Liquid Biopsies to Evaluate Immunogenicity of Gynecological/Breast Tumors: On the Way to Blood-Based Biomarkers for Immunotherapies

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Keywords

Liquid biopsy · Immuno-oncology · Immunotherapy · Immune checkpoints · Immune checkpoint inhibitors · Breast cancer · Gynecological cancer

Abstract

Background: Despite the assumption of breast cancer (BC) as a cold, non-immunogenic tumor, immune checkpoint inhibitor (ICI) therapy is favorable for a subgroup of patients. Immunohistochemical assessment of the programmed cell death ligand 1 (PD-L1) is the only approved companion diagnostic for anti-PD-L1 therapy in metastatic triple-negative BC; however, challenges regarding the standardization of PD-L1 scoring in tumor tissue still remain. Consequently, to select patients most likely to respond to ICI, blood-based biomarkers are urgently needed. **Summary and Key Messages:** Liquid biopsy, comprising circulating immune cells, circulating tumor cells and extracellular vesicles, as well as their surface proteins, is of high potential, and these analytes were already shown to be molecular correlates or regulators of the evasion from antitumoral immune reaction. Liquid biopsy, also enabling the evaluation of tumor mutational burden (TMB), microsatellite instability, and the T-cell receptor repertoire, allows serial sampling for monitoring purposes and reflects intra-tumoral heterogeneity which qualifies as marker for immunogenicity. Only a very few studies have already elucidated the potential of these analytes as biomarkers under ICI therapy. Nonetheless, the topic is of growing interest and has high relevance for the future. However, for clinical implementation, these multifarious analytes first need to pass robust standardization and validation procedures.

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Introduction

Evasion from antitumoral immune responses is one hallmark of cancer [1]. Programmed cell death 1/programmed cell death ligand 1 (PD-1/PD-L1), as well as cytotoxic T lymphocyte-associated protein 4 (CTLA-4) are important immune checkpoint components that regulate the function of lymphocytes. More specifically, interaction of PD-1 with PD-L1 or CTLA-4 with its binding partners leads to inhibition of T-cell function. Thus, immune checkpoint inhibitor (ICI) therapy with anti-PD-1/PD-L1/CTLA-4 drugs is emerging as a new treatment modality in various cancer types and finally, was approved for several agents by the Food and Drug Administration (FDA) and the European Medicines Agency (EMA) [2]. However, besides a few exceptions, breast and gynecological cancers remain tumors that have not experienced high benefit from immunotherapy yet [3–5].

Breast cancer (BC) has been regarded as poorly immunogenic, and phase I and II studies with ICI in BC overall showed disappointing response rates [6–17], but revealed ICI to be successful in some BC subtypes like triple-negative (TNBC; ER/PR/HER2-negative) and HER2-positive BC [18]. The IMpassion 130 trial was the first phase III study to show benefit of ICI in BC [19, 20] and resulted in the approval of the PD-L1 inhibitor atezolizumab in combination with nab-paclitaxel for patients with unresectable locally advanced or metastatic TNBC whose tumors showed PD-L1 expression [21]. In April 2020, 143 interventional clinical trials were registered to elucidate the benefit of further ICIs, in other BC subgroups and in diverse combinational regimens [22].

