Medullary Blood Oxygen Level-Dependent MRI Index ($R2^*$) is Associated with Annual Loss of Kidney Function in Moderate CKD

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Keywords

CKD · MRI · Blood oxygenation level dependent · Perfusion · Diffusion · Longitudinal study

Abstract

Background: The estimated glomerular filtration rate (eGFR) is frequently used to monitor progression of kidney disease. Multiple values have to be obtained, sometimes over years to determine the rate of decline in kidney function. Recent data suggest that functional MRI (fMRI) methods may be able to predict loss of eGFR. In a prior study, baseline data with multi-parametric MRI in individuals with diabetes and moderate CKD was reported. This report extends our prior observations in order to evaluate the temporal variability of the fMRI measurements over 36 months and their association with annual change in eGFR. **Methods:** Twenty-four subjects with moderate CKD completed 3 sets of MRI scans over a 36-month period. Blood oxygenation level-dependent (BOLD), arterial spin labeling perfusion, and diffusion MRI images were acquired using a 3 T scanner. Coefficients of variation was used to evaluate variability between subjects at each time point and temporal variability within each subject. We have conducted mixed effects models to examine the trajectory change in GFR over time using time and MRI variables as fixed effects and baseline

intercept as random effect. Associations of MRI image markers with annual change in eGFR were evaluated. **Results:** Multi-parametric functional renal MRI techniques in individuals with moderate CKD showed higher temporal variability in $R2^*$ of medulla compared to healthy individuals. This was consistent with the significant lower $R2^*$ in medulla observed at 36 months compared to baseline values. The results of linear mixed model showing that $R2^*$ _Medulla was the only predictor associated with change in eGFR over time. Furthermore, a significant association of medullary $R2^*$ with annual loss of eGFR was observed at all the 3 time points. **Conclusions:** The lower $R2^*$ values and the higher temporal variability in the renal medulla over time suggest the ability to monitor progressive CKD. These were confirmed by the fact that reduced medullary $R2^*$ was associated with higher annual loss in eGFR. These data collectively emphasize the need for inclusion of medulla in the analysis of renal BOLD MRI studies.

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Introduction

CKD affects about 37 million people in the United States [1]. However, the rate of progression of disease is variable and only a small fraction progress to end-stage

kidney disease when dialysis and/or kidney transplantation become the only treatment options [2]. Without the ability to distinguish those with progressive CKD, management cannot be individualized to those at high risk of progressive disease. Much of clinical management is based on renal function estimated by the use of serum creatinine (Cr) measurement. While a single value is a convenient noninvasive estimate of glomerular filtration rate (GFR), it does not predict risk of progression.

Pathophysiology of progressive CKD is thought to involve the interplay of decreased blood flow, renal hypoxia, and fibrosis [3, 4]. Over the last 2 decades, several studies have indicated the feasibility of using noninvasive MRI to evaluate blood flow [5, 6], kidney oxygen availability [7–9], and fibrosis [10–13] in the evaluation of CKD. Blood oxygen level-dependent (BOLD) MRI is sensitive to intrarenal oxygen availability. Arterial spin labeling (ASL) is able to quantify renal tissue perfusion. Apparent diffusion coefficient (ADC) is a quantitative parameter calculated from diffusion-weighted MR imaging to probe renal fibrosis. Use of multi-parametric approach in the evaluation of CKD has been shown to be feasible [14, 15] and is promoted by an international consortium [16]. The level of reproducibility for these multiple MRI parameters have been previously reported in healthy individuals [17].

The purpose of this study is first to examine longitudinal functional MRI measurements in individuals with moderate CKD over 36 months to see if they vary over time and to compare the level of variability with prior estimates in healthy individuals [17]. In addition, we evaluated whether any of the MRI parameters demonstrate associations at any of the 3 time points with annual change in estimated glomerular filtration rate (eGFR).

