Arterial Spin Labeling and Blood Oxygen Level-Dependent MRI Cerebrovascular Reactivity in Cerebrovascular Disease: A Systematic Review and Meta-Analysis

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Key Words

Blood oxygen level-dependent · Arterial spin labeling · MRI · Cerebrovascular reserve capacity · Reactivity · Cerebral hemodynamics

Abstract

Background: The cerebrovascular reactivity (CVR) results of blood oxygen level-dependent (BOLD) and arterial spin labeling (ASL) MRI studies performed in patients with cerebrovascular disease (steno-occlusive vascular disease or stroke) were systematically reviewed. **Summary:** Thirty-one articles were included. Twenty-three (74.2%) studies used BOLD MRI to evaluate the CVR, 4 (12.9%) studies used ASL MRI and 4 (12.9%) studies used both BOLD and ASL MRI. Thirteen studies (3 significant) found a lower BOLD CVR, 2 studies found a similar CVR and 3 studies found a higher CVR in the ipsilateral compared to the contralateral hemisphere. Nine (5 significant) out of 10 studies found a lower BOLD CVR in the ipsilateral hemispheres of patients compared to controls. Six studies (2 significant) found a lower ASL CVR in the ipsilateral compared to the contralateral hemispheres. Three out of 5 studies found a significant lower ASL CVR in the ipsilat-

eral hemispheres of patients compared to controls. **Key Messages:** This review brings support for a reduced BOLD and ASL CVR in the ipsilateral hemisphere of patients with cerebrovascular disease. We suggest that future studies will be performed in a uniform way so reference values can be established and could be used to guide treatment decisions in patients with cerebrovascular disease.

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Introduction

Cerebrovascular reactivity (CVR) can be defined as the capacity of blood vasculature to increase cerebral perfusion through vasodilatation to meet the energy requirements of the brain tissue [1]. The CVR gives an indication as to how close the brain is to the exhaustion of the reserve capacity, and therefore may have prognostic potential for portending stroke risk and/or guiding treatment decisions [2–4]. Decreased regional CVR has been suggested to be an independent predictor of 5-year stroke risk [3]. Also, it has been shown that patients, with steno-occlu-

sive cerebrovascular disease and a decreased CVR have a 35% risk of developing an ischemic stroke, while patients with a normal CVR only have an 11% risk [3]. In patients with moyamoya disease (MMD) and decreased CVR, a surgical anastomosis may improve the long-term prognosis by improving cerebral hemodynamics [2]. Furthermore, the CVR can be used to identify patients eligible for carotid endarterectomy [4]. Positron emission tomography (PET), single-photon emission CT (SPECT) and transcranial Doppler ultrasonography (TCD) have always been the golden standard for the assessment of the CVR. More recently, alternative, noninvasive methods like blood oxygen level-dependent (BOLD) MRI and arterial spin labelling (ASL) MRI have been developed to evaluate the CVR. Both BOLD and ASL MRI have demonstrated great potential to evaluate the CVR [5, 6]. However, due to the large amount of studies that have been performed in different patient groups and with different imaging sequences and post-processing algorithms, it is currently unclear if there is a consistent difference in BOLD and ASL CVR between patients with cerebrovascular disease and healthy control subjects. Additionally, literature has not settled upon CVR thresholds for tissue at risk and a proper universally defined way to express CVR is still lacking; for example, CVR can be presented in %BOLD, %BOLD/mm Hg, % cerebral blood flow (CBF)/mm Hg and Δ CBF. Therefore, BOLD and ASL MRI can currently not be used as prognosticators for stroke risk. The main aim of the current systematic review was therefore to describe and to interpret the CVR results of ASL and BOLD MRI studies performed in patients with steno-occlusive cerebrovascular disease or stroke. The second goal of this study was to try to provide reference CVR values for both normal and abnormal perfused brain tissue.

Background

Vasodilatory Challenges

Different techniques are used to cause a vasodilatory challenge and therefore an increase in CBF and cerebral blood volume (CBV), which is consequently used to determine the CVR [7]. A first approach is to modulate a subject's PaCO₂, thereby inducing an increase in tissue perfusion through vasodilatation of the cerebral vasculature. For this, either hypercarbic gas administration (in combination with atmospheric air) or carbogen (hypercarbic hyperoxia) are used [8]. More simply, subjects could just be told to hold their breath increasing the

PaCO₂ and therefore the CBF. A second approach is the administration of acetazolamide (ACZ), a carbonic anhydrase inhibitor. Inhibition of carbonic anhydrase causes carbonic acidosis, which induces a considerable increase in CBF [9]. The third commonly used approach is to induce a functional task, which increases the blood flow toward a specific region.

PET Imaging, SPECT Imaging and Transcranial Doppler Ultrasonography

PET and SPECT have always been the brain imaging standard for the assessment of the CVR. In both methods, the CVR is measured by means of a vasodilatory challenge. Unfortunately, both PET and SPECT are invasive, as they make use of ionizing radiation, and in the case of 15-O PET, an onsite cyclotron is required. Therefore, they are less suited for clinical use in nonspecialized centers [10].

TCD is noninvasive technique that has the goal to assess hypercapnia-mediated changes in CBF at the level of the brain feeding vessels [11]. To enable this, changes in measured peak blood velocity from baseline to hypercapnia are transformed to changes in CBF, and from these the CBF reactivity is estimated [12]. A disadvantage of TCD is that it does not assess CVR at the brain tissue level and that it assumes that the insonated arterial diameter remains stable throughout hypercapnia [13]. In addition, some other factors, for example, blood pressure, influence the reliability of CBF measurements [14].

BOLD and ASL MRI

BOLD and arterial spin labeling (ASL) MRI are non-invasive and provide information on the status of brain parenchyma [15]. CVR values measured by BOLD or ASL MRI were shown to correlate with SPECT values [16, 17].

BOLD MRI measures changes in the T2* of blood and tissue water secondary to decreases in the amount of venous capillary and venule deoxyhemoglobin (dHb) [18]. Specifically, in case of BOLD CVR measurements, a vasodilatory challenge increases CBF and CBV in the brain parenchyma while inducing a much smaller change in metabolism. As such, information regarding CVR can be inferred from the dHb reductions in and around veins.

Contrary to BOLD measurements that are related to a combination of CBF, CBV, and oxygen consumptions, ASL MRI measures the CBF solely and quantitatively. This is achieved by magnetically labeling the arterial blood water protons at the level of the brain-feeding ves-

Fig. 1. Process from initial search to final inclusions for studies on cerebrovascular reserve capacity using ASL or BOLD MRI.

sels. These labeled blood protons then travel upstream through the blood vessels and exchange with tissue water protons. At this point in time, a 'labeled image' is made, which is subtracted from a nonlabeled 'control image' to obtain a perfusion-weighted image. CBF can be quantified in absolute units (e.g. ml blood/100 g tissue/min) upon application of appropriate kinetic models. Similar to BOLD MRI, a vasodilatory challenge is added to obtain the CVR.