Abbreviations used in this paper

2B4	cluster of differentiation 244	IL-4	interleukin 4
BC	breast cancer	ILT2	leukocyte immunoglobulin-like receptor subfamily B member 1
BRCA1/2	breast cancer type 1/2 susceptibility protein	JAK1/2	janus kinase 1/2
CAMLs	cancer associated macrophage-like cells	LAG3	lymphocyte-activation gene 3
CD127	interleukin-7 receptor subunit alpha	LB	liquid biopsy
CD14	cluster of differentiation 14	Mbp	mega base pair
CD25	interleukin-2 receptor alpha chain	MHC	major histocompatibility complex
CD28	cluster of differentiation 28	MSI	microsatellite instability
CD4	cluster of differentiation 4	NK	natural killer
CD40	cluster of differentiation 40	OC	ovarian cancer
CD47	cluster of differentiation 47	OS	overall survival
CD8	cluster of differentiation 8	PARP	poly(ADP-Ribose)-Polymerase 1
CD80	cluster of differentiation 80	PBMCs	peripheral blood mononuclear cells
cfDNA	cell-free DNA	PD-1	programmed cell death 1
CTCs	circulating tumor cells	PD-L1	programmed cell death ligand 1
ctDNA	circulating tumor DNA	PD-L2	programmed cell death ligand 2
CTLA-4	cytotoxic T lymphocyte-associated protein 4	PFS	progression free survival
CXCR4	C-X-C chemokine receptor type 4	PIK3CA	phosphatidylinositol-4,5-bisphosphate 3-kinase, catalytic subunit alpha
EMA	European Medicines Agency	PR	progesteron receptor
EMT	epithelial to mesenchymal transition	PTEN	phosphatase and tensin homolog
ER	estrogen receptor	S	soluble
EVs	extracellular vesicles	STAT3	signal transducer and activator of transcription 3
FasL	Fas ligand	TAMs	tumor associated macrophages
FDA	Food and Drug Administration	TCR	T cell receptor
FOXP3	forkhead box P3	TIGIT	T cell immunoreceptor with Ig and ITIM domains
GITR	glucocorticoid-induced TNFR-related protein	TILs	tumor-infiltrating lymphocytes
HER2	human epidermal growth factor receptor 2	TIM-3	hepatitis A virus cellular receptor 2
HLA	human leukocyte antigens	TMB	tumor mutational burden
ICI	immune checkpoint inhibitor	TME	tumor microenvironment
ICOS	inducible T-cell costimulatory, CD278	TNBC	triple-negative
IDO	indoleamine-pyrrole 2,3-dioxygenase	TNFα	tumor necrosis factor alpha
IFN γ	interferon gamma	TP53	tumor protein p53
IHC	immunohistochemistry	VISTA	V-domain Ig suppressor of T cell activation
IL-10	interleukin 10		
IL-2	interleukin 2		

In ovarian cancer (OC), the use of antibodies inhibiting CTLA-4, PD-1 or PD-L1 resulted in response rates of only 10–15%. The combination of anti-PD-1 nivolumab and anti-CTLA-4 ipilimumab was more promising in platinum-resistant OC with a 6-month overall response rate of 34%. However, up to now, data are too preliminary to obtain approval from the FDA [5]. For cervical cancer, pembrolizumab monotherapy demonstrated durable antitumor activity and manageable safety in patients with advanced disease which granted accelerated approval of pembrolizumab by the FDA for patients with advanced PD-L1-positive tumors who experienced progression during or after chemotherapy [3].

Currently, PD-L1 expression is assessed by immunohistochemistry (IHC) for stratifying patients to receive ICI [21]. However, there are some limitations for the evaluation of PD-L1 expression in tumor tissue. Consequently, in the view of toxicity profiles of these therapies and immense costs, it has been hypothesized that the use of body fluids, the so-called liquid biopsy (LB), including

circulating tumor cells (CTCs), cell-free DNA (cfDNA)/circulating tumor DNA (ctDNA), microRNAs as well as extracellular vesicles (EVs) could be an ideal “surrogate tissue” to represent predictive markers more appropriately [2]. However, LB is not implemented yet in clinical routine for ICI response prediction [2].

This review elucidates the complexity of LB in gynecological cancers and especially in BC as source of potential markers to evaluate immunogenicity and stratify patients for immunotherapies.

Need for Preferentially Blood-Based Biomarker

Responses to ICI are variable in gynecological/breast tumor patients, and resistance is common [23, 24]. The assumed poor immunogenicity of BC is thought to cause these low response rates. Differentiation of cold (non-immunogenic) and hot (immunogenic) tumors highlights the need for biomarkers to select for predispositions to

trigger an immune response [25]. The identification of biomarkers is dependent on understanding the complex interaction between tumor and immune cells, and combination therapies might be proposed to prime cold, non-immunogenic tumors to increased immunogenicity, as thought to be possible by chemotherapy inducing antigen release [26] and by PARP inhibitors inducing higher mutational burden and activating PD-L1 expression [27, 28].

