Adjuvant Immunotherapy after Curative Treatment for Hepatocellular Carcinoma

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Editor *Liver Cancer*

Keywords

Hepatocellular carcinoma · Nivolumab · Adjuvant immunotherapy · Anti-VEGF antibody

Introduction

Hepatectomy and radiofrequency ablation (RFA) have been established as curative therapies for hepatocellular carcinoma (HCC); however, HCC still has a high recurrence rate after these treatments. A study of HCC pathology has shown that microscopic intrahepatic metastasis occurs in about 10% of tumors ≤ 2 cm, and microvascular

invasion occurs in about 27% of these tumors [1]. Thus, even small HCCs (≤ 2 cm) have a risk of recurrence. Moreover, intrahepatic metastasis is a major problem for tumors > 2 cm because increasing tumor size past this cutoff is correlated with an increased risk of intrahepatic metastasis and microvascular invasion [2]. One reason why the prognosis of HCC is so poor is that patients experience repeated recurrences even after curative treatment, and repeated treatments with RFA, hepatectomy, and transarterial chemoembolization deteriorate liver function in many patients, ultimately resulting in death from liver failure or from tumors that are not amenable to treatment with systemic therapy. This suggests that preventing recurrence of HCC after curative treatment could dramatically improve the prognosis. Several studies on the prevention of recurrence have been conducted to date, but all have failed [3–5]. Consequently, there currently remains an unmet need for research on adjuvant therapy after curative treatment for HCC.

The most prominent clinical studies of adjuvant therapy for recurrence prevention conducted to date investigated vitamin K [3], retinoids (the NIK-333 study) [4], and sorafenib (the STORM trial) [5]. However, the 1-year recurrence rates were high (25%, 34%, and 42%, respectively) in the control arms of all these studies. Another

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Fig. 1. Study design of NIVOLVE. NIVOLVE is a phase 2 prospective multicenter single-arm trial of adjuvant nivolumab treatment for hepatocellular carcinoma after surgical resection or radiofrequency ablation.

study showed a 5-year recurrence rate of about 80% after curative treatment for HCC.

Recurrence after curative treatment can occur early or late. Early recurrence is primarily associated with intrahepatic metastasis, whereas late recurrence is often multicentric in origin [6].

Rationale for the Use of Immune Checkpoint Inhibitors (ICIs) to Prevent Recurrence of HCC

Hepatectomy and local ablation using RFA or microwave ablation are known to increase immunogenicity [7]. With ablation specifically, treatment causes the tumor to release tumor-associated antigens, and antigen-presenting cells present these antigens to CD8+ T cells. Upon recognizing these antigens, the CD8+ T cells become activated and reach cancer sites such as microsatellite lesions, where they recognize and attack the cancer cells. The rationale for ICI therapy for preventing recurrence is that using an anti-programmed death (PD)-1/PD-ligand (L)1 antibody to prevent immune escape via the PD-1/PD-L1 pathway could induce necrosis of residual microsatellite lesions in the liver. Duffy et al. [8] have already validated this rationale by showing that ICI therapy after ablation or transarterial chemoembolization for some advanced HCC nodules induced infiltration of CD8+ T cells into the nontreated nodules.

Studies of ICI Monotherapy for Prevention of Recurrence

Table 1 shows ongoing studies of adjuvant ICI monotherapy and combination immunotherapy with bevacizumab for HCC after curative therapy. There are 2 phase III studies of ICI monotherapy, the CheckMate 9DX study with nivolumab and the KEYNOTE-937 study with pembrolizumab. Results of a single-arm phase II study of nivolumab (NIVOLVE trial; registration number, UMIN000026648) were presented at the annual meeting of the American Society of Clinical Oncology (ASCO) in 2021 (Fig. 1) [9]. The 1-year recurrence rate, which was the primary endpoint, was 23.3%, which was lower than the rate of 42% achieved in the STORM trial. However, exploratory biomarker analysis in patients who underwent hepatectomy showed that copy number gains in WNT/β-catenin-related genes (*APC*, *CTNNB1*, *TCF7L1*, and *TCF7L2*), β-catenin activating mutations, low PD-L1 expression, a low CD8+ tumor-infiltrating lymphocyte count, and FOXP3 positivity on immunohistochemical staining were significantly correlated with a high recurrence risk. This suggests that intrahepatic HCC metastases that occur postoperatively have the same immunosuppressive tumor microenvironment and gene mutations associated with immunotherapy resistance (WNT/β-catenin mutations) as advanced HCC [10, 11].

