IFP Shows Its Profile at the 12th Congress of the Association of European Psychiatrists!

At the 12th Congress of the Association of European Psychiatrists, held on April 14–18, 2004, in Geneva, Switzerland, the International Federation for Psychotherapy (IFP) showed its profile as a professional organisation that promotes psychotherapy as an academic, evidence-based profession: chaired by Ulrich Schnyder, Switzerland, and Roderick Ørner, UK, the IFP organized a symposium on ‘Psychological Interventions after Trauma’. The symposium attracted a high number of delegates from all over the world. It featured cutting-edge presentations, ranging from an overview of psychotherapies for PTSD, an introduction to brief eclectic psychotherapy for PTSD, imaginative and narrative exposure, creative interventions with traumatized children, to the principles of early intervention for trauma survivors. Furthermore, Ulrich Schnyder was involved in a plenary ‘Interactive Main Session’ on the role of psychodynamic psychotherapy in psychiatric training and practice which elicited an extremely lively discussion in the audience.

Over the last couple of months, the IFP Board took a number of steps towards positioning and strengthening our Federation as a worldwide professional body that aims at promoting and maintaining high professional standards of psychotherapy both in clinical practice and in research:

- The following distinguished colleagues have been appointed as new members of the Council of IFP:
  - Prof. Giovanni A. Fava, MD, Head of the Department of Psychology, University of Bologna, Italy
  - Prof. Klaus Grawe, PhD, Head of the Department of Clinical Psychology and Psychotherapy, University of Berne, Switzerland
  - Dr. Douglas Kong, MD, Mount Elizabeth Medical Centre, Singapore, President of the Asian Pacific Association of Psychotherapists (APAP)
  - Dr. Michael Robertson, MBBS (Hons) FRANZCP, Consultant Psychiatrist, Mayo Private Hospital, Taree, Australia

- Our website has recently been completely redesigned. Please take a few minutes, and visit us at http://www.ifp.cc!
- The planning for the 2nd European Congress for Psychotherapy, organised by the NVP (Dutch Society for Psychotherapy) under the auspices of the IFP, is well under way: on November 26–27, 2004, we will meet in Amsterdam (The Netherlands), under the theme ‘Mind, Brain and Psychotherapy’ (see details below).
- All our members, meaning individual members of the IFP as well as individual members of associations who have membership status with the IFP, are offered the IFP’s official journal Psychotherapy and Psychosomatics at a reduced subscription rate. For details, please contact S. Karger directly at:
  
  S. Karger AG
  Journals distribution
  PO Box
  CH–4009 Basel (Switzerland)
  Fax +41 61 306 12 34
  E-Mail karger@karger.ch

  Wishing you a wonderful spring and summer!

  Prof. Ulrich Schnyder, MD
  President IFP
  u.schnyder@ifp.cc
Congress Calendar

21.8.–22.8.2004
Seoul
Korea
Congress celebrating 30 years of the Korean Academy of Psychotherapy. Theme: International Forum on Tao Psychotherapy and Western Psychotherapy
Chairman: M.H.M. de Wolf
Congress website: www.epcamsterdam2004.nl
Coordinator: T. Sakuta

26.11.–27.11.2004
Amsterdam
The Netherlands
European Congress of Psychotherapy (Dutch Association of Psychotherapy NVP in cooperation with IFP). Theme: Mind, Brain and Psychotherapy
Chairman: M.H.M. de Wolf
Congress website: www.epcamsterdam2004.nl
Coordinator: T. Sakuta

25.9.–28.9.2006
Tokyo
Japan
2006: 19th IFP World Congress of Psychotherapy

Mind, Brain and Psychotherapy

European Congress for Psychotherapy, organised by the NVP (Dutch Society for Psychotherapy) under the auspices of the IFP, November 26–27, 2004, in Amsterdam (the Netherlands).