It has already been shown that the lines of treatment are predictive for the response of BC patients to ICI [29] and due to the fact that HER2-positive and TNBC patients showed an increased benefit from ICI as compared to other BC subgroups [6, 15], IHC detecting the hormonal receptors and HER2 in tumor tissue might be used as first hint for ICI response prediction. In addition, IHC of PD-L1 expressed by tumor-infiltrating lymphocytes (TILs) is the only FDA-approved test to stratify metastatic TNBC patients to receive atezolizumab plus nab-paclitaxel [21].

However, the routine diagnostic for gynecological and breast tumors does not reveal the complex intra-tumoral heterogeneity and complex systemic tumor biology. For example, the immune surveillance may differ between primary tumor and metastatic sites [30], as recently shown in a preliminary data set for the expression of the immune checkpoints IDO1 and PD-L1 in matched primary tumor tissue and metastases from TNBC patients [31]. Tumor tissue biopsy is suitable to evaluate the interactions and characteristics of tumor cells and immune cells once, but serial assessment of the tumor microenvironment through tissue biopsies is not feasible and, consequently, ICI response monitoring is not possible via tissue biopsies.

In contrast, LB is suitable for serial therapy monitoring and reflects the tumoral heterogeneity. Besides CTCs, cfDNA, ctDNA and EVs, classically evaluated as LB sources in blood samples of cancer patients, circulating immune cells and circulating peptides (such as immune checkpoints, chemokines, and cytokines) might be relevant as blood-based biomarkers for ICI therapy management as well (Fig. 1). Importantly, immune cells, CTCs, EVs and proteins in blood might be regulators of ICI response and can simultaneously be used as biomarkers. There are already hints in the literature that most of the genomic markers presented here might be evaluable in cfDNA and CTCs in a parallel analysis [32].

Immune Cells and Related Proteins

Circulating Immune Cells

The clinically available ICIs activate cytotoxic T cells and modulate regulatory T cells. Both cell types can be isolated from blood via density centrifugation and/or se-

lection of cells with specific surface proteins by flow cytometry [33]. In TNBC patients, it has already been shown that the fraction of CD25+ FOXP3+ cells in circulating CD4+ T cells was positively correlated with the level of cells showing the same characteristics in the tumor tissue. In contrast, the level of CD25+ FOXP3- cells in circulating CD4+ T cells was not associated with the level of cells harboring equivalent surface marker expression in the tumor tissue [34]. The number of circulating CD4+ CD25+ CD127- FOXP3+ cells was elevated in BC patients experiencing tumor progression [35]. Most recently, the preliminary data of the IMPRIME1 study suggest the increase in activated monocytes (defined by CD86+) and increase in activated T cells (defined by PD-1+/HLA-DR+/KI67+) evaluated by flow cytometry after 3 weeks of treatment with pembrolizumab plus a novel innate immune activator in the blood of metastatic TNBCs to be associated with increased progression-free survival (PFS) and overall survival (OS) [36].

Circulating immune cells can be characterized by gene expression profiling of peripheral blood mononuclear cells (PBMCs). Comparison of the immune checkpoint gene expression in matched tissue and blood revealed an upregulation of *CTLA-4*, *TIM-3*, *TIGIT* and *PD-L1* in BC PBMCs, that was explained by an aberrant promoter methylation profile [37]. In contrast to healthy donors, mRNA expression of *FOXP3*, *CTLA-4*, and *GITR* was significantly higher in PBMCs of BC patients [38], and the mRNA expression of the major immune regulators *PD-L1*, *FOXP3*, *CD80*, *CD40*, and *CD14* in PBMCs was associated with BC progression [39].

Importantly, Gao et al. [40] reported at the San Antonio Breast Cancer Symposium 2019 that BC patients responding to anti-PD-1 treatment with pembrolizumab exhibited a lower CTLA-4 expression in circulating CD4+ T cells at baseline compared to non-responders. Additionally, a lower percentage of CD4+ T cells expressing the exhaustion markers CTLA-4, TIM-3 and 2B4 at baseline was a favorable factor for pembrolizumab therapy of BC patients [40].

