Top experts on the challenge of
hyper- and hypocortisolism management

Cortisol Excess and Insufficiency

Editors: **Emanuela Arvat**
Alberto Falorni

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Frontiers of Hormone Research
Editor: E. Ghigo
Vol. 46

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Disorders associated with cortisol excess and insufficiency, although rare, deserve the attention of the entire medical community because of high associated morbidity and mortality. Both diagnosis and management of hypo- and hypercortisolism are challenging, and disease presentation at both clinical and laboratory level is not always definite. New tools are available for non-invasive and early diagnosis, and the choice of treatment should be tailored to each patient to improve quality of life through the regulation of the levels and rhythm of hormonal secretion, while limiting complications associated with the disease and therapies. In this new volume, top experts have contributed chapters on the pathognomonic, epidemiological, clinical, radiological, and laboratory aspects of the various disorders associated with altered cortisol secretion. They also present information on still debated standpoints on management. *Cortisol Excess and Insufficiency* is a valuable reference book for those wishing to have a reasoned and broad overview of the pathophysiology and management of disorders associated with hypo- and hypercortisolism.

Frontiers of Hormone Research, Vol. 46

Cortisol Excess and Insufficiency

Editors: **Arvat, E.** (Turin); **Falorni A.** (Perugia)

VIII + 216 p., 17 fig., 4 in color, 20 tab., 2016

CHF 196.00 / EUR 183.00 / USD 231.00 (hard cover or online*)

CHF 235.00 / EUR 220.00 / USD 277.00 (online**)

ISBN 978-3-318-05839-0

e-ISBN 978-3-318-05840-6

FIELDS OF INTEREST: Endocrinology; Internal Medicine; Neuroendocrinology, Immunology, Laboratory, Metabolism

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Frontiers of Hormone Research
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 ISSN 0301-3073
 eISSN 1662-3762
 Listed in MEDLINE/PubMed,
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