The ultimate medical handbook series
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Karger’s concise content based on quality scientific findings – for healthcare professionals and patients.
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Cardiology & Vascular Medicine

**Fast Facts: Cardiac Arrhythmias**  
3rd edition  
*Authors:* Kaye, G.; Lemery, R.  
184 p., 48 fig., 48 in color, 2018  
*Hard cover or online:*  
CHF 25.00 / EUR 18.00 / USD 25.00  
*Online:*  
CHF 125.00 / EUR 90.00 / USD 125.00  

A highly readable handbook that cuts through the complexities of heart rhythm abnormalities. It includes recent pharmacological advances, such as the gradual replacement of warfarin anticoagulation with direct oral anticoagulants, and technological advances, such as the use of smartphone and smartwatch systems to record heart rhythms, and the latest thinking on catheter and surgical ablation.

**Fast Facts: Heart Failure**  
2nd edition  
*Authors:* Korczyk, D.; Kaye, G.  
152 p., 27 fig., 27 in color, 2017  
*Hard cover or online:*  
CHF 25.00 / EUR 18.00 / USD 25.00  
*Online:*  
CHF 125.00 / EUR 90.00 / USD 125.00  
*eISBN:* 978–1–910797–46–4

Effective new treatments – from drugs to surgery to devices – are revolutionizing both outcome and wellbeing in patients with heart failure. With simple advice on diagnosis and investigation, clear management principles and evidence-based guidance on first- and second-line drug therapies, devices and transplantation, this highly readable resource will help primary care providers, cardiology nurses and trainees get up to speed. It is also a good introduction to the subject for all healthcare professionals who care for the elderly.

**Fast Facts: Hypertension**  
5th edition  
*Authors:* MacGregor, G.A.; Stowasser, M.  
96 p., 22 fig., 22 in color, 2016  
*Hard cover or online:*  
CHF 25.00 / EUR 18.00 / USD 25.00  
*Online:*  
CHF 125.00 / EUR 90.00 / USD 125.00  
*eISBN:* 978–1–910797–04–4

Hypertension is the biggest cause of death and disability in the world, yet it remains underdiagnosed, undertreated and, in many cases, poorly controlled.
**Fast Facts: Cutaneous T-Cell Lymphoma**

**Authors:** Haun, P.L.; Scarisbrick, J.J.
112 p., 74 fig., 74 in color, 2019

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–912776–30–6
**eISBN:** 978–1–912776–31–3

*Fast Facts: Cutaneous T-Cell Lymphoma* is designed to help primary care providers, dermatologists, and oncologists to communicate effectively with pathologists in the diagnosis of this chronic condition, aided by over 100 superb clinical and pathological images, and to provide tailored long-term care for their patients. This concise, practical handbook will ensure clear communication with respect to the clinical presentation, histopathology, immunophenotyping and treatment of early and advanced mycosis fungoides and its variants, Sézary syndrome and other non-mycosis fungoides CTCLs.

**Fast Facts: Acne**

2nd edition

**Authors:** Layton, A.M.; Thiboutot, D.; Bettoli, V.
104 p., 43 fig., 43 in color, 2016

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–89–5
**eISBN:** 978–1–908541–90–1

A concise overview of the clinical features of acne and available treatments – including their respective modes of action and potential adverse events – and advice on treatment selection. With discussion of the use of antibiotics and the current concerns regarding overprescribing and antibiotic resistance, this practical resource is ideal reading for family practitioners, nurse prescribers, pharmacists and dermatology trainees wanting to get up to speed on this challenging disease.

**Fast Facts: Skin Cancer**

2nd edition

**Authors:** Agnew, K.L.; Bunker, C.B.; Arron, S.T.
116 p., 67 fig., 67 in color, 2015

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–39–0
**eISBN:** 978–1–908541–50–5

Skin cancer is both preventable and treatable, yet it is becoming alarmingly common. The key to successful treatment (other than education and prevention) is early recognition and swift referral. ‘Fast Facts: Skin Cancer’ has been written by three international experts to equip healthcare professionals with the necessary skills to save lives.

**Fast Facts: Disorders of the Hair and Scalp**

Revised 2nd edition

**Authors:** Sinclair, R.; Jolliffe, V.
136 p., 65 fig., 65 in color, 2013

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–37–6
**eISBN:** 978–1–908541–49–9

‘Fast Facts: Disorders of the Hair and Scalp’ is a comprehensive guide to the clinical features of the scalp, and provides a detailed overview of the most common and less common disorders of the hair, and how to manage patients. It is an ideal tool for doctors and students in dermatology training.

**Fast Facts: Psoriasis**

4th edition

Authors: Menter, A.; Smith, C.; Barker, J.
118 p., 32 fig., 32 in color, 2014

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–74–1
**eISBN:** 978–1–908541–81–9

A concise overview of psoriasis – including its clinical features, diagnosis, treatment, and management. This book is designed to help doctors and other healthcare professionals to manage patients with this chronic condition effectively.

