

## Original Paper

# Iodine Promotes Tumorigenesis of Thyroid Cancer by Suppressing Mir-422a and Up-Regulating MAPK1

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## Key Words

Mir-422a • MAPK1 • Iodine • Thyroid carcinoma • Tumor growth

## Abstract

**Background/Aims:** Iodine may trigger tumorigenesis and development of thyroid carcinoma, but the mechanisms involved remained elusive. MicroRNA (MiRNAs) are known to be involved in each stage of cancer development; however, the role of miRNAs in iodine-induced tumorigenesis of thyroid carcinoma remained unknown. In this study, we aimed at investigating miRNA related signaling pathway in thyroid cancer cells. **Methods:** Levels of miRNAs and mRNAs were determined using RT-qPCR and proteins were quantified by western blotting. Cell migration and proliferation were checked using Transwell assay and CCK8 assay respectively. Tumor xenografts in nude mice were established by subcutaneous injection of cancer cells. **Results:** Mitogen activated protein kinase 1 (MAPK1) was significantly up-regulated, while miR-422a was down-regulated in thyroid cancer cells cultured with high iodine; miR-422a directly bound to the 3'UTR of MAPK1 mRNA. Moreover, miR-422a negatively regulated MAPK1 expression, and down-regulated miR-422a promoted proliferation and migration of TPC-1 cells. *In vivo* studies also confirmed that iodine promoted tumor growth by suppressing miR-422a and up-regulating MAPK1. **Conclusions:** Our study illustrates a new pathway comprising iodine, miRNA and MAPK1, and defines a novel mechanism in thyroid cancer.

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## Introduction

The incidence of thyroid carcinoma (TC) is the highest among the endocrine malignancy [1]. In addition to follicular TC, the vast majority of TC originates from follicular epithelial cells [2]. The approaches for diagnosis and therapy have greatly improved, and a significant proportion of patients were well treated by surgical operation followed by adjuvant radioactive iodine, but a fraction of patients do not respond to the treatment. Previous

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studies have shown that many genetic and environmental factors induce tumorigenesis and progression, such as radiation exposure [3, 4], estrogen [5] and iodine level [6].

Iodine is raw material for the synthesis of thyroid hormone [7], and is associated with thyroid disease especially TC [8, 9]. Iodine maintains the stability of the thyroid cell internal environment, but it also induces tumorigenesis and progression. In this study, we investigated the internal changes at molecular level in TC cells with high iodine. Better understanding of the molecular mechanisms would contribute to improve diagnosis, therapy and prevention.

Mitogen-activated protein kinase (MAPK) is a kind of protein kinases that acts on serine, threonine, and tyrosine [10]. MAPKs belong to the CMGC (CDK/MAPK/GSK3/CLK) kinase group [11]. Cellular directing responses to a diverse array of stimuli, such as mitogens, osmotic stress, directing heat shock and proinflammatory cytokines is associated with MAPKs. Various of cell functions including proliferation [12], gene expression, cell differentiation, mitosis [13], cell survive, and apoptosis are regulated by MAPKs [14, 15].

MicroRNAs (miRNAs) are a series of short (18-24 nucleotides in length), endogenous, single-stranded, highly conserved noncoding RNAs which bind to the 3'-translated region (3'-UTR) of target mRNAs to regulate gene expression at the posttranscriptional level via mRNA cleavage or translation inhibition. Previous studies have showed that miRNAs involved in numerous biological processes, including the cell proliferation, cell cycle, apoptosis, migration, invasion, and differentiation [16-20]. MiRNAs have been reported to play a crucial role in development and progression of cancer, and act as critical regulators to in a variety of malignant tumors, such as breast cancer, gastric cancer, colorectal cancer, hepatocellular carcinoma, bladder cancer, renal cell carcinoma and non-small cell lung cancer.

Mir-422a has been identified as a regulator in colorectal cancer, head and neck squamous cell carcinoma, osteosarcoma [21], glioblastoma [22], and hepatocellular carcinoma [23]. However, the role of miR-422a in TC has not been investigated yet. In the present study, we found that miR-422a is suppressed, whereas MAPK1 expression is significantly up-regulated in TC with high iodine. MiR-422a can directly bind with the 3'UTR of the mRNA of MAPK1 that detected by luciferase assay. The inhibition of miR-422a in TC cells causes the overexpression of MAPK1, and promoted cell proliferation and migration. High consumption of iodine is also confirmed to promotes tumor growth by regulating miR-422a-MAPK1 pathway. Consequently, our data demonstrate the tumorigenesis of TC is closely related with the miR-422a-MAPK1 pathway, which might serve for clinical use in the future.

## Materials and Methods

### *Cell culture*

The human papillary thyroid carcinoma cell lines TPC-1, K1, and human thyroid cell line Nthy 3, were cultured in RPMI1640 (Gibco, USA) or DMEM (Gibco, USA) contained 10% fetal bovine serum and 1% streptomycin-penicillin, and maintained in a humidified incubator at 37°C with 5% CO<sub>2</sub>.