Human Leukocyte Antigens

Human leukocyte antigens (HLA) have the ability to induce apoptosis in CD8+ T cells and natural killer cells via the Fas ligand pathway [41]. It has already been shown that the expression of HLA-G molecules is a tumor immune evasion mechanism. Detection of HLA-G bound to EVs in blood was first shown in BC patients by Yu et al. [42] and later HLA-G bound to EVs detected in blood of primary BC patients before neoadjuvant chemotherapy was demonstrated to be associated with progression and the presence of stem-cell like CTCs [43]. This finding was contrasted by the association of soluble HLA-G, not bound to EVs, in the same cohort with improved out-

Fig. 1. Liquid biopsy analytes to evaluate breast cancer immunogenicity. Circulating tumor cells (CTCs, orange), extracellular vesicles (EVs, yellow), and cell-free DNA (cfDNA) or cell-free tumor DNA (ctDNA), as well as T cells (blue) and circulating peptides have the potential as blood-based biomarker to predict response to immune checkpoint inhibitor therapy in breast cancer patients. The diversity of T-cell receptors (TCRs, green) is illustrated by the different shades of green. 2B4, cluster of differentiation 244; CD47, cluster of differentiation 47; cfDNA, cell-free DNA; CTC, circulating tumor cell; ctDNA, cell-free tumor DNA; CTLA-4, cytotoxic T lymphocyte-associated protein 4; CXCR4, C-X-C chemokine receptor type 4; EVs, extracellular vesicles; HLA, human leukocyte antigens; IFN- γ , interferon- γ ; IL-10, interleukin-10; IL-2, interleukin-2; IL-4, interleukin-4; methyl-C, methylated cytosine; MHC, major histocompatibility complex; MSI, microsatellite instability; PD-1, programmed cell death 1; PD-L1, programmed cell death ligand 1; PD-L2, programmed cell death ligand 2; TCR, T-cell receptor; TIM-3, hepatitis A virus cellular receptor 2; TMB, tumor mutational burden; unmethyl-C, unmethylated cytosine.

come [43], highlighting the complex interplay of the diverse structural HLA-G variants with their binding partner ILT2 [44]. Similarly, vesicle-bound HLA-G was associated with residual tumor, presence of CTCs, and disease progression in epithelial OC patients [45]. However, since the level of classical HLA molecules (HLA-A, -B, -C) is significantly higher in serum than the level of non-classical HLA molecules (HLA-G), the immunosuppressive effects might mainly be due to classical HLA molecules [41]. Probably, HLA loss might be a predictive marker for ICI therapy in BC, as described for melanoma and NSCLC patients [46].

Programmed Death Ligand 1

PD-L1, also known as CD247 or B7-H1, is expressed on dendritic and tumor cells. Binding of PD-L1 to PD-1 (also known as PDCD1, CD279, SLEB2, hPD-1, hPD-1,

and hSLE1 and expressed on T cells) inhibits T-cell activation and thus, leads to impaired antitumoral immune response. Anti-PD-L1 therapy demonstrated good response rates in patients with high expression of PD-L1 assessed by IHC on tumor tissues, but some patients with low PD-L1 expression also indicated a benefit from ICI [25]. This discrepancy was explained by the dynamic nature of immune modulation and cannot be adequately represented by a static snapshot. Furthermore, PD-L1 is expressed in tumor and immune cells complicating the assessment of PD-L1 protein expression in the tumor tissue biopsy. In addition, the variable detection antibodies remain an unsolved issue for standardization of PD-L1 assessment. Finally, the heterogeneous expression between primary tumor and metastatic tissue also limits the use of IHC [47, 48]. Blood-based assessment of PD-L1 is conceivable by protein, transcript, mutation, or methyla-

tion analysis of CTCs, EVs, circulating immune cells, and circulating nucleic acids.

