgements

We thank Dr. J.J. Lee (Mayo Clinic) for the provision of the anti-mouse major basic protein monoclonal antibody, Mr. K.C. Cheung, Mr. N.Y.H. Leung and Ms. C.Y.Y. Wai (The Chinese University of Hong Kong) for technical assistance, and Dr. David Wilmshurst (The Chinese University of Hong Kong) for editorial comments on the manuscript. This study was fully supported by a grant from the Research Grants Council, HKSAR, China (project no. CUHK463911).