Materials and Methods

Subjects

All procedures were approved by local institutional review board and a written consent was obtained from each participant prior to study procedures. Inclusion criteria included diabetes (type 1 and 2), ability and willingness of the subject to cooperate with the study protocol, and absence of contraindications for MR study (claustrophobia, pacemaker, intracranial clips, and intraocular debris). Exclusion criteria included (1) significant comorbid conditions that lead the investigator to conclude that life expectancy is <1 year; (2) expected to undergo living-related transplant or initiation of dialysis in next 24 month; (3) pregnant or nursing; (4) involved in any other interventional research protocol; (5) decompensated heart failure; (6) previous diagnosis for renal artery stenosis or ureteral obstruction; (7) CKD of other etiologies such as glomerular disease, interstitial disease, and polycystic kidney disease; (8) use of nonste-

Table 1. Baseline characteristics of study population

Variable	CKD (n = 24)
Age, years	64.6±8.9
Gender, male, n (%)	12 (50)
Race, n (%)	
White	17 (71)
African American	6 (25)
Other	1 (4)
BMI, kg/m ²	31.0±6.7
Diabetes, n (%)	
Type 2	19 (79)
Type 1	5 (21)
Systolic BP, mm Hg	134.4±21.4
Serum glucose, mg/dL	160.7±80.5
Urine Albumin/Cr (ACR)	0.13 (0.03~0.69)*
HbA1c, %	7.41±0.93
eGFR, mL/min/1.73 m ²	52.5±13.4

ACR, albumin Cr ratio; HbA1c, glycated hemoglobin; eGFR, estimated glomerular filtration rate. * Shown as median (interquartile interval).

roidal anti-inflammatory agents; and (9) patients treated for anemia with ferumoxytol (feraheme®). The study included 41 individuals with diabetes and stage 3 CKD, and the baseline data were previously reported [18]. Among these, 32 returned for an 18-month scan and 24 participated in a 36-month scan. Here, we report data on the 24 participants that completed all the 3 study time points.

Baseline characteristics of the study participants are summarized in Table 1. Participants were instructed not to take nonsteroidal anti-inflammatory drugs for 3 days prior and angiotensin-converting enzyme inhibitor or angiotensin receptor blockers (ACEi/ARBs) for 1 day prior to MRI. Individuals using insulin were asked to take half of their dose on the day of the MRI. During each scan visit, eGFR was calculated based on serum Cr concentration using the CKD Epidemiology Collaboration (CKD-EPI) equation [19]. Serum glucose, glycated hemoglobin concentrations, and data to estimate urine albumin Cr ratio (ACR) measurements were obtained from the electronic medical records (EMR) close to each scan time for each patient. Additionally, eGFR data from EMR were extracted from up to 2 years prior to enrollment and till the end of the study in order to estimate annual change in renal function (eGFR_slope).

MRI Image Acquisition

Participants were instructed to fast from midnight prior to the MRI scan performed in the morning. Experiments were performed on a 3 T scanner (Siemens Healthcare, Erlangen, Germany). Individuals were positioned feet first in supine position. Body coil was used as the transmitter, and the combination of spine and body array coils was used as the receiver.

BOLD MRI scans were performed using a multiple gradient-recalled echo sequence [20] to acquire images in the coronal plane during a 13 s breath-hold at the end expiration. Following were the acquisition parameters: field of view (FOV) = 380–400, number of

slices = 5, slice thickness = 5.0 mm, matrix = 256×256 , repetition time (TR) = 51 ms, number of echoes = 8 and equally spaced (3.1–30.5 ms), # averages = 1 and bandwidth = 260 Hz/pixel.

Perfusion MRI images were acquired using a 2D navigator-gated flow-sensitive alternating inversion recovery True-FISP sequence [21] with the following parameters: FOV = 380 mm, slice thickness = 8 mm, TR = 3 s; echo spacing/TE = 4.0/2.2 ms, flip angle = 60° , 128×128 matrix, bandwidth = 501 Hz/pixel, number of measurements = 100, and inversion delay = 2,000 ms. An oblique coronal orientation was prescribed on the scout image so as to avoid major vessels. A 30 mm slice selective inversion band was placed over the ASL image slice. A 10.24-ms adiabatic frequency offset correction inversion pulse ($\mu = 6$, $\beta = 1,078$) was applied for selective inversion [22]. A 2D low resolution navigator image was acquired (TR/TE = 2.2/1.2 ms; FA = 5° ; FOV = 400×400 mm²; matrix = 96×96 ; BW = 1,000 Hz/pixel; GRAPPA factor = 2) immediately following the True-FISP image acquisition. Proton density images with no inversion were acquired to measure M₀, which is necessary to obtain absolute quantitative blood flow.

