This interdisciplinary journal is unique in its field as it covers the principles of both gastrointestinal medicine and surgery required for treating abdominal diseases. In each issue invited reviews provide a comprehensive overview of one selected topic. Thus, a sound background of the state of the art in clinical practice and research is provided. A panel of specialists in gastroenterology, surgery, radiology, and pathology discusses different approaches to diagnosis and treatment of the topic covered in the respective issue. Original articles, case reports, and commentaries make for further interesting reading.

The journal is a valuable source of information, imparting essential knowledge for mastering the major interdisciplinary challenges in gastrointestinal medicine and surgery.

Selected contributions
- Intraductal Papillary Mucinous Neoplasms of the Pancreas: Strategic Considerations: Morales-Oyarvide, V.; Fong, Z.V.; Fernández-del Castillo, C.; Warshaw, A.L. (Boston, MA)
- The Microbiome in Visceral Medicine: Inflammatory Bowel Disease, Obesity and Beyond: Chiriac, M.T.; Mahapatro, M.; Neurath, M.F.; Becker, C. (Erlangen)
- Dimensions of Quality and Their Increasing Relevance for Visceral Medicine in Germany: Kessler, W. (Greifswald); Heidecke, C.-D. (Greifswald/ Berlin)
- Neuroendocrine Neoplasms: Dichotomy, Origin and Classifications: Klöppel, G. (Munich)
- Hypertrophy and Liver Function in ALPPS: Correlation with Morbidity and Mortality: Kang, D. (Chicago, IL); Schadde, E. (Chicago, IL/Winterthur/Zurich)
In daily medical practice, physicians often use scores, classifications and schematic diagnostic paths to make clear and comprehensive decisions. Treatment algorithms have also proven to be effective. However, it has become increasingly difficult or even impossible to have all scores, schemata and algorithms at hand, and a search on the internet can be very time consuming. Gastrix solves this problem: unlike classic gastroenterology and hepatology textbooks, it summarizes all necessary information in the form of a pocket-sized book. Gastroenterologists will thus have all relevant information easily available at all times.

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