**Fast Facts: Minor Surgery**

2nd edition

**Authors:** Price, C.J.; Sinclair, R.
118 p., 55 fig., 55 in color, 2008

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–903734–01–8
**eISBN:** 978–1–905832–36–1

‘Fast Facts: Minor Surgery’ is designed to equip healthcare professionals with the skills necessary to perform minor procedures on patients. It covers a wide range of procedures, from wound care to local anesthesia techniques.
Endocrinology & Diabetes

**Fast Facts: Type 2 Diabetes**

**Authors:** Brown P.; Hanif W.
128 p., 17 fig., 17 in color, 2020

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–912776–33–7
**eISBN:** 978–1–912776–34–4

In the UK at time of writing, 3.7 million people have been diagnosed with diabetes (90% of whom have type 2 diabetes); around one million people may remain undiagnosed. This practical guide is packed with information on diagnosis, prevention strategies, self-management and the lowering of blood glucose, with handy practice points and warning boxes. In addition, there are individual chapters on common complications of type 2 diabetes: hypertension and dyslipidemia, microvascular and macrovascular complications.

**Fast Facts: Diabetes Mellitus**

5th edition

**Authors:** Scobie, I.N.; Samaras, K.
136 p., 33 fig., 33 in color, 2014

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–55–0
**eISBN:** 978–1–908541–63–5

**Fast Facts: Thyroid Disorders**

**Authors:** Daniels, G.H.; Dayan, C.M.
144 p., 30 fig., 30 in color, 2006

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–903734–65–0
**eISBN:** 978–1–905832–18–7

**Fast Facts: Obesity**

2nd edition

**Authors:** Haslam, D.; Wittert, G.
144 p., 19 fig., 19 in color, 2014

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00

**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN:** 978–1–908541–59–8
**eISBN:** 978–1–908541–67–3
Gastroenterology & Hepatology

Fast Facts: Pancreas and Biliary Tract Diseases 2nd edition
Authors: Bhutani, M.S.; Vilmann, P.; Safouli, A.
150 p., 47 fig., 47 in color, 2017
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

Pancreatobiliary diseases are extremely common, and all primary care staff will encounter patients with diseases of the pancreas and biliary tract. Rapid differentiation, diagnosis, treatment and/or referral to a specialist must be made to avoid serious life-threatening consequences. It is therefore essential that every clinician has at least a basic understanding in this area. This book provides a clear and concise guide to diagnosis and management of these diseases. It is an invaluable resource for healthcare professionals faced with the challenge of caring for patients with diseases of the pancreas and biliary tract.

Fast Facts: Inflammatory Bowel Disease 5th edition
Authors: Rampton, D.S.; Shanahan, F.
152 p., 32 fig., 32 in color, 2016
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

Ulcerative colitis and Crohn’s disease, referred to collectively as inflammatory bowel disease (IBD), are chronic debilitating disorders. This highly readable, ‘zippy’ fifth edition provides succinct yet thorough information that will aid early recognition of these disorders and their complications, alongside practical holistic management advice. The authors place important emphasis on the doctor–patient relationship and effective multidisciplinary services, making it invaluable reading for all healthcare professionals involved in the care of patients with IBD.

Fast Facts: Liver Disorders 2nd edition
Authors: Mahl, T.; O’Grady, J.
118 p., 16 fig., 16 in color, 2014
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Pancreas and Biliary Tract Diseases 2nd edition
Authors: Bhutani, M.S.; Vilmann, P.; Safouli, A.
150 p., 47 fig., 47 in color, 2017
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
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Authors: Mahl, T.; O’Grady, J.
118 p., 16 fig., 16 in color, 2014
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Biosimilars have been in clinical use for more than 10 years, and evidence from more than 700 million patient-days’ exposure shows that approved biosimilars can be used as safely and effectively as their originator biologics. Yet concerns about these drugs persist, particularly in therapy areas where they are recent additions to the formulary. Fast Facts: Biosimilars in Hematology and Oncology draws on up-to-date information in this fast-moving area of medicine to answer the FAQs that commonly arise around the use of biosimilars: is the quality of the biosimilar equivalent to that of the original drug? Is it safe? Which indications can the biosimilar be used for? What are the realistic economic benefits? How do I switch a patient? And how do I explain biosimilars to patients, relatives and fellow healthcare professionals?

