PD-1 and PD-L1 Immune Checkpoint Blockade to Treat Breast Cancer

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The PD-1-blocking antibodies pembrolizumab and nivolumab obtained Food and Drug Administration (FDA) approval for the treatment of advanced melanoma in 2014, and of non-small-cell lung cancer (NSCLC) in 2015 [3–7].

As breast cancer is also capable of stimulating immune responses, targeting the immune system is an encouraging strategy for its treatment. Triple-negative breast cancer (TNBC) in particular seems highly immunogenic because tumor-infiltrating lymphocytes (TILs), which have been demonstrated to positively correlate with response to cytotoxic therapy and prognosis, are predominantly present within hormone receptor (HR)-negative subtypes [8–11]. Encouraging results from phase I trials using checkpoint inhibitors directed against PD-1/PD-L1 have been reported, and phase II and III trials are currently ongoing. In this review, we aim to summarize recent data on PD-1/PD-L1 antibodies to treat breast cancer. While our focus lies on clinical experience and challenges, we also cover the underlying preclinical rationale of these highly promising agents.

Biology and Preclinical Rationale of Targeting PD-1 and PD-L1

Although the immune system protects its host against malignant tumor cells, it can also promote cancer development by selecting for tumor cell clones that escape immune surveillance [12, 13]. Interaction between cancer progression and immune response occurs in 3 phases. In the initial elimination phase, an acute inflammatory response activates immune effector cells (macrophages, dendritic cells, natural killer cells) that migrate into the tumor microenvironment. However, some tumor cell clones may still survive (immunosurveillance), shifting inflammation to a chronic equilibrium phase that may last for a period of many years. Finally, the tumor escapes from immune detection (escape phase), result-
selective for PD-1. KEYNOTE is a series of clinical trials to deter-
mine whether pembrolizumab is effective in the treatment of vari-
ous cancers. In the phase I trial KEYNOTE-12, Nanda et al. [30] recently found clinical activity and an acceptable safety profile of pembrolizumab given intravenously at 10 mg/kg every 2 weeks to women with PD-L1-positive TNBC. The expression rate for PD-L1 was 59% and 32 patients were enrolled. Only 5 patients (16%) had toxicities grade ≥ 3. Although most patients were heavily pre-
treated, the overall response rate was 19%, with durations of re-

duction between PD1 and PD-1/PD-L1 that occurs at multiple steps of

PD-1 is an immune checkpoint receptor that is expressed by ac-
tivated lymphocytes (T and B cells, natural killer cells, monocytes, dendritic cells, myeloid cells, thymocytes). Interaction with its li-
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tively expressed by T and B cells, dendritic cells, macrophages, mesenchymal stem cells, and mast cells [14]. It is also upregulated in multiple solid malignancies including breast cancer [15–18]. Figure 1 illustrates a condensed snapshot of the complex interaction between PD1 and PD-1/PD-L1 that occurs at multiple steps of an antitumor immune response and enables tumor cells to evade the immune defense [19].

Preclinical in vivo models have shown that blocking the PD-1/

PD-L1 axis promotes T cell-mediated antitumor immune activity and that PD-1-deficient mice develop various spontaneous auto-
immune diseases [20–22]. A number of antibodies directed against

PD-1 (nivolumab, pembrolizumab, pidilizumab, PDR001) or its ligand PD-L1 (atezolizumab, durvalumab, avelumab, BMS-936559) are currently under clinical investigation. Table 1 summa-
rizes ongoing clinical trials, identified at ClinicalTrials.gov.