Diffusion MRI was acquired using spin echo planar imaging in matched slice positions as the BOLD image acquisition. The diffusion sensitizing gradients were applied along 3 different directions in order to calculate diffusion trace. Following were the MRI parameters: TE = 78 ms; FOV = 380–400 mm; TR = 3,000 ms; bandwidth = 1,628 Hz/pixel; matrix = 192×154 ; #slices = 5; slice thickness = 5 mm; 5 different *b* values (200, 300, 500, 700, and 1,000 s/mm²). Five acquisitions were averaged to improve signal to noise ratio and to minimize motion artifacts. After acquiring baseline data, each participant received 20 mg of furosemide IV (Hospira, Lake Forest, IL, USA) and BOLD MRI acquisitions were repeated for 20 min post administration.

MRI Analysis Methods

R2* and ASL perfusion maps were generated with a customized Python and MATLAB code, respectively [21, 23]. A Python [24]-based toolbox was also used to perform regions of interest (ROIs) analysis for all parametric maps, that is, ADC, perfusion, and R2* maps. ROIs were manually defined to include cortex, medulla, or whole kidney by experienced researchers. A ring-shaped ROI encompassed entire cortical tissue, multiple small ROIs in medulla, and entire renal parenchyma (representing whole kidney) ROI were defined on the anatomic images (Fig. 1). Once the ROIs are defined, the R2* maps were calculated and the ROIs were applied to estimate regional R2* values. Cortical ROIs were defined directly on ASL and ADC maps. Mean values from all individual ROIs from the 5 slices for BOLD and diffusion MRI from both left and right kidneys were averaged to calculate representative MRI parameters (R2*_Cortex, R2*_Kidney, R2*_Medulla, and ADC_Cortex from diffusion-weighted MR imaging scan). Representative perfusion in cortex (Perfusion_Cortex) was averaged from both left and right kidney from 1 slice of the ASL scan.

For the estimation of eGFR_{slope}, we included additional eGFR measurements available from EMR. The average time range for eGFR readings was 2.8–7.6 years with an average of 4.8 years.

Statistical Analysis

Mean and standard deviation values are reported for each measurement. Non-parametric 1-way ANOVA (Kruskal-Wallis analysis) was used to evaluate differences between the 3 time points for all the MRI parameters. Post hoc pairwise comparisons were con-

Fig. 1. Parametric (R2*, ADC and ASL perfusion) maps in a representative participant. The color bars for each of the parameters are included. Also included are anatomic MR images (short TE images from BOLD MRI acquisition) as a reference and an illustration of ROI definitions in cortex, medulla, and kidney. ADC, apparent diffusion coefficient; ASL, arterial spin labeling; BOLD, blood oxygen level dependent; ROI, region of interest.

ducted to determine which scan pairs are significantly different with each other.

Inter- and intra-subject coefficients of variation (CV) were calculated as a measure of within subject variability at each time point, and temporal variability from baseline to 18- and 36-month data, respectively. Calculations of inter- and intra-CV (SD/mean, expressed as %) were based on definitions previously described [25].

We conducted mixed-effects models to examine the trajectory change in GFR over time using time and MRI variables as fixed effects and baseline intercept as random effect. In addition, associations of MRI parameters with eGFR_{slope} (as indicator of progressive CKD) were conducted using non-parametric Spearman correlation analysis at each of the 3 time points. If significant correlation was observed with any of the MRI parameters, further linear regression analysis was performed to evaluate any potential confounding factors (e.g., age, sex, BMI, serum glucose, ACR, and eGFR). Given the skewed distribution of ACR values, ln (ACR) was used. All of the statistical analyses were carried out using IBM SPSS Statistics 22 (IBM Corporation, Armonk, NY, USA), and *p* value <0.05 was regarded as statistically significant.

Table 2. Summary of Kruskal-Wallis analysis for all measurements and post hoc pairwise comparison