### *The miRNA target prediction and Luciferase reporter assay*

The prediction and analysis of miRNA target was adopted the algorithms from TargetScan (<http://www.targetscan.org/>), PicTar (<http://pictar.mdc-berlin.de/>) and miRanda (<http://www.microrna.org/>). Part of the wild type and mutated 3'UTR of MAPK1 which was cloned immediately downstream of the firefly luciferase reporter was inserted into the p-MIR-MAPK1. For the subsequent luciferase reporter assays, 2 mg of firefly luciferase reporter plasmid, 2 mg of  $\beta$ -galactosidase vector, and equal doses (200 pmol) of mimics, inhibitors, or scrambled negative control RNA were transfected into the prepared cells. And the transfection control adopted  $\beta$ -galactosidase vector. At 24 h after transfection, cells were validated using the Luciferase Assay Kit.

### *Cell transfection*

TPC-1 cells and K1 cells were seeded in six-well or other plates and transfection performed after 24 hours, respectively. For miRNA overexpression and downregulation, added equal amounts of (100 pmol)

scrambled negative control, miR-422a mimics and inhibitors with lipofectamine 2000 (Invitrogen, Life Technologies) and Opti-MEM Reduced Serum Medium (Gibco, Life Technologies) into each well according to the manufacturer's instructions.

Then after 24h, the transfected cells were harvested, for real-time quantitative PCR analysis and at 48h for western blotting.

## *RNA isolation and quantitative RT-PCR*

Total RNA was extracted from the cultured cells, using TRIzol Reagent (Invitrogen) according to the manufacturer's protocol. The quantity of miRNA was assayed via Taqman microRNA probes (Applied Biosystems, Foster City, CA). All of the reactions were run in triplicate, after the reactions were completed, the cycle threshold (CT) data were determined using fixed threshold settings, and the mean CT was calculated from triplicate PCRs. A comparative CT method was adopted to compare each condition to the control reactions. U6 snRNA was used as an internal control of miRNAs, and the mRNA levels of MAPK1 was normalized to the corresponding housekeeping gene GAPDH. The relative amount of gene normalized to control was calculated with the equation  $2^{-\Delta CT}$ , in which  $\Delta CT = CT_{\text{gene}} - CT_{\text{control}}$ . Primers of MAPK1, NIS and GAPDH were as follows:

- 5'- ACGCCAAACGCATCTACAG-3' (MAPK1 sense);
- 5'- AACGAAAGACCTAAGAGCAGC-3' (MAPK antisense);
- 5'-TCTCTCAGTCAACGCCTCT-3' (NIS sense);
- 5'-ATCCAGGATGGCCACTTCTT-3' (NIS antisense);
- 5'-AGAAGGCTGGGGCTCATTTG-3' (GAPDH sense);
- 5'-AGGGGCCATCCACAGTCTTC-3' (GAPDH antisense).

## *Western blotting*

The level of MAPK1 expression was measured by western blotting analysis and samples were normalized to GAPDH. Total protein was extracted from the cultured cells, and it was lysed in lysis buffer. The protein were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis and then transferred to polyvinylidene difluoride membranes (Roche). The membranes were blocked within 2% Bovine Serum Albumin (BSA) at room temperature for 1 h and incubated overnight at 4°C with primary anti-MAPK1 (1:200, Santa Cruz), and anti-GAPDH (1:5000, Santa Cruz), respectively. The membranes subsequently washed and incubated with corresponding secondary antibodies. After disposed with ECL, the protein bands were visualized with an enhanced chemiluminescence system kit.

## *Cell proliferation assay*

Cells including TPC-1 cells, K1 cells and Nthy-3 cells were collected at 12 h, 24 h, 36 h and 48 h which were cultured in different iodine level or transfected differently; 10  $\mu$ L of WST-8 was added into a corresponding test well and incubated for 4 h. Absorbance was measured at a wavelength of 450 nm.

## *Cell migration assay*

Transwell-chamber (Corning, New York, USA) migration assay was adopted to determine the migrative capacity of transfected cells and cells cultured with different iodine level. The Transwell-chamber test divided into two parts, one is for different post-transfection cells, the other is for the cells which were cultured with different concentration of KI. Cells were transferred into the upper chamber of the transwell which contains 200  $\mu$ L serum-free growth medium (105 cells per well of 8.0  $\mu$ m Pore Polycarbonate Membrane Insert)., Complete medium containing 10% FBS was added to the lower chamber as a chemo-attractant. After 24h of incubation at 37 °C, nonmigratory cells on the upper surface of upper chamber were slightly removed by cotton swabs, and cells migrated to the bottom of the membrane were fixed and stained. The number of invaded cells was counted under light microscope. To minimize the bias, five randomly selected fields with 200 $\times$  magnification were counted, then the average number was calculated.