The rationale for biosimilar medicines is economic; the high costs of biologic medicine threaten the sustainability of healthcare in even the wealthiest of nations. The assessment of biosimilar medicines for use in oncology/hematology can, however, be challenging. Fast Facts: Biosimilars in Hematology and Oncology draws on up-to-date information in this fast-moving area of medicine to answer the FAQs that commonly arise around the use of biosimilars: is the quality of the biosimilar equivalent to that of the original drug? Is it safe? Which indications can the biosimilar be used for? What are the realistic economic benefits? How do I switch a patient? And how do I explain biosimilars to patients, relatives and fellow healthcare professionals?

Gene therapy has emerged as an exciting therapeutic route for diseases that have no other treatments. It presents the opportunity to save lives of patients for whom there is no other hope, and replace suboptimal treatments with lasting cures. Multiple gene therapy medicines have now achieved regulatory approval in various countries. Others have advanced to Phase III testing in clinical trials. And more show much promise in early-stage trials or animal studies. Fast Facts: Gene Therapy provides a succinct and accessible overview of the current status of this area of medicine, covering techniques, vectors and examples of disease for which gene therapy is already proving beneficial and those in which it shows promise for the future.

Immunotherapeutic products, and immune checkpoints inhibitors in particular, are increasingly used in the management of malignancies, both as monotherapies and in combination. Adverse events tend to be mild to moderate, but they can be severe or even life-threatening. Prompt recognition and effective management are vital. Fast Facts: Managing Immune-Related Adverse Events is an accessible overview that brings together clear explanations and management summaries.

Biosimilars have been in clinical use for more than 10 years, and evidence from more than 700 million patient-days’ exposure shows that approved biosimilars can be used as safely and effectively as their originator biologics. Yet concerns about these drugs persist, particularly in therapy areas where they are recent additions to the formulary. Fast Facts: Biosimilars provides a comprehensive yet concise explanation of biosimilars: what they are, how they are regulated, and how they are used in clinical practice.

The treatment of cancer is being revolutionized by drugs that modulate the immune system, offering the prospect of long-term response and extended survival for many patients with advanced incurable cancer. This highly readable resource takes you from the fundamentals of immunology through to the new concepts of immunoediting and immunotherapy and likely future directions. Whether you are a practicing oncologist, cancer researcher or industry professional, this book provides all you need to know about immuno-oncology, concisely summarized.
Fast Facts: Infant Nutrition

Authors: Lucas, A.; Zlotkin, S.
108 p., 55 fig., 55 in color, 2003
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Religion and Medicine

Authors: Boyle, D.C.M.; Lee, M–J.
120 p., 8 fig., 8 in color, 2008
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Travel Medicine

Authors: Pollard, A.J.; Murdoch, D.R.
152 p., 70 fig., 70 in color, 2001
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
eISBN: 978–1–912776–06–1

*online prices for personal customer, **online prices for institutional purchase. Prices subject to change, VAT not included. EUR price for eurozone countries, USD price for USA and Latin America only.
**Fast Facts: Acute Myeloid Leukemia**

**Authors:** Blum, W.; Mathews, V.

82 p., 13 fig., 13 in color, 2018

**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00

**Online**: CHF 125.00 / EUR 90.00 / USD 125.00


**eISBN**: 978–1–912776–80–1

This Fast Facts resource will provide the identified target audience with the knowledge and skills required to: recognize the urgency for a timely diagnosis to improve prognosis; understand the definitions and types of TTP (hereditary vs acquired); recognize the clinical presentations of TTP; and understand the laboratory results for TTP testing and apply appropriate management strategies based on diagnosis.

**Fast Facts: Leukemia**

**Authors:** Loke, J.; Savani, B.

128 p., 22 fig., 22 in color, 2018

**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00

**Online**: CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN**: 978–1–910797–83–9

**eISBN**: 978–1–910797–84–6

A thorough overview of the four main types of leukemia (acute and chronic myeloid, acute lymphoblastic and chronic lymphocytic), with superb explanatory illustrations. Covering all aspects of the disease, from a detailed description of hematopoiesis and what goes wrong in leukemia, through the tests and interventions, to the management of emergency complications, this highly readable primer is the ideal resource for primary care providers, specialist nurses and oncology/hematology trainees wanting to know more.

**Fast Facts: Lymphoma**

3rd edition

**Authors:** Hatton, C.; Collins, G.; Sweetenham, J.

138 p., 47 fig., 47 in color, 2018

**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00

**Online**: CHF 125.00 / EUR 90.00 / USD 125.00

**ISBN**: 978–1–910797–95–2

Hodgkin lymphoma and the many different subtypes of non-Hodgkin lymphoma have different responses to treatment, so accurate diagnosis and a rational approach to management are essential. Here, the most important aspects of the diagnosis and management of these complex disorders is distilled into a highly accessible well-illustrated summary of the key facts, written from an international perspective. It is a valuable resource for trainee doctors and specialist nurses working in the field of hemato-oncology.
Fast Facts: Myeloproliferative Neoplasms
Authors: Mesa, R.A.; Harrison, C.N.
120 p., 24 fig., 24 in color, 2018
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

The presentation of myeloproliferative neoplasms (MPNs) varies widely, and correct diagnosis and management is becoming more complex as understanding of the underlying molecular basis for these disorders emerges. Appropriate management is increasingly informed by accurate risk stratification based on cytogenetic and molecular markers, as well as the clinical presentation. This concise handbook is invaluable reading for all clinicians wanting to understand and overcome the everyday and rarer challenges associated with MPN.