In PBMCs

Evaluation of PMBCs from BC patients demonstrated that PD-L1 promotor hypomethylation might be the reason for increased PD-L1 expression in PBMCs compared to matched tumor tissue [37]. Furthermore, the PD-1 promotor was shown to be hypermethylated in PBMCs compared to tumor tissue [37]. Methylation profiling via cfDNA might consequently be considered as molecular correlate for PD-L1 expression. Another study revealed that the number of PD-1 high CD8+ T cells in tumor tissue was significantly greater compared to matched blood of TNBC patients. The PD-1 high CD8+ T cells showed a skewed T-cell receptor (TCR) repertoire and characteristics of a state of exhaustion [49]. These studies detail the differences between tumor immune interactions in tumor tissue and in circulation.

PD-L1 gene amplification might also be evaluated in cfDNA, while PD-L1 expression was detected in cfRNA in the majority of BC patients' blood [50].

On CTCs

Whereas a variety of studies have analyzed PD-L1 on CTCs in lung cancer, only a few studies have addressed other solid tumors [2]. For BC, only two studies have already analyzed PD-L1 on CTCs. In hormone receptor-positive, HER2-negative metastatic BC patients using the EpCAM-based CellSearch system as well as western blotting and flow cytometry, PD-L1-positive CTCs at different expression levels were detected in 11/16 patients [51]. This high prevalence of PD-L1-positive BC patients contrasted with the knowledge that BC cells have low PD-L1 expression and was explained by a possibly higher PD-L1 expression by CTCs than by primary tumors due to the continuous contact of CTCs with T lymphocytes, activating interferon- γ (IFN- γ) secretion, which leads to an adaptive increase in PD-L1 expression on the tumor cells [52].

However, these findings are comparable with results obtained for lung cancer [53, 54] and were also confirmed in a recently published BC paper by Papadaki et al. [55]. In this more comprehensive BC analysis, PD-L1 and CD47 expression (the "do not eat me" signal on hematopoietic blood cells, often adopted by tumor cells to escape killing from macrophages) was investigated on PBMC cytopspins from 100 early and 98 metastatic BC patients, by triple immunofluorescence for CD47/PD-L1/cytokeratins. A low concordance between PD-L1 and CD47 marker expression on CTCs and tumor tissue as well as PBMCs and TILs was demonstrated. CD47+ and/or PD-L1+ CTCs were detected in about 11, 17, and 30% of early, recurrent, and *de novo* metastatic patients, respectively. In metastatic disease, the

presence of CD47 high and/or PD-L1 high CTCs was associated with disease progression, shorter PFS and was an independent predictor for an increased risk of relapse and death [55].

Although these data are promising, further research is necessary to assess the clinical usefulness of PD-L1 expression by CTCs for entry into clinical studies. There are still open questions that must be answered before using this LB marker for treatment decisions. In this regard, there is evidence for a bidirectional cross talk between PD-L1 expression and epithelial to mesenchymal transition [56, 57]. Methodological issues are of high importance to prevent false-positive results since PD-L1 is also expressed on myeloid-derived suppressor cells, as well as on tumor-associated macrophages in OC and on cancer-associated macrophage-like cells in lung cancer [58–60].

On EVs

In other tumor entities, PD-L1 was detected bound to EVs circulating in blood [61–63]. Importantly, in BC cell culture experiments, vesicle-bound PD-L1 was shown to be able to bind to PD-1, inhibiting T-cell activation, suppressing T-cell killing of BC cells and promoting tumor growth [64]. Moreover, EVs were shown to transport PD-L1 from PD-L1-positive to PD-L1-negative BC cells [64] and consequently, EVs might spread this cellular immune evasion tool.

Soluble

In breast and gynecological cancers, a variety of studies have also analyzed plasma samples as one further LB source for the detection of PD-1, PD-L1, PD-L2, and other proteins. In a cohort of 66 TNBC patients, serum soluble (s) PD-1 levels were significantly elevated before neoadjuvant chemotherapy; however, only an increased tendency for sPD-L1 levels was observed when compared with the results of 59 healthy women. sPD-1 and sPD-L1 before therapy increased with tumor stage, and patients who experienced complete or partial remission under neoadjuvant chemotherapy had significantly decreased serum levels of sPD-1 and sPD-L1 as compared to patients with a poor response to therapy [65]. In OC, it was recently demonstrated that sPD-L1 was significantly increased as compared to controls and was associated with residual tumor burden, a reduced 5-year OS and reduced PFS. Strikingly, sPD-L1 levels >6.4 pg/mL were indicative of a reduced OS and PFS in platinum-sensitive patients, while OS and PFS in platinum-resistant patients did not differ when patients were stratified according to this cut-off. In contrast, sPD-L2 was significantly decreased and was associated with platinum-resistance and the presence of CTCs expressing markers for resistance [66].