Both in science and in clinical practice co-operation between disciplines is evidently very important. The fields of psychology and psychotherapy are no exception to this. There is a great future for the development of psychotherapy if it takes advantage of the results which are found in neuroscience and biology. On the other hand, biology and especially neuroscience can take advantage of results in research in psychology and psychotherapy. The dialogue between both branches is the main theme of this conference.

On the first day, the development and results of research on the theme ‘Mind, Brain and Psychotherapy’ will be central in keynote lectures and in workshops, lectures and poster sessions. Mark Solms, who published about neuroscience and aspects of the inner world (dreams etc.), and Klaus Grawe, professor at the university of Berne (Switzerland), who published about a theory of psychotherapy based on neuroscience, are keynote speakers.

The second day, November 27, is dedicated to clinical practices such as schedule-focused psychotherapy, transference-focused psychotherapy, psychotrauma, psychotherapy research and psychotherapy for children and adolescents. Symposia will be held by Ulrich Schnyder, professor in Zurich, Manfred Beutel (Germany), Frank Yeomans (USA), Arnout Arnts (the Netherlands), Frits Boer (the Netherlands) and Wim Trijsburg (the Netherlands).

The congress is held in the RAI Congress Centre, close to the centre of the beautiful city of Amsterdam. There will be an attractive social programme, and you can visit the famous Concertgebouw and the museums of Amsterdam.

The Dutch fellow psychotherapists will be there to inform you about the state of the art of psychotherapy in the Netherlands, and we hope that many colleagues from other European countries will inform the Dutch psychotherapists about the situation of psychotherapy in their countries.

Further information at this moment: www.psychotherapie.nl and www.ifp.cc.

The organising Committee of the Second European Congress of Psychotherapy:

Dr. Thijs de Wolf, president
Dr. Gerrit Paarlberg, secretary
Dr. Peter Dekker, treasurer
Dr. Ria Reul-Verlaan, IFP

International Forum on Tao Psychotherapy and Western Psychotherapy

August 21–22, 2004
Shilla Hotel, Seoul, Korea

Program 1
What Is Tao Psychotherapy?
Co-Chairs: Peter Kutter, Kang Suk-Hun
Presenter: Huh Chan Hee
Introduction to Tao Psychotherapy
Presenter: Rhee Dongshick
The Essence of Tao Psychotherapy in Comparison with Western Psychotherapy/Psychoanalysis
Discussants: Allan Tasman, Erik Craig

Program 2
Tao Psychotherapy Case 1
Chair: Erik Craig
Presenters (discussants): Peter Kutter, Allan Tasman, some Korean members

Program 3
Panel: The Meeting of the Ways: Psychotherapy East and West
Chair: Erik Craig
Presenter: Peter Kutter
Contemporary Schools of Psychoanalysis (Independent Group, Self Psychology, Klein-Bion), Compared with Tao
Presenter: Kang Suk-Hun
Ways to Be a Bodhisattva and to Be a Psychotherapist
Presenter: Erik Craig
How Is It Tao, Dasein and Psyche? An Inquiry into Theoretical and Therapeutic Implications
Discussant: Allan Tasman

Program 4
Tao Psychotherapy Case 2
Chair: Allan Tasman
Presenters (discussants): Erik Craig, Peter Kutter, some Korean members

Program 5
Meet Prof. Rhee, the Founder of Tao Psychotherapy
(East and West Dialogue in Psychotherapy)
Obituary for Erna Hoch (1919–2003)

It was on a hot day last summer that we learned that Erna Hoch had ‘passed away peacefully and painlessly in her sleep’ – as her sister broke the sad news to us. Our late colleague had spent her last 15 years living in Carnago in the Swiss canton of Ticino, after having lived much of her professional life in India from 1956 to 1988. Between 1969 and 1980, she was Professor of Psychiatry at the Government Medical College in Srinagar, and, at the same time, she was the director in charge of the only psychiatric hospital unit in the whole of Kashmir.

Throughout all those years abroad, Erna Hoch stayed in professional and cultural contact with her homeland in the West, including regular attendance and lecture presentations at the ‘Zürcher Gespräche’ (‘Zurich colloquia’), where representatives of different fields came together for an interdisciplinary, transcultural exchange of views on the vital intellectual and psychogenic issues of the day. Erna Hoch was an occasional participant at specialist national and international conferences too, for instance the 1976 IFMP congress in Paris, where she presented a paper on the significance of instant events in the psychotherapeutic process.

The author of these reminiscences first made Erna Hoch’s acquaintance at the time he was the IFMP treasurer – to begin with only by name. Her membership records showed that she was one of very few loyal individual members of the international federation, who did not belong to any national grouping (in her case, neither a Swiss nor an Indian one), and who, incidentally, could always be relied on to pay her modest membership contribution.

Her formal status within the federation was a perfect parallel with the life she led for many decades as a ‘bridge between the worlds’ and she was extremely skilful at carving it out in such a way that it bore much fruit for the two banks it joined and for herself too. This is witnessed in the compelling account contained in her last book, Das Irrenhaus am Lotos-See. In it she describes what she experienced at first hand as she journeyed between continents and mentalities. Anyone reading this extraordinary narration can follow step by step how this native of Basel, in her job as a medical practitioner, faces up to the complex task confronting her with expertise and deeply-rooted knowledge. At the same time, she allows herself to take in the enchantment of foreign climes, for which she feels the deepest interest, but never ceases to be herself. The reader can readily appreciate what the course of the writer’s own life must have been like, as she advances from the committed helper, who is how it all began for her, to an erudite, sympathising ‘dual citizen’, who has grown intimately familiar with the world of her chosen home.

It was in this role of ‘dual citizen’ and with her commensurate skills in ‘trans-lating’ that she generously made herself available to serve both sides, and the IFMP was always grateful to be able to call on that generosity whenever it needed to weave a mesh of contacts between the West and the East.

Given her western perception of psychotherapy, Erna Hoch felt particularly close ties with the existential analysis of Medard Boss and those around him, and she remained in continuous dialogue with him even when she was in India. Medard Boss was also renowned for his interest in building intercultural bridges, and it was something he put into practice within the IFMP too during his time as the federation’s president. Over a period of many years, Erna Hoch was something like a landmark for him in India, whilst it was through him that she, in turn, had several opportunities of voicing her views in the West and of relating her experiences there. Their dependable mutual relationship also brought lasting benefits for the IFMP. When the undersigned contacted Medard Boss in the run-up to the 1988 Congress in Lausanne to ask his assistance in finding suitable speakers from Asia, he received a one-sentence reply: ‘Our colleague, Erna Hoch, knows all there is to know in India.’ After that, ‘our colleague’ gave us the benefit of her sound advice, and that was by no means limited to India. She turned out to be an equally essential go-between for Japan and Korea too, and, finally, she also helped us translate a number of documents. Erna Hoch gave us moral and practical support on later occasions too, especially, of course, in preparing the 1994 Congress in Seoul.

In later years, the ‘dialogue between the worlds’, although gradually beginning to wane, was prolonged on many a Ticino stroll. Arthur Trenkel, MD

Massagno

IFP Board

www.ifp.cc

Prof. Ulrich Schnyder, MD
President IFP, Zurich/Switzerland
u.schnyder@ifp.cc

Prof. Wolfgang Senf, MD
Past President IFP, Essen/Germany
wolfgang.senf@uni-essen.de

Alfried Längle, MD, PhD
Secretary General IFP, Vienna/Austria
a.laengle@ifp.cc

Ria Reul-Verlaan, MD
Treasurer IFP, The Hague/The Netherlands
r.reul@ifp.cc

Prof. Tsutomu Sakuta, MD, PhD
19th World Congress Organiser, Chiba-ken/Japan
t.sakuta@ifp.cc

Secretariat IFP

Cornelia Erpenbeck
University Hospital Zurich, Psychiatric Department
Culmannstrasse 8
CH–8091 Zurich (Switzerland)
Tel. +41 44 255 52 51
Fax +41 44 255 44 08
E-Mail secretariat@ifp.cc