Fast Facts: Pyruvate Kinase Deficiency
Authors: Glader, B.; Barcellini, W.; Grace, R.
64 p., 11 fig., 11 in color, 2018
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00
eISBN: 978–1–910797–89–1

Pyruvate kinase deficiency is a rare inherited enzyme disorder that affects the glycolytic pathway used by red blood cells to generate energy, manifesting as hemolytic anemia. Written by experts in the field, this refreshingly readable resource is a comprehensive introduction to the condition that includes details of the underlying defect, its mode of inheritance and how it manifests. It covers the fundamentals of diagnosis and how to differentiate PK deficiency from a heterogeneous group of hemolytic disorders, and provides invaluable information on monitoring and management.

Fast Facts: Multiple Myeloma and Plasma Cell Dyscrasias 2nd edition
Authors: Ramasamy, K.; Lonial, S.
156 p., 24 fig., 24 in color, 2017
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

A comprehensive overview of multiple myeloma and other plasma cell dyscrasias, from bench to bedside, presenting the pathogenesis, diagnosis and treatment in the context of daily clinical practice. From the latest advances in diagnostic tests and imaging, including cytogenetics and genetic profiling, to new lenalidomide- and bortezomib-based regimens, second-generation proteasome inhibitors and monoclonal antibody treatments, this highly readable resource is essential reading for anyone wanting to keep abreast of current knowledge in this area.

Fast Facts: Diagnosing Cutaneous T-cell Lymphoma
Authors: Haun, P.L.; Scarisbrick, J.J.
92 p., 74 fig., 74 in color, 2016
Hard cover or online*: CHF 15.00 / EUR 9.00 / USD 10.00
Online**: CHF 50.00 / EUR 35.00 / USD 40.00

Cutaneous T-cell lymphoma (CTCL) is one of the ‘great mimickers’. To be certain of the diagnosis, there must be clear correlation between the pathological and clinical findings, making collaboration between clinicians and pathologists essential. Knowing the patient’s history, lesion description and diagnostic work-up will help the pathologist make a more informed decision with respect to the histopathology under the microscope. Likewise, understanding the terminology used in the pathology report will improve the clarity of the clinician’s diagnosis.

Fast Facts: Bleeding Disorders 2nd edition
Authors: Green, D.; Ludlam, C.A.
148 p., 23 fig., 23 in color, 2013
Hard cover or online*: CHF 25.00 / EUR 18.00 / USD 25.00
Online**: CHF 125.00 / EUR 90.00 / USD 125.00

*online prices for personal customer, **online prices for institutional purchase. Prices subject to change, VAT not included. EUR price for eurozone countries, USD price for USA and Latin America only
Mental Health

**Fast Facts: Depression**
4th edition

**Authors:** Haddad, M.; Boyce, P.
136 p., 10 fig., 10 in color, 2017

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–910797–52–5
**eISBN:** 978–1–910797–62–4

Clinicians face a wide range of presentations, and the challenge of delineating true depression from normal human responses to difficult situations; they then have to decide the best course of treatment. This practical handbook provides concise, clear descriptions of the features, identification and management of depression as well as the wider context of cause, prevention and cost. An ideal resource for healthcare professionals working in primary care and specialist medical centers.

**Fast Facts: Schizophrenia**
4th edition

**Authors:** Lewis, S.W.; Buchanan, R.W.
120 p., 17 fig., 17 in color, 2015

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–908541–60–4
**eISBN:** 978–1–910797–09–9

“By listening to patients’ experiences, alongside the latest research, we now know much more about ‘what works’,” say the authors of this practical handbook. Here, they present the current state of knowledge about the neurobiology, diagnosis and treatment of schizophrenia, including the DSM-5 diagnostic criteria, a comprehensive review of drug and non-drug treatment strategies and how to improve adherence, and the latest findings from structural and functional imaging studies.