## *Establishment of tumor xenografts in nude mice*

TPC-1 cells were injected subcutaneously into nude mice ( $1 \times 10^7$  cells per mouse). Twenty micrograms of cell-derived MVs were injected per mouse via intravenous tail injection every two days. Mice were sacrificed after 4 weeks, and the weights and diameters of tumors were recorded.

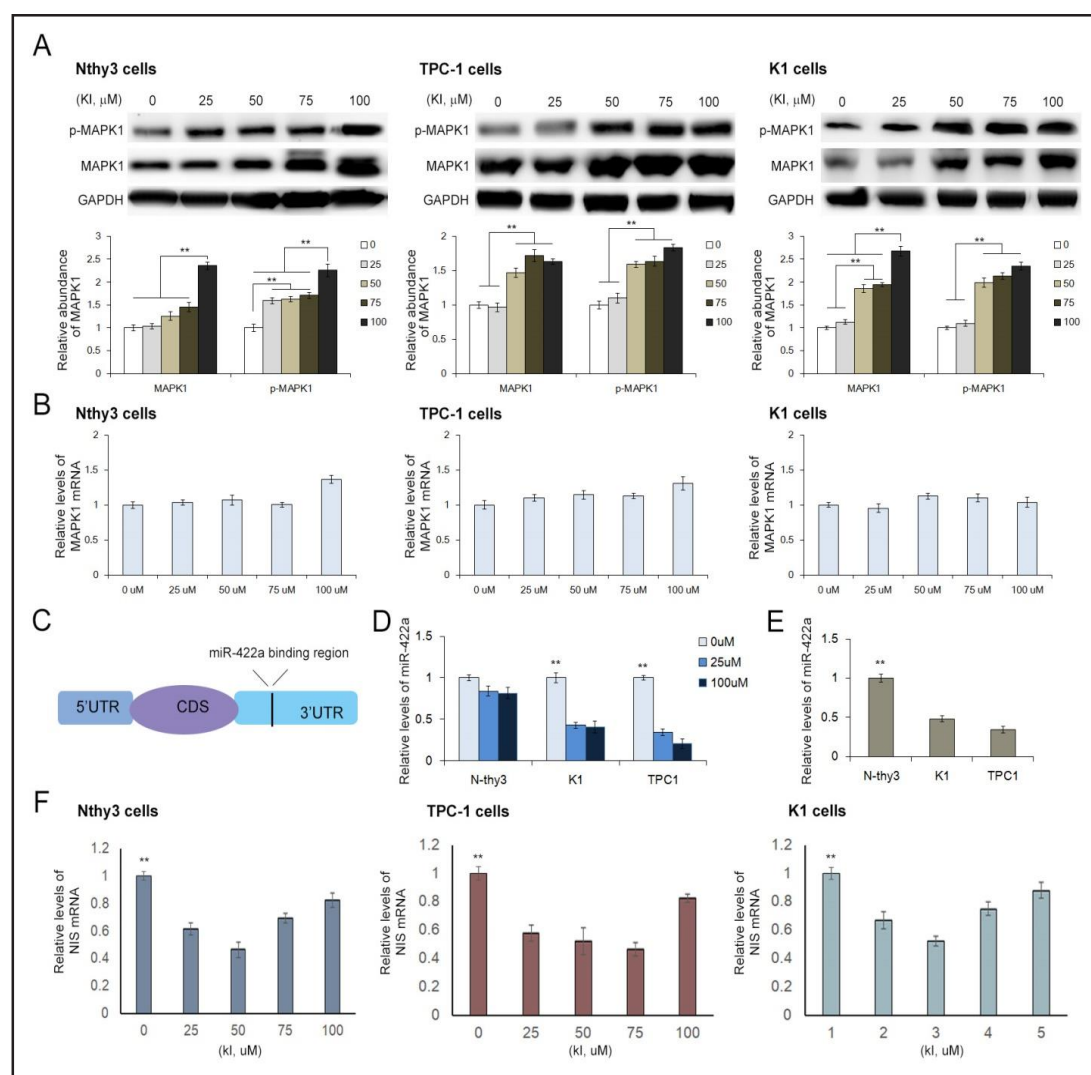
### Statistical analyses

All data are representative of five or six independent experiments. The data were expressed as the mean values  $\pm$  S.E. of at least five separate experiments. Statistical significance was considered as  $P < 0.05$  using Student's t-test. In this study, \*, \*\*, and \*\*\* indicate ' $P < 0.05$ ', ' $P < 0.01$ ', and ' $P < 0.001$ ', respectively.