	Time point	N	Mean	SD	p value	Post hoc analysis	
						pairs	p value
R2*_Cortex, s ⁻¹	1	24	20.63	4.19	0.287		
	2	24	20.35	3.20			
	3	24	19.51	3.73			
R2*_Kidney, s ⁻¹	1	24	23.85	4.11	0.009	1–2	1.000
	2	24	22.56	2.65		1–3	0.009
	3	24	21.22	3.38		2–3	0.089
R2*_Medulla, s ⁻¹	1	24	28.59	5.66	0.023	1–2	0.636
	2	24	26.57	4.39		1–3	0.018
	3	24	24.72	3.82		2–3	0.404
ΔR2*_Cortex, s ⁻¹	1	24	1.02	2.17	0.076		
	2	24	1.57	1.26			
	3	24	0.75	0.80			
ΔR2*_Kidney, s ⁻¹	1	24	2.05	1.38	0.241		
	2	24	2.17	1.31			
	3	24	1.49	1.26			
ΔR2*_Medulla, s ⁻¹	1	24	5.65	3.64	0.028	1–2	0.992
	2	24	4.48	3.63		1–3	0.024
	3	24	2.97	2.71		2–3	0.281
Perfusion_Cortex, mL/100 g/min	1	21	112.79	2.71	0.435		
	2	22	110.08	37.33			
	3	24	104.32	51.89			
ADC_Cortex, mm ² /s	1	22	1,603.99	195.33	0.045	1–2	0.096
	2	24	1,515.01	173.48		1–3	0.085
	3	24	1,528.30	149.12		2–3	1.000

Time point: 1 = baseline; 2 = 18 month; 3 = 36 month. ADC, apparent diffusion coefficient. Post hoc pairwise *p* values only provided for variables show significant difference by Kruskal-Wallis test. *p* < 0.05 is statistically significant, shown in bold.

Results

The average interval between baseline and 18-month scan was 19.2 ± 1.5 months (574.5 ± 44.6 days). The average interval between 18- and 36-month scans was 18.7 ± 2.0 months (559.7 ± 60.5 days), and interval between baseline and 36 month was 38.0 ± 2.2 months ($1,139.8 \pm 67.1$ days).

Figure 1 shows an anatomic MRI image of the kidney from a representative individual and the related functional maps for BOLD, ADC, and ASL. Included is an illustration of the ROIs defined.

Table 2 summarizes all the MRI measurements at the 3 time points. Among the 24 subjects, ASL scan was not performed in 5 individuals at baseline and 18 months due to the custom sequence not being available either due to delay in implementation initially at baseline and/

or due to a system upgrade during the 18-month scan. Significant differences were observed for R2*_Kidney, R2*_Medulla, ΔR2*_Medulla, and ADC-Cortex over the 3 time points by ANOVA analysis. Post hoc pairwise comparisons further revealed that the significant difference existed between baseline and the 36-month time points for R2* in whole kidney, medulla and response to furosemide in medulla. Post hoc analysis did not report significant differences between ADC_Cortex at any of the 2 time points. Rapid progressors had significantly lower medullary R2* (20.21 ± 3.45 s⁻¹) compared to the slower progressors (29.79 ± 4.85 s⁻¹, *p* = 0.023) at baseline.

Table 3 is the summary of coefficient of variation for all MRI measurements. Inter_CV was higher than intra_CV for all variables. The CV from a group of healthy con-

Table 3. Summary of CV (%) in moderate CKD

Variable	Inter-CV (control)			Intra-CV compared to baseline (control)	
	baseline	18 mo	36 mo	18 mo	36 mo
R2*_Cortex, s ⁻¹	20.3 (8.1)	15.7 (10.3)	19.1	9.9 (9.0)	9.6
R2*_Kidney, s ⁻¹	17.2 (6.2)	11.7 (8.4)	15.9	9.1 (5.3)	12.0
R2*_Medulla, s ⁻¹	19.8 (11.0)	16.5 (5.1)	15.5	9.5 (8.5)	14.2
Perfusion_Cortex, mL/100 g/min	34.3 (21.2)	33.9 (17.4)	49.7	14.4 (17.4)	23.1
ADC_Cortex, mm ² /s	11.6 (11.3)	11.5 (15.5)	9.8	7.4 (6.1)	6.6

CKD group: *N* = 24 for R2* and ADC, at all 3 time points; *N* = 21, 22, and 24 for Perfusion_Cortex at baseline, 18 and 36 months respectively. Control group: *N* = 10 for all MRI data. CV, coefficient of variation; ADC, apparent diffusion coefficient.

trols previously published [17] is also listed (in parenthesis) for comparison purpose. Intra-subject CV for 36 months and baseline is higher than that for 18 months and baseline except for R2*_Cortex and ADC measurements. Intra_CVs in CKD are generally higher than that in control as one would suspect, except in the case of Perfusion_Cortex between 18 months and baseline.