Table 1. Ongoing clinical trials in adjuvant ICI after resection/ablation in HCC

ICI monotherapy		ICI + bevacizumab combination	
Trial name	NIVOLVE (P-II, single arm)	CheckMate 9DX	KEYNOTE-937
Registration No.	UMIN 000026648	NCT 03383458	NCT 03867084
Agent	Nivolumab	Nivolumab	Pembrolizumab
Product	Anti-PD-1 Ab	Anti-PD-1 Ab	Anti-PD-1 Ab
Control	None	Placebo	Placebo
Trial design	Single arm, phase II	Double blind	Double blind
Sample size	55	530	950
Starting date	21 Feb 2017	18 Dec 2017	28 May 2019
End date	31 May 2021	14 Jun 2025	30 Jun 2025
Treatment	Nivolumab 240 mg 1/2W x8 cycle 480 mg 1/4W x8 cycle	Nivolumab or placebo	Pembrolizumab 200 mg or placebo 1/3w, Max 17 cycle
Primary endpoint	1-y RFS rate	RFS	RFS, OS
Secondary endpoint	OS	OS	Incident rate of AE
	RFS	TTR	Discontinuation rate due to AE
	RFS in each treatment	QOL	
Key eligibility criteria	After initial curative treatment with resection or ablation	After initial curative treatment with resection or ablation (imaging or pathology)	After initial curative treatment with resection or ablation (pathological diagnosis required)
	Child-Pugh score 5 or 6	Child-Pugh score 5 or 6	Child-Pugh score 5 or 6
	ECOG PS0 or 1	ECOG PS0 or 1	ECOG PS0 or 1
	Preserved organ function	Preserved organ function	Preserved organ function
Key exclusion criteria	Fibrolamellar, sarcomatous, combined HCC and ICC	Fibrolamellar, sarcomatous, combined HCC and ICC	Fibrolamellar, sarcomatous, combined HCC and ICC
	Associated malignancy	Associated malignancy	Associated malignancy
	Prior ablation therapy	Prior ablation therapy	
		Gastroesophageal varices bleeding within 6 months	Gastroesophageal varices bleeding within 6 months
		Apparent ascites and hepatic encephalopathy	Apparent ascites and hepatic encephalopathy
ICI, immune checkpoint inhibitor; RFS, recurrence-free survival; OS, overall survival; TTR, time to recurrence; QOL, quality of life; PS, performance status; HCC, hepatocellular carcinoma; ICC, intrahepatic cholangiocarcinoma; AE, adverse event.			

Table 2. Immune mechanisms implicated in hepatocellular carcinoma recurrence following curative resection

Immune cell/immune checkpoint	Association with recurrence/survival
I. Tumor infiltration of immune cell	
Immune cells	↑ CD3+ T cells, CD8+ T cells infiltration associated with ↓ recurrence
NKT cells, IFN-γ	↓ NKT cells, IFN-γ independently predicts recurrence and survival
Immune gene signatures	Multiple immune gene signatures associated with the prognosis of resected HCC
II. Accumulation of immunosuppressive cells	
Treg	↑ Treg associated with ↓ OS and RFS
MDSC	↑ MDSCs correlated with early recurrence after resection
	↑ PD-L1+ MDSCs correlated with early recurrence after resection
Macrophages	↑ Peritumoral macrophages associated with recurrence and poor survival after hepatectomy
III. Upregulation of negative immune checkpoints	
PD-L1	↑ PD-L1 associated with high-risk factors for recurrence
Modified from Ref. [12].	

Previous studies on the involvement of tumor-associated immune factors in HCC recurrence after curative treatment have shown that infiltration by immune cells, particularly CD8+ T cells and natural killer T cells, as well as the production of interferon-γ, is associated with a lower rate of recurrence [9, 12]. Studies have also shown that infiltration by suppressive cells such as regulatory T cells (Tregs) and myeloid-derived suppressor cells is associated with a higher recurrence rate and a worse prognosis [12], and that expression of the immune checkpoint PD-L1 is also involved in postoperative recurrence [12] (Table 2).