There are several reasons why most current trial protocols focus on TNBC:

- PD-L1 expression is highest in TNBC (approximately 20–30% of all TNBCs express PD-L1) [15, 23].
- A significant infiltration of TILs that facilitate immune re-

Clinical Experiences in Targeting PD-1 and PD-L1 for Breast Cancer Treatment

The humanized monoclonal antibody pembrolizumab is highly selective for PD-1. KEYNOTE is a series of clinical trials to deter-
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Avelumab (MSB0010718C) is a human anti-PD-L1 antibody. In a phase 1 trial, presented by Dirix et al. [33], 168 patients with metastatic or advanced breast cancer of any subtype received 10 mg/kg avelumab every 2 weeks. Adverse events of any grade occurred in 71% of the patients, with fatigue (20%), nausea (14%), and infusion-related reactions (12%) being the most common. 14% of the patients experienced toxicities of grade 3 (fatigue, anemia, increased γ-glutamyl transferase (GGT)/autoimmune hepatitis, and

<table>
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TN = Triple negative, HER2 = human epidermal growth factor receptor 2, gBRCA = germline BRCA CTX = chemotherapy, nab-paclitaxel = nanoparticle albumin-bound paclitaxel, T-DM1 = trastuzumab-emtansin.
arthritis) and there were 2 treatment-related deaths (acute liver failure, respiratory distress). 9 patients responded to treatment (1 complete response and 8 partial responses). 5 of these 9 responses were ongoing at the time of data analysis. Responders were among all subtypes of breast cancer. There was a numerical higher response rate in PD-L1-expressing TNBC patients.

Managing Toxicity and Side-Effects of PD-1- and PD-L1-Directed Treatment

The spectrum of immune-related adverse events (irAEs) differs from the toxicity known from other anticancer drugs. Although the huge majority of events are mild (grade 1–2) and reversible, clinicians should be aware of the toxicity profile of PD-1 checkpoint inhibitors to avoid delay in diagnosis and treatment [34]. irAEs can affect any organ system, but typically include the skin, the gastrointestinal (GI) tract, and the hepatic, endocrine and respiratory systems [35]. Other rare events such as uveitis, pancreatitis, hematological events, neurologic adverse events, and nephritis have also been reported [36–40]. In general, irAEs are manageable by the use of immunosuppressive therapy (e.g. glucocorticoids) without impeding the antitumor response. Whether checkpoint blockade can trigger an underlying autoimmune disorder is unclear as these patients have been excluded from clinical trials.

The most common toxicities are skin-related events. Reticular, maculopapular, erythematous rash and/or pruritus is frequent and typically involves the trunk and extremities [35, 41]. Rash and other low-grade dermatologic events can be treated with topical glucocorticoids and oral antipruritics (mainly antihistamines). Oral mucositis and dry mouth are also common and can be treated using oral corticosteroid rinses and lidocaine [7, 35]. Other dermatologic events include urticaria, vitiligo, and palmpoplantar erythrodysesthesia [34]. Grade 3–4 events are rare; however, Stevens-Johnson syndrome and toxic epidermal necrolysis requiring hospitalization, discontinuation of checkpoint blockade, and intravenous corticosteroid treatment have been reported [35].

Diarrhea or colitis begins approximately after 6 weeks of checkpoint blockade and occurs in 10–20% of the patients, with a relatively low rate of grade 3–4 events (1–2%) [34]. Early symptoms can present as watery or bloody diarrhea, abdominal pain, fever, weight loss, and nausea or vomiting. *Clostridium difficile* and other infectious etiologies should be excluded and colonscopy may be helpful to confirm or rule out colitis. Intravenous corticosteroids, hydration, and electrolyte management are required in severe cases. In patients who are refractory to corticosteroids, treatment with infliximab can be considered [42, 43].

Increased liver function test values are seen in approximately 5% of the patients; they are generally asymptomatic and mainly of grade 1–2 [5, 44]. As the onset of elevated liver enzyme levels is highly variable, hepatic function should be monitored before each treatment cycle. Management includes an oral corticosteroid or oral mycophenolate mofetil if the liver function test values do not decrease [35].