Methods

No ethical committee approval was deemed necessary to conduct this literature review.

Search Strategy and Selection Criteria

To be eligible for inclusion in this systematic review, published articles had to concern ASL- and/or BOLD reactivity studies performed in patients with cerebrovascular steno-occlusive disease or stroke. In October 2015, 2 authors (D.P.J.S. and J.B.V.) performed an electronic based search using the PubMed/MEDLINE and Embase database. The search was performed using the following search terms: (cerebrovascular disorders OR stroke OR occlusion

OR stenosis OR ischemia) AND (ASL OR BOLD OR blood flow) AND (magnetic resonance imaging OR MRI OR MR). Letters, comments, abstracts for conferences, case reports, studies that included ≤ 3 participants, studies including children, animal studies and articles written in languages other than English, Dutch, German or French were excluded. Also, articles had to present quantitative study results to be eligible for inclusion. No further restrictions were made. Articles were screened and duplicates were removed. Figure 1 shows a flowchart of the search using the PRISMA statement [19].

Quality Assessment

The methodological quality of all included studies was assessed using an adjusted version of a recent review on delayed cerebral ischemia [20]. Studies were assessed on design, aim, population selection, study size and outcome presentation (table 1). Studies were predefined as high quality with a score of 6, as intermediate quality with a score of 4 or 5 and as a low quality with a score of 3 or less.

Data Extraction

The following data were extracted from the studies: first author, year of publication, study design, the country in which the study was performed, imaging modality (ASL and/or BOLD), MRI field strength, the type of cerebrovascular disease (occlusion, stenosis, stroke or MMD), the affected vessel, number of patients (male/

Table 1. Quality assessment

Publication	Quality criteria					Total points
	design ^a	population ^b	aim ^c	size ^d	outcome presentation ^e	
Altamura et al. [21]	2	1	1	0	1	5
An et al. [36]	2	1	1	0	0	4
Amemiya et al. [22]	2	1	1	1	1	6
Blicher et al. [37]	2	1	1	0	1	5
Bokkers et al. [23]	2	1	1	0	1	5
Bokkers et al. [24]	2	1	1	0	1	5
Bonakdarpour et al. [38]	2	1	1	0	1	5
Bouvier et al. [39]	2	1	1	0	1	5
Carusone et al. [25]	2	1	1	0	1	5
Donahue et al. [7]	2	1	1	1	0	5
Donahue et al. [26]	1	1	1	0	1	4
Faraco et al. [41]	2	1	1	0	0	4
Geranmayeh et al. [42]	2	1	1	1	1	6
Goode et al. [27]	2	1	1	0	1	5
Haller et al. [28]	2	1	1	0	1	5
Heyn et al. [29]	1	1	1	0	1	4
Jensen et al. [30]	2	1	1	0	0	4
Lythgoe et al. [31]	2	1	1	0	1	5
MacIntosh et al. [43]	2	1	1	0	1	5
Mandell et al. [32]	2	1	1	1	1	6
Manganotti et al. [44]	2	1	1	0	0	4
Mazzetto-Betti et al. [33]	2	1	1	0	1	5
Murata et al. [45]	2	1	1	0	0	4
Pineiro et al. [34]	2	1	1	0	1	5
Sam et al. [46]	1	1	1	0	1	4
Sam et al. [5]	1	1	1	1	1	5
Schaaf et al. [35]	2	1	1	0	1	5
Shiino et al. [16]	2	1	1	0	1	5
Uchihashi et al. [17]	2	1	1	0	1	5
De Vis et al. [40]	2	1	1	0	1	5
Zhao et al. [6]	2	1	1	1	1	6

^a Prospective cohort (2), retrospective cohort (1), or unclear (0); ^b included population is clearly described (1), included population is not clearly described (0); ^c the aim is clearly described (1), the aim is not clearly described (0); ^d number of patients was ≥ 25 (1), number of patients was < 25 (0); ^e mean or median numbers of percentage signal change are provided with a 95% CI or p value (1), mean or median numbers of percentage signal change are not provided or without a 95% CI or p value (0).

female), patients characteristics (age and gender), number of controls and their characteristics, type and dose of challenge used (breath holding, carbon dioxide inhalation, ACZ (Diamox) or functional task), the evaluated region, the results of the hemisphere ipsilateral to the affected artery, the results of the contralateral hemisphere if available, and the results of the control group if available.

Data Analysis

The data of all included studies were presented systematically in tables and figures. To overcome the lack of a proper universally defined CVR definition, all CVR data were converted to the

same units if possible; for example, all CO₂ study results were converted to percent signal change per change of 10 mm Hg in end-tidal CO₂. In case mean values, SDs or p values were not shown in the article, statistical analysis was performed to obtain these values (MedCalc[®] version 13.3.1.0, MedCalc Software bvba, Ostend, Belgium). Student t tests were performed to compare ipsilateral vs. contralateral hemispheres, and ipsilateral vs. control hemispheres. Subgroup analyses were performed to evaluate CVR in the different subgroups (occlusion, stenosis, stroke, MMD or mixed disease). These latter analyses were performed using Review Manager (RevMan) software (computer program), version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane

Collaboration, 2014). Mean differences (MD) with 95% CI were calculated using the inverse variance method with a random effects model. Statistical heterogeneity was examined using the Tau² test, the chi-square test, the degrees of freedom, the I² statistic and the overall effect Z test.

Results

Search

The flowchart of the study selection process is illustrated in figure 1. The search in PubMed/MEDLINE identified 5,989 articles, and the search in Embase identified 10,890 articles. After screening, removing duplicate articles and assessing full-text articles, we found a total of 31 articles eligible for inclusion [5–7, 16, 17, 21–46]. Articles about moyamoya patients were included only if lateralizing disease was present in them. Lateralizing disease was defined as symptoms being more related to one hemisphere than to the other one.

Quality Assessment

A total of 4 studies were assessed as having a high quality. All other studies had an intermediate quality score (table 1). Most studies had an intermediate score due to a low score on the number of included patients. In only 6 (19.4%) studies, 25 or more patients were included. All studies had clearly described inclusion and exclusion criteria and had a clear research question.

Baseline Characteristics

The characteristics of all included studies are described in table 2. The publication date of the articles ranged from 1999 until 2015. All studies were published in English. Of the total 31 included studies, 27 (87.1%) were prospective and 4 (12.9%) were retrospective studies. The studies included a total of 600 patients (60% men). The study sample size ranged from 3 to 60 patients with a mean of 19 patients. Twenty-three (74.2%) studies used BOLD MRI to evaluate the CVR, 4 (12.9%) studies used ASL MRI, and 4 (12.9%) studies used both BOLD and ASL MRI. A 3 tesla scanner was used in 22 (71.0%) studies, a 1.5 tesla MRI system in 8 (25.8%) studies, and in one study, the MRI field strength was not reported. Two studies were performed in patients with occlusion of one or more of the brain feeding arteries, 9 studies were performed in patients with stenosis of the brain feeding arteries, 8 studies were performed in stroke patients, 2 studies were performed in patients with MMD, and 10 studies included patients of several of the above-mentioned categories

(mixed disease). In case of stenosis of the brain feeding arteries, the percentage of stenosis was provided when given in the article (table 2).