The NIVOLVE trial reproduced these findings on tumor-associated immune factors and the efficacy of ICIs in preventing recurrence after curative treatment. This trial demonstrated not only that nivolumab therapy works in tumors that express PD-L1 by blocking the PD-1/PD-L1 pathway but also that tumor infiltration by CD8+ T cells and the expression of PD-L1 are well correlated with the efficacy of nivolumab in preventing recurrence [9]. In addition, the high recurrence rate among tumors infiltrated by Tregs also indicated that even microsatellite lesions of primary tumors treated by resection or ablation have the same immunosuppressive tumor microenvironment as the original treated HCC, and thus show only a limited response to ICI monotherapy. Finally, the NIVOLVE trial demonstrated that ICI monotherapy is ineffective in preventing recurrence because tumor infiltration by CD8+ T cells is suppressed when the β-catenin signaling pathway is activated and Tregs are infiltrated in the tumor [9].

Rationale and Phase III Studies of ICIs in Combination with Anti-Vascular Endothelial Growth Factor Antibody Therapy to Prevent Recurrence of HCC

As was shown in the NIVOLVE trial, ICI monotherapy is not very effective for preventing recurrence in HCC with an immune suppressive microenvironment because microsatellite lesions of original tumors removed by curative hepatectomy have the same immune microenvironment as the primary HCC. Therefore, it is only effective for the roughly 20% of tumors that are classified into the immune-active class according to the classification system developed by Sia et al. [13]. The NIVOLVE trial also demonstrated that ICI monotherapy is less effective for the roughly 10% of tumors that are classified into the immune-exhausted class, which have an immunosuppressive microenvironment. As was demonstrated in Arm F of a phase Ib study of atezolizumab plus bevacizumab versus atezolizumab monotherapy [14], combination therapy with the anti-VEGF antibody bevacizumab is effective because it activates priming by inducing maturation of dendritic cells, increases tumor infiltration by immune cells, and improves immune responsiveness by changing the immune microenvironment from suppressive to permissive. ICI plus anti-VEGF antibody therapy was already shown to be effective in advanced HCC in the IMbrave 150 study [15]. These findings reaffirm the need to use an anti-VEGF antibody to improve the immune microenvironment from immune suppressive to immune permissive, even for adjuvant therapy [12]. Combination therapy with an anti-VEGF antibody is currently being investi-

gated in 2 phase III studies, the EMERALD-2 study with durvalumab plus bevacizumab and the IMbrave050 study with atezolizumab plus bevacizumab [12] (Table 1).

Conclusion

The NIVOLVE trial showed that adjuvant ICI monotherapy after curative treatment is effective in CD8+ T-cell-infiltrated HCCs. However, it was ineffective for preventing recurrence in HCC with Treg infiltration or β -catenin activation, just as it is for advanced HCC. Although no conclusion has been reached as to whether ICI plus anti-VEGF antibody therapy is effective against HCC with β -catenin activating mutations, it appears to show greater promise than ICI monotherapy for preventing the recurrence of HCC with an immunosuppressive tumor microenvironment.

In any case, we must wait for the results of the 4 ongoing phase III studies. Because the immune-based classification system was originally based on analysis of resected HCC, the concepts of β -catenin activation and the immune-exhausted and immune-active phenotypes are already well known. We can say that an ICI plus anti-VEGF antibody treatment would be the more reasonable choice of treatment than ICI monotherapy in the adjuvant setting after curative treatment.

The same is also true for advanced HCC: ICI monotherapy was found to have clinical activity in phase I/II studies, but was not found to be effective in phase III studies. However, because these studies used overall survival as the primary endpoint, the negative results may be attributed to long post-progression survival due to post-trial treatment. In that sense, there is a good chance that even ICI monotherapy may prove suppressive effect of recurrence in placebo-controlled trials in the adjuvant setting because recurrence-free survival is the primary endpoint for these trials.

Conflict of Interest Statement

The author reports the following: lecture: Eisai, Bayer, MSD, BMS, EA Pharma, Eli Lilly, and Chugai; grants: Eisai, Takeda, Otsuka, Taiho, EA Pharma, Gilead Sciences, AbbVie, Sumitomo Dainippon Pharma, Chugai, and Ono Pharma; advisory consulting: Eisai, Ono, MSD, BMS, and Roche. The author is the Editor-in-Chief of *Liver Cancer*.

Funding Sources

None.

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