Endocrinopathies that can affect the pituitary, adrenal, and thyroid glands often present with non-specific symptoms such as headache, fatigue, weight gain or loss, and nausea. Although hypophysitis has rarely been reported in patients treated with PD-1/ PD-L1-blocking agents and thyroiditis occurs in less than 10% of the patients, severe cases have been described [7, 44, 45]. Diagnosis is made by characteristic laboratory findings. In addition, radiographic changes such as an enlargement of the pituitary gland may occur [46, 47]. Thus, monitoring of the thyroid stimulation hormone (TSH) during checkpoint blockade is recommended [34]. Treatment consists of corticosteroids and, if necessary, hormonal supplementation. The very rare case of an adrenal crisis must be considered if dehydration, hypotension, and electrolyte imbalances occur [34].

For the respiratory system, the leading symptoms of non-infectious pneumonitis are dry and unproductive cough, dyspnea, and tachypnea. Diagnostic procedures include imaging (computed tomography (CT) scans), lung function tests, and a bronchoscopy in moderate to severe cases to exclude infectious etiologies (especially viral or atypical bacterial germs). Treatment consists of corticosteroids and, in severe or refractory cases, immunosuppressive agents such as mycophenolate mofetil, infliximab, or cyclophosphamide [34].

Future Challenges of PD-1- and PD-L1-Directed Treatment

The patterns of response to immune checkpoint blockade may differ from classical response criteria, such as the Response Evaluation Criteria in Solid Tumors (RECIST) [2]. The time to achieve clinical response to treatment may be prolonged and can manifest after an initial increase in tumor burden or the onset of new tumor lesions [48]. In contrast to chemotherapy, where stable disease is often regarded as transient, achievement of stable disease by the use of immunotherapeutic agents may be viewed as an indicator of a meaningful therapeutic effect [49]. Therefore, Wolchok et al. [49] and Nishino et al. [50] proposed guidelines for the evaluation of immune therapy activity in solid tumors. These immune-related response criteria continue to be refined, and further prospective evaluation is warranted.

In the era of precision oncology, predictive factors that forecast the efficacy of immune checkpoint therapy are essential to identify patients who are most likely to benefit from PD-1/PD-L1-directed therapy. Additionally, biomarkers that monitor tumor-specific immune responses as well as irAEs are warranted. A recent meta-analysis of patients with malignant melanoma or NSCLC demonstrated a significant association of PD-L1 expression and response to PD-1/PD-L1-directed treatment [51]. Nevertheless, PD-L1-negative patients may still respond to PD-1 blockade. Therefore, assessment of PD-L1 expression to identify patients for PD-1/PD-L1-directed therapy should be considered with caution and is not yet ready for clinical routine [2]. Biological and technical challenges have to be considered and standardization is required as different...
antibodies and cut-off values have been used for immunohistochemistry (IHC) staining in recent trials [14]. Furthermore, PD-L1 expression is a dynamic marker which can change in response to disease progression and treatment [52, 53]. Examples of other biomarkers that are currently under investigation are mutational load, neoantigens, the presence of TILs, inflammatory gene signatures, and blood-based immune biomarkers [16, 54–57]. Combination approaches, such as adding other immunotherapeutic, cytotoxic, or targeted agents to PD-1/PD-L1 antibodies may enhance checkpoint inhibition. However, it is still unclear if any specific combination is superior to single-agent treatment [2]. The optimal dose and schedule of immune checkpoint blockade need to be determined in future clinical trials.

Conclusions

Early clinical trials of using antibodies directed against PD-1 and PD-L1 to treat breast cancer patients demonstrated exciting clinical activity. However, given the complexity of breast cancer biology and immune responses to breast cancer, many questions remain to be answered. Examples are optimal dosing, scheduling, combination approaches, response criteria, and biomarkers for immunotherapy. Clinical experience with respect to the management of irAEs is warranted. As immunotherapies may establish durable long-term disease control, this approach holds great promise to significantly improve the outcome of breast cancer patients.

Disclosure Statement

All authors declare that they have no conflicts of interest.

References

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