New Aspects in Thrombotic Research: Complement Induced Switch in Mast Cells from a Profibrinolytic to a Prothrombotic Phenotype

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Abstract
Mast cells, strategically located in the vicinity of blood vessels, are multifunctional effector cells participating in the modulation of various inflammatory and cardiovascular disease processes by actively releasing a wide variety of vasoactive mediators. These cells have also been implicated in the regulation of thrombosis and the development and progression of atherosclerosis. By expressing enzymatically active tissue-type-plasminogen activator (t-PA), human mast cells (MC) might play a role in endogenous fibrinolysis and extracellular matrix remodelling - both processes that are essential in the pathogenesis of cardiovascular disorders. However, when treated with the anaphylotoxin C5a, mast cells express the PA inhibitor 1 (PAI-1) in excess over t-PA. In context with studies suggesting a role for mast cells and components of the complement system in the development of cardiovascular disease our results lead to the hypothesis that mast cells by producing t-PA in a resting state and by expressing PAI-1 when activated by C5a might participate in the modulation of the balance between proteases and protease inhibitors regulating tissue injury and repair in these disease processes. In addition, C5a might upregulate PAI-1 in mast cells to prevent its own inactivation by plasmin in an autocrine or paracrine fashion.

Introduction
Mast cells are multifunctional effector cells, which are involved in a variety of physiological and pathophysiological events [1]. They can be detected in most organ systems and are located in loose connective tissue in next vicinity to blood vessels and nerves. By producing and releasing a variety of vasoactive mediators such as histamine, heparin, prostaglandin D2, vascular endothelial growth factor (VEGF), tryptase, chymase and cytokines such as tumor necrosis factor-alpha (TNF-α), mast cells are considered to contribute to the modulation of vasodilation, edema and capillary leakage-formation, angiogenesis, leukocyte migration and endothelial cell activation [2].

Mast Cells and Cardiovascular Disease
Mast Cells and Thrombosis
It has been shown in several studies that the number of mast cells increases in venous thrombosis, whereby in deep venous thrombosis mast cells accumulate in vicinity to the...
vasa vasorum at the site of the thrombus [3]. In auricular thrombosis mast cells are found in the upper endocardium. Mast cell accumulation has also been described in liver vein thrombosis and pulmonary embolism [3-5]. It has also been shown that mast cell deficient mice have an increased risk to develop fatal thrombosis [6]. Mast cell reconstitution in these mice by bone marrow transplantation resulted in protection from these events. In the same model heparin had a similar protective effect [6]. Thus it seems likely that mast cells might play a role in the repair processes after thrombus formation and/or in the prevention of thrombosis, probably via the production of heparin and tissue type plasminogen activator (t-PA; see also below).

**Mast Cells and Atherosclerosis**

A role for mast cells in the development and progression of atherosclerosis has also been proposed recently. This hypothesis is based on observations showing that the number of degranulated mast cells in the adventitia next to ruptured atherosclerotic plaques is increased [7]. In that respect it is also of interest that mast cells produce metalloproteinase-2 (MMP-2) and MMP-9 - proteases critically involved in the destabilization of plaques - when activated with kit ligand or transforming growth factor-beta or when in contact with activated T cells [8,9]. In addition it could be demonstrated that other MMPs participating in plaque destabilization such as MMP-1 and MMP-3 can be activated from their respective inactive proenzyme by mast cell-derived tryptase and chymase [10]. Furthermore, mast cells can connect with sensory nerve fibers in atherosclerotic coronary arteries which raises the possibility that upon neurogenic stimulation these cells may release mediators such as histamine and leukotrienes which then in turn contribute to the complex neurohumoral response that leads to pathological coronary vasoconstriction [11].

**Components of the Complement System and Cardiovascular Disease**

Activation of the complement cascade is a major aspect of chronic inflammatory diseases. Such activation - among other effects - might also result in vascular injury. This notion has been supported by the observation that components of the complement cascade have been found in atherosclerotic plaques in the vessel wall [12]. By activating mast cells and other leukocytes, components of the complement system may contribute to inflammatory processes within the vascular wall and as such might be involved in the development and progression of disease processes such as atherosclerosis. In that respect it should be emphasized that the C5a inhibitor pexelizumab reduces mortality in patients undergoing coronary artery bypass surgery or receiving reperfusion therapy after acute myocardial infarction [13]. Furthermore, markers of inflammation predicting mortality are reduced by pexelizumab in patients suffering from acute myocardial infarction [14]. In addition, complement peptides such as C3a and C5a have been shown to stimulate chemotaxis of mast cells and to induce the release of mediators such as histamine and leukotrienes from these cells [15,16]. Thus, it is tempting to speculate that components of the complement system by activating mast cells could contribute to their role in the development of cardiovascular diseases as described above.

**Mast Cells as Modulators of the Plasminogen Activator/Plasmin System**

The plasminogen activator (PA)/plasmin system is involved in a multitude of physiological and pathophysiological processes such as clot lysis, ovulation, cell migration, wound healing, angiogenesis, tumor growth and metastasis and embryonic development [17]. The central enzyme in this system is plasmin, which is activated from its inactive proenzyme plasminogen by two PAs, namely t-PA and urokinase type-PA (u-PA). The activity of these two serine proteases is regulated by their physiologic inhibitors PA inhibitor-1 (PAI-1), PAI-2 and protein C inhibitor (PCI) or PAI-3, all members of the serine protease inhibitor (serpin) family [17]. These inhibitors neutralize the enzymatic activities of u-PA and t-PA by complex formation. We have recently shown that resting mast cells express t-PA constitutively without simultaneously producing PAIs [18]. This in contrast to other (peri)vascular cell types involved in fibrinolysis such as endothelial cells, smooth muscle cells, or macrophages. At least in vitro these cells produce significant levels of PAIs sufficient to neutralize the enzymatic activity of the coproduced PAs [19-21]. Because of the lack of PAI production by resting mast cells the secreted t-PA is enzymatically active and thus is able to activate plasminogen into the active enzyme plasmin. Therefore, we believe that resting mast cells by producing active t-PA play a major role in endogenous fibrinolysis by regulating repair processes after thrombus formation and/or the prevention of thrombosis. Since plasmin cannot only degrade fibrin but can also activate MMPs from inactive pro-MMPs one could speculate that via this mechanism mast cells could also be involved in the remodelling or degradation of extracellular matrix by these enzymes and as such play a role in the destabilization of atherosclerotic plaques [22].

More recently it has been shown that mast cells produce appreciable amounts of PAI-1 when incubated with PMA or...
calcium ionophore. PAI-1 was also found in lung mast cells in a patient with asthma attack [23]. The authors of this study proposed a role for mast cell-derived PAI-1 in airway remodelling in asthma. We have recently identified C5a as a physiologic mediator of PAI-1 expression in human mast cells [24]. When treated with C5a human mast cells secrete PAI-1 in excess over t-PA. Therefore, in such cells t-PA is completely complexed and thus neutralized by simultaneously secreted PAI-1 and a surplus of enzymatically active PAI-1 is found. Thus the profibrinolytic, antithrombotic resting mast cell producing active t-PA in the absence of PAI-1 has changed into an antifibrinolytic, prothrombotic phenotype secreting PAI-1 in excess over t-PA under the influence of C5a. In this regard it is noteworthy that many other mediators and cytokines do not induce PAI-1 expression in human mast cells suggesting a unique effect for C5a. Based on all these observations we speculate that apart from their profibrinolytic properties in the resting state mast cells could - by expressing PAI-1 under distinct, C5a-dependent conditions such as chronic inflammatory processes in cardiovascular disease - participate in the modulation of the balance between proteases and protease inhibitors that regulates tissue injury and repair in these disease states. Finally it should also be mentioned that C5a is sensitive to cleavage and inactivation by plasmin [25]. In this context it is tempting to speculate that C5a upregulates the expression of PAI-1 in mast cells to prevent its own inactivation. In such an autocrine or paracrine loop PAI-1 produced by mast cells in response to activation by C5a would inactivate t-PA produced by these cells, which in turn would prevent plasmin formation and thus inactivation of C5a by plasmin (Figure 1).

**Fig. 1.** Schematic representation of a resting mast cell (panel A) and a mast cell activated by C5a (panel B). Black: active pathways; grey: inactive pathways; abbreviations: cAMP: cyclic adenosine monophosphate; CD88: C5a receptor; ECM: extracellular matrix; FDP: fibrin degradation products; Gi: inhibitory G-protein; PAI-1 plasminogen activator inhibitor-1; Pgn: plasminogen; Pi: plasmin; t-PA: tissue type-plasminogen activator

**Concluding Remarks**

In addition to the multitude of functions exerted by mast cells in the modulation of various physiological and pathophysiological processes recent data strongly suggest that mast cells also play a key role in the regulation of the PA/plasmin system. In a resting state the mast cell - at least to our knowledge - represents the only (peri)vascular cell type secreting active t-PA. In this state mast cells are profibrinolytic and antithrombotic and could be essential for thrombus dissolution but also for extracellular matrix degradation. In diseases processes involving chronic inflammation with complement activation, the anaphylotoxin C5a can induce a switch in mast cells to an antifibrinolytic, prothrombotic phenotype that would inhibit fibrinolysis and extracellular proteolysis.

**References**

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