Data Extraction

Different challenges were used to provoke a vascular response and as such to obtain a reactivity measurement; in 15 studies, a breathing challenge was performed; in 10 studies, a functional task was executed; in 3 studies, ACZ was administered; and in 3 studies, an external stimulation was applied (table 2). Studies were performed at different time windows, and this is especially of importance in studies investigating stroke patients. In these particular studies, 3 studies investigated CVR in the acute phase, 1 study investigated the CVR in the subacute phase, 5 studies investigated the CVR in the chronic phase and 2 studies performed CVR measurements at different time intervals. A few studies presented more than just one study result. From these studies, we only demonstrated the measurements that were deemed most relevant for our study purpose. In the study of Pineiro et al. [34], the results of the right-hand movements were used because more data of these were presented than for the left-hand movements. In the study of Heyn et al. [29], the results of patients with pial collaterals were used. In the study of Donahue et al. [26], the results of the hemispheres (n = 7) with the highest disease categorization, as quantified from the modified Suzuki score, were used [47].

BOLD and ASL Study Results

Example ASL and BOLD images are shown in figures 2 and 3. Figure 2 shows the images of a patient with an occlusion of both internal carotid arteries who presented with asymmetric disease on the ASL CBF, ASL CVR and BOLD CVR images. Figure 3a shows mean BOLD CVR images of 50 patients with MMD. Figure 3b shows BOLD CVR images of a patient pre- and post-surgery.

The reactivity results of the studies that measured percentage ASL or BOLD signal change are shown for each subgroup of patients in table 3, and are presented in figures 4 and 5. The reactivity results of 6 studies, which evaluated the results using an asymmetry index, the number of activated voxels or calculated z-statistics, are shown in table 4.

Figure 4 shows the BOLD CVR results in a bar plot of the 21 studies, which presented a percentage signal change. The values shown in this bar plot are presented in table 3. Thirteen studies found a lower CVR in the ipsilateral compared to the contralateral hemisphere [5, 25, 26, 28, 29, 31, 33, 35, 38–40, 43, 46]. Three of these 13

Table 2. Baseline characteristics

First author	Year of publication	Study design	Country	ASL/ BOLD	Scanner	Occlusion/ stenosis, %/stroke/ moyamoya	Affected artery	Reactivity test	Number of patients (M/F)	Patients age, mean (SD)	Number of controls (M/F)	Age controls, mean (SD)
Altamura [21]	2009	Prospective	Italy	BOLD	x	Stroke	MCA	Auditory stimulus	6 (4/2)	60.0 (12.0)	†	†
An [36]	2015	Prospective	China	BOLD	3T	Stroke and stenosis	ICA	Functional task	18 (13/5)	60.17 (5.67)	13 (5/8)	57.92 (4.9)
Amemiya [22]	2012	Prospective	Japan	ASL and BOLD	3T	Stenosis, occlusion or moyamoya	MCA or ICA	Functional task	28 (16/12)	56 (18)	7 (4/3)	32 (12)
Blicher [37]	2012	Prospective	Denmark	BOLD	3T	Stroke	MCA or PCA or ACA	Functional task	11 (9/2)	61 (13)	11 (6/5)	61 (8)
Bokkers [23]	2010	Prospective	The Netherlands	ASL	3T	Stenosis (≥50%)	ICA	ACZ	23 (13/10)	69.3 (8.0)	20 (12/8)	66.8 (6.3)
Bokkers [24]	2011	Prospective	The Netherlands	ASL	3T	Occlusion	ICA	ACZ	16 (12/4)	56.3 (13.8)	16 (5/11)	56.5 (5.7)
Bonakdarpour [38]	2007	Prospective	USA	BOLD	3T	Stroke	MCA	Visual stimulus (words and pseudowords were displayed)	5 (4/1)	53.6 (11.6)*	4 (-/4)	x (x) (range 18–21)
Bouvier [39]	2015	Prospective	France	BOLD	3T	Stenosis >70%	ICA or MCA	CO ₂	12 (10/2)	64.6 (14.9)	†	†
Carusone [25]	2002	Prospective	USA	BOLD	1.5T	Stenosis (>60%)	MCA or ICA	Functional task	3 (2/1)	63 (x)	5 (3/2)	25.5 (x)
Donahue [7]	2014	Prospective	USA	BOLD and ASL	3T	Stenosis ≥50% moyamoya	Intracranial	CO ₂	60 (22/38) 31 stenosis 29 MMD	51.7 (15.7)	†	†
Donahue [26]	2013	Retrospective	USA	BOLD	3T	Moyamoya	Multivessel disease	CO ₂	12 (2/10)	45.7 (11.6)*	†	†
Faraco [41]	2014	Prospective	USA	BOLD	3T	Stenosis/moyamoya/ arteriovenous malformation/ craniometa-physal dysplasia	ICA or multivessel	CO ₂	23 (9/14)	50 (18)	†	†
Geranmayeh [42]	2015	Prospective	United Kingdom	BOLD	3T	Stroke; variable grade of stenosis/occlusion	MCA or ICA	Breath-hold	46 (30/16)	61.2 (13.5)	26	56.5 (range 37–78)
Goode [27]	2009	Prospective	United Kingdom	BOLD	1.5T	Stenosis (>70%)	MCA	CO ₂	17 (16/1)†	68.2 (x)	†	†
Haller [28]	2008	Prospective	Switzerland	BOLD	1.5T	Stenosis (>70%)	ICA	CO ₂	24 (17/7)	73.1 (9.4)	†	†
Heyn [29]	2010	Retrospective	Canada	BOLD	3T	Moyamoya	Multivessel disease	CO ₂	11 (4/7)	34.1 (12.6)*	†	†
Jensen [30]	2008	Prospective	Germany	BOLD	1.5T	Stenosis (≥70%)	ICA	Functional task (hand-tapping task)	20 (17/3)	66.6 (8.2)	16 (8/8)	25.38 (1.5)
Lythgoe [31]	1999	Prospective	United Kingdom	BOLD	1.5T	Stenosis (>70%) or occlusion	ICA	CO ₂	16 (13/3)	67.3 (8.4)	†	†
MacIntosh [43]	2008	Prospective	United Kingdom	BOLD	3T	Stroke	Not shown	Functional task	6 (5/1)	36.3 (13.2)*	†	†

Table 2. (continued)

