Exit Site Infection in Peritoneal Dialysis; Need for Follow-Up on Cultures Despite Clinical Improvement

Abhilash Koratala    Volodymyr Chornyy    Amir Kazory
Division of Nephrology, Hypertension and Renal Transplantation, University of Florida, Gainesville, FL, USA

To the Editor,

Exit site infection is a well-known complication among patients receiving peritoneal dialysis (PD). Common responsible organisms include Staphylococcus aureus and S. epidermidis [1]. Therefore, current guidelines recommend initial empiric antibiotics that are aimed at these organisms. However, infections secondary to uncommon organisms such as atypical mycobacteria and non-diphtheria corynebacteria are being increasingly reported with the widespread use of antimicrobial prophylaxis of the exit site [2, 3].

We recently encountered a 59-year-old woman with a history of diabetes mellitus and end-stage renal disease treated with PD who presented with fever, chills, redness, and swelling at her PD catheter exit site for the previous 2 days. She had a failed renal transplant 4 months before and was receiving azathioprine 75 mg/day and prednisone 10 mg/day. Examination revealed erythema and edema at the exit site with serosanguinous discharge. PD fluid cell count was not suggestive of PD-associated peritonitis and gram stain from the exit site was negative. The PD catheter exit site infection was diagnosed, and intravenous antibiotic therapy with vancomycin and cefepime was started, which was followed by rapid clinical improvement. She was discharged home on oral amoxicillin–clavulanic acid. Interestingly, 10 days later, all cultures obtained from the exit site at different time points revealed acid-fast bacilli later identified as Mycobacterium fortuitum. The decision was made to use oral clarithromycin and ciprofloxacin for 2 months. Of note, the patient reported using well water for bathing which could be the potential source for atypical mycobacteria; the culture of the water was performed and was negative for mycobacteria. The patient has remained asymptomatic with normal exit site on examination.

M. fortuitum is the most commonly reported non-tuberculous mycobacterium associated with PD-associated peritonitis. However, exit site infection with this organism is very rare [4]. There are 2 key educational points in this case. First, immunosuppressive agents, even at very low dose, could still increase a patient’s susceptibility to uncommon and atypical infections. Second, clinical improvement after initial empiric antibiotic therapy in these patients could possibly be due to partial sensitivity of the organisms; it is hence of utmost importance to continue monitoring their culture results despite initial positive response to therapy. Raising awareness of the physicians providing care for these patients could prove helpful in lowering the risk of missed diagnosis and potentially adverse consequences due to lack of appropriate follow-up.

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Informed Consent
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References