**Fast Facts: Eating Disorders**

**Authors:** Steiner, H.; Flamant, M.F.
108 p., 6 fig., 6 in color, 2012

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–908541–11–6
**eISBN:** 978–1–905832–72–9

**Fast Facts: Bipolar Disorder**
2nd edition

**Authors:** Goodwin, G.; Sachs, G.
116 p., 14 fig., 14 in color, 2010

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–905832–72–9
**eISBN:** 978–1–908541–72–9

**Fast Facts: Dementia**
2nd edition

**Authors:** Whalley, L.J.; Breitner, J.C.S.
116 p., 18 fig., 18 in color, 2009

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–903734–17–9
**eISBN:** 978–1–905832–71–2

**Fast Facts: Anxiety, Panic and Phobias**
2nd edition

**Authors:** Lader, M.H.; Uhde, T.W.
100 p., 4 fig., 4 in color, 2006

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–903734–41–4
**eISBN:** 978–1–908541–21–7

**Fast Facts: Specific Learning Difficulties**

**Authors:** Kirby, A.; Kaplan, B.J.
76 p., 27 fig., 27 in color, 2003

**Hard cover or online:**
CHF 25.00 / EUR 18.00 / USD 25.00
**Online:**
CHF 125.00 / EUR 90.00 / USD 125.00
**ISBN:** 978–1–903734–39–1
**eISBN:** 978–1–912776–05–4
**Fast Facts: Diagnosing Amyotrophic Lateral Sclerosis**  
*Authors*: Turner, M.; Jenkins, L.  
*104 p., 21 fig., 21 in color, 2020*  
**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**: CHF 125.00 / EUR 90.00 / USD 125.00  
**eISBN**: 978–1–912776–12–2

This book will allow the clinician to more confidently confirm or exclude a diagnosis of ALS, so that individuals facing this most challenging of conditions can receive rapid multidisciplinary support to maximise the quality of their remaining life. Improved diagnostic confidence means that the therapies in laboratory development today will be applied as early in the disease course as possible to the ALS cases of the future.

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**Fast Facts: Chronic and Cancer Pain**  
*4th edition*  
*Authors*: Cousins, M.J.; Gallagher, R.M.  
*192 p., 28 fig., 28 in color, 2017*  
**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**: CHF 125.00 / EUR 90.00 / USD 125.00  
**ISBN**: 978–1–910797–97–4  

Written by two internationally renowned experts in the field, this highly readable resource is designed to bring busy healthcare professionals up to speed with the latest information in this area. With easy-to-read overviews of pain mechanisms, a practical approach to pain assessment, an overview of developments in stepped care and multimodal management, and the latest thinking on opioids, it is essential reading for all healthcare professionals at all levels wanting – and needing – to know more.

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**Fast Facts: Psychosis in Parkinson’s Disease**  
*Authors*: Friedman, J.H.; Ballard, C.  
*72 p., 2 fig., 1 in color, 2019*  
**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**: CHF 125.00 / EUR 90.00 / USD 125.00  

Psychosis affects nearly 50% of patients with Parkinson’s disease (PD). It is a major therapeutic challenge, as a balance needs to be found between the PD medications that can exacerbate psychotic symptoms and the antipsychotics that may worsen motor function. Focusing on the most common side effects of PD medications, namely visual hallucinations and delusions, this highly readable handbook will increase readers’ awareness of the various presentations of psychosis in PD, modifiable risk factors and prescribing that balances the benefits and potential harms.

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**Fast Facts: Treatment Optimization of Motor Fluctuations in Parkinson’s Disease**  
*Authors*: Stocchi, F.; Foltynie, T.  
*48 p., 12 fig., 11 in color, 2019*  
**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**: CHF 125.00 / EUR 90.00 / USD 125.00  

Although dopaminergic medication is the most effective treatment for patients with Parkinson’s disease (PD), its long–term use is associated with debilitating motor fluctuations. Patients may not spontaneously seek assistance when fluctuations develop, so strategies need to be put in place to identify and alleviate motor dysfunction. This concise resource will increase readers’ awareness of: the different types of motor fluctuation, why they occur and how to recognize them; the drugs that can be added to levodopa to reduce fluctuations; advanced and emerging therapies that will help to improve outcomes.

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**Fast Facts: Recognizing Refractory Myasthenia Gravis**  
*Authors*: Silvestri, N.J.; Palace, J.A.  
*46 p., 9 fig., 9 in color, 2018*  
**Hard cover or online**: CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**: CHF 125.00 / EUR 90.00 / USD 125.00  
**ISBN**: 978–1–910797–53–2  
**eISBN**: 978–1–910797–54–9

Myasthenia gravis (MG) is a rare autoimmune disorder of the neuromuscular junction, characterized by muscle fatigability. This concise guide takes an in-depth look at the immune-mediated nature of MG, how the disease is classified, its clinical presentation and diagnostic work-up, and conventional management options. Importantly, it examines how patients with treatment-refractory MG present and the assessment tools that can be used to identify non-responders. It is useful reading for all healthcare professionals caring for patients with this rare disease.
Fast Facts: Chemotherapy–Induced Nausea and Vomiting
Authors: Navari, R.M.; Rapoport, B.L.
88 p., 13 fig., 13 in color, 2016
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Few side effects of cancer treatment are more feared by patients than nausea and vomiting. Failure to control these symptoms on the first day of chemotherapy increases the risk of them occurring on subsequent days and in subsequent cycles of chemotherapy, and can result in patients refusing further cancer treatment. This practical resource presents the evidence for the clinical agents that can prevent CINV, along with clear guidance on their use in various clinical settings using international guidelines.