First author	Year of publication	Study design	Country	ASL/ BOLD	Scanner	Occlusion/ stenosis, %/stroke/ moyamoya	Affected artery	Reactivity test	Number of patients (M/F)	Patients age, mean (SD)	Number of controls (M/F)	Age controls, mean (SD)
Mandell [32]	2008	Prospective	Canada	ASL and 3T BOLD	3T	Stenosis, occlusion or moyamoya	MCA or ICA or CO ₂ multivessel disease		25 (10/15)	44 (18.1)* †	†	†
Manganotti [44]	2012	Prospective	Italy	BOLD	3T	Acute stroke	x	Contralateral median-nerve stimulation	14 (8/6)	61.9 (13.1)	8 (5/3)	32.3 (3.2)
Mazzetto-Betti [33]	2010	Prospective	Brazil	BOLD	1.5T	Stroke	MCA	Functional task (opening and closing hand)	15 (8/7) [§]	56.8 (9.8)* †	†	†
Murata [45]	2006	Prospective	Japan	BOLD	1.5T	Stroke, occlusion	ICA or MCA	Functional task (hand-grasping task)	10 (7/3)	58.2 (9.6)	10 (8/2)	52.5 (9.9)
Pineiro [34]	2002	Prospective	United Kingdom	BOLD	3T	Lacunar stroke	x	Functional task	12 (9/3)	64.4 (10.3)	20 (x)	x
Sam [46]	2015	Retrospective	Canada	BOLD	3T	Steno-occlusive disease (>70%) or moyamoya disease	ICA or MCA	CO ₂	20 (9/11) 7 steno- occlusive 13 MMD	x Range 18–78 Range 18–52	27 (16/11)	x (range 19–71)
Sam [5]	2014	Retrospective	Canada	BOLD	3T	Stenosis (>70%)	ICA	CO ₂	48 (31/17)	62.1 (16.2)* †	41 (22/19)	x
Schaaf [35]	2010	Prospective	Germany	BOLD	3T	Stenosis	ICA	Functional task	19 (16/3)	69 (8.1)	†	†
Shiino [16]	2003	Prospective	Japan	BOLD	1.5T	Stenosis, occlusion or moyamoya	ICA or PCA or multivessel disease	CO ₂	10 (7/3)	55.8 (9.3)	17 (x)	31.1 (7.4)
Uchihashi [17]	2011	Prospective	Japan	ASL	3T	Stenosis	ICA	ACZ	20 (16/4) [^]	70.0 (8.1)	†	†
De Vis [40]	2015	Prospective	The Netherlands	ASL and 3T BOLD	3T	Occlusion	MCA	CO ₂	11 (10/1)	66 (7)	14 (12/2)	66 (4)
Zhao [6]	2009	Prospective	USA	ASL	3T	Stroke	MCA infarcts (chronic phase)	Hypercapnia (rebreathing) Hypocapnia (hyperventilation)	39 (19/20)	64.5 (8.8)	48 (21/27)	67.8 (7.0)

M = Male; F = female; x = not reported; ICA = internal carotid artery; MCA = middle cerebral artery; PCA = posterior cerebral artery.

† No controls included in this study.

* Results are shown for 16 patients.

§ Mean ± SD or p value has been calculated by the author.

|| Results are shown for 13 patients.

^ Results are shown for 6 patients.

^ Results are shown for 15 patients.

Fig. 2. ASL and BOLD MRI images. ASL CBF image (a), ASL CVR image (b), and BOLD CVR image (c) of a 70-year-old male patient with occlusion of both internal carotid arteries. Asymmetric disease with lower ASL CBF, ASL CVR and BOLD CVR in the right

hemisphere compared to the left. Right hemisphere: ASL CBF: 41 ml/100 g/min, ASL CVR: 67 ml/100 g/min, BOLD CVR: 3.0% signal change. Left hemisphere: ASL CBF: 24 ml/100 g/min, ASL CVR: 81 ml/100 g/min, BOLD CVR: 2.2% signal change.

Fig. 3. BOLD MRI images of moyamoya patients. a Mean BOLD CVR maps of 50 patients with MMD. b Patient with bilateral MMD. Upper row, BOLD CVR images pre-surgery. Middle row, BOLD CVR images made 6 months after encephaloduroarterio-

synangiosis procedure. Lower row, BOLD CVR images made 12 months after surgery. An increase in BOLD CVR from pre-surgery to 6 and 12 months post-surgery can be appreciated.

studies found significant differences [5, 28, 33]. Two studies showed similar results in the ipsilateral and contralateral hemispheres [27, 42]. Three studies showed a higher CVR in the ipsilateral compared to the contralateral hemispheres; none of these 3 studies found a significant result [21, 32, 34]. The residual 3 studies did not show the results of either the ipsilateral or the contralateral hemisphere. In 10 of the BOLD CVR studies, a healthy control group was included [5, 16, 22, 25, 34, 37, 38, 40, 42, 46]. Nine of these 10 studies showed a lower CVR in

the ipsilateral hemispheres of the patients compared to the CVR measured in the healthy controls, and 5 of these 9 studies found significant differences [5, 22, 34, 40, 42]. Noteworthy to the reader is that the low %BOLD CVR in Donahue et al. [26] and Geranmayeh et al. [42] is caused by the normalization of the %BOLD CVR changes by the end-tidal CO₂.

Figure 5 shows the results of the 7 studies in which ASL MRI was used and the percentage signal change is presented in this figure. Six studies found a lower CVR in the