The results of linear mixed model showed that R2*_Medulla was the only MRI predictor associated with change in eGFR over time (Table 4). Table 5 summarizes the correlations of MRI measurements with annual loss of eGFR (eGFR_slope). The eGFR_slope data used for this analysis were the same for all 3 time points. The most striking observation was that medullary R2* was consistently associated with annual loss of eGFR at all 3 time points. Furthermore, regression analysis (Tables 7–9) also demonstrated that a linear relationship between R2*_Medulla and annual loss of eGFR at all time points. When adjusted for the eGFR, ACR, age, sex, BMI, blood glucose, systolic blood pressure, and use of furosemide and ACE inhibitors, the linear relationship remained significant for baseline. Perfusion showed significant linear relationship with eGFR_slope at baseline and 18 months but not after adjusting for potential confounders. Other parameters evaluated did not show a linear relationship with eGFR_slope, except for ΔR2*_Kidney and ΔR2*_Medulla at baseline but only after adjusting for potential confounders. Table 6 shows the correlation of BOLD MRI measurements analyzed by the twelve-layer concentric objects (TLCO) method [7] with eGFR_slope. Note that data presented in Table 6 are from a subset of the participants included in our prior report [7], matching the cohort in the current study.

In the interest of the larger renal MRI community and to improve awareness, we have included tables as supple-

Table 4. Linear mixed model of eGFR over time^b

Variable ^a	B	SE	<i>p</i> value
R2*_Medulla	4.73	2.05	0.0266
ΔR2*_Cortex	0.02	1.63	0.9884
ΔR2*_Kidney	0.81	0.83	0.3394
ADC	0.02	0.01	0.1455
Time 1 (baseline)	40.3	26.30	0.0339
Time 2 (18 mo)	18.1	28.30	0.0976
Time 3 (36 mo)	Ref	–	–
R2*_Medulla × time 1	–1.76	1.00	0.0492
R2*_Medulla × time 2	–0.87	1.10	0.1495
R2*_Medulla × time 3	Ref	–	–

eGFR, estimated glomerular filtration rate; ADC, apparent diffusion coefficient. *p* < 0.05 is statistically significant, shown in bold. ^a Only MRI variables with *p* < 0.1 in the univariate analysis were included in the multivariable mixed model. ^b Model adjusted for eGFR, ln (ACR), age, BMI, sex, systolic blood pressure, blood glucose, use of furosemide and ACE inhibitors.

mentary material showing the level of consistency of our acquisition and analysis protocols with those recently recommended by the international consortium PARENCHIMA [13, 26, 27]. It should be emphasized that our study was conducted much earlier than the development of the consensus-based recommendations.

Discussion/Conclusion

Few recent reports have shown that reduced cortical R2* in individuals with CKD is associated with annual loss of renal function [7–9]. While the study cohorts in-

Table 5. Summary of Spearman's correlation of MRI parameters with progression index, eGFR_slope

	Baseline	18 mo	36 mo
R ₂ *_Kidney			
ρ	0.130	0.047	0.333
Sig	0.546	0.829	0.112
N	24	24	24
R ₂ *_Kidney			
ρ	0.385	0.311	0.504*
Sig	0.063	0.139	0.012
N	24	24	24
R ₂ *_Medulla			
ρ	0.506*	0.507*	0.652**
Sig	0.012	0.012	0.001
N	24	24	24
ΔR ₂ *_Cortex			
ρ	0.331	0.202	0.304
Sig	0.114	0.344	0.149
N	24	24	24
ΔR ₂ *_Kidney			
ρ	0.597**	0.372	0.180
Sig	0.002	0.074	0.400
N	24	24	24
ΔR ₂ *_Medulla			
ρ	0.438*	0.287	0.143
Sig	0.032	0.173	0.506
N	24	24	24
Perfusion_Cortex			
ρ	0.466*	0.534*	0.226
Sig	0.033	0.011	0.288
N	21	22	24
ADC_Cortex			
ρ	0.117	0.307	0.197
Sig	0.603	0.144	0.355
N	22	24	24
eGFR			
ρ	0.065	0.391	0.363
Sig	0.762	0.059	0.081
N	24	24	24

ADC, apparent diffusion coefficient; eGFR, estimated glomerular filtration rate. $p < 0.05$ is statistically significant, shown in bold. * Correlation is significant at the 0.05 level (2-tailed). ** Correlation is significant at the 0.01 level (2-tailed).