Fast Facts: Multiple Sclerosis
4th edition
Authors: Rensel, M.; Gray, O.
144 p., 36 fig., 36 in color, 2016
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

In this ever-changing field, ‘no evidence of disease activity’ has now been proposed as a new treatment target, there are data on pharmacological treatments for progressive MS, and remyelination has shown positive effects on nerve repair. In addition to these updates, this concise resource provides a highly readable overview of investigations and modern diagnostic criteria, a holistic approach to all signs and symptoms, a proactive guide to relapse management and a useful summary of disease-modifying drugs, including when to treat, choice of drug and risk versus benefit.

Fast Facts: Parkinson’s Disease
4th edition
Authors: Chaudhuri, K.R.; Fung, V.S.C.
168 p., 30 fig., 30 in color, 2016
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Effective multidisciplinary management and support of patients with Parkinson’s disease can have an enormously positive effect on quality of life, and that’s the focus throughout this refreshingly readable handbook. With the patient’s experience at its core, this truly useful and unique resource takes the non-specialist through the patient’s Parkinson’s journey from unexplained prodromal symptoms to palliative support, including the importance of addressing non-motor symptoms and the need for tools that empower patients.

Fast Facts: Headaches
2nd edition
Authors: Peatfield, R.; Dodick, D.W.
104 p., 30 fig., 30 in color, 2002
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Brain Tumors
2nd edition
Authors: Abrey, L.E.; Mason, W.P.
144 p., 45 fig., 45 in color, 2011
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
Fast Facts: Breast Cancer
Authors: Vaidya, J.S.; Patkar, V.
72 p., 10 fig., 10 in color, 2017
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

A comprehensive overview of stage 0, I, II and IIIA disease, including the latest thinking on the risk of developing breast cancer and the value (or not) of screening, alongside the importance of clinical staging and triple assessment. Using clear diagnostic and management pathways, this practical resource covers the risks and benefits of neoadjuvant treatment, surgical and reconstruction options, the latest approach to radiotherapy, when and how to select the correct adjuvant therapy, and guidelines for follow-up and rehabilitation.

Fast Facts: Ovarian Cancer
Authors: Fotopoulou, C.; Herzog, T.J.
102 p., 25 fig., 25 in color, 2017
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
eISBN: 978–1–910797–50–1

When it comes to detecting, diagnosing and treating women who have, or are suspected of having, ovarian cancer, there are significant opportunities for well-informed healthcare professionals to intervene in a meaningful way. Here, internationally renowned authors examine the areas that will have the biggest effect in clinical practice. They include the evidence for and against screening, the valuable role of genetic testing in identifying at-risk women, if and when to operate, strategies to overcome platinum resistance, and the impact of targeted therapies.

Fast Facts: Contraception
3rd edition
Authors: Gabbe, A.E.; O’Connell White, K.
116 p., 35 fig., 35 in color, 2009
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Endometriosis
2nd edition
Authors: Rizk, B.; Abdalla, H.
132 p., 58 fig., 58 in color, 2003
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
ISBN: 978–1–912776–00–9
Ophthalmology

Fast Facts: Ophthalmology
2nd edition
Authors: Simcock, P.; Burger, A.
110 p., 68 fig., 68 in color, 2015
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
eISBN: 978–1–908541–86–4

Respiratory

Fast Facts: Asthma
5th edition
Authors: Douglass, J.A.; Hinks, T.
128 p., 25 fig., 25 in color, 2020
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Chronic Obstructive Pulmonary Disease
3rd edition
Authors: Drummond, M.B.; MacNee, W.
148 p., 50 fig., 50 in color, 2016
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
ISBN: 978–1–908541–73–4
eISBN: 978–1–908541–87–1

Fast Facts: Non–Small–Cell Lung Cancer
Authors: O’Brien, M.; Besse, B.
86 p., 8 fig., 8 in color, 2016
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

This well-illustrated handbook delivers a clear practical message – improved asthma control can be achieved through efficient commonsense delivery of asthma care, alongside strategies that improve patient self-management and medication use. It is ideal for general practitioners, asthma nurses, medical students and asthma educators seeking a practical overview of good asthma care that will help with individualized management plans and patient education, and improve outcomes and quality of life for the very many people living with asthma.