Table 3. Study results of percentage signal change

Study	$n_{\text{pat}}/n_{\text{cont}}$	BOLD/ASL	Reactivity test	Region	Ipsilateral, %, mean $\pm$ SD	Contralateral, %, mean $\pm$ SD	Controls, %, mean $\pm$ SD	p value
<i>Occlusion</i>								
Bokkers et al. [24], 2011	16/16	ASL	ACZ	ICA	13.5 $\pm$ 20.4	26.2 $\pm$ 16.0	54.2 $\pm$ 13.1	Ipsilateral vs. contralateral: $p < 0.0594^*$ Ipsilateral vs. controls: $p < 0.0001^*$
De Vis et al. [40], 2015	11/14	ASL and BOLD	CO ₂	ICA	ASL: 44 $\pm$ 20 BOLD: 1.3 $\pm$ 0.8	ASL: 47 $\pm$ 20 BOLD: 1.6 $\pm$ 0.5	ASL: 53 $\pm$ 10 BOLD: 2.2 $\pm$ 0.4	BOLD ipsilateral vs. contralateral: $p = 0.3041^*$ BOLD ipsilateral vs. controls: $p = 0.0012^*$ ASL ipsilateral vs. contralateral: $p = 0.7287^*$ ASL ipsilateral vs. controls: $p = 0.1547^*$
<i>Stenosis</i>								
Bouvier et al. [39], 2015	12/-	BOLD	CO ₂	ICA or MCA	1.8 $\pm$ 0.7	2.1 $\pm$ 0.8	†	$p < 0.01$
Bokkers et al. [23], 2010	23/20	ASL	ACZ	ICA	35.9 $\pm$ 3.0	44.6 $\pm$ 3.5	47.9 $\pm$ 3.1	Ipsilateral vs. contralateral: $p < 0.0001^*$ Ipsilateral vs. controls: $p < 0.0001^*$
Carusone et al. [25], 2002	3/5	BOLD	Functional task	Motor cortex	Block experiment: 1.27 $\pm$ 0.31*	Block experiment: 2.23 $\pm$ 1.10*	Block experiment: 2.26 $\pm$ x*	Block experiment: ipsilateral vs. contralateral: $p = 0.2194$ Ipsilateral vs. controls: $p^\dagger$
Goode et al. [27], 2009	16/-	BOLD	CO ₂	GM MCA	2.75 $\pm$ 0.41	2.75 $\pm$ 0.49	†	$p = 1.0000^*$
Haller et al. [28], 2008	24/-	BOLD	CO ₂	ACA, MCA and PCA (ROI analysis)	1.92 $\pm$ 1.18	2.28 $\pm$ 1.15	†	$p < 0.05$
Sam et al. [5], 2014	48/41	BOLD	CO ₂	ACA, MCA, PCA and cerebellum	0.27 $\pm$ 0.83/10 mm Hg	1.09 $\pm$ 0.66/10 mm Hg	1.95 $\pm$ 0.54/10 mm Hg	Ipsilateral vs. contralateral: $p < 0.0001$ Ipsilateral vs. controls: $p < 0.0001$
Schaaaf et al. [35], 2010	19/-	BOLD	Functional task	Motor cortex	0.89 $\pm$ 0.42	1.01 $\pm$ 0.44	†	$p = 0.3955^*$
Uchihashi et al. [17], 2011	15/-	ASL	ACZ	Frontal and temporal lobes	32.0 $\pm$ 31.2	38.4 $\pm$ 28.2	†	$p = 0.4080^*$
<i>Stroke</i>								
Altamura et al. [21], 2009	6/-	BOLD	Auditory stimulus	Auditory cortex	Acute phase: 0.60 $\pm$ 0.16 Subacute phase: 0.40 $\pm$ 0.16	Acute phase: 0.54 $\pm$ 0.30 Subacute phase: 0.44 $\pm$ 0.09	†	Acute phase: $p = 0.6747^*$ Subacute phase: $p = 0.6052^*$
Blicher et al. [37], 2012	11/11	BOLD	Functional task	Motor cortex	0.1 $\pm$ 0.4	x	0.3 $\pm$ 0.1	$p = 0.20$

Table 3. (continued)

Study	n_{pat}/n_{cont}	BOLD/ASL	Reactivity test	Region	Ipsilateral, % mean $\pm$ SD	Contralateral, % mean $\pm$ SD	Controls, % mean $\pm$ SD	p value
Bonakdarpour et al. [38], 2007	5/4	BOLD	Visual stimulus (words and pseudowords were displayed)	Broca	0.512 $\pm$ 0.42*	0.642 $\pm$ 0.21*	0.425 $\pm$ 0.20*	Ipsilateral vs. contralateral: p = 0.5531* Ipsilateral vs. controls: p = 0.7169*
Geranmayeh et al. [42], 2015	46/26	BOLD	Breath-hold	MCA or ICA territory	L-healthy: 0.29 $\pm$ 0.12 L-periinfarct: 0.21 $\pm$ 0.09 L-lesion: 0.19 $\pm$ 0.17	L-healthy: 0.30 $\pm$ 0.12 L-periinfarct: 0.23 $\pm$ 0.10 L-lesion: 0.19 $\pm$ 0.11	0.32 $\pm$ 0.09	Ipsilateral vs. contralateral: p = 1.00* Ipsilateral vs. controls: p = 0.0039*
MacIntosh et al. [43], 2008	6/-	BOLD	Functional task	Sensorimotor cortex	1.058 $\pm$ 0.38*	1.235 $\pm$ 0.42*	†	Ipsilateral vs. contralateral: p = 0.4617*
Mazzetto-Betti et al. [33], 2010	13/-	BOLD	Functional task (opening and closing hand)	Primary motor cortex (M1) and SMA	M1: 2.24 $\pm$ 0.81 SMA: 1.85 $\pm$ 0.86	M1: 3.08 $\pm$ 0.70 SMA: 2.71 $\pm$ 0.89	†	M1: p = 0.024 SMA: p = 0.042
Pineiro et al. [34], 2002	12/20	BOLD	Functional task	Sensorimotor cortex	1.22 $\pm$ 0.40	1.13 $\pm$ 0.37	Right-hand movements: 1.78 $\pm$ 0.47 Left-hand movements: 1.75 $\pm$ 0.44	Ipsilateral vs. contralateral: p = 0.5730* Ipsilateral vs. control group right-hand: p = 0.0017* Ipsilateral vs. control group left-hand: p = 0.0019*
Zhao et al. [6], 2009	39/48	ASL	Hypercapnia (rebreathing) Hypocapnia (hyperventilation)	MCA	5.8 $\pm$ 3.6	6.8 $\pm$ 3.5	7.5 $\pm$ 3.5	Ipsilateral vs. contralateral: p < 0.0009 Ipsilateral vs. control: 0.001 < p < 0.009
Moyamoya Donahue et al. [26], 2013	12/-	BOLD	CO ₂	MCA	0.21 $\pm$ 0.08* ^L	0.25 $\pm$ 0.09* ^L	†	p = 0.4609*
Heyn et al. [29], 2010	11/-	BOLD	CO ₂	ACA and MCA	M+ C+ P-: 0.68 $\pm$ 0.31 M+ C+ P+: 0.21 $\pm$ 0.13	M+ C-: 2.0 $\pm$ 0.17	†	M+ C+ (P+ and P-) vs. M+ C-: p < 0.05 M+ C+ P+ vs. M+ C-: p = 0.11
Mixed Amemiya et al. [22], 2012	28/7	ASL and BOLD	Functional task	Bilateral precentral gyri (M1, hand motor area) and cerebellum	ASL: 52.2 $\pm$ 29.7 BOLD: 1.07 $\pm$ 0.46	x	ASL: 65.4 $\pm$ 17.7 BOLD: 1.54 $\pm$ 0.34	ASL: p < 0.0001 BOLD: p < 0.0001
Lythgoe et al. [31], 1999	16/-	BOLD	CO ₂	MCA territory	1.05 $\pm$ 2.78/mm Hg patients with infarcted tissue (n = 7): -2.33 $\pm$ 2.78	1.28 $\pm$ 3.08/mm Hg	†	p = 0.379 p = 0.024
Mandell et al. [32], 2008	25/-	ASL and BOLD	CO ₂	GM	ASL: 28.77 $\pm$ 27.16* [§] BOLD: 4.13 $\pm$ 8.08* [§]	ASL: 53.15 $\pm$ 16.23* [§] BOLD: 3.08 $\pm$ 0.80* [§]	†	ASL: p = 0.0188* BOLD: p = 0.6726*
Sam et al. [46], 2015	20/27	BOLD	CO ₂	MCA	0.10 $\pm$ 0.23	1.01 $\pm$ 0.25	2.29 $\pm$ 0.12	Ipsilateral vs. controls: p < 0.005 Contralateral vs. controls: p < 0.005

Table 3. (continued)

Study	$n_{\text{pat}}/$ n_{cont}	BOLD/ASL	Reactivity test	Region	Ipsilateral, %, mean $\pm$ SD	Contralateral, %, mean $\pm$ SD	Controls, %, mean $\pm$ SD	p value
Shiino et al. [16], 2003	10/17	BOLD	CO ₂	MCA	-0.02 $\pm$ 0.63 ^{*,†}	0.89 $\pm$ 0.29 ^{*,†}	1.08 $\pm$ 0.29 [*]	Ipsilateral vs. contralateral: p = 0.0117 [*] Ipsilateral vs. controls: p = 0.0039 [*]

SMA = Supplementary motor area; GM = gray matter; x = not reported; ACA = anterior cerebral artery; MCA = middle cerebral artery; PCA = posterior cerebral artery.