Circulating Peptides

Besides the detection of HLA molecules and PD-L1 in plasma of BC patients, increased levels of IL-4 and IL-10, but decreased levels of IFN- γ and IL-2, were found in BC patients progressing under therapy [35] and it might be hypothesized that IFN- γ and IL-2 levels in plasma can be positive predictive markers for ICI response, while IL-4 and IL-10 levels might show resistance to ICI. Immune-related peptides conceivable in plasma could also include the immune checkpoints B4-H7, ICOS, VISTA, IDO, or LAG3. This assessment is known as functional analysis and provides quantitative information about type and quality of immune response.

Genomic Markers

TCR Repertoire

In general, the clinical activity of ICI was correlated with the T-cell recognition of neoantigens. These neoantigens, generated by non-synonymous *de novo* somatic mutations, are presented to T cells via major histocompatibility complex (MHC) molecules and are recognized as non-self if corresponding TCRs exist [67]. In general, the TCR consists of one α - and one β -chain, each containing three hyper-variable regions. One of these regions, CD3, is a product of recombination and unique to each TCR [68]. Sequencing of the CD3 region of TCRs elucidates the TCR repertoire [69], that is also known as TCR diversity and frequently discussed as biomarker for ICI response [70]. Narrowing the TCR repertoire is called TCR convergence and is often described after ICI treatment [71].

The changing TCR repertoire under chemotherapy and a correlation of TCR repertoire with clinical responses was shown in circulating CD8+ T cells in BC patients' blood, where an increased TCR repertoire was associated with better outcome [72]. TCR sequencing in BC tumor tissue and matched blood displayed no correlation between intra-tumoral and peripheral blood TCR repertoire [73]. While TCRs were more polyclonal in blood, most of the expanding clones in tumor tissue were not detectable in blood [73].

TCR sequencing from blood has already been employed in BC patients receiving ICI. In a small cohort, blood-based TCR sequencing from PBMCs of 6 patients with metastatic inflammatory BC and 9 patients with metastatic TNBC revealed that a lower TCR repertoire in combination with low CD4+ T-cell exhaustion markers showed a trend towards ICI response and longer progression-free interval [40]. In summary, TCR sequencing can be employed as indirect quantification for T cells, can elucidate the TCR diversity and the development of the TCR repertoire and T-cell expansion over time. All these factors seem to have potential as ICI response biomarkers in BC.

Tumor Mutational Burden

The tumor mutational burden (TMB), as indirect measurement of T-cell activation by neoantigens, is currently discussed as biomarker for ICI response [74], however, companion diagnostic approval for TMB has been withdrawn from the FDA and the approval from the EMA is still ongoing [2]. For TMB determination, a large set of genes, typically more than 300, is sequenced and the number of non-synonymous mutations per mega base pair (Mbp) is stated. In contrast to the orthogonal marker PD-L1, TMB is objective and quantifiable [75], but germline mutations have to be excluded and mutations acquired by clonal hematopoiesis of indeterminate potential might cause artefacts in TMB measurement. High TMB is mostly referred to as >10 mutations/Mbp, but the determined TMB greatly differs between targeted panel sequencing (with >300 genes) and whole-exome sequencing, so the TMB scoring has to be adapted based on the sequencing method [76, 77]. Most studies elucidating TMB as ICI biomarker use tumor tissue biopsies, but cfDNA and probably also CTCs, can be suitable LB sources for serial TMB assessment. Employing chromatin immunoprecipitation sequencing, the variants of tumor-derived cfDNA (ctDNA) and variants of cfDNA, released by non-pathogenic cells, might even be differentiated [78].