This easy-to-read, highly accessible handbook takes a comprehensive look at the COPD disease process and its relationship with asthma, and covers all investigations and interventions with reference to international guidelines. With clear take-home messages, it has been designed so that all healthcare professionals involved in the diagnosis and management of COPD can get up to speed on this multifaceted disease, fast.

Rapid developments in the classification, screening and treatment of non-small-cell lung cancer are improving outcomes for patients with the disease. This insightful guide is designed to bring you up to speed with recent advances. Covering the latest on CT-based screening, changes to the TNM classification system and the increasing trend for minimally invasive and lung-sparing surgery, it is important reading for all healthcare professionals and medical trainees working in this fast-moving area. Today’s evolutions will change tomorrow’s standards of care!
Fast Facts: Smoking Cessation
3rd edition

Authors: West, R; Shiffman, S.
96 p., 16 fig., 16 in color, 2016

Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00

Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

ISBN: 978–1–908541–84–0

Ultimately, the best reason for reading this book is to help your patients who smoke to change their behavior for the better and sustainably. Every GP and support clinic will benefit from this edition, filled with tips, advice and treatment aids for the clinical team. In this one place, you will find all the information you need on smoking, tobacco addiction and how best to treat the addiction.

Fast Facts: Rhinitis
2nd edition

Authors: Scadding, G.K.; Fokkens, W.J.
120 p., 55 fig., 55 in color, 2007

Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00

Online**:
CHF 125.00 / EUR 90.00 / USD 125.00


Fast Facts: Obstructive Sleep Apnea

Authors: Naughton, M.T.; Phillips, B.
76 p., 25 fig., 25 in color, 2004

Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00

Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

eISBN: 978–1–912776–03–0

Fast Facts: Respiratory Tract Infection
2nd edition

Authors: Read, R.C.; Craven, D.E.
126 p., 60 fig., 60 in color, 2003

Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00

Online**:
CHF 125.00 / EUR 90.00 / USD 125.00


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Rheumatology

Fast Facts: Osteoarthritis
3rd edition
Authors: Conaghan, P.G.; Nelson, A.E.
112 p., 29 fig., 29 in color, 2017
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
eISBN: 978–1–910797–57–0

This highly accessible, practical resource is essential reading for all healthcare professionals who have ever felt unable to provide effective therapy for this disease, or who have encountered negative patient and community attitudes to joint pain. Starting from the premise that “something can be done to help every person with osteoarthritis,” the authors provide expert advice on well-established diagnostic criteria and modern imaging modalities, updates on the genetics of the disease, and the latest practical treatment information, including intra-articular therapies.

Fast Facts: Low Back Pain
2nd edition
Authors: Borenstein, D.G.; Calin, A.
144 p., 51 fig., 51 in color, 2012
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Osteoporosis
6th edition
Authors: Compston, J.E.; Rosen, C.J.
100 p., 36 fig., 36 in color, 2009
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

This highly accessible, practical resource is essential reading for all healthcare professionals who have ever felt unable to provide effective therapy for this disease, or who have encountered negative patient and community attitudes to joint pain. Starting from the premise that “something can be done to help every person with osteoarthritis,” the authors provide expert advice on well-established diagnostic criteria and modern imaging modalities, updates on the genetics of the disease, and the latest practical treatment information, including intra-articular therapies.

Fast Facts: Ankylosing Spondylitis
Authors: Dougados, M.; van der Heijde, D.
84 p., 20 fig., 20 in color, 2004
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Rheumatoid Arthritis
2nd edition
Authors: Isaacs, J.D.; Moreland, L.W.
116 p., 33 fig., 33 in color, 2011
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00

Fast Facts: Soft Tissue Disorders
2nd edition
Authors: Speed, C.; Hazleman, B.; Dalton, S.
124 p., 83 fig., 83 in color, 2006
Hard cover or online*:
CHF 25.00 / EUR 18.00 / USD 25.00
Online**:
CHF 125.00 / EUR 90.00 / USD 125.00
Urology, Renal & Genitourinary

**Fast Facts: Bladder Cancer**  
3rd edition  
Authors: Lerner, S.P.; Davis, I.D.  
96 p., 25 fig., 25 in color, 2018  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  

A concise guide that will be of value to all healthcare professionals involved in the detection and treatment of bladder cancer. As well as covering current standards for investigation, imaging and diagnosis, this practical resource brings a fresh perspective on the roles of drugs, surgery and radiation therapy at different stages of the disease, with guidance on when and how best to intervene. It is a comprehensive and current view of this complex disease that will enable informed discussions with patients.

**Fast Facts: Prostate Cancer**  
9th edition  
Authors: Kirby, R.S.; Patel, M.I.  
134 p., 41 fig., 41 in color, 2017  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  
eISBN: 978–1–910797–44–0

Primarily intended for primary care providers, specialist nurses, junior doctors and allied healthcare professionals, this highly readable resource provides a comprehensive overview of prostate cancer, enabling fully informed discussions with patients about this complex disease. Key updates in this 9th edition include the Gleason grade grouping, the development of genomic tests to help identify at-risk individuals, advances in imaging techniques, and the continuing debate about the role of PSA in screening, detection and monitoring.