* Mean $\pm$ SD or p value (using a t test) has been calculated by the author.
[†] No controls included in this study.
[‡] Unable to calculate, not enough data reported.
^{||} Only results from the MCA are shown.
[⊥] Values are shown for patients with categorization of disease (n = 7).
[§] Values are shown for patients with one-sided disease (n = 11).
⁺ Values are shown for patients with one-sided disease (n = 6).
 In general, the reactivity results of the perfusion territories are values of both GM and white matter. If only a GM analysis was performed than this is specified in the column 'region'.

ipsilateral compared to the contralateral hemispheres, 2 of these studies found a significant difference [6, 17, 23, 24, 32, 40]. Five studies compared the ASL CVR results of patients to the ASL CVR results of a healthy control group and found a lower ASL CVR in the ipsilateral hemispheres of the patients compared to the ASL CVR measured within the healthy control group [6, 22–24, 40]. Three of these studies found significant differences. No study found an equal or higher ASL CVR ipsilaterally compared to contralaterally, or, equal or higher ASL CVR in the patients compared to the controls.

Subgroup Analyses

In the BOLD studies, subgroup analyses demonstrated a significantly lower BOLD CVR in the ipsilateral hemispheres of studies who included patients with stenosis (n = 5) or included a mixed group of patients (n = 4; fig. 6). Subgroup analyses in the stroke studies (n = 3) and in the MMD studies (n = 2) did not demonstrate significant differences.

Subgroup analyses were not performed for the included ASL studies because only 7 studies could be included; this in turn led to too low numbers in the subgroups. The I² value for heterogeneity was 97%, which shows a high heterogeneity. The results from heterogeneity tests for the different subgroups are shown in figure 6.

Safety Analyses

A solid safety analysis was performed in one of the included papers, and they reported claustrophobia in 1.6%. More importantly, within this study, no stroke-like symptoms outside the range of what should be expected were found [7]. One group reported anxiety evoked by hypercapnic breathing in 13% of their patients, and Bouvier et al. [39] reported discomfort due to the face mask in 9% of the patients [40].

Discussion

For the first time, this review groups the results of BOLD and ASL CVR measurements in cerebrovascular disease and thereby gives a comprehensive overview of the BOLD and ASL CVR data present in the literature. Overall, as expected, the results presented in this systematic review bring support for a reduced BOLD and ASL CVR in the ipsilateral hemisphere of patients with stenocclusive cerebrovascular disease. When combining the BOLD CVR results of all studies concerning patients

Fig. 4. Results of the BOLD CVR MRI studies. * Ipsilateral vs. contralateral results are significant (p value <0.05). ** Ipsilateral vs. controls results are significant (p value <0.05). *** Ipsilateral vs. contralateral results and ipsilateral vs. controls are significant (p

value <0.05). The low %BOLD CVR in Donahue et al. [26] and Geranmayeh et al. [42] are caused by normalization of the %BOLD CVR changes by the end-tidal CO₂.

Fig. 5. Results of the ASL CVR MRI studies. * Ipsilateral vs. contralateral results are significant (p value <0.05). ** Ipsilateral vs. controls results are significant (p value <0.05). *** Ipsilateral vs. contralateral results and ipsilateral vs. controls are significant (p value <0.05).

Table 4. Study results of Z-statistics, asymmetry index and voxels

Study	n _{pat} /n _{cont}	BOLD/ASL	Reactivity test	Region	Z-statistics/ asymmetry index/voxels	Ipsilateral, mean ± SD	Contralateral, mean ± SD	Controls, mean ± SD	p value
<i>Stenosis</i>									
Jensen et al. [30], 2008	20/16	BOLD	Motor task (hand-tapping task)	Motor cortex	Asymmetry index	Group 1 (n = 10): 1.08±0.87 Group 2 (n = 10): 0.30±0.54 Both groups: x**	x	Asymmetry index: 0.22±0.22	Asymmetry index: group 1 vs. control group: p = 0.0009* Group 2 vs. control group: p = 0.6002*
<i>Stroke</i>									
Manganotti et al. [44], 2012	14/8	BOLD	Contralesional median-nerve stimulation	Sensory motor area	Voxels	964±529*	1,363±489*	x	p = 0.0483*
<i>Mixed</i>									
An et al. [36], 2015	18/13	BOLD	Motor task	ICA and motor cortex	Voxels	Mild: 64.58±30.92 mm ³ Moderate: 37.48±32.14 mm ³ Severe: 22.99±19.97 mm ³ , *, ^	^	42.92±20.29 mm ³ , *, ^	Ipsilateral (severe) vs. controls: p = 0.0108*, ^
Faraco et al. [41], 2014	23/-	BOLD	CO ₂	ICA, MCA and VBA territories	Z-statistics	2.67	4.78	†	p ≤ 0.002
Donahue et al. [7], 2014	60/-	BOLD and ASL	CO ₂	GM and WM	Z-statistics	x	x	†	Ipsilateral vs. contralateral in stenosis patients: p < 0.0045
Murata et al. [45], 2006	10/10	BOLD	Motor task (hand-grasping task)	Sensorimotor cortex	Voxels	Moderate: 0.72±0.12% Severe: 0.19±0.06%	x	1.02±0.10%	Ipsilateral moderate vs. controls: p < 0.01 Ipsilateral severe vs controls: p < 0.01

x = Not reported; ACA = anterior cerebral artery; MCA = middle cerebral artery; VBA = vertebral and basilar arteries; GM = gray matter; WM = white matter.

* Mean ± SD or p value (using a t test) has been calculated by the author.

** Patients were assigned to group 1 (hemodynamically relevant stenosis) if the ipsilateral MCA showed signs of impaired circulation compared to the contralateral MCA (reduced peak systolic blood flow velocity, reduced rate of systolic velocity increase, decreased pulsatility) or if collateral circulation could be detected (retrograde flow in the ophthalmic artery or ipsilateral A1 segment of the anterior cerebral artery). Patients were assigned to group 2 if none of the above criteria were met.

† No controls included in this study.

^ The left (activated) side was used. The non-lesion and one patient with unknown severity were excluded.