## Results

### High iodine up-regulates MAPK1 expression in thyroid cancer cells

In order to detect the relationship between the quantity of MAPK1 cells and iodine in thyroid cancer, expression of MAPK1 was detected by western blotting and qRT-PCR analysis. We analyzed three cells lines, including TPC-1 cells, K1 cells and Nthy-3 cells, which were



**Fig. 1.** The expression patterns of MAPK1 and miR-422a in cells. **A.** Western blot analysis of MAPK1 expression in Nthy-3 cells, TPC-1 cells and K1 cells with different KI concentration ( $n=3$ ). **B.** Relative levels of MAPK1 mRNA levels in Nthy-3 cells, TPC-1 cells and K1 cells ( $n=3$ ). **C.** The predicted binding region of miR-422a in the mRNA of MAPK1. **D.** Relative levels of miR-422a in Nthy-3 cells, TPC-1 cells and K1 cells with different KI concentration ( $n=3$ ). **E.** Determination of miR-422a expression in three TC cell lines ( $n=3$ ). **F.** Relative levels of NIS mRNA in three cells lines treated with high iodine ( $n=3$ ). “\*\*\*” indicates  $p < 0.01$ .

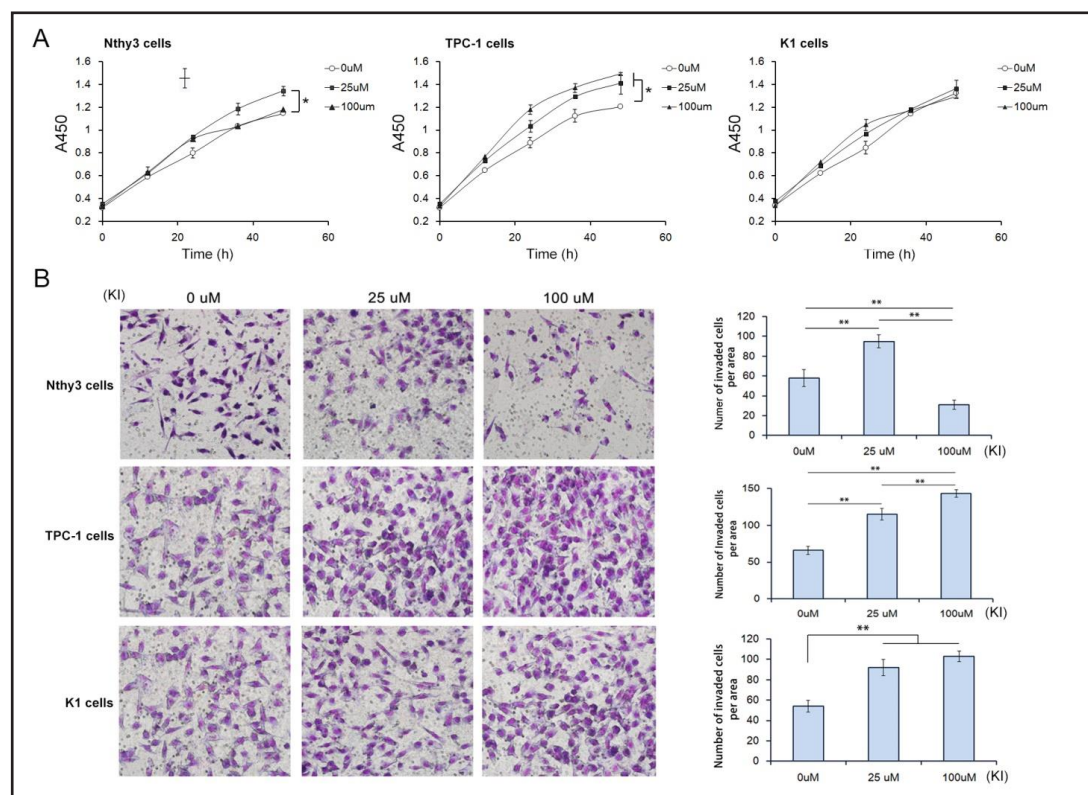




cancer cells. Then we performed luciferase assay to investigate the direct interaction between miR-422a and MAPK1. In order to verify this targeting relationship, we inserted the miR-422a binding sequence in the 3'-UTR of MAPK1 and the mutated 3'-UTR sequence into the downstream of the firefly luciferase reporter gene in p-MIR vector, and then it was co-transfected with miR-422a mimics, inhibitors (or miRNA NC) into TPC-1 cells. As shown in Fig. 2B, the relative luciferase activity of the reporter gene in TPC-1 cells which were co-transfected with p-MIR-MAPK and miR-422a mimics showed significantly decreased by nearly 50% compared with the control (co-transfected with p-MIR-MAPK1 and miRNA NC), while the relative luciferase activity of the reporter gene in TPC-1 cells that were co-transfected with mutated p-MIR-TGF $\beta$ R2 and miR-422a mimics or miRNA NC had no significant changes. While TPC-1 cells were transfected with miR-422a inhibitors revealed that the luciferase signal increased. Our results verified that miR-422a could suppress TGF $\beta$ R2 expression via binding to the 3'UTR of MAPK1 mRNA.