**Fast Facts: Renal Disorders**  
2nd edition  
Authors: Singh, A.; Levy, J.; Pusey, C.  
144 p., 29 fig., 29 in color, 2013  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  
eISBN: 978–1–908541–45–1

**Fast Facts: Bladder Disorders**  
2nd edition  
Authors: Slack, A.; Newman, D.K.; Wein, A.J.  
128 p., 24 fig., 24 in color, 2011  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  

**Fast Facts: Erectile Dysfunction**  
4th edition  
Authors: Carson, C.; McMahon, C.G.  
92 p., 22 fig., 22 in color, 2008  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  
eISBN: 978–1–903734–97–1

**Fast Facts: Sexually Transmitted Infections**  
Authors: Edwards, A.; Sherrard, J.; Zenilman, J.  
132 p., 72 fig., 72 in color, 2007  
**Hard cover or online**:  
CHF 25.00 / EUR 18.00 / USD 25.00  
**Online**:  
CHF 125.00 / EUR 90.00 / USD 125.00  

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Inflammatory bowel disease (IBD) is in fact two long-term conditions – ulcerative colitis or Crohn’s disease – that cause problems in the digestive system. No two patients with IBD have the same experience. How the disease progresses, the type of complications and the response to treatment all differ from person to person. The information in this booklet is designed to help patients better understand their IBD, its treatment and how they can help themselves.

The menopause transition affects different women in different ways, with symptoms ranging from mild to debilitating. This fact-filled workbook explains in simple language what happens during the perimenopausal years, highlights the long-term consequences of the menopause, and debunks the myths surrounding menopausal hormone treatment. With spaces to write notes and keep track of symptoms, it is the ideal resource to help women have informed discussions with their doctors or nurses and choose how they want to manage their menopause transition.

Pyrurate kinase deficiency is a rare genetic disease that causes red blood cells to break apart. Despite an ever-growing understanding of the disease, it remains unfamiliar to many healthcare professionals, and the information available to patients is limited. This superbly illustrated workbook is designed to help patients equip themselves with the best information about their condition to improve the conversations they have about it with their doctors and nurses.

Asthma is a chronic (long-term) condition in which your airways become inflamed and swollen, often with too much mucus production. This reduces the amount of air flowing in and out of your lungs. The information in this guide for patients explains clearly, with the aid of numerous detailed color illustrations, the condition, its common symptoms and triggers, testing, medication and inhalers, and gives guidance on creating an Asthma Action Plan and the diagnosis and treatment of severe asthma.
Translations

**Fast Facts: Fast Facts: Managing immune-related Adverse Events in Oncology**

*Authors:* Rapoport, B.L.; Westman, H.
48 p., 9 fig., 9 in color, 2019

*Language:* English

**Fast Facts: Fast Facts: Treatment Optimization of Motor Fluctuations in Parkinson's Disease**

*Authors:* Stocchi, F.; Foltynie, T.
48 p., 12 fig., 11 in color, 2019

*Language:* English

**Fast Facts: Fast Facts: Biosimilars**

*Authors:* Cornes, P.; Bennett, D.J.
70 p., 12 fig., 12 in color, 2018

*Language:* English

**Fast Facts: Fast Facts: Leukemia**

*Authors:* Loke, J.; Savani, B.
128 p., 22 fig., 22 in color, 2018

*Language:* English
*eISBN:* 978–1–910797–84–6
Fast Facts: Pyruvate Kinase Deficiency

Authors: Glader, B.; Barcellini, W.; Grace, R.
64 p., 11 fig., 11 in color, 2018

Language: English
eISBN: 978–1–910797–89–1

Fast Facts: Déficit en pyruvate kinase
Language: French

Fast Facts: Pyruvokinase–Mangel
Language: German

Fast Facts: Deficiencia de piruvato quinasa
Language: Spanish

Fast Facts: Deficit di piruvato chinasi
Language: Italian
eISBN: 978–1–912776–89–4

Fast Facts: Pyruvate Kinase Deficiency

For Patients and their Supporters

Authors: Grace, R.
40 p., 15 fig., 15 in color, 2018

Language: English
eISBN: 978–1–910797–92–1

Fast Facts: Déficit en pyruvate kinase
Language: French

Fast Facts: Pyruvokinase–Mangel
Language: German

Fast Facts: Deficiencia de piruvato quinasa
Language: Spanish

Fast Facts: Deficit di piruvato chinasi
Language: Italian
eISBN: 978–1–912776–77–1
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