Fig. 6. Subgroup analyses of the BOLD CVR MRI studies.

with stenosis, a significant lower BOLD CVR was found in the ipsilateral compared to the contralateral hemispheres (MD -0.35 ; 95% CI -0.69 to -0.02), similar to the instance when the data of a mixed group of patients were grouped (MD -0.74 ; 95% CI -1.02 to -0.46). From the figures presented in the manuscript, a large variability in CVR results can be appreciated. This variability is most likely caused by methodological as well as clinical diversity and precludes providing BOLD and ASL CVR reference values in presumably poorly perfused and healthy tissue.

BOLD and ASL CVR Results in Cerebrovascular Disease

A majority of the BOLD and ASL CVR studies found a significant lower CVR in the ipsilateral compared to the contralateral hemisphere. Still, 3 studies using BOLD MRI showed a higher, though not significant, BOLD CVR in the ipsilateral compared to the contralateral hemispheres [21, 32, 34]. One of them was the study of Mandell et al. [32] who found a BOLD CVR of $4.13 \pm 8.08\%$ in the ipsilateral and $3.08 \pm 0.80\%$ in the contralateral hemisphere. Though, when scrutinizing their data

we noticed an outlier within their results (case number 25; BOLD CVR ipsilateral: 2.82% and contralateral: 0.33%). This outlier skewed their BOLD results, and in fact, when the results of this case were not included in the analyses, the results were the opposite: the ipsilateral hemispheres than had a lower CVR compared to the contralateral hemispheres (ipsilateral: $1.27 \pm 1.28\%$; contralateral: $3.06 \pm 0.84\%$). This outlier may be caused by an error in their BOLD measurement as they did find lower ASL CVR in the ipsilateral compared to the contralateral hemisphere of this subject (ipsilateral: 0.30% and contralateral: 5.27%). Another study that found higher BOLD CVR in the ipsilateral hemisphere was the study of Piniro et al. [34] (ipsilateral: $1.22 \pm 0.40\%$; contralateral: $1.13 \pm 0.37\%$). In their discussion, the higher BOLD CVR response on the ipsilateral side was attributed to an increased ipsilateral blood flow and blood volume as a consequence of increased synaptic activity. However, it should be noticed that the difference in results between ipsilateral and contralateral hemispheres were only minor and insignificant. Also, they did find a lower BOLD CVR in the ipsilateral hemisphere of patients compared to the controls. The third and last study, which found a higher CVR ipsilaterally, was the study by Altamura et al. [21] who attributed this to the decreased fMRI signal detection in hemodynamic impaired patients resulting in more noise within the data. A reason as to why studies could find a higher CVR ipsilaterally could be cerebral metabolic rate of oxygen (CMRO₂) upregulation in the ipsilateral hemisphere [48]. CMRO₂ upregulation can be caused by a hypercarbic hyperoxia stimulus (carbogen) in which the tissue that is hypoxic at baseline metabolizes the additional oxygen provided and therefore artificially decreases the relative amount of dHb being present, thus creating a falsely increased CVR. In essence, this would mean that an increased CVR is a surrogate marker of impaired CMRO₂ [49, 50]. However, this could be confirmed only when BOLD CVR measurements are combined with CBF/CBV measurements. Another reason for a higher CVR in the ipsilateral hemisphere could be the baseline vasodilation status of poorly perfused tissue. This hypothesis finds support in the enhanced hypocapnia reactivity observed within stroke patients [6]. Therefore, additional hypocapnia challenges may help identify the level of vascular compliance in patients with reduced cerebral perfusion [51]. Something to take into account when interpreting the studies who found a higher CVR ipsilaterally is that 2 out of the 3 studies applied a functional task or an auditory stimulus [21, 34]. This makes the interpretation of the increased BOLD re-

sponses in light of cerebrovascular disease much more complex due to task-induced changes in neurovascular coupling, CMRO₂ and other confounding factors [52, 53].

The Effect of Time Window after Stroke Onset

As described previously, the studies performed in stroke patients were performed at different time intervals after stroke onset and thereby introduce clinical diversity in this systematic review. The evolution of the CVR after stroke has not been investigated thoroughly so far, though we did include one paper that measured the CVR both in the acute and subacute stroke phases. In this paper, a higher BOLD CVR in the ipsilateral hemispheres in the acute phase (ipsilateral: $0.60 \pm 0.16\%$; contralateral: $0.54 \pm 0.30\%$) compared to the subacute phase (ipsilateral: $0.40 \pm 0.16\%$; contralateral: $0.44 \pm 0.09\%$) was found [21]. This was thought to originate from an increase in the time to peak latency, that is, the time that it takes for the BOLD signal to reach its maximum signal change after the initiation of the stimulus, when patients advance from the acute to the subacute phase [21]. If this would in fact be the case, then these differences would be overcome by discarding the images acquired during the latency period.

Inter-Trial Variability

A second important finding of this review is that there is wide variability within the obtained BOLD and ASL CVR measurements. The BOLD CVR measurements ipsilaterally ranged from -0.02 to 4.13% , the contralateral results ranged from 0.19 to 3.08% , and the controls ranged from 0.3 to 2.29% . The ipsilateral results in ASL MRI ranged from 5.8 to 52.2% , the contralateral results ranged from 6.8 to 53.15% , and the controls ranged from 7.5 to 65.4% . This finding might correlate with the fact that there is no universally defined manner to measure the CVR in combination with a nonuniform way of presenting the results. Apart from this wide variability, one can also notice that there is a considerable overlap between the different groups presented in the different papers. For example, the patients in the study of Goode et al. [27] have BOLD values in a similar range in their ipsilateral hemisphere as the CVR values found in the contralateral hemispheres of the study of Mazzetto-Betti et al. [33] or Mandell et al. [32]. Despite this overlap, there seems to be a trend toward higher CVR values from the ipsilateral to the contralateral hemisphere and to the control hemispheres. The variability in BOLD and ASL values are multifactorial. The variability in measure-

ments can be explained both by clinical and methodological diversity.

Methodological diversity is introduced by differences in sequences and post-processing algorithms in between vendors and research groups, differences in the field strength of the magnet, and differences in vasodilatory stimuli as well as timing of imaging after administration of the vasodilatory stimulus. One of these differences in between sequences is the postlabel delay, which is used in ASL MRI and ranged from 1,000 to 2,500 ms in the included studies [22, 32]. When a shorter postlabel delay is used, the label may still be present in the vasculature at the time of imaging, causing an overestimation of the CBF and based on the results found in the presented studies, as well from the CVR [32, 54]. This is specifically important within the investigated population as subjects with cerebrovascular disease are known to have longer arterial transit times compared to healthy controls and are thus more prone to an overestimation when too short of a postlabel delay is used [55]. Ideally the postlabel delay would have been adjusted on an individual basis by determining the subject's transit time using for instance a look-locker readout [56]. This would have made the comparison between patients and healthy controls more accurate, although it would demand more imaging time, which is not always possible. A second major contributor to methodological diversity is the impact of MRI field strength on signal-to-noise ratio (SNR). Both BOLD and ASL MRI benefit from higher SNR and therefore study results could significantly differ depending on field strength. From the studies included in this systematic review, 8 studies were performed on 1.5T and 22 studies on 3T and no big differences were found in their study results. Another difference that can cause wide variability in the measurements is the vasodilatory challenge itself. Different functional tasks, different doses of ACZ, different timing of imaging after ACZ administration, differences in hypercapnia level and different breath-hold techniques were used causing different CVR responses [57]. Specifically from breath-holding it is known to cause varying outcome among individuals due to subject-physiology and the fact that not all patients can hold their breath as long [58]. Also, even when a similar CO₂ or carbogen level is administered to the patient, interindividual differences will arise based on differences in respiratory rate and ventilation volume. Ideally, the hypercapnia challenge would be based on EtCO₂ measurements to guarantee a similar challenge in all subjects. Another factor that has to be taken into account is that a hypercapnic challenge not only affects flow

