Editorial

It is with great pleasure and humility that I take over the position of Editor-in Chief of one of the most prestigious gerontological journals, i.e., *Gerontology*. It will be a difficult task after the excellent leadership of Prof. Georg Wick, who during these last years established a solid scientific reputation of the journal. Under his leadership the journal developed several new sections, accepted prestigious reviews and most importantly was very receptive to new developments.

He could not do this alone, but only with the continuous help of the Associate Editors and the Editorial Board Members who, with their enthusiasm, competence and devotion, supported the development of *Gerontology*. Many thanks to all these colleagues for their sustained contribution. I hope they will continue their work in order to propel our journal even further. I count on all of you in the continuation of this endeavor.

Gerontology is a multidisciplinary field with a huge development during these last few decades. Many important discoveries helped to better understand aging from its biological to the clinical aspects. However, many new studies are needed to better understand what is aging, why we age, and how we can modulate this very complex process. We need to understand aging in all its complexity to better react to the burning biological, technical and societal problems.

I would like most specifically to strengthen the experimental part of the journal. The field is progressing so quickly that we need to publish high-quality papers promoting new ways to see the biology of aging. For a long time, aging has been seen as only a detrimental process. The time came to reassess this notion, considering the huge advances in the aging research, showing the aging process in a positive way. It is important to get rid of the ageist consideration of the aging research. We should approach aging in a positive, adaptive, participative way,

supporting the quest for a better quality of life concomitantly to the maintenance of autonomy.

I hope that other fields, such as the use of artificial intelligence and big data analyses focusing on the complexity of the aging process, will be presented in future articles. Also, the community geriatrics which emphasizes that older people with complex health problems should receive expert care within the community, whether at home or in a care home, should also be better represented.

Finally, all these aspects together should converge on a translational approach for better intervening in the different domain/disciplines and fields affecting aged subjects. Well-designed clinical trials, even the ones with negative outcomes/results, will be encouraged to be published. New approaches concerning the care of aged subjects, including prevention, should be stimulated to be submitted to the journal.

The journal will continue to publish high-quality research papers related to all fields of experimental and clinical gerontology. We will also encourage researchers to submit papers on more controversial aspects of aging. Until now, only invited reviews were accepted, but we will open to high-quality nonsolicited reviews on important topics in aging.

I wish to create a debate forum on the most important issues of aging in all domains of gerontology, and I hope the Editorial Board will actively support this initiative. I also hope that the Editorial Board Members will actively propose new ideas and forms of articles to enrich the scope and extend the coverage of the journal.

All in all, I trust that with a common effort we will continue Prof. Wick's heritage and even bring it further, supporting exciting new discoveries, debates and clinical trials in all fields of gerontology. I wish all of us a successful and brilliant future.

Tamàs Fülöp, Sherbrooke