The potential of blood TMB has already been shown for ICI response prediction in non-small cell lung cancer and melanoma [79–81]. In metastatic TNBC patients, however, not blood-based TMB measurement but high tissue TMB (>10 non-synonymous mutations per Mbp; in 18% of cases) was significantly associated with longer PFS under ICI [82, 83]. Nonetheless, the prevalence of high TMB in BC is low, 3% in primary tumors and 8% in metastatic tumors [82], and a correlation of high tissue TMB with ICI response has not been confirmed in all available BC studies [84].

Fusions [85] as well as deficiencies in the splicing machinery [86] also induce neoantigen release and their detection in cfDNA might be an alternative indirect correlate for immunogenicity in plasma. In contrast to the quantitative assessment of mutant fragments in plasma as blood TMB, the level of cfDNA itself was proposed as early monitoring marker under ICI treatment, since the dynamic changes in cfDNA quantities might predict long-term outcome [87, 88].

Microsatellite Instability

In relation to TMB, general genomic instability can also be measured by the number of variations within the microsatellite loci, called microsatellite instability (MSI). MSI assessment can be conducted with targeted panels including >300 genes or genome-wide sequencing, both usable for TMB assessment as well, but for MSI analysis

only low coverage is needed. cfDNA is increasingly used as LB source to evaluate the genomic instability in blood and it was shown in cfDNA of patients with solid tumors, including BC, that the decrease in genomic instability under ICI correctly predicted progression and identified cases of pseudo-progression [89, 90]. As the entirety of cfDNA includes DNA of non-pathogenic cells, evaluation of the genomic instability in genomic DNA of CTCs might be useful as well.

Specific Mutations

DNA repair deficiency, in BC commonly known via *BRCA1/2* mutations, can cause genomic instability and high TMB, which both are ICI response markers as discussed above. Consequently, it was speculated whether *BRCA1/2* mutant BCs might benefit from ICI. In this context, it was shown that *BRCA1* mutant TNBCs had a higher tissue TMB, more TILs, and a higher expression of PD-L1 and CTLA-4 as compared to wild-type TNBCs [91]. However, in hereditary *BRCA1/2* mutant BC and OC patients, TMB was not associated with the magnitude of immune response [92]. The promising effect of ICI in mismatch repair-deficient BCs might be due to the combinational regimen with PARP inhibitors [27], which were shown to induce PD-L1 expression [28, 93]. *BRCA* mutations can be assessed by using cfDNA or genomic DNA of CTCs [94, 95] as potential LB sources for immunogenicity.

In addition, other specific mutations might be used as predictive markers and can be assessed in the future via cfDNA or genomic DNA of CTCs. Genomic defects in the IFN- γ pathway genes, like *JAK1/2*, are frequently discussed to cause resistance to ICI [24, 52] and were identified in non-responders under ICI [23]. In metastatic TNBC, genomic *PTEN* alterations were associated with limited clinical benefit of ICI, shorter PFS, and shorter OS [83]. Variants in *TP53* were associated with immunogenic activity in TNBCs in the past [96] and, consequently, the *TP53* mutant, but *PIK3CA* wild-type, TNBC genotype was demonstrated to be a favorable marker for ICI treatment [97].

Circulating Tumor Cells

A variety of technologies have been developed for CTC enrichment and detection in the past. CTC isolation and/or enrichment is mainly based on positive immunomagnetic selection (often EpCAM-based) or is size-based, while negative immunomagnetic selection for the elimination of unwanted white blood cells has also been used [98]. CTC detection uses immunocytochemistry, usually applied for counting the number of CTCs in 7.5 mL of blood (FDA-approved CellSearch[®] system, Menarini, Silicon Biosystems) or molecular analysis for getting

deeper insights into the genome, transcriptome, and proteome of these cells [99].

CTCs closely interact with circulating immune cells, such as neutrophils and macrophages, to survive in the blood stream [100], and extravasation of tumor cells into the circulation is supported by immune cells. BC patients who harbored CTCs exhibited more intra-tumoral and peri-tumoral regulatory T cells than BC patients with no CTCs [101]. Mego et al. [102] demonstrated an inverse correlation of CD8⁺ T cells in tumor tissue and CTC amount in BC patients, as well as an inverse correlation of CTC count and the number of myeloid dendritic cells capable of producing TNF- α in patients with inflammatory BC. In a more recent study presented at the San Antonio Breast Cancer Symposium 2019, they demonstrated a correlation of CTCs in epithelial to mesenchymal transition with an increased PD-L1 expression in the tumor-associated stroma of early BC patients [103]. Thus, CTCs might be an LB correlate of the immunogenic situation in tumor tissue.

