How to improve the life chances of children

Hidden Hunger

Malnutrition and the First 1,000 Days of Life: Causes, Consequences and Solutions

Editors: Hans Konrad Biesalski, Robert E. Black

Malnutrition caused by deficiencies of vitamins and minerals impairs both the intellectual and physical development of a child. Due to the absence of clinical symptoms and assessments, no intervention can be staged, which decreases the chance to escape from poverty. Malnutrition in high-income countries, the nutrition transition and nutritional deficiencies in low-income countries, consequences, and interventions to improve nutrition security are covered.

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