cluded individuals with diabetes, there were no data to indicate that it had any effect on their observations in multivariate analysis. Only one of these 3 studies reported on medullary R₂* and showed higher values compared to healthy controls but did not find an association with annual loss of renal function. In our own prior report on the baseline analysis from the present study [18], we had reported cortical perfusion and response to furosemide on

Table 6. Spearman's correlation of TLCO measurements with eGFR_slope

	eGFR_slope
R ₂ *_inner_TLCO	
ρ	0.430*
Sig	0.046
N	22
R ₂ *_outer_TLCO	
ρ	0.158
Sig	0.482
N	22
R ₂ *_slope_TLCO	
ρ	0.311
Sig	0.159
N	22

TLCO, twelve-layer concentric objects; eGFR, estimated glomerular filtration rate. $p < 0.05$ is statistically significant, shown in bold. * Correlation is significant at the 0.05 level (2-tailed).

renal medullary R₂* to be associated with annual loss of renal function.

The result of this longitudinal study in small number of individuals with moderate CKD showed lower R₂* and higher temporal variability in medullary R₂* over time. These observations suggest that BOLD MRI can be used to monitor progression in CKD. The most novel finding from this study was that R₂* in the renal medulla showed a significant association with annual change of eGFR (eGFR_slope) at all 3 time points. These observations suggest that a decreased medullary R₂* can serve as a marker for progressive CKD.

Inter-subject CV (i.e., between individual variation) was about twice the values in CKD compared to healthy volunteers previously reported [17], implying that MRI measurements are sensitive to the differences based on disease burden. The intra-CV (i.e., temporal variation in each subject) was higher at both time points for R₂*_Medulla and R₂*_Kidney, probably indicating sensitivity to progressive changes in disease burden. Furthermore, ANOVA analysis indicated that R₂* in medulla and whole-kidney ROIs were significantly lower at 36 months compared to baseline. The baseline R₂*_Medulla and R₂*_Kidney values in this study are comparable to those in healthy controls we had reported before [18]. However, our prior data in advanced CKD [10] showed lower R₂* in the medulla and are also consistent with Pruijm et al. [7] using TLCO analysis, indicating lower R₂*_slope in CKD (probably due to increased outer [corresponding to

Table 7. Linear regression of MRI parameters with eGFR_slope in CKD at baseline

Dependent variable	Predictor	β	SE	<i>p</i> value	Adjusted*		
					β	SE	<i>p</i> value
eGFR_slope	R2*_Medulla	0.28	0.104	0.014	0.399	0.112	0.005
	Δ R2*_Kidney	0.857	0.461	0.079	1.588	0.542	0.015
	Δ R2*_Medulla	0.316	0.173	0.084	0.538	0.215	0.031
	Perfusion_Cortex	0.044	0.018	0.028	0.016	0.037	0.680

eGFR, estimated glomerular filtration rate. * Adjusted for eGFR, ln (ACR), age, BMI, sex, systolic blood pressure, and blood glucose, use of furosemide and ACE inhibitors. *p* < 0.05 are shown in bold.

Table 8. Linear regression of MRI parameters with eGFR_slope in CKD at 18 months

Dependent variable	Predictor	β	SE	<i>p</i> value	Adjusted*		
					β	SE	<i>p</i> value
eGFR_slope	R2*_Medulla	0.368	0.126	0.008	0.188	0.135	0.192
	Perfusion_Cortex	0.043	0.017	0.022	0.010	0.012	0.421

eGFR, estimated glomerular filtration rate. * Adjusted for eGFR, ln (ACR), age, BMI, sex, systolic blood pressure, and blood glucose, use of furosemide and ACE inhibitors. *p* < 0.05 are shown in bold.

Table 9. Linear regression of MRI parameters with eGFR_slope in CKD at 36 months

Dependent variable	Predictor	β	SE	<i>p</i> value	Adjusted*		
					β	SE	<i>p</i> value
eGFR_slope	R2*_Medulla	0.277	0.081	0.003	0.156	0.124	0.239
	R2*_Kidney	0.18	0.099	0.087	0.137	0.126	0.306

eGFR, estimated glomerular filtration rate. * Adjusted for eGFR, ln (ACR), age, BMI, sex, systolic blood pressure, and blood glucose, use of furosemide and ACE inhibitors. *p* < 0.05 are shown in bold.

cortex] and decreased inner [i.e., medulla] R2* values). The trend of decreasing R2* in medulla even when R2* in cortex was increasing have been reported in diabetic nephropathy [28]. Based on these earlier observations, the lower R2* at 36 months suggest that these changes may be related to CKD progression.

