Stroke Prevention by the Practitioner

2nd, revised edition

Editor

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on behalf of the European Stroke Initiative (EUSI)

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Preface

Stroke prevention is one of the most important aspects of the fight against the burden of stroke. Besides, it is also a critical step in the general management of patients with atherothrombotic risk. In Europe, nearly one million individuals suffer a stroke every year, and the same is true for North America. However, stroke is also a major problem in the developing world. Stroke affects young people, old people, women and men of all races and backgrounds, and its costs – functional, emotional and financial – are huge.

Preventing stroke occurrence is the best means to avoid these consequences, both in people at risk (who have not yet had a stroke), and in patients who have already had one. The general practitioner plays a key role in this task, and his or her interaction with stroke specialists should be emphasized and encouraged. Because of the success of the first version of ‘Stroke Prevention by the Practitioner’ a few years ago, a new edition, totally reworked and rewritten, has been prepared by European stroke experts. The European Stroke Initiative is happy to present this revised version on behalf of the European Stroke Council, the European Neurological Society and the European Federation of Neurological Societies.

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