amount but also decreases arterial transit time by increasing flow velocity [59, 60]. In case of decreased or stagnant flow at baseline, which is common in patients with cerebrovascular disease, changes in arterial transit time can confound CVR measurements. This could be problematic as CVR is most likely to be overestimated and thus will induce systematic errors. Another remark is that blood T₁ is affected by carbogen and this could impact CBF quantification in ASL-based CVR studies [61]. The BOLD signal is a complex outcome of flow and metabolism, which may both change during a hypercapnic stimulus, and thereby make BOLD CVR less interpretable in the sense of pathophysiology [60, 62, 63]. Additionally, functional tasks are known to alter neurovascular coupling with an unequal increase in both CBF as in CMRO₂ which results in the outcome that a functional task cannot be considered a true CVR measurement [64–66]. Nevertheless, we did decide to include these studies as they are commonly used due to their ease of implementation as compared to other vasodilatory stimuli. However, we do want to point out that out of the 7 studies with significant differences in BOLD CVR between the ipsilateral and contralateral hemisphere, 3 studies applied a functional task [22, 33, 34]. In addition to these studies not necessarily reflecting 'pure' CVR, their study results could also have been affected by poor task performance of the subjects.

Clinical diversity is introduced by differences in timing of imaging after onset of the disease, differences in stenosis grade as shown in table 2, heterogeneous physiologic baseline conditions such as baseline brain metabolism and quantities such as hematocrit, which is known to influence the T₁ of blood [67, 68]. Thus far, all of these technique-related differences refrain us from obtaining BOLD and ASL CVR reference values for normal and abnormal perfused brain tissue.

Clinical Applicability and Safety Aspects

The advantage of BOLD and ASL CVR MRI measurements, as compared to the earlier performed PET and SPECT CVR measurements, is their noninvasiveness characteristic. To be clinically applicable, the techniques should also be clinically feasible, patient friendly and safe. So far, this latter issue has not been investigated thoroughly, as most of the studies covered within this review did not provide information of adverse events or side effects. Based on the studies that provide this information, we can deduce that in general, the CVR measurements seem to be safe and reasonably tolerable making it appropriate to be used in clinical practice. This was confirmed

in a large cohort study which applied a prospectively targeted hypercapnia stimulus in 434 patients and found this to be safe [69].

Strengths and Limitations

The strength of this systematic review is that it systematically presents the results of BOLD and ASL CVR studies performed so far in patients with cerebrovascular disease. This allows interested clinicians or researchers working within this field to get a comprehensive overview of the available data. A previously published review did look into the BOLD and ASL CVR MRI studies performed in carotid steno-occlusive disease, but they did not provide a systematic overview of the resulting BOLD and ASL CVR results [70]. Also, in our review, data are presented for different subgroups of cerebrovascular disease: stroke, stenosis, occlusion and MMD respectively. Likewise, clinical diversity is present in this review as studies included different groups of patients (occlusion, stenosis, stroke and moyamoya). In figure 6, a subgroup analysis has been performed to see if a subgroup showed contrary results compared to other groups, which was not the case. However, this could have been expected in advance due to large heterogeneity based on the clinical and methodological diversity mentioned earlier.

Unfortunately, most of the studies included in this paper scored intermediate on the quality assessment, mainly due to their sample size. A potential limitation of this review is that we limited our search to quantitative studies, thereby restricting the amount of included papers. The reason as to why we choose to only include quantitative studies is that these study results have the potential to be compared. Also, a previous study demonstrated that a quantitative decrease in CVR is a better predictor of recurrent stroke than a qualitative decrease [3]. This was confirmed by Yokota et al. [71] who showed that a qualitative change was not a significant independent predictor in stroke patients with occlusive large-artery disease. However, the inclusion of only quantitative studies could have led to publication bias in our results. A thorough investigation of publication bias could not be performed in this review, as this would require similar functional tasks in all included studies. It is known that the effect of ACZ, CO₂ and functional tasks on the obtained CVR differs.

Another limitation of this review is that the patient characteristics of the presented studies are not fully comparable. As described in the section ‘inter-trial variability’, disadvantages of the current literature on BOLD and ASL CVR data are the unstandardized vasodilatory methods, different BOLD and ASL MRI sequences and differ-

ent post-processing techniques. This is reflected in the high heterogeneity, which was found in the studies included in the subgroup analyses.

Future Directions

Although BOLD and ASL CVR measurements hold great promise, the absence of reference values is the largest obstacle that needs to be overcome before applying these noninvasive, and thus high-potential, techniques in daily clinical care. In this context, it is worth mentioning the effort performed by Sobczyk et al. [72] who generated a BOLD CVR reference atlas and even demonstrated this one to be useful to detect abnormal BOLD CVR values [73]. However, in order to make full use of such a reference atlas across centers, there is a need to identify a uniform stimulus and standardize the quantification procedure. Also, in order to adopt CVR measurements in clinical practice, future studies should consistently report adverse events and safety. Once standardized protocols, for both sequences and vasodilatory challenges, are achieved, new studies should be performed to obtain reference CVR values both in the healthy and the diseased. Prospective studies investigating the relation between CVR and stroke risk should be started. These studies could then be used to establish reference values that would enable us to identify the hemodynamically impaired patients. Because, even though recent trials were halted, as they did not find benefit of surgery over best medical care, it could be that surgery increases survival risk in those patients who are hemodynamically impaired the most [73–76]. Treatment decisions could thus be based on both CVR results and the clinical symptoms, and selected patients could be offered additional treatment [77].

Conclusion

This review gives, for the first time, an overview of all the quantitative study results of CVR measurements performed in patients with cerebrovascular disease or stroke. As expected, the results support a reduced CVR in the ipsilateral hemisphere of patients with steno-occlusive cerebrovascular disease or stroke. However, the main accomplishment of this review is that it maps the variability within the obtained results, which is caused by nonuniformity of the performed studies. Therefore, we suggest that future studies will be performed in a uniform way so that reference values for poorly perfused and healthy brain tissue are established and could be used to guide treatment decisions in patients with cerebrovascular disease.

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Authors Contribution

D.P.J.S., J.B.V. and J.H. conceived and designed the experiments. D.P.J.S. and J.B.V. performed the experiments. D.P.J.S. analyzed the data. All authors critically reviewed the article and contributed to obtain the data needed.

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