Violence against women is a global problem that includes intimate partner violence, sexual abuse of girls and women, trafficking of women, violence in humanitarian crisis settings, violence against female patients including abuse of doctor-patient relationships, and harassment and discrimination of women at the workplace. The mental sequelae for abused women includes posttraumatic stress syndromes, anxiety and depressive disorders, suicidality, substance abuse, and dissociative and somatoform disorders. However, to date, psychiatry and psychotherapy have widely neglected violence as an influencing factor on mental health.

This book, which is the first comprehensive overview, discusses current evidence of the links between violence against women and mental health. It is authored by internationally renowned experts, and is both enlightening and thought-provoking. It reviews violence against women in different parts of the world and discusses its prevalence, nature and underlying causes. It looks at the implications of these findings for mental health policies and programs, and further, it strives to stimulate discussion and debate that will hopefully lead to pro-action not only in the medical but also in the political field.

This book is essential reading for therapists and clinicians from varying fields, including psychiatry, psychosomatics, general medicine, and gynecology. It shall also serve as an important reference book for sociologists and policy makers.
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