Linear mixed-effect model showed that lower R2*_Medulla and higher decline in R2*_Medulla predict loss of eGFR. Note this analysis only used the study-related eGFR measurements at the 3 time points. In order to further verify if the observed trends in BOLD MRI index were related to progressive disease, the association of

MRI parameters with annual loss of renal function (estimated based on all eGFR measurements available from EMR) was evaluated at all 3 time points. The baseline data are consistent with a prior report [18] that had indicated significant association of cortical perfusion and response to furosemide in the medulla and whole-kidney ROIs. In addition, in the subset of individuals who participated at all 3 time points, R2*_Medulla also showed a significant association with annual loss in renal function. More interestingly, this association in renal medulla was also observed at the 2 follow-up visits. Prior reports on BOLD MRI in CKD demonstrating as-

sociations with annual loss of eGFR have ignored medullary R2* measurements because of the potential concern regarding subjectivity of defining medullary ROIs [8, 9]. However, we recently demonstrated that the baseline medullary data previously published from the same cohort as in the current study [18] were consistent with the more objective TLCO method [29]. When using R2*_inner (corresponding to R2*_Medulla) by TLCO in the subset corresponding to the cohort used in the current study, we observed a significant association with annual loss of eGFR (Table 6). Combined with our prior evidence that medullary R2* values are lower in advanced CKD [10], the current data suggest that it may be a sensitive and more consistent marker of progressive CKD [7, 18].

Lower R2* values (suggesting higher oxygen availability) may be in an apparent contradiction to the chronic hypoxia hypothesis [4, 30]. Whether the observed lower R2* values necessarily imply better oxygen availability is not yet clear since it may be at least in part due to concomitant change in regional blood volume, hematocrit, and/or Hb-O₂ desaturation curve [31]. This needs further investigation. There are data available to support lower GFR to be associated with lower blood volume [32].

There are a few limitations in this study. The overall number of subjects ($n = 24$) is small and the individuals had only moderate level of CKD. However, it is interesting that R2*_Medulla consistently showed the relationship with eGFR_slope at all the 3 time points. Due to the rate of recruitment of individuals for the study, we had to use the same eGFR_slope for all time points. Furthermore, eGFR data were extended 2 years prior to recruitment so as to allow for a sufficient duration to estimate eGFR_slope in all individuals. We interpret the negative eGFR_slope as an indicator of progressive CKD. The use of same dose of furosemide (20 mg) in all individuals may not be ideal. Dosing based on body weight and eGFR may be more appropriate for future studies.

In summary, longitudinal study with multi-parametric functional renal MRI techniques demonstrate sensitivity to progressive changes at least with medullary R2*. These observations were further strengthened by the associations observed for R2*_Medulla with annual loss of eGFR (a measure of progressive CKD). This was true at all time points by both Spearman correlation and linear regression. This is the first report to illustrate the decrease in medullary R2* as a marker for progression in CKD and further supports the need to include the medulla in the analysis of BOLD MRI in the evaluation of CKD. Whether the reduced R2* is a true reflection of improved oxygen

availability or related to potential confounding factors such as reduced blood volume and/or hematocrit needs further investigation.

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Statement of Ethics

All subjects have given their written informed consent. The study protocol has been approved by the institutional committees on human research.

Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

L-P.L.: data acquisition, data analysis and interpretation, drafting and revising manuscript, and final approval of manuscript. J.M.T.: image analysis and interpretation of data and final approval of manuscript. B.H.: data acquisition, and revision and final approval of manuscript. W.L.: image analysis and interpretation of data and final approval of manuscript. C.W.: data analysis and interpretation. O.K.: data acquisition and interpretation, revision and final approval of manuscript. S.M.S.: conception and design, data acquisition and interpretation, revision and final approval of manuscript, and securing funding. P.V.P.: conception and design, data analysis and interpretation, drafting and revising manuscript, final approval of manuscript, assurance for accuracy and integrity of all the work involved, and securing funding.

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