Moreover, the properties of CTCs might also be relevant to evaluate immunogenicity. Besides the analysis of PD-L1 and CD47 on BC CTCs [51, 55], as described above, the C-X-C chemokine receptor type 4, regulating the function and trafficking of immune cells, was already found on BC CTCs [104]. New sophisticated technologies enable functional analysis of even single CTCs, not only on the proteomic level, but also on the transcriptomic and metabolic level and might reveal more potential ICI markers in the future.

Extracellular Vesicles

EVs are secreted by pathogenic and non-pathogenic cells and present an intercellular communication strategy. EVs were frequently shown to be involved in the interplay of tumor cells and immune cells. Tumor-derived EVs were mostly shown to have immunosuppressive features, supporting the immune evasion mechanisms of tumors [105] via downregulation of MHCII in dendritic cells [106], activation of the cGAS-STING signaling in dendritic cells [107], induction of STAT3-mediated M2 polarization in monocytes [108, 109], downregulation of IFN- γ expression in natural killer cells [110], and apoptosis of T cells [111]. The presentation of PD-L1 on the EV surface, detailed above, promoted T-cell exhaustion and suppression of antitumoral immune activity [61, 112]. In BC patients, the “do not eat me signal” CD47, detected on BC CTCs [55], was also detected on BC EVs, in contrast to healthy donors [113], and correlated with BC status [114].

Mechanisms of immune activation by stimulation of natural killer cells, macrophages, and B- and T-cells were

also described to be mediated by tumor-derived EVs [115, 116]. Immune activation resulting in robust tumor clearance was associated with EVs affecting the Hippo pathway [117]. EVs derived from antigen-presenting cells were frequently shown to have immunostimulatory properties by carrying MHC complexes to induce T-cell activation [118, 119], although T-cell stimulation by EVs was less effective than that by antigen-presenting cells [120]. Monocyte-derived EVs can also stimulate CD8⁺ T cells [121, 122].

With regard to EVs as markers for immuno-oncology, an increase in vesicular PD-L1 in melanoma patients under ICI indicated adaptive response, stratified clinical responders from non-responders [61], and increasing vesicular PD-L1 and CD28 levels were associated with improved PFS and OS in patients under anti-CTLA-4 therapy [123]. Even vesicular RNA profiles were detected to correlate with response to anti-CTLA-4 therapy in these patients [124].

In summary, EVs function as major immune regulators, and profiling of circulating EVs has high potential as marker for immunogenicity. Profiling of EVs circulating in BC patients' blood is common [125–129] but major issues remain regarding a validated and standardized isolation procedure, which have to be solved before the clinical implementation of EVs is attainable [115].

Conclusion

LB is a source for multifarious potential biomarkers to evaluate immunogenicity. Despite remaining challenges concerning isolation, detection, standardization,

and validation, CTCs and EVs might be of high relevance regarding ICI response prediction. Emerging liquid biomarkers, namely platelets, circulating immune cells, and circulating peptides might be interesting to be further investigated with regard to their usefulness in immuno-oncology. At the moment, the greatest potential is seen in the genomic markers MSI, TCR repertoire, and specific mutations, for which promising data have been published with regard to blood analysis in BC under ICI.

Conflict of Interest Statement

C.K. received support from QIAGEN to cover travel expenses. R.K. has received honoraria/is part of the advisory board from/at Tesaro, Astra-Zeneca, and Medtronic in the last 3 years. R.K. is council of IGCS, president of SERGS and proctored and presented for Intuitive Surgical. S.K.-B. is a consultant for QIAGEN and has received honoraria from Novartis.

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C.K. and S.K.-B. did the literature research and wrote and revised the manuscript. R.K. revised the manuscript. C.K. created Figure 1.

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