#### MiR-422a suppresses MAPK expression in TPC-1 cells

In order to demonstrate the function of miR-422a, we transfected miR-422a mimics or inhibitors into TPC-1 cell line. After incubated 24h, the cells were collected for detecting miR-422a levels by qRT-PCR analysis. Results showed that miR-422a mimics could significantly increase miR-422a level in TPC-1 cells, while miR-422a inhibitors decreased miR-422a level (Fig. 2C). To further investigate whether miR-422a regulated expression at post-transcriptional level in TC cells, we adopted qRT-PCR and Western blot to detect the mRNA and protein level of MAPK1 in TPC-1 cells that were transfected by miR-422a mimics or inhibitors. As shown in Fig. 2D and 2E, the overexpression or lower expression of miR-422a by transfection of mimics or inhibitors did not lead to different mRNA expression of



**Fig. 3.** Role of Iodine in thyroid cancer cells. A. CCK-8 kit for analyzing the proliferation of TPC-1 cells, K1 cells and Nthy-3 cells with different KI concentrates (n=3). B. Transwell-chamber migration assay for the exploring migration of TPC-1 cells line, K1 cells line and Nthy-3 cells line with different KI concentrates (n=3). "\*" indicates  $p < 0.05$ ; "\*\*\*" indicates  $p < 0.01$ .

MAPK1. But the up-regulated of miR-422a by transfected with miR-422a mimics induced a significant lower expression of MAPK1 protein. These data was a further evidence that miR-422a is an important post-transcriptional regulator of MAPK1 in TC cells.

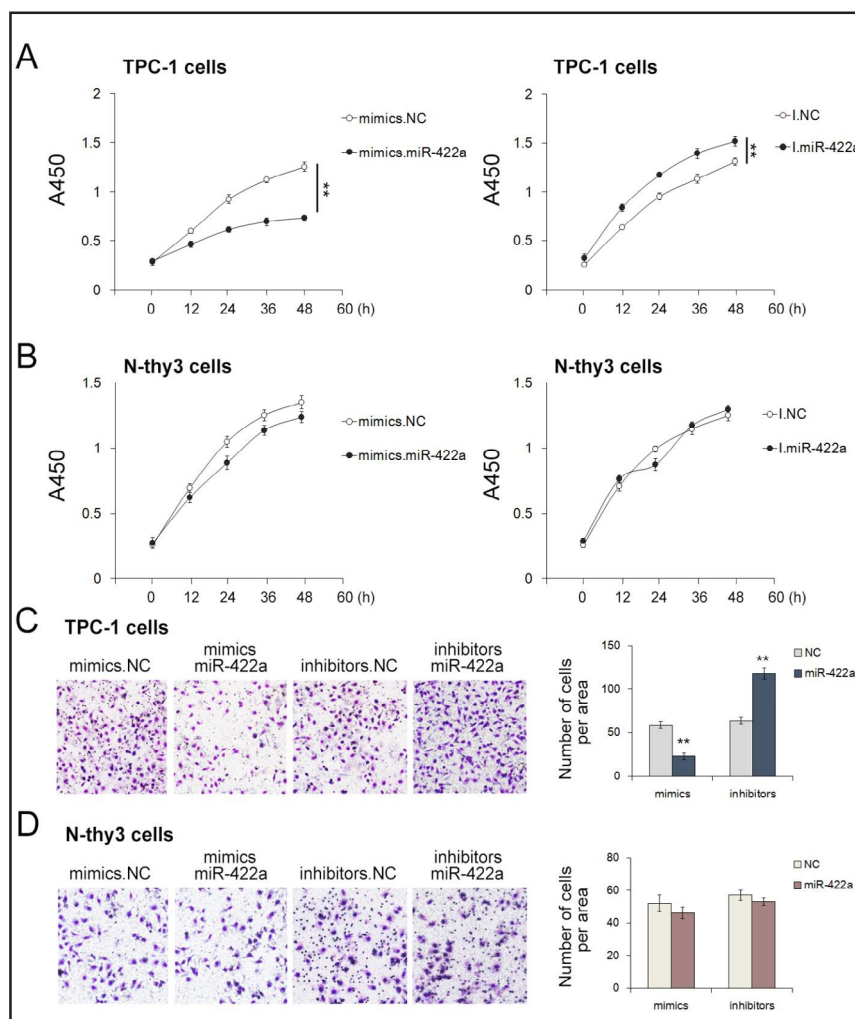
#### *Iodine regulates proliferation and migration of TPC-1 cells*

For investigating the effects of iodine levels on thyroid cancer cells, we performed CCK-8 kit for analyzing the proliferation and Transwell-chamber migration assay for the exploring migration of TPC-1 cells line, K1 cells line and Nthy-3 cells line with different KI concentrates (0  $\mu$ M, 25  $\mu$ M, 100 $\mu$ M). The result showed that TPC-1 cells were more sensitive to the improvement of KI's concentrate, and the capability of proliferation (Fig. 3A) and migration (Fig. 3B) was significantly promoted. And the proliferation and migration of TPC-1 cells with 100  $\mu$ M KI increased more obvious than other two cell lines with 25  $\mu$ M KI ( $p < 0.01$ ). However, the proliferation and migration of K1 cells and Nthy-3 cells were almost not changed, except Nthy-3 cell line's proliferation with 100  $\mu$ M KI had a slightly increase and its migration with 100 $\mu$ M KI was repressed.

#### *MiR-422a regulates cell proliferation and migration in TPC-1 cells*

MiR-422a serves as a regulator promotes the proliferation and migration of TPC-1 cells. *In vitro*, we adopted CCK-8 kit to analyses the effect of miR-422a on the proliferation of TPC-1 cells. The results revealed that the proliferation rate in TPC-1 cells transfected with miR-422a mimics was significantly decreased compared with the control group (Fig. 4A). On

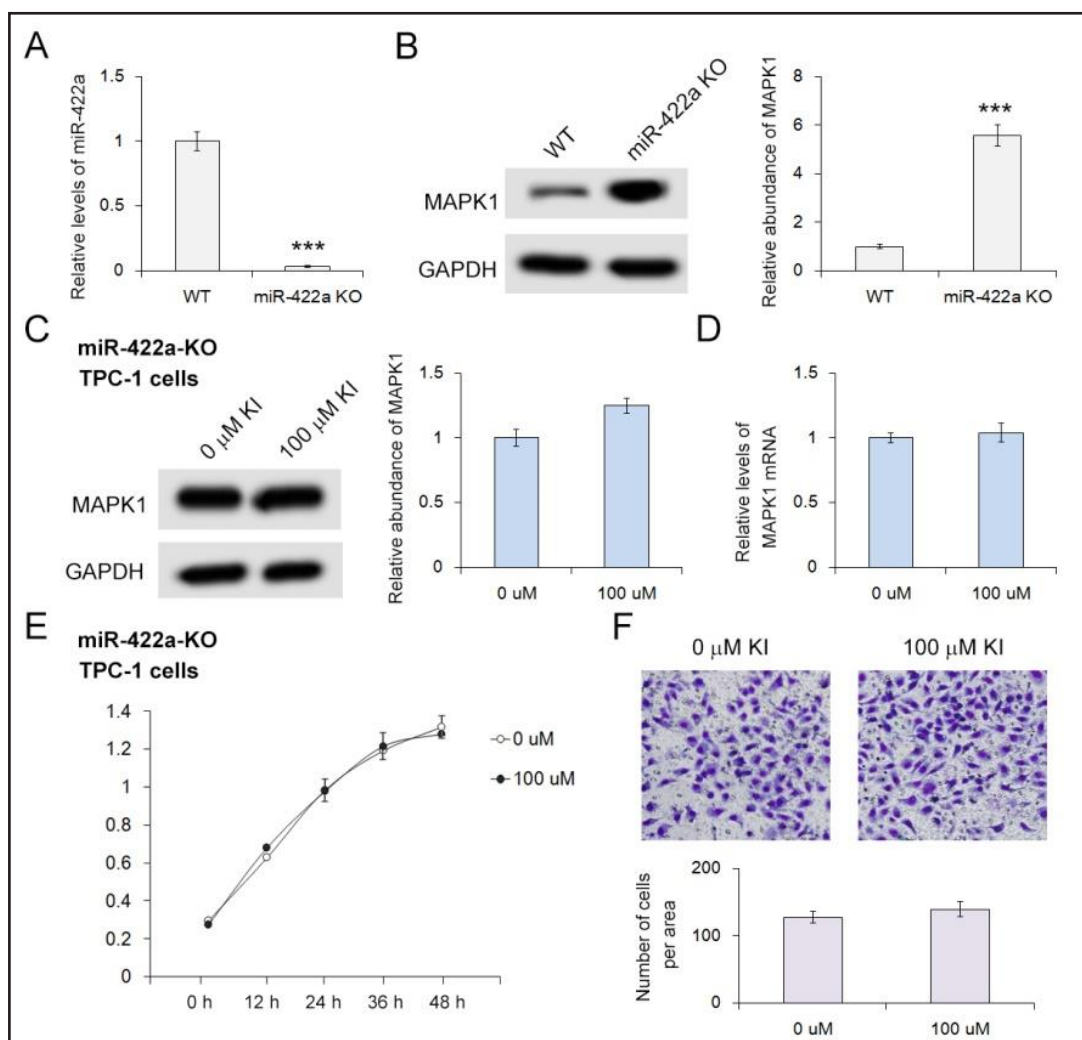
**Fig. 4.** MiR-422a regulates cell proliferation and migration in TPC-1 cells. A. CCK-8 kit for analyzing the proliferation of TPC-1 cells transfected with miR-422a mimics or inhibitors ( $n=3$ ). B. CCK-8 kit for analyzing the proliferation of N-thy3 cells transfected with miR-422a mimics or inhibitors ( $n=3$ ). C. Transwell-chamber migration assay for the exploring migration of TPC-1 cells transfected with miR-422a mimics or inhibitors ( $n=3$ ). D. Transwell-chamber migration assay for the exploring migration of N-thy3 cells transfected with miR-422a mimics or inhibitors. "\*\*\*" indicates  $p < 0.01$ .



the contrary, the proliferation rate in TPC-1 cells transfected with miR-422a inhibitors increased than the NC inhibitor group (Fig. 4A). Transwell-chamber migration assay was used to measure the migration ability changes of TPC-1 cells. As shown in Fig. 4C, overexpression of miR-422a suppressed the migration of TPC-1 cells. Inversely, the migration rate of TPC-1 cells which were transfected by miR422a inhibitor was increased. However, the biological behavior of N-thy3 cells showed little change by the transfection of miR-422a mimics or inhibitors (Fig. 4B and 4D).

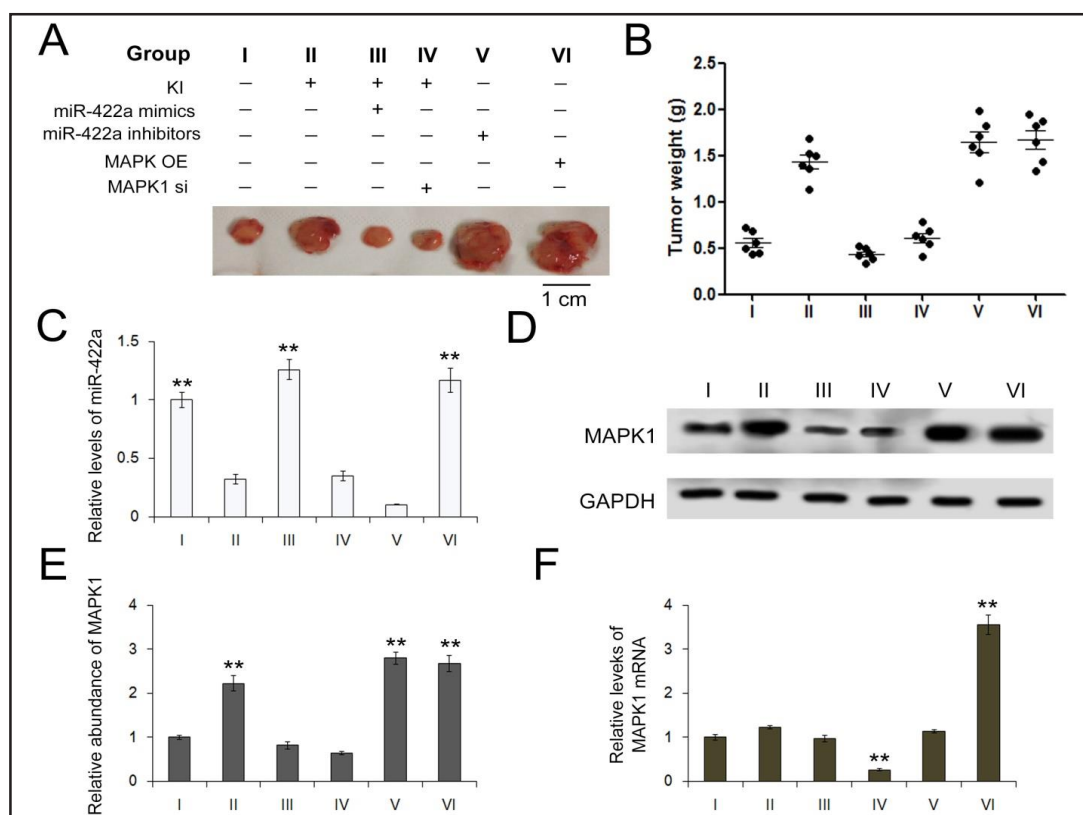
#### Silencing of miR-422a in TPC-1 cells

To validate that iodine promotes MAPK1 expression via inhibiting miR-422a, we knock out miR-422a in TPC-1 cells by using a lenti-virus containing miR-422a shRNA. As is shown in Fig. 5A, miR-422a was significantly down-regulated in TPC-1 cells, while enhancing the expression level of MAPK1 (Fig. 5B). As is expected, addition of KI cannot lead to a higher level of MAPK1 with absence of miR-422a (Fig. 5C and 5D). Moreover, high level of iodine has little effects on cell proliferation and migration in miR-422a-KO cells (Fig. 5E and 5F).



**Fig. 5.** Knock-down of miR-422a in TPC-1 cells. A. Relative levels of miR-422a in WT and miR-422a-KO TPC-1 cells (n=3). B. Western blot analysis of MAPK1 expression in miR-422a-absent cells. miR-422a-absent TPC-1 cells were treated with 100 μm Iodine, and expression of MAPK1, cell growth and migration were checked (n=3). Levels of MAPK1 protein (C) and mRNA (D) in miR-422a-KO TPC-1 cells treated with KI. Cell proliferation (E) and migration (F) of miR-422a-KO TPC-1 cells (n=3). “\*\*\*” indicates  $p < 0.001$ .





**Fig. 6.** *In vivo* role of iodine/miR-422a/MAPK1 in thyroid cancer. A. Images of thyroid tumors in mice (n=6). B. The weight of tumors of A (n=6). C. Relative levels of miR-422a in tumors of each group (n=6). D. Western blot analysis of MAPK1 in tumors (n=6). E. Quantitative analysis of D (n=6). F. RT-qPCR analysis of MAPK1 mRNA in each group (n=6). “\*\*” indicates  $p < 0.01$ .

These results further demonstrated the important role of miR-422a in iodine-induced tumorigenesis of thyroid cancer.

#### *In vivo* role of miR-422a in TC treated with high iodine

High levels of iodine is believed to be closely linked with the development of thyroid cancer [24]. We evaluated the effects of iodine on tumor growth and the expression of miR-422a/MAPK1 using tumor implanted mouse model. Mice were feed with water containing 50  $\mu\text{M}$  KI to get high consumption of iodine. It was shown that high iodine accelerates tumor growth *in vivo*; while overexpressed miR-422a, as well as down-regulated MAPK1 significantly suppress the growth of thyroid tumor (Fig. 6A and 6B). As is expected, high iodine down-regulates the expression of miR-422a and activates MAPK1 pathway at the transcriptional level (Fig. 6C, 6D, 6E and 6F). The *in vivo* results were consistent with the data obtained from cell experiments, and implied that iodine may serve as a positive factor in TC.

#### Discussion

Most of thyroid carcinoma occurs in coastal areas, previous studies have clearly indicated that both Iodine deficiency and iodine excess have impact on the tumorigenesis and progress of TC [25-27], and the mechanisms underlying these two conditions are different for TC. Iodine deficiency inducing thyroid disorders has been clearly defined [28]. However the impact of iodine excess on TC is not explicitly known. It is meaningful to explore

the influence of iodine excess on the TC cells.

MicroRNAs mediate a variety of physiological and pathological processes in the cell through targeting gene and regulating relative protein expression. Compared with the normal thyroid cells, the MAPK1 protein was increased in TC cells with high iodine, while miR-422a expression level was dramatically repressed in TC cells. This change was closely related with iodine concentration. With the increase of iodine concentration in TPC-1 cells, the change was even greater. MAPK1 protein expression was inversely correlated with miR-422a in TC cells with high iodine level, but the MAPK1 mRNA showed little increase in TC cells. However, K1 cells line has B-Raf mutation with a hyper-activation of MAPK. In higher iodine concentration (100  $\mu$ M) the migration ability of K1 cells was promoted. Correlatively, down-regulated miR-422a also enhanced the proliferation and migration of TPC-1 cells.

Our data verified that iodine excess regulates the biological behavior of TC cells via miR-422a/MAPK1 pathway. In addition, we found that the expression of MAPK1 had a significant increase in Nthy-3 cells with high iodine concentration (100  $\mu$ M). It showed that high iodine environment may induce the dys-regulation of miR-422a-MAPK1 pathway in normal thyroid cells. It may be a potential molecular mechanism of thyroid carcinoma that induced by high iodine. However, this needs more evidence in further studies, since we performed the function experiments in only two iodine concentrations.

In most individuals, escape from the Wolff-Chaikoff effect caused by acute excess occurs due to a decrease in sodium-iodide symporter (NIS) activity. NIS mRNA was relatively down-regulated by high iodine, implying that escape from Wolff-Chaikoff effect may contribute to the regulation of cellular biological behavior. But MAPK1 pathway is important in regulating a variety of cellular activities and many life process involved in many human diseases including tumor development, the role of MAPK1 signaling pathway in tumorigenesis is widely confirmed.

The highly conserved tissue miRNAs could provide an accurate diagnosis for various types of malignancies, which usually lead to disorders of protein expression in cancer cells. For all we know, this is the first attempt to explore the miR-422a-MAPK1 pathway in TC cells with different iodine concentration. Our results show that miR-422a act as a potential tumor suppressor in GC. Currently, surgical followed by adjuvant radioactive iodine is the major viable strategies exist for the treatment of TC. But a fraction of patient has no effective response to this therapy. It drives urgent need to detect new targets and treatment strategies. And our study may be a novel treatment target for the group of TC patients that caused by high iodine. MiRNAs act as a valuable biomarker in the diagnosis and prognosis of cancer involved tumorigenesis, angiogenesis and drug resistance. Nowadays in mouse cancers models, miRNAs or anti-miRNAs trafficked by microvesicles (MV) or other plasmids have been used for the treatment.

## Conclusion

The miR-422a-MAPK1 pathway in high iodine environment is involved in the processes of cell proliferation and migration, thus regulating tumorigenesis in TC. Our study provided further evidence of the effects of iodine on thyroid cancer, and miR-422a might act as a suppressor of TC. Further studies are necessary to investigate its clinical application as potential molecular diagnosis and therapeutic target for human TC.

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## Disclosure Statement

The authors declare that there is no conflict of interests regarding the publication of this article.

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