Pediatric Nutrition in Practice

2nd, revised edition

Editor
B. Koletzko

Co-Editors
J. Bhatia
Z.A. Bhutta
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There is no other time in life when the provision of adequate and balanced nutrition is of greater importance than during infancy and childhood. During this dynamic phase characterized by rapid growth, development and developmental plasticity, a sufficient amount and appropriate composition of nutrients both in health and disease are of key importance for growth, functional outcomes such as cognition and immune response, and the metabolic programming of long-term health and well-being.

This compact reference text provides concise information to readers who seek quick guidance on practical issues in the nutrition of infants, children and adolescents. After the success of the first edition, which sold more than 60,000 copies in several languages, the editors prepared this thoroughly revised and updated second edition which focuses again on nutritional challenges in both affluent and poor populations around the world. Serving as a practical reference guide, this book will contribute to further improving the quality of feeding of healthy infants and children, as well as enhancing the standards of nutritional care in sick children.

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Fields of Interest: Nutrition; Pediatrics;
Gastroenterology; Metabolism, Neonatology

CONTENTS

List of Contributors

Preface

Specific Aspects of Childhood Nutrition

Child Growth: *Kim F. Michaelsen*

Nutritional Assessment

• Clinical Evaluation and Anthropometry:

John W.L. Puntis

• Diet History and Dietary Intake Assessment:

Pauline Emmett

• Use of Technical Measurements in Nutritional Assessment: *Babette S. Zemel, Virginia A. Stallings*

• Use of Laboratory Measurements in Nutritional Assessment: *Ryan W. Himes, Robert J. Shulman*

Nutritional Needs

• Nutrient Intake Values: Concepts and Applications: *Berthold Koletzko*

• Energy Requirements of Infants, Children and Adolescents: *Nancy F. Butte*

• Protein: *Johannes B. van Goudoever*

• Digestible and Non-Digestible Carbohydrates: *Iva Hojsak*

• Fats: *Patricia Mena, Ricardo Uauy*

• Fluid and Electrolytes: *Esther N. Prince, George J. Fuchs*

• Vitamins and Trace Elements: *Noel W. Solomons*

Physical Activity, Health and Nutrition:

Robert M. Malina

Early Nutrition and Long-Term Health:

Berthold Koletzko

Food Safety: *Hildegard Przyrembel*

Gastrointestinal Development, Nutrient Digestion and Absorption: *Michael J. Lentze*

Gut Microbiota in Infants: *Akihito Endo, Mimi L.K. Tang, Seppo Salminen*

Nutrition of Healthy Infants, Children and Adolescents

Breastfeeding: *Kim F. Michaelsen*

Formula Feeding: *Berthold Koletzko*

Marketing of Breast Milk Substitutes: *Neelam Kler, Naveen Gupta, Anup Thakur*

Complementary Foods: *Mary Fewtrell*

Allergy Prevention through Early Nutrition: *Sibylle Koletzko*

Toddlers, Preschool and School Children: *Hildegard Przyrembel*

Adolescent Nutrition: *Rehana A. Salam, Zulfiqar A. Bhutta*

Nutrition in Pregnancy and Lactation: *Lenka Malek, Maria Makrides*

Vegetarian Diets: *Claire T. McEvoy, Jayne V. Woodside*

Nutritional Challenges in Special Conditions and Diseases

Primary and Secondary Malnutrition: *Lubaba Shahrin, Mohammad Jobayer Chisti, Tahmeed Ahmed*

Micronutrient Deficiencies in Children: *Ali Faisal Saleem, Zulfiqar A. Bhutta*

Enteral Nutritional Support: *Sanja Kolaček*

Parenteral Nutritional Support: *Berthold Koletzko*

Management of Child and Adolescent Obesity: *Louise A. Baur*

Reducing the Burden of Acute and Prolonged Childhood Diarrhea: *Jai K. Das, Zulfiqar A. Bhutta*

HIV and AIDS: *Haroon Saloojee, Peter Cooper*

Nutritional Management in Cholestatic Liver Disease: *Bram P. Raphael*

Malabsorptive Disorders and Short Bowel Syndrome: *Olivier Goulet*

Celiac Disease: *Riccardo Troncone, Marco Sarno*

Food Intolerance and Allergy: *Ralf G. Heine*

Regurgitation and Gastroesophageal Reflux: *Noam Zevit, Raanan Shamir*

Childhood Feeding Problems: *Maureen M. Black*

Preterm and Low-Birth-Weight Infants: *Ekhard E. Ziegler*

Nutritional Management of Diabetes in Childhood: *Carmel Smart*

Inborn Errors of Metabolism: *Anita MacDonald*

Hypercholesterolemia: *Berthold Koletzko*

Enteral Nutrition for Paediatric Inflammatory Bowel Disease: *Marielena Mouzaki, Anne Marie Griffiths*

Nutrition in Cystic Fibrosis: *Michael Wilschanski*

Heart Disease: *Michelle M. Steltzer*

Nutritional Management in Children with Chronic Kidney Disease: *Lesley Rees*

Nutrition Rehabilitation in Eating Disorders: *Berthold Koletzko*

Haemato-Oncology: *John W.L. Puntis*

Intensive Care: *Jessie M. Hulst, Koen F.M. Joosten*

Annexes

The WHO Child Growth Standards: *Mercedes de Onis*

The CDC and Euro Growth Charts: *Ekhard E. Ziegler*

Reference Nutrient Intakes of Infants, Children and Adolescents: *Katharina Dokoupil, Berthold Koletzko*

Feeding My Baby – Advice for Families: *Katharina Dokoupil, Berthold Koletzko*

Increasing Dietary Energy and Nutrient Supply: *Berthold Koletzko, Katharina Dokoupil*

Dietary Assessment in Children: *